

Schwartz
3.5 ab

(a)
$$\mathcal{L} = -\frac{1}{2}\phi(\partial_\mu^2\phi) + \frac{1}{2}m^2\phi^2 - \frac{\lambda}{4!}\phi^4$$

eqm:
$$\frac{1}{m}\frac{\partial\mathcal{L}}{\partial(\partial_\mu\phi)} - \frac{\partial\mathcal{L}}{\partial\phi} = 0.$$

$$\frac{\partial\mathcal{L}}{\partial(\partial_\mu\phi)} = -\phi(\partial_\mu\phi) \quad \frac{\partial\mathcal{L}}{\partial\phi} = m^2\phi - \frac{\lambda}{3!}\phi^3$$

$$\Rightarrow \text{EQM: } -\partial_\mu[\phi\partial_\mu\phi] - m^2\phi + \frac{\lambda}{3!}\phi^3 = 0$$

Use ansatz $\phi(x) = c$, we have

$$\frac{\lambda}{6}c^3 = m^2c$$

$$\frac{\lambda}{6}c^2 = m^2, \quad c = \pm \frac{6}{\lambda}m$$

The ground state would be $c = -\frac{6}{\lambda}m$, the other soln
is $c = +\frac{6}{\lambda}m$.

(b) This \mathbb{Z}_2 symmetry is clearly not respected by $\phi = c$, because we would swap the ground and excited state.