

Dr Mark (Simcoe-) Fitzmaurice MBBS FRACGP Prov 44642DA
Dr Katherine Roper MBBS FRACGP Prov 4748246X
Dr Angela Wang MBBS FRACGP Prov 14579EA
Dr Michael Moore MBBS FRACGP Prov 40773EJ
Dr Laura Peirson MBBS FRACGP Prov 539874CL

General Practitioners
healthlink EDI hornsbyf
admin@hornsbydoctors.com
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Medical Report in support of DSP application

Re: Ms Dila Demir , dob 20/01/1993
Ph Mob 0434104464

Main diagnoses

1. Severe Generalised Anxiety Disorder
2. Complex Regional Pain Syndrome, left leg

Treatment

1. Dila has had frequent admissions to Marie Bashir Centre in the last year for anxiety, depression and suicidal ideation complicated by her borderline personality disorder. Dila has suffered from anxiety most of her life and it has become worse in the last year. Current anxiety medication: venlafaxine and diazepam. Dila is compliant with medication and attending required appointments.
2. Dila's pain syndrome is managed by Royal Prince Alfred Pain Clinic. Dila has permanent damage to nerves and muscles in her left leg caused by prolonged pressure on her leg when lying comatose after a drug overdose on 15 July 2024. Current pain medication is Norspan patch 40mg, Lyrica 300mg twice daily. Dila is compliant with medication and attending required appointments.

Functional impact of anxiety and pain

1. Self-care and independent living: Dila requires assistance from a family member or support worker to live independently and maintain adequate hygiene and nutrition. Her partner at the moment is making sure Zoe looks after herself. Often, she is bed-ridden and does not attend ADLs.
2. Social/recreational activities and interpersonal Dila does not go out alone and is not actively involved in social events. Dila has difficulty making and keeping friends or sustaining relationships. Due to her anxiety, and now her chronic pain syndrome, there are often interpersonal difficulties within her relationships.
3. Travel and accessing the community: Due to her anxiety and chronic pain Dila cannot travel alone to unfamiliar environments. Dila also finds it difficult to utilise community facilities such as local shops.
4. Concentration and task completion Due to pain and anxiety, Dila is unable to concentrate on tasks for more than 20 minutes (such as reading an article, watching a television program or playing a video game). Dila has great difficulty following complex instructions (such as from an operating manual, recipe or assembly instructions).
5. Behaviour, planning and decision-making Dila is unable to cope with stressful situations such as those involving time pressure or performance demands. Dila has trouble with behaviour and mood (including temper outbursts and withdrawal) and if upset can demonstrate poor judgement.
6. Work/training capacity. Dila often has interpersonal conflicts at work, education or training that require intervention by supervisors, managers or teachers, or changes in placement or groupings.