

# My Favorite Animal

Number of People	Approximate Time	Items Required
Unlimited number	15 to 30 minutes	Name Card Magic marker

This icebreaker gets participants talking in a non-threatening way and helps set a creative mood for the remainder of your class, session, or conference.

1. When a participant arrives ask him or her to think of their favorite animal and give you three adjectives that describe this animal, such as playful, smart, or irritable.
2. Write the three adjectives on the participant's card ahead of the person's name.
3. Have participants mingle with each other and share why the three traits listed on his or her name tag are similar to their own personality.