

# Truth or Lie

Number of People	Approximate Time	Items Required
Unlimited number or small teams	5 minutes plus 1-2 minutes per person	3x5 card for each person Pencil for each person Small inexpensive prize

This exercise allows individuals to examine truth and lies and helps individuals to learn true facts about one another.

1. Give each person a 3x5 card and a pencil.
2. Have each person list three true statements and one false statement. Explain the goal is to fool everyone about which statement is a lie. Allow 5 minutes for this task.
3. Each person then reads his or her four statements.
4. Have the remaining people guess which statement is false and award a small inexpensive prize to the person who most often identifies the lie.

## VARIATION:

Divide into small teams of no more than 6 people.

1. Give each person a 3x5 card and a pencil.
2. Have each person list three statements that are true and one statement that is false. Explain the goal is to fool everyone about which statement is a lie. Allow 5 minutes for this task.
3. Have each person read his or her statements.
4. The remaining team members discuss which statement is false and reach consensus as to why it is false.
5. The person reading the statements then provides background information about the truthful facts.