

Word Team Building

Number of People	Approximate Time	Items Required
Small teams of 4	5 minutes	Flip chart or board for each team Magic marker for each team Small inexpensive prize (optional)

This exercise helps teams work together to solve a common goal.

1. Have teams write the word TEAM BUILDING on their flip chart.
2. Instruct the teams they have 5 minutes to form as many four-letter words as possible. Words might include.
 - Bait
 - Date
 - Build
 - Meat
 - Bald
 - Guild
3. You can also give a small inexpensive prize to the team that comes up with the most words.



You can use different words, such as RELATIONSHIPS, INTERACTIVE, or COMMUNICATIONS and you can have participants find three-letter words instead of four.