## CAPE TOWN JANUARY 2013

|     | Times of |        |            |        |      |        |           |        |      |        |          |         |       |
|-----|----------|--------|------------|--------|------|--------|-----------|--------|------|--------|----------|---------|-------|
| Day | Sunrise  | Sunset | High Water |        |      |        | Low Water |        |      |        | Maanniaa | Manual  | Moon  |
|     |          |        | time       | height | time | height | time      | height | time | height | Moonrise | Moonset | Phase |
| 1   | 0538     | 2001   | 0526       | 1.64   | 1738 | 1.54   | 1134      | 0.47   | 2343 | 0.39   | 2223     | 0918    |       |
| 2   | 0539     | 2001   | 0603       | 1.62   | 1818 | 1.48   | 1215      | 0.51   |      |        | 2256     | 1016    |       |
| 3   | 0540     | 2001   | 0644       | 1.58   | 1905 | 1.41   | 0022      | 0.45   | 1302 | 0.55   | 2329     | 1115    |       |
| 4   | 0541     | 2001   | 0734       | 1.53   | 2004 | 1.34   | 0108      | 0.53   | 1359 | 0.60   |          | 1215    |       |
| 5   | 0542     | 2001   | 0835       | 1.48   | 2121 | 1.29   | 0206      | 0.61   | 1511 | 0.62   | 0004     | 1318    |       |
| 6   | 0543     | 2002   | 0950       | 1.46   | 2247 | 1.31   | 0323      | 0.66   | 1635 | 0.60   | 0042     | 1423    |       |
| 7   | 0544     | 2002   | 1108       | 1.50   |      |        | 0450      | 0.65   | 1752 | 0.52   | 0124     | 1529    |       |
| 8   | 0545     | 2002   | 0005       | 1.40   | 1219 | 1.57   | 0609      | 0.58   | 1857 | 0.41   | 0213     | 1636    |       |
| 9   | 0546     | 2002   | 0109       | 1.52   | 1321 | 1.66   | 0713      | 0.47   | 1951 | 0.30   | 0308     | 1741    |       |
| 10  | 0547     | 2002   | 0203       | 1.65   | 1416 | 1.74   | 0808      | 0.35   | 2039 | 0.20   | 0410     | 1841    |       |
| 11  | 0547     | 2002   | 0251       | 1.77   | 1505 | 1.80   | 0859      | 0.26   | 2124 | 0.15   | 0518     | 1935    |       |
| 12  | 0548     | 2002   | 0337       | 1.85   | 1552 | 1.82   | 0946      | 0.21   | 2206 | 0.13   | 0627     | 2022    |       |
| 13  | 0549     | 2001   | 0421       | 1.89   | 1635 | 1.78   | 1031      | 0.21   | 2247 | 0.16   | 0736     | 2104    |       |
| 14  | 0550     | 2001   | 0503       | 1.87   | 1717 | 1.71   | 1115      | 0.25   | 2325 | 0.24   | 0843     | 2141    |       |
| 15  | 0551     | 2001   | 0543       | 1.81   | 1757 | 1.61   | 1157      | 0.34   |      |        | 0946     | 2216    |       |
| 16  | 0552     | 2001   | 0624       | 1.71   | 1837 | 1.49   | 0003      | 0.35   | 1240 | 0.44   | 1048     | 2249    |       |
| 17  | 0553     | 2000   | 0706       | 1.59   | 1920 | 1.36   | 0041      | 0.47   | 1324 | 0.56   | 1147     | 2323    |       |
| 18  | 0554     | 2000   | 0752       | 1.46   | 2012 | 1.25   | 0121      | 0.61   | 1415 | 0.66   | 1244     | 2357    |       |
| 19  | 0555     | 2000   | 0850       | 1.35   | 2128 | 1.18   | 0213      | 0.73   | 1522 | 0.73   | 1340     |         |       |
| 20  | 0556     | 1959   | 1007       | 1.29   | 2308 | 1.18   | 0336      | 0.81   | 1648 | 0.75   | 1435     | 0033    |       |
| 21  | 0557     | 1959   | 1129       | 1.29   |      |        | 0519      | 0.82   | 1806 | 0.70   | 1528     | 0112    |       |
| 22  | 0558     | 1958   | 0027       | 1.24   | 1234 | 1.34   | 0633      | 0.77   | 1901 | 0.62   | 1619     | 0154    |       |
| 23  | 0559     | 1958   | 0118       | 1.34   | 1323 | 1.42   | 0723      | 0.68   | 1942 | 0.54   | 1708     | 0240    |       |
| 24  | 0600     | 1957   | 0157       | 1.43   | 1403 | 1.50   | 0801      | 0.60   | 2016 | 0.45   | 1753     | 0329    |       |
| 25  | 0601     | 1957   | 0231       | 1.52   | 1438 | 1.57   | 0834      | 0.52   | 2048 | 0.38   | 1836     | 0422    |       |
| 26  | 0602     | 1956   | 0302       | 1.61   | 1511 | 1.63   | 0905      | 0.45   | 2118 | 0.32   | 1915     | 0517    |       |
| 27  | 0603     | 1956   | 0332       | 1.68   | 1543 | 1.67   | 0937      | 0.40   | 2148 | 0.28   | 1951     | 0614    | 0     |
| 28  | 0604     | 1955   | 0402       | 1.73   | 1614 | 1.69   | 1008      | 0.36   | 2218 | 0.26   | 2026     | 0712    |       |
| 29  | 0604     | 1954   | 0433       | 1.76   | 1647 | 1.68   | 1041      | 0.35   | 2250 | 0.27   | 2059     | 0810    |       |
| 30  | 0605     | 1953   | 0506       | 1.77   | 1722 | 1.65   | 1116      | 0.36   | 2324 | 0.31   | 2133     | 0909    |       |
| 31  | 0606     | 1952   | 0541       | 1.75   | 1759 | 1.59   | 1154      | 0.39   |      |        | 2207     | 1010    |       |