## **Yummy 500**

Number of People	Approximate Time	Items Required
Small teams of 5-6 people	15-20 minutes	Various food items Small inexpensive prize

This exercise allows individuals to be creative and work together in a unique and interesting way.

Purchase various food items which will allow participants to make edible vehicles. So, for instance, you might provide such things as gum, peanut butter, Twinkies, fruit roll-ups, toothpicks, cookies, Life Savers, rice cakes, carrots, lemons,

- 1. Divide people into small teams.
- 2. Give each team a set of goodies and allow them up to 10 minutes to build their racing vehicle.



If you use something sticky such as peanut butter make sure you supply a knife or have some way to spread it.

You can also have rules, such as all vehicles must have two axles or everyone has to use a Twinkie for the vehicle's body.

3. Race each vehicle down a sloped ramp and the vehicle that makes it the farthest wins a small inexpensive prize.

**VARIATION**: You can also substitute stationery supplies for the food. So, for example, you might use pencils, construction paper, cardboard, glue, scissors, staplers, etc.