

**Favorite Outfit or Favorite T-Shirt**

Number of People	Approximate Time	Items Required
Unlimited	5-10 minutes per person	—

This fun icebreaker allows people get to learn how different they are from one another and they get to express their individuality and uniqueness.

1. Notify participants beforehand to wear an outfit or T-shirt that reflects their personality.
2. Have each participant explain to the group why they chose their outfit or T-shirt and how and why it expresses who they are as a person.