

THE ACADEMY OF RELIGION AND PSYCHICAL RESEARCH  
Annual Conference 2004

PROCEEDINGS

GOOD AND EVIL, NATURE OF SOUL

By Laura Silvana Aversano

---

**Abstract:** The following discourse focuses on the concept, structure, and definition of good and evil as it applies to the nature of the soul. The process of ascension, and psychospiritual perspectives as they relate to the light and the darkness will be discussed.

---

The Soul and its conceptual understanding

The soul is the vessel for the understanding and manifestation of God's Divine presence within all realms of existence. The soul houses many levels of this existence through experience, interpretation, developmental processes, balance and regeneration of the living spirit in linear and non-linear realities. It is multi-faceted and is both collective and personal in all dimensions. The soul is the home for the workings of God to filter through us in the most extraordinary ways that serve Divine Providence. Simply put, it belongs to God, in whichever understanding and truths we come to. The soul of God in and of itself is complete and non-existent as it lies within stillness. As it grows out of stillness, it takes form and becomes multidimensioned. It creates upon itself various laws, dimensions, frequencies of understanding, and matter. God has thus created a structure for human understanding and spiritual understanding to move towards what we are all returning to stillness. The soul stemming from stillness, creates a unified relationship between good and evil at its essential core and understanding from the way that God intended. As the collective and personal soul unfolds into various levels, good and evil takes on its own form within the various levels of understanding. Good and evil become personified from ego levels and spiritual levels and their forms become integrated into spiritual and human realities simply so that we can learn from them, become greater human and spiritual beings, and allow them to come back into balance to the highest degree possible under God without any interference from our human and spiritual attachments and attainments. Thus, the concepts of good and evil are there for our understanding as is the soul. Under spiritual laws, they will return to stillness way beyond our spiritual attachments, attainments, interpretations, or our understandings. We can only know partial truths, if we knew everything — we would be God.

There are divisions of the collective soul that stem from ethereal substance into matter. There, are cosmic vast dimensions that house substances and elementals which form thoughts, laws, beings and spirits, levels of awareness, initiation and repentance, transition places or dimensions in the world of spirit. Any elemental that we as humans have created for the understanding and interpretation of God as we need, to know Him/Her has been created for our benefit only. God doesn't need to know or understand all of this, He/She already does. Every part of the collective soul works in adherence to the spiritual laws that were created to keep the soul continuously aligning to one thing: balance. As above, so below. What belongs to God shall hence return and what is borne of stillness shall once again prevail: **Everything has** a balance to it; good and evil, love and hate, anger, and forgiveness, God's will and our will. polarities between good and evil will continue, to regenerate themselves in order to come to a balance within the highest degree under God so that the universe comes to stillness. Thus, both good and evil have a collective purpose to serve. Light and darkness Will manifest itself in creation.

The personal soul is unique to each one of us and holds the template for the lessons that we are meant to integrate to return to God to oneness, Our DNA so to speak is encoded in our personal soul and the unique way in which we can support God in His/Her endeavors. Everyone talks about their purpose in life— they spend so much time wondering if their purpose is about a career, family, something tangible, something fulfilling. What if the soul purpose of the soul was to exist as a state Of Divine Presence\* not needing to do anything? Many speak about creativity.. God created the world in 7 days according to Genesis. The creativity of God came from the nothingness of being. It was not an act of doing or movement in the way that we understand and initiate movement, but a state of being and a quality of grace.. So far, I haven't mentioned anything about love, but God is love, and within that stillness that I keep referring to, love loses 'its definition' and rises above the qualitative and emotional feeling we learn as human and spiritual beings. It becomes something greater, more profound, or more sublime. The personal soul carries with it all that we are made up of and so much more. Each time we create a greater balance between good and evil within our personal soul, we affect the collective soul and, vice versa. Black Elk said, "Humankind has not woven the web of Life, we are but one thread in it.

Whatever we do to the web, we do to ourselves, all things are bound together, all things connect."

Each time we bring balance and understanding to the natures of good and evil, we affect the greater consciousness and bring ourselves one step closer to stillness and to the nothingness of God.

The spirit is an aspect of the soul; again, both collective and unique. It is another microcosm within the macrocosm of the soul; It has its own various levels of understanding and interpretation, and it strives, as does the soul, to balance good and evil within it. When the spirit gets healed, the soul advances, and when the soul becomes healed, the spirit rejoices; transforms and becomes greater than it was before.

The following are Aspirations of the Soul which are a natural unfoldment towards ascension: the ordination of the Holy Spirit, the purification of the self\* and the illumination of the soul.

The ordination of the Holy Spirit shall come after the soul has learned to place the understanding of good and evil with the proper respect before the threshold of God, both the God within and the God all around. The ego will as separate from God's will will learn, through experiential process, divine law and will, and through humility, how to work with the natures of good and evil as appropriate to their necessary learnings both here and as they are reflected in the world of spirit. Yes, we reap what we sow, but we are also collective immature and God-willed. Through grace and necessary respect, understanding will follow thought and thought will follow process. Respect comes when the need to identify and interpret the natures of good and evil doesn't come from the ego self but now comes from the God self. When the awareness becomes embodied; the soul and spirit shed one more layer so -to speak, and grow closer to God with a blessing and acceptance of the Holy Spirit through a grace that is bestowed upon them, hence, an ordination of the Holy Spirit. The internal process one will go through will not be easy. Jesus said when we work to clear one, seven more shall follow. The ego will and the entities which pursue it breed condemnation of Divine Law. Thus, it will do everything in its naïve and misunderstanding of appropriate use of power to nullify the true nature of God within. We basically set ourselves up, as we learn to identify our spiritual natures within because we have this perceived notion of who God is with us. Humanly, this notion and perception of a higher power will be identified in any way we can make it as truth so that we feel safe in the nothingness. It takes the greatest of courage to rise beyond all of our perceptions and allow ~~or God's truth~~ to come through to us in whichever manner and understanding is fit for our development and for the development of other

souls as:v0eIL 'It is very easy forthose of us on a spiritual path to•hide•behind those laws which- we perceive are Divine. Duality and ndn:düality — can we be sure thatwe are. in truth of what we perceive the natures Of good and evil'tö'be?.

The next aspiritibn is the ptirifiéatidri of the self. It is the ptoeess we go through-in ordér to zecéiVe• a bléséihä Of the'Höly Spirit• We internalize throu•ih thoughts; emotionS, féélihgs,• béha€iörs, anä;w.e work so'.tenaciously to create an illusory stäte •of•beihgfdR thé •préSent•moment in our awareness so.thn w' can hive guidelines io wökk;thiouéh to understnnd •who are. These guidelines are there for otii:'necessarfirotétibn• even though they continuouS!y• surrender themsel.ves• into something greater. every time we yow towardÅ Gbd•. We have a physical bödy;which'iS• 'an: important as the spirit:and soul: If it wouldn't'.bé hete•in embbdimentand do the necessary things we to in arr.earthly existence. Each part. of our physiéalities servesa.purpose and a: living will, something tangible and: sustainable for the w6fks ofGöd to manifest phySically. These works could be as great ag• inventing the autoniobile, or as great as showing a-sign of gratitude for Söineone's generöSity in •helping you. The smallest ofkindnesses on the: eaiâh•Blâne yields the greatest rewards in .the kingdöm ofheaven. God's wörkings• need •to•be manifested in earthly realms. One Of the reasons is so that people simply could; grow in faith. We are huinan, We need •tangiblealealiies:tö prove the existence of God. We ha.ve earthly deSires 'and needs whieh ire part ofOur;exiStence•. Those needs and desires reflect our relationship to our understandingof good and evil within us, Every experience we have accumulated within us has sensory and feeling experience. There'häß•been research shown that energetic trauma resides in energy fields of living and breathing •orgmiäms.Past,.ptesent and future lifetimes are embodied•Wit.hin• our cells. Our lessons and the collective lessons that are needing to bé'•léarhéd are carried blOod until they are raised in the: light,'Eäeh time we make prograss in bÄlaneing good and evil in our understanding, toxins are released from the body energetically, and many times, physically. These toxins agiin could'be thoughts, behaviors, emotions, feelings, from 'various lifetimes, •or even: from other.soulSwhose lessons •are along thesame learning continuurn as oui.'s is. They embody themselves simply because we are all one. Even if God'S Will' is manifest through you and appears as an illness, every time you bring. balance to **good and evil**,the illness itself gets raised to the:light. The spirit and soul• become .slighter and **again, toxins become released** from the physical and energetic bodies. Good and .evil•have to embody thpmselfes On earth as; it does in the heavens and the various dimensionsto create a balance so that all-things Created in the

image and likeness of God are raised in that manner. Thus, the purification of the self. I do not have a belief that we 100% create our own realities — things are a little more complex and our spirits and souls work too **lectively** for the greater good for us to solely responsible our own spiritual workings. What I do believe is that we are given the free will and choice as to how to create a more appropriate: **relationship with what** God is bringing to us and if we create the relationship which falls into alignment with God's will, **or us, then we will live a more peaceful** co-existence. Peace does not mean we will not endure suffering. It simply means that we will know how to embody it, a space of stillness don't suffer as much. Every time we create good, more good will also raise evil to a different level. It brings it closer to its Divine state. Somewhere levels of darkness might also be **unkept, as the cycle of healing** and development continues. There is an old saying, no good deed goes undone. But the way in which the deed is done, the sacred space in which it is held, has enough power to **nullify the** darkness which might be created as a result of good. Its power will be reduced as a matter of Spiritual law because we will have accumulated the inner strength and knowing of how to maintain an inner peace the darkness. Every time we hold that space, another soul can easily grasp onto that and hold that space consciously or unconsciously with us through their willingness. Two heads praying together and holding the light can be greater than the one. Two-headed standing in stillness amidst the darkness have the power to transform it in alignment with the will of God.

The third aspiration is the illumination of the soul; through the purification process and in receiving the blessings of the Holy Spirit, there is a peace that follows, an inner peace which allows us to deliver all of our perception of ourselves and our perceptions of God to a higher place. In this higher place, our souls become illuminated in the complete surrender of

will as we open up to receive the tender mercies that God has ready to offer us; When this happens, our perceptions and truths become greater, and you know you are in a different place in your spiritual development and in your relationship to God. Our earthly state of desires, our humanness, even our spiritual selves become less important as the idea of perfection and union become our greatest hopes. We become humbled in a way that we have never known before, that creates such a space in our thoughts of who we thought we were as both spiritual and human beings. We enter the

space of nothingness. Good-and evil.have •no•definition here or interpretation, there is actually no need. for it. 'There isa balance and between good and evil that is;deemed by God and thus, it is rendered in stillness. The integration of this m\$areness mov.es our: physicalities,,our spirits, and our souls to a greater **purpose, simpler, yet** greater. The illumination of the soul 'Will: manifest. for every living ff-ing created in the image and likeness of God, every darkness and every light.

The following are somepsycho-spiritual perspectives of the light and the **arkness**.They. are our greatest strengths and ourgreatest weaknesses in the pursuit to understanding the •natures of good and evil within us.

"The presence of the Holy Spirit inspires-in us the fire, of creation. and brings forth the energies for..us; to persist in our-search for the alliknowing. Our hearts are filled with sadness because we•long for our souls to be filled with this energy of God. We endeavor to search aimlessly outside of ourselves and bring ourselves at times to utter despair and loneliness.. It is many a-man who faces such loneliness in search of himself despite all direction• pointing:to a:higher source for comfort. True loneliness is not loneliness at all. The darknight ofthe soul only exists when yourmind has lostthe fire of creation that comes from feeling the comfort of the Holy Spirit. •I-say to you•this, when.the spark ofGod comes unto.youj let it radiate through your soul. You will never kno.w loneliness again. It.is..only through God that this grace is achieved. Your desire for God has not left you empty. Your:perceptions of•loneliness have. Your desire for God has brought you to this place Of Divine mercy towards yourself and others; Your loneliness becomes transformed-into light and the. light guides you back to.your source." (The Light ofGod; Aversano,• 2003)

### Loneliness

Man's.desire for intimacy with God, himself and others will lead him to thé,dark night of the soul and also to the gates of heaven. Man is left with his{own •loneliness to understand his relationship to God so that he-can grow in faith which is relevant to the will- God has deemedfor him. Gröwing through this loneliness; we-will find riches and the intimacythatcomes with exploring our need for this union with God which we think will diminish this loneliness. Our ways of being in this world and-in the Other worlds when we asträl travel are greatly affected by our desire for this intimacywhich needs to be kept within-the appropriate framework and boundaries according to spiritual law. When desire is out of.balance which is normal as it is our duty here to bring it back into balance, we will extend the boundaries of good and

evil so that we may learn from them always. Again, we subject ourselves to the torments of the spirit and soul so that we may find union with God. The power struggle seems never ending as we fight to avoid the nothingness of being. The power struggle will involve many aspects of the false self which will lead to the authentic self. In the power struggle again; we look to interpret and define the boundaries of good and evil as we know, understand, and live them in our present state of being. We tend to identify loneliness at times with isolation and abandonment. Loneliness and being alone are two different perspectives. In the darkness, loneliness can lead to despair and desolation when the person identifies with the perceived and self-inflicted isolation and abandonment. Self-inflicted because the person has choice at some level to be part of his co-creation. There may be opportunities that the human mind is avoiding in order to create the intimacy which is healthy and needed to sustain human life and Creation. In the darkness, loneliness is the dark night of the soul and is necessary for spiritual growth and development. Sometimes, it is my belief that we are tested in our loneliness only to have our faith and perception of God become greater and clearer within so that we can stand strong in the face of adversity. Through a clear intentioned loneliness; we can see further into ourselves and into our relationship with God because we have nothing to fear at that point. We are at the threshold of the abyss and there is nothing to lose, nothing to be ashamed of. Instead of being in that spiritual space, we would rather identify that loneliness in the human realms of understanding because it is easier for us to maintain our unworthiness as human children of God than as spiritual children. If we can face our loneliness in the face of God, we would learn not to be ashamed of who we truly are, both human and spiritual. Loneliness also stems from a desire to know God to a greater extent than we do in our present state of awareness, existence and experience. We crave as human and spiritual beings to be united as one. If it is a spiritual birthright. We place ourselves by our own wills and the will of God in experiences to encounter both the light and the darkness so we can test ourselves and be tested. We already know that God is the only answer. We strive to prove that though the ego only to go back our God which is all loving. It is a very frightening to know that we are: completely loved for who we are. Union with God mirrors union with one another in this world. We Strive through contemplation, and through perseverance to understand and to interpret our relationship to God in how we relate to others. We set expectations that we engage in in our relationship to serve a self which is in denial of the truest love which is already granted to us. I believe in all the relationships we encounter we already know this to be subconsciously true. But again, we test ourselves, and again we test God, like children wanting to see how far we can push

before God abandons us, or how much we can be ourselves and another before having to grow to become greater. Once we begin to see who that other person is in the eyes of God, we will understand who we are with them in God's eyes as well. Relationship goes through attachment and stillness always. It is a continuing movement. We have to eventually abandon ourselves in the understanding of who we presently think we are to become greater. We can choose to be in loneliness in the state of attachment and suffer greatly, or we can choose to be in loneliness in the state of stillness and move through it into grace. There is a psychological death of the self through every state of loneliness we encounter and we fear that most. We have thoughts of death psychologically as a finality. Most of us do not realize or allow for the thought that death will lead to: something greater because with death, there will always be sacrifice and loss. There will be a power struggle between the light and the darkness as there will be this sacrifice, with acceptance, a greater reward or gain if you will, and as always, a loss on some level. It is a big risk psychologically to take and those risks are taken alone, between you and God. There might be people there supporting you along the way, but they cannot be in that process with you. You have to experience the sweet and bitter taste that loneliness has to offer you to understand its gifts.

### Curiosity

Ever hear of the phrase, "Curiosity killed the cat?" Our human natures give us this wonderful gift we call curiosity. It is a gift that is as old as nature itself and gives us the motivation and desire to pursue our quest for knowledge, understanding, truth and justice. It also gives us the emotional and intellectual fuel to explore the natures of good and evil within us and externally. Only our curiosity can be tied into our ego will both humanly and spiritually. We have this curiosity that can serve us or bring us to such points of suffering. When it comes to the understanding of good and evil, our curiosity will always be looking to find and create new boundaries and push the limitations of our understanding so that we can simply have the knowing that we desire in the form of answers to our questions. Show me a person who doesn't like knowing many of the answers — they are the wisest of ones. These boundaries that I am speaking about are created out of our lessons and experiences and when they are a reflection of that which is within us, we

really can't be sure if they are within alignment to the will of God or not. Many times we are interfering with spiritual law without appropriate respect and don't understand the full manifestations of that. I remember once giving a lecture and a young man asked a question about a homeless person sitting on



a bench and his purpose around God. He perceived the man as not having a purpose and wasting away as he lay homeless. I explained to him to not interfere with his thoughts, expectations, and perceptions of that person or his relationship with God. It was important for that homeless person to live out his purpose and reason for being alive, according to his agreement with God. Someone in the audience remarked that if everyone minded their own business; then where does service come into the picture as well as helping others? It totally does fit into that picture. When you create the necessary boundaries around your curiosity, it keeps your understanding of good and evil within some kind of perspective around your specific journey within those two natures. Then, there is less likely an inclination for you to project your notions onto others and your work in the service of God will be clearer, cleaner, and more God-willed as opposed to self-willed. It will help the balance of good and evil stay that way. You can assist others selflessly in this way, and without attachment to the outcome. The reward will be that you, and the person whom you intend to assist, will most likely suffer less.

Every time we cross a boundary within evil because of our curiosity, we will create more. Every time we cross a boundary within good because of our curiosity, we will create good and we also have the potential of opening a door where darkness may exist. We simply don't know. That is why I believe it is extremely important of having some sort of spiritual discipline of going within and examining one's conscience on a daily level. And through this gentle and compassionate examination, we can become clearer within ourselves as our own lessons and the boundaries that we create around good and evil. Our curiosity will then be contained in the appropriate manner. Simply take a look around you — don't we all talk about others and place some kind of judgment or interpretation around their actions, behaviors, even spiritual paths? **Imagine** if we didn't; • Try an experiment. At a moment, when you will place a judgment or interpretation on something that truly has nothing to do with your personal space, stop • for that moment, become conscious of what you are about to do, and take a different direction and do not interpret. See what unfolds for you.

## Ignorance

It is hindrance to the soul but necessary as it can eventually offer us

wisdom. Ignorance in the darkness will bind the soul in its spiritual and earthly endeavors. It has the capacity to lead us into further delusion and creates upheaval in the collective unconscious. It has the tendency to associate itself with darkness and those spirits which reside in it. It fills the heart with jealousy and envy with nothing more than the desire to be loved

by God, When the soul gets weary enough, it will then create an upsurge within the darkness. How it gets to that point can be in many ways. The desire to find mercy becomes very strong because the spirit knows it will die into something greater. It most likely will die, continuous deaths, being raised to the light so that it finds the mercy it needs to stand before God and receive the love it deserves. That is when it transforms into light. We continue to use ignorance to keep the ego strong within power struggle. The ways in which we assert ourselves emotionally and psychologically are through the identification of our personalities. That is normal development. We grow up having to establish that understanding only to go through a spiritual awakening somewhere along the way and find that all that we have identified ourselves with in the way of the ego really doesn't mean much of anything to God. That is how ignorance can come out of the appropriate perspective.

Then there is the innocent **ignorance**. There are those whose understanding of themselves and their relationship with God is innocently ignorant of truth and justice. I say innocently because they are truly unconscious of the workings of God through them. They are unconscious in the manner of light and the darkness that is within. These people or beings do not necessarily have to be handicapped in some fashion mentally, they are handicapped so to speak spiritually, not connected to any tangible faith which helps them to believe and overcome. When Christ WAS -dying on the cross, he said to His Father in heaven, "Father, forgive them for they know not what they are doing."

### Arrogance

Arrogance in the darkness renounces the will of God. It defines itself as that which is impervious or not sustainable by God's loving kindness. It is the means for self-righteousness. It has the capability of breeding self contempt through judgment and scorn. In the light, the arrogant soul will indeed be sure to be humbled before entering into the gates of heaven. In the quest for light, the arrogant soul will continually learn through trial and error what it means to be of integrity. The arrogant soul will learn discipline and structure in both planes as it works to embody the respect that it needs to learn to give to itself, to the God within.

### Alienation

Alienation is another passion of the soul that can bind it or bring it back into the light. The soul is enticed by the darkness and is promised things of a worldly nature and false spiritual blessings. Alienation stems from the recess of internal power and guidance from one's source of inspiration. The soul knows no other way of coping with its own God nature that it searches to

identifying itself with that of being meek and again unworthy to receive the light of God. And on the other hand, the soul cannot withstand separation from God. It will do whatever it takes to find its way back to the light. Even in its understanding, destroy itself only to be resurrected by the love of God. The soul has to learn to appreciate intimacy and abandonment in the way that spiritual laws dictate and not interpret them psychologically in a way that brings about more darkness. Once the soul comes to appreciate the spiritual struggle and the spiritual darkness that comes with finding the light, it will no longer need to alienate itself as it makes peace with intimacy and abandonment. Intimacy and abandonment are simply mirrors for our feelings of worthiness and unworthiness, both human and spiritual.

### Envy

Another perspective is envy. He who carries with him the bitterness for another's Godnature is harming his own spiritual progression. When we find ourselves with envy for another's slight, we lose the basic desire for the Godself to burn brightly in our hearts. We may look upon others with retribution **for their alignment** and spiritual purpose with God and in doing so, basically hurt ourselves spiritually. We may interfere to the extent of self destruction or annihilation <sup>1</sup>lose our sense of purpose through many incarnations and become lost and wandering souls. We can become disconnected, as though in a state of purgatory. Something again, somewhere along the line in time, usually happens to souls like these, where the sweetness of acceptance and grace enters their souls after they have suffered long enough. God is always most merciful. Therein again, the light transforms into darkness.

### Powerlessness and Fear

We fall prey in our psyches, our hearts and our souls in these two states of awareness. We cannot stand in our truth and power with being empowered. True empowerment is a grace given by God as we face our powerlessness with gratitude and humility. The same with fear. They say that if we are in fear, we cannot truly love. But can we have both? Can we both love and fear the darkness and the light with the necessary respect which will heed balance and growth? Can we learn to appreciate the polarity of understanding that will give us greater insight as to how we can better relate to ourselves as whole? We cannot avoid our light as much as we cannot avoid our darkness. Perhaps our fear will give us the appropriate boundaries we need to perpetuate a loving kindness with respect to God's will and wishes.

## God's Will

When you choose to follow God's will, the spiritual energies in the form of lessons will come upon you as increments so that you may receive them and embody them appropriately and respectfully. The soul cannot handle the will of God all at once. You will learn to accept over time what your purpose is here and you will grow in light of Spirit's bounty for you as you live in service to Him. You will also grow in darkness of God's bounty for you, both Divine and not. And remember that within every darkness, therein lies the light of God. Some of us become impatient as we wait in earnest to fulfill God's wishes. The best thing to do is to wait in patience: Without patience, we cannot yield the strength of faith which is needed to rise above the constructs of good and evil and come into stillness. There are also reasons that constraints or time boundaries are placed upon our soul's learnings. We cannot know all the manifestations of the workings of good and evil within us or the collective.

## Free Will

Free will is ruled by the intellect of the ego and the passions that encumber the heart. The fear that predicates man's judgment upon his choice is great. The fear is not a hindrance if the fear is in respect of the learning process in front of us and of the love of God within us. This is the same fear we have of the light within which will bring us humility and unconditional love surrounding the choices we have both as spiritual and human beings. The innate fear surrounding free will is deeply rooted within the self's sense of power without God or power without love. We are guided in hindsight through adversity of the power of and with love to face the with a merciful compassion; When we do so, the free will which we are given rises to God's will because we lose the attachment to person in the ways that we think would serve us. We begin to lessen our attachment or the emphasis on labeling something as good or evil and look for meaning beyond it and eventually to its nothingness. The thought of free will rises above the duality which we come to experience as we learn to work more effectively within corcreation which means working respectfully within the light and the darkness which is decreed Divine.

## Karma

Karma is the spiritual process by which the transmission of souls from one level of light to the next becomes imbued with the potentiality to be of the nature of God. It encompasses more than the laws of cause and effect. It involves the laws pertaining to the expansion of the light, with the

understanding, respect, and balance of the darkness. All that is of God in the nature that is willed by Him will return as such.

"Each time you create good karma, the faith of Him grows in numerous ways above all else you perceive which only belongs to you. It has been written that you shall-reap what you sow...Indeed, do not judge •what it is that the Lord hath given you unless. you know in your heart that you have done so righteously in His honor. When you look into your own heart and see that you are living righteously by Him, you do not need to pay attention to the circumstances surrounding your. present existence. For we tell you this, if•you are living righteously, then the Lord is watching over you and taking care of the process of your ascension towards Him." me Light of God, Aversano, 2003)

Karma, as it relates to darkness, is simply Divine. We do •reap what we sow, but spiritual laws are a little more complex and kinder in God's understanding. Since we are all connected and here. to learn to raise evil to its place of Divinity, we are all affected in numerous ways as we bring the darkness into balance. Both collective and personal circumstances as well as Divine Providence make up the•lessons we are given in this lifetime. Thus, what we learn in our lives today might be part of a lesson of another soul working through us, another, and yet another. In the light, and in the darkness. In doing the best we can on a daily basis to be conscious with forgiveness •and acceptance of both our light and our darkness; we will move mountains.

In embracing good and evil within the-nature of the soul, ~~here are~~ few important•things to remember from this discourse.

The moment that God became known in creation, the light and the darkness existed as relating to the universe. The Lord's essence in and of itself ceased to exist as a single entity. His essence dispersed itself as

energies for us-to understand and learn from, These energies co-created the polarities of good and evil. Good and evil can co-exist peacefully within the appropriate perspective. Nothing created in the essence of God is evil, but all that is manifested from the energies that stem forth from creation has the potential:ofproducing darkness. All that is in existence is of God — every darkness and every light as it is raised upto Him. When it comes to evil; the existence as such is only rendered to place. the structure and understanding of the universal laws within balance, then ultimately light, and stillness.

Once we can understand this from a place of peace within, we will -allow for the universe to work without our interference and interpretation more effectively under Divine providence. As much light we have acquired, as much darkness we carry and are responsible for transmuting and/or bringing into balance. Hence, the nature of the soul. When we become aware of what evil fruly is, then we will fear it appropriately and place it in perspective of our spiritual growth as opposed to working to rid it. To fear it means to respect it in its truth.

The essence of light is to rest in stillness. When it doesn't, it ceases to be just that of light and opens itself up to various universal forces. That is how perspective arises. You must be still within the light for there to be perspective around the darkness contained within and around it. In defining evil in terms of the present moment, it might be beneficial to look at the progression of the light and the darkness as a whole in relationship to the universe. Right now, in terms of spiritual progression, we are doing well. Suffering needlessly, yes, but God is raising souls to the light as fast as He can at the present moment and that means much in terms of loss in earthly means if you choose to look at it like that. Do the spirits get upset and angered when we hurt ourselves and one another? Yes, absolutely, they also know it will take more time then and maybe more suffering to get God's point across whether we like it or not.

The nature of the soul is as contained as it is boundless. It doesn't belong to us, it belongs to the nature of God; We cannot avoid doing the necessary work to develop to the level of contemplation where God's will manifests through us as deemed, the level where good and evil need to balance within us according to Divine providence. We can only hope and pray that we are given enough strength and faith to persevere.

Laura Silvana Aversano has explored the spiritual realms that have opened

up to her as a result of mystical experiences and communications with the world of spirit. She is best known for her work as a spiritual and medical intuitive, a medium to the world of spirit, and a counselor of the soul. She has authored two books: *The Light of God* (Authorhouse, 2003) and *The Divine Nature of Plants* (Granite, 2003).

## BIBLIOGRAPHY

Laura Silvana Aversano, *THE LIGHT OF GOD*, Bloomington, Indiana: IstB00ks Library, 2003.

*THE EVERYDAY BIBLE: SPECIAL NEW TESTAMENT STUDY EDITION*, Minneapolis, Minnesota: World Wide Publications, 1988.

St. Nikodimos of The Holy Mountain, St. Markarios of Corinth, *THE PHILOKALIA, THE COMPLETE TEXT*. Volumes I - IV, Trans. and ed. G.E.H. Palmer, Philip Sherrard, and Kallistos Ware. London: Faber and Faber, Paperback Ed. Publication dates for paperback volumes from 1983-1998.

## BIOGRAPHICAL DATA

Laura Silvana Aversano is a mily remarkable visionary and mystic. She has explored the spiritual realms that opened up to her as a •result of profound mystical experiences with the world of spirit. She is best known for her work as a spiritual and medical intuitive, a medium to the world of spirit, and a counselor of the soul. She has appeared frequently on radio and public television in regards to her work. She was bom with spiritual (psychic) abilities that were passed down in her family and actively pursued spiritual studies since her early 20's.. Much of her development comes from her experiences with the Divine that have taken her to levels of both the light and the darkness physically, mentally, psychically, and spiritually. She is the author of *The Light ofGod* and *The Divine Nature ofPlants*.

Laura Silvana Aversano

830 Vincent Avenue  
Bromx, NY 10465 718-823-2824  
cearalexis@aol.com or  
LauraAversano@aol.com





Copyright of Proceedings (Academy of Religion & Psychical Research) is the property of Academy of Religion & Psychical Research and its content may not be copied or emailed to multiple sites or posted to a listserv without the copyright holder's express written permission. However, users may print, download, or email articles for individual use.