

DATE:	GOAL:	THINK:
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PRIORITIZE:	EVENTS:	DATE:
		MTWTFSS
		MTWTFSS
		MTWTFSS
		MTWTFSS
		MTWTFSS
PROJECTS:	STUFF TO GET DONE:	
VICES:	NOTES:	
Gaming		
Junk food		
Watching TV/YouTube		
Caffeine		
Spend money		
BUY/DOWNLOAD:		
SLEEP (+ = good sleep - = bad sleep)	VITAMINS/EXERCISE X = exercise	
M +- T +- W +- T +- F +- S +- S +-	M T W T F S S	
	D D B12 Aloe Ω X	
BRAIN TRAINING	M	
READING	T	
MAKE MONEY	W	
ANIMAL RIGHTS	T	
CREATIVE	F	
PROGRAMMING	S	
EDITING	S	
HOUSEWORK		