

By Choice

| Number of People | Approximate Time | Items Required |
|------------------|------------------|----------------|
| Unlimited | Up to 5 minutes | — |

This exercise helps break the ice and gets people moving. It also gives participants a chance to see what they have and don't have in common with others.

Ask participants to stand up in the center of the room and then depending on their answer move to one side of the room based on the following questions. I am

- More like a poodle or a bulldog?
- More like a Volkswagen Bug or a Mercedes?
- More like the moon or the sun?
- More like beer or a cabernet?
- More like a turtle or a hare?
- More like an A student or a member of the parking lot gang?
- More like a pine tree or an oak?
- More like the present or the past?
- More like a feather pillow or a rock?
- More intuition or logic?
- More like Burger King or a gourmet restaurant?
- More like a stream or the ocean?
- More agreeable than disagreeable?
- More like a manual typewriter or a computer?
- More like a Hawaii or Alaska?