

Mind, Body, Spirit Collage

Process Book

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Intro to Digital Studio Practice

Research

Words for Mind

(who I am mentally/intellectually)

- Over-thinker
- Cloudy
- Crowded
- Curious
- Spontaneous
- Distractible

Research

Words for Body

(who I am physically)

- Likes to walk
- Jittery
- Fast reflexes
- Dancey
- Fidgety
- Quick/Swift

Research

Words for Spirit

(who I am spiritually/emotionally)

- Compassionate
- Melancholy
- Abstract
- Ethereal
- Overflowing
- Chill

Research

Brainstorming images for Mind

Over-thinker: Maybe a bunch of flowers crowded together, a whole variety of them

Cloudy: This one is pretty self explanatory. I'll use some images/an image of some clouds for this word

Crowded: An image of a crowd of people would work, or maybe a floor or room crowded with junk

Curious: An image of a cat would be good for this, or maybe of a small child

Spontaneous: Maybe some confetti or some bamboo, something fast and, well, spontaneous

Distractible: Maybe an image of a fidget toy or a cat toy, to go along with the cat image for curiosity. Or maybe a do not disturb sign

Research

Brainstorming images for Body

Likes to walk: The pictograph of the walking guy on crosswalk signs would work perfectly here

Jittery: Something that makes you jittery, like coffee or something with a lot of sugar. I'll choose Monster energy since it's my favorite drink

Fast reflexes: An image of a cat would work here as well, but I'm thinking a cat that's falling and is about to land on its paws

Dancey: An image of someone dancing would work, or some music notes or headphones

Fidgety: Once again, an image of a fidget toy would work here, so I'll probably choose the other option for 'distractible' for my mind collage

Quick/Swift: Something quick, like a freight train or a rocket will do

Research

Brainstorming images for Spirit

Compassionate: An image of a heart, most likely a real one instead of the heart symbol

Melancholy: some raindrops on a glass surface would work

Abstract: An image with no discernable subject, or that just looks bizarre will work

Ethereal: An image of an angel would work, I'm thinking a Seraphim would look awesome

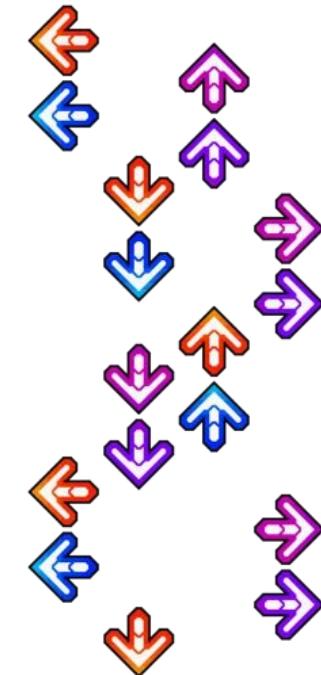
Overflowing: An image of something spilling out of something else, like maybe a dam breaking or an overflowing sink/tub

Chill: A night sky with lots of stars would work, since stargazing always chills me out

Images for Mind



Images for Body



Images for Spirit



Work Phase

Collage draft for Mind

I changed some of the images to slightly better ones, and decided to instead go for individual flower heads crowded together instead of a single image of some. I changed the cat to make it so it looks like it's peeking out, like the word I associate with them, curiosity. I also changed the do not disturb sign to a better one that isn't a rectangle. I may change the clouds to be slightly more noticeable instead of being hidden.



Work Phase

Collage draft for Body

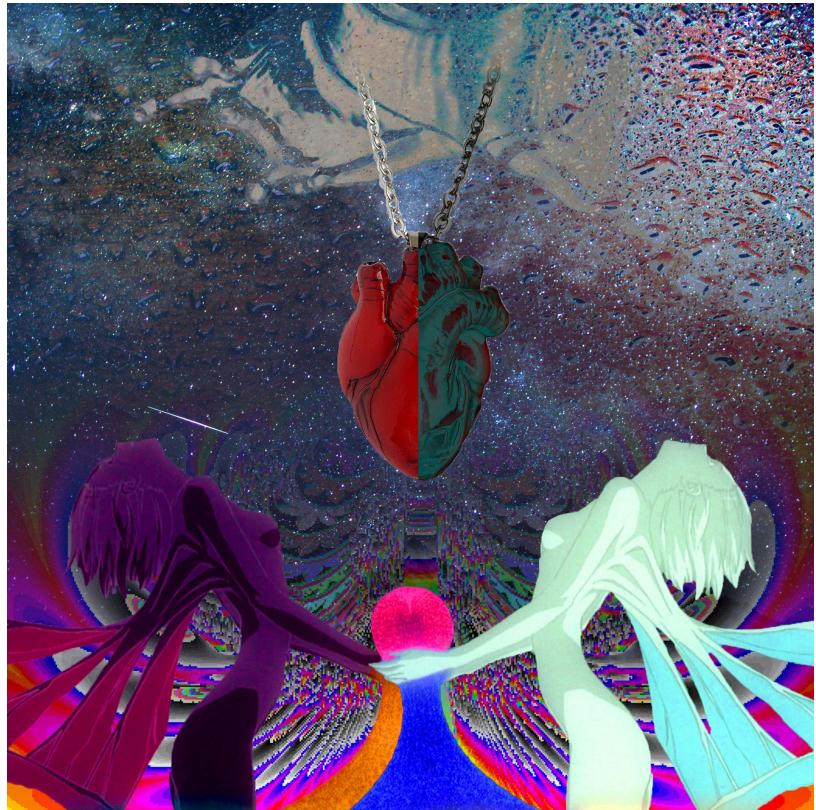
I also changed a few images here, mostly due to image size. I added an inverted plus hue changed copy of the DDR arrows beneath the original, to add some visual flair. I changed the hue of the monster logo to purple because its my favorite color (and it contrast with the background), and added a motion blur to give off that feeling of 'jittery'. I intertwined the cat and the tangle toy together for some fun visual flair as well. I also added a lush, naturey scene in the background because I love to walk around those types of places.



Work Phase

Collage draft for Spirit

I wanted a very ethereal and strange look to this collage. I used some overlays on the raindrops and water splashing for some visual flair, as well as inverting some colors for some contrast. I switched up the placement of some inverted things to balance out visual weight across the collage. The heart is the main focus here.



Work Phase

Tweaking the draft for Mind

Most noticeably, I changed the do not disturb sign to look more interesting, and to fill up more space. I layed the clouds to appear more full and dimensional as well. I added a drop shadow to the cat to have more dimension, and to contrast more against the busy elements surrounding it. I added a cool texture to the bamboo in the background to make it more interesting as well.



Work Phase

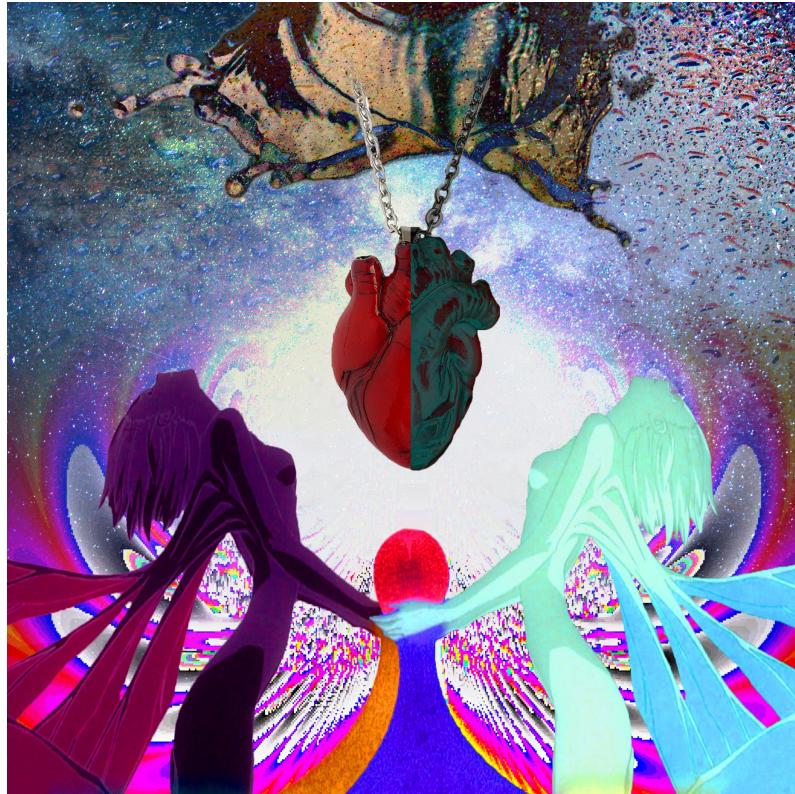
Tweaking the draft for Body

I changed the DDR arrows slightly to have more of a cool effect. I also changed the position of the cat and tangle toy to overlap the walking sign, to have more dimension and visual flair. I also changed the background to be a bit lighter to have more focus on the pictures on top of it. I changed the effect of it to be a bit more interesting as well. I'm definitely going to clean up more edges in this, especially the walking sign and the tangle toy.



Work Phase

Tweaking the draft for Spirit



I didn't change the collage terribly much, mostly just adjusted colors. I changed the background to have a center of light, to highlight the focus of the collage more. I changed the size and position of the two figures on the bottom too. I adjusted the color of the one on the right to contrast with the background more. I also changed the color of the water splash to stand out more.

The Final Collages



Mind



Body



Spirit

URL Index

Mind:

<https://www.atrafloor.com/floors/bamboo-texture-flooring/>

<https://www.theatlantic.com/health/archive/2020/03/should-i-avoid-crowds-because-coronavirus/607420/>

<https://m.fellowes.com/us/en/resources/creativity/ideacenter/printables/business/signage/office/do-not-disturb>

<https://wallpaperaccess.com/funeral-clouds>

<https://www.verdissimousa.com/>

Body:

<https://dlpng.com/png/7223093>

<https://www.dreamstime.com/royalty-free-stock-photography-jumping-cat-image7647287>

<https://logolook.net/monster-energy-logo/>

<https://halifax.citynews.ca/local-news/crosswalk-safety-society-recommends-changes-to-traffic-safety-act-3239776>

<https://www.pinterest.com/pin/745345807057976286/>

<https://wallpapersafari.com/w/W4PZl1>

Spirit:

<https://www.pinterest.com/pin/674273375443343461/>

<https://www.amazon.com/Anatomical-Heart-Necklace-Realistic-Pendant/dp/B078K1678B>

https://stock.adobe.com/si/search?k=cup+overflowing+with+water&asset_id=332469682

<https://www.flickr.com/photos/karen1956/2823930045>

<https://picstatio.com/wallpaper/starry-sky-night-mountians-5k-f89c36>