

What Does This Say About Me ...

Number of People	Approximate Time	Items Required
20 people	30 minutes	Paper for each person Pencil for each person

This creative exercise examines people’s assumptions and allows participants to dispel preconceived notions they might have harbored.

1. One by one have each person place some object on a desk at the front of the room. Make sure no one else sees what object a person contributes.
2. After everyone has contributed one object, hold up each object and have each person write down the name of the object and one word that he or she thinks describes the person. So for example, if someone contributed a knife, a person might write knife and outdoorsman. If the item was a lipstick a person might write lipstick and well groomed.
3. Show each item again but have the owner stand up as his or her item is shown and then have each person read the word he or she wrote to describe the person.

VARIATION:

Have people only use words that begin with the first initial of the item contributed. So for example, if someone contributed a hairbrush a person might write hairbrush and health nut or if it was a pencil it might be pencil and proper.