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Ms D Demir
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CONFIDENTIAL

To Whom It May Concern:

Re: Ms Dila Demir (D. O. B. 20/01/1993)

This letter is to certify that I have seen Dila for ongoing psychological treatment since 01/06/08. She was referred to me by her GP, Dr Sandhu of Metro Medical Center under the mental health treatment plan. Initial referral was to provide treatment and ongoing management in relation to comorbidity /co-occurrence mental health conditions. I understand that Dila currently participates in regular Narcotics Anonymous and Smart Recovery program at the St Vincent Hospital, NSW. Under this regime of treatment, Dila participates in a range of interventions and recovery therapy models, including, individual case management, cognitive behavioural therapy and twelve-steps recovery and motivational interviewing strategies. This regime of treatment requires her attendance to routine medical appointments, mental health review and ongoing monitoring such as urine screens, ongoing feedback and follow-up through counselling and relapse prevention.

I fully support Dila's intention to apply for transfer therefore she is capable to access treatment in the Sydney Eastern suburb or inner west area. Under the basis of her health and mental health condition, her request is necessary and reasonable.

Thank you

Yours sincerely,


Muhamad Ziedni, MAPS
Clinical Psychologist

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