

Schutz 8.12

$$h_{\alpha\beta} \rightarrow h_{\alpha\beta}^{(\text{new})} = h_{\alpha\beta} - \xi_{\alpha,\beta} - \xi_{\beta,\alpha}$$

$$\overline{h_{\alpha\beta}^{(\text{new})}} = h_{\alpha\beta}^{(\text{new})} - \frac{1}{2} \eta_{\alpha\beta} \overline{h^{(\text{new})}}$$

$$= h_{\alpha\beta} - \xi_{\alpha\beta} - \xi_{\beta,\alpha} - \frac{1}{2} \eta_{\alpha\beta} [h^{\mu}_{\mu} - 2 \xi^{\mu}_{,\mu}]$$

$$= h_{\alpha\beta} - \frac{1}{2} \eta_{\alpha\beta} h^{\mu}_{\mu} - \xi_{\alpha\beta} - \xi_{\beta,\alpha} + \eta_{\alpha\beta} \xi^{\mu}_{,\mu}$$

$$= \boxed{\overline{h_{\alpha\beta} - \xi_{\alpha\beta} - \xi_{\beta,\alpha} + \eta_{\alpha\beta} \xi^{\mu}_{,\mu}}}$$

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