

One to Another

Number of People	Approximate Time	Items Required
Unlimited	5 minutes per person	—

This icebreaker allows people to learn about each other when they are members of a group, a club, or an organization.

Have each person introduce him or herself and have them answer the following open-ended questions so the class can learn information about each participant:

- How did you find out about this group?
- Why did you choose to join this group or what piqued your interest about this group?
- What do you think you will gain from joining this group?
- How will this group help improve your life?