

## Prejudicial Self-Awareness ...

Number of People	Approximate Time	Items Required
Unlimited	Up to 10 minutes	Preprinted list for each person Pencil for each person

People sometimes have prejudices they may not be aware they possess. This game allows individuals to explore their beliefs and helps them to understand how to look at things differently.

1. Create a list of ten statements that might bring up positive or negative reactions in people, such as
  - Black people are lazy.
  - Asians people are smarter than Europeans.
  - Girls don't like science.
  - White men can't jump.
2. Have participants keep a loose count as to their own negative or positive reactions.
3. Have participants reword the list so as to make the statements neutral. So the statements might change to read.
  - Black people are as lazy as all other people.
  - Asian people are as smart and stupid as any ethnic group.
  - Just as many girls don't like science as boys.
  - Just as many White men can't jump as Black men.