

Brown Bag

Number of People	Approximate Time	Items Required
Unlimited	1-2 minutes per person	—

This introduction exercise helps a participant learn what is important to each participant.

Notify each person beforehand to bring three things in a paper bag that is important to the person or symbolizes the person. Then select one of the two versions of the game from below.

Version #1

1. Each person shares his or her objects with the group and tells why the items he or she chose were important to them.

Version #2

1. Put all the bags in a pile and mix them together.
2. Draw the bags out one at a time and have participants guess which person brought which bag.