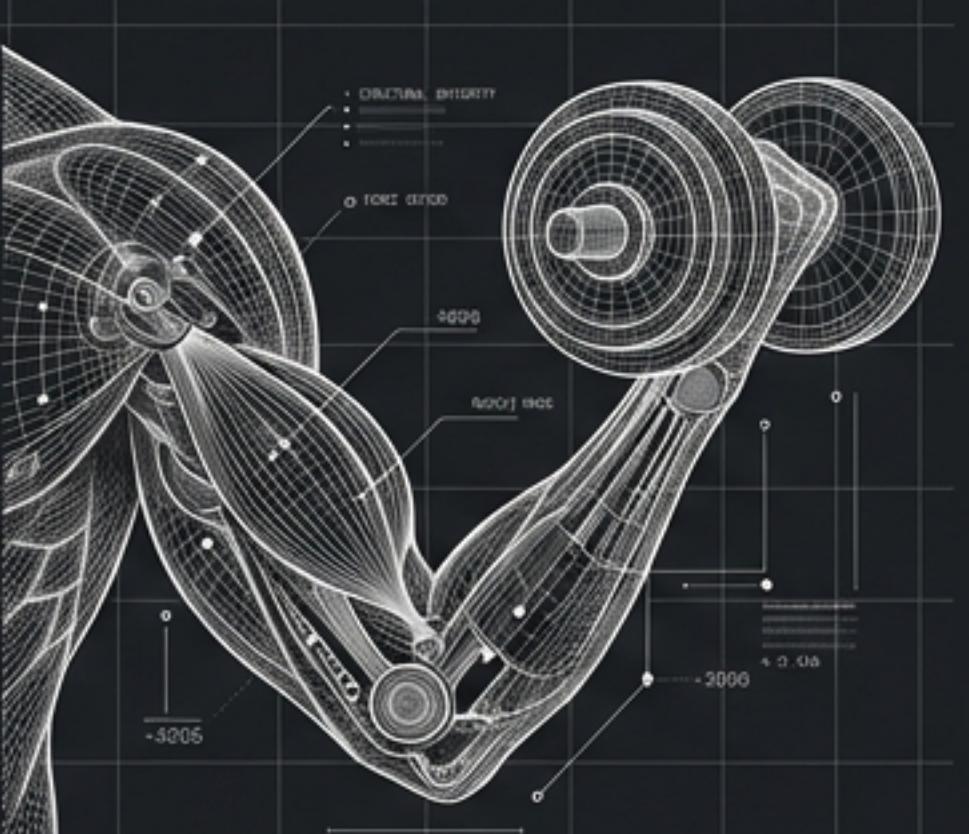


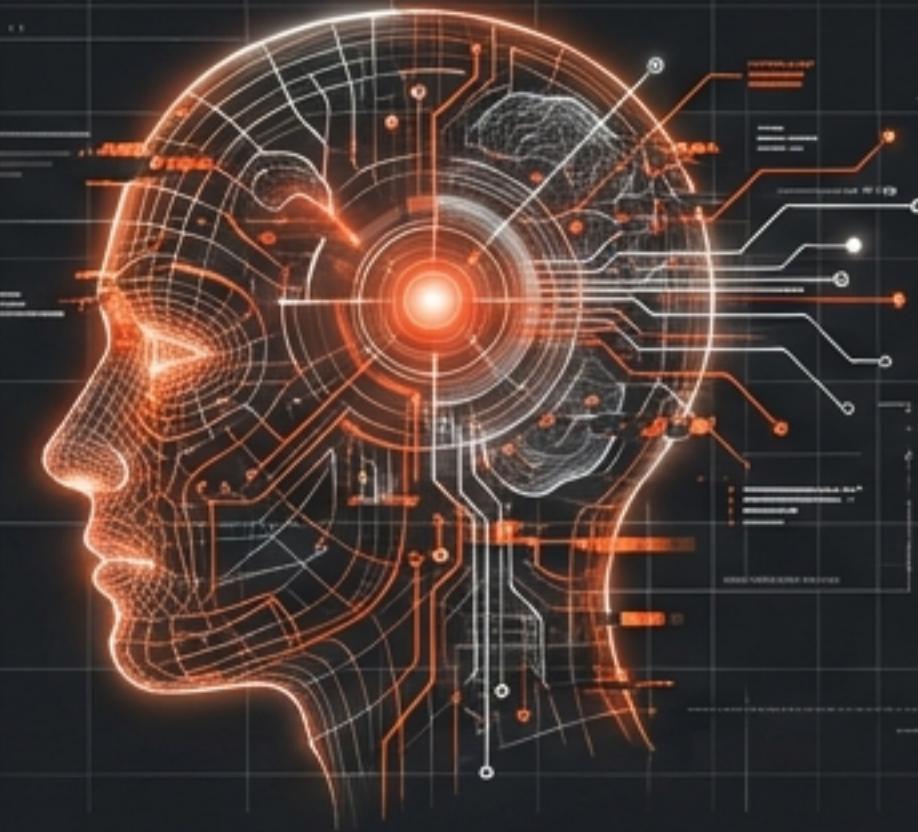
PROTOCOL 001: SYSTEM INITIALIZATION

HARDWARE VS. SOFTWARE // SYSTEM MANUAL V.1.0

HARDWARE



SOFTWARE



X: 23.43, Y: 45.67, Z: 12.34

LAT: 34.56, LONG: 78.90, ALT: 88.01

THE BODY IS HARDWARE. THE MIND IS SOFTWARE.

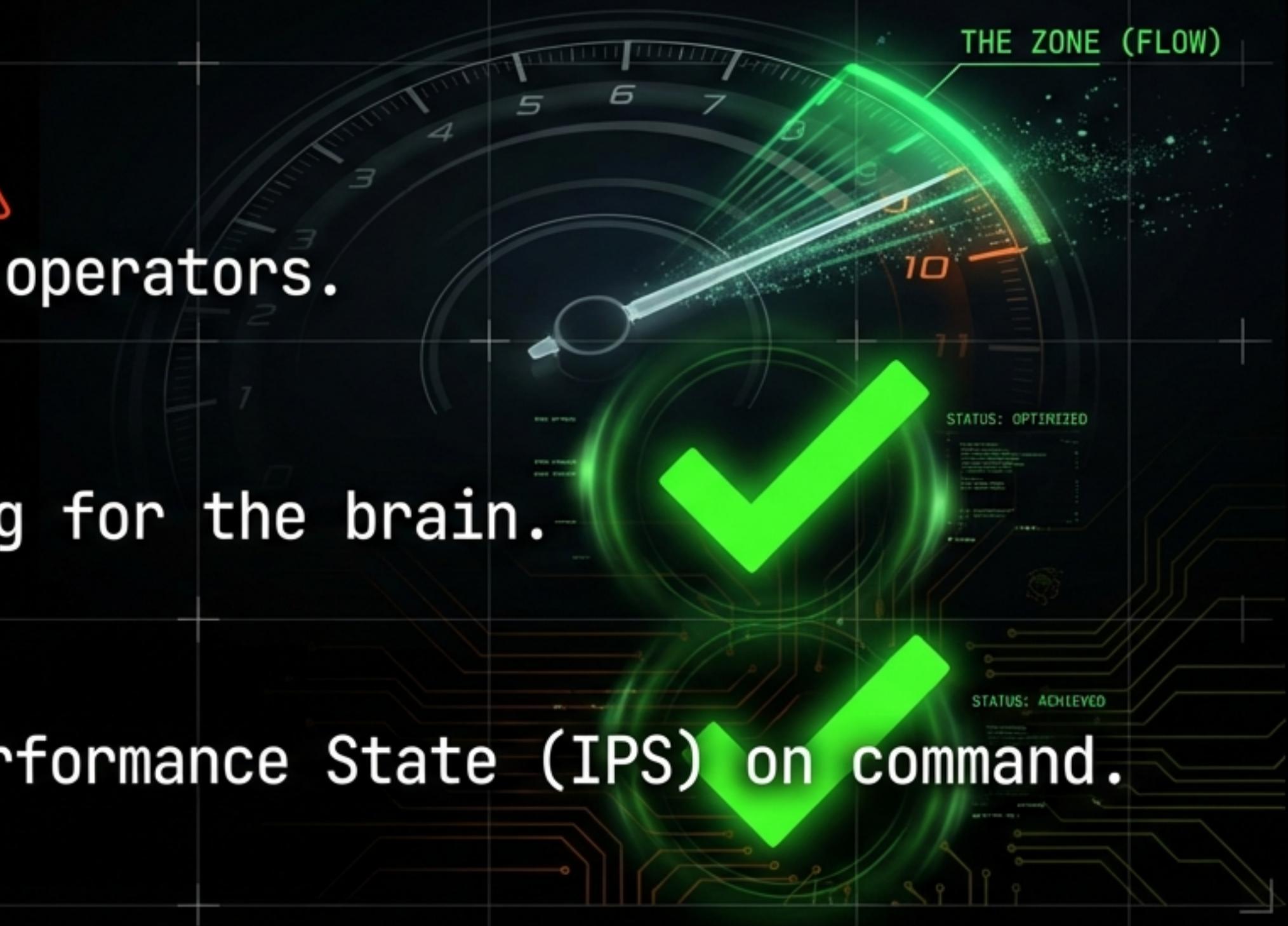
Most athletes allocate 100% of bandwidth to training the Hardware (Muscle/Skill) and 0% to the Operating System (Mind).

You can possess a Ferrari engine, but if the software **glitches (Anxiety/Doubt)**, the car will not drive.

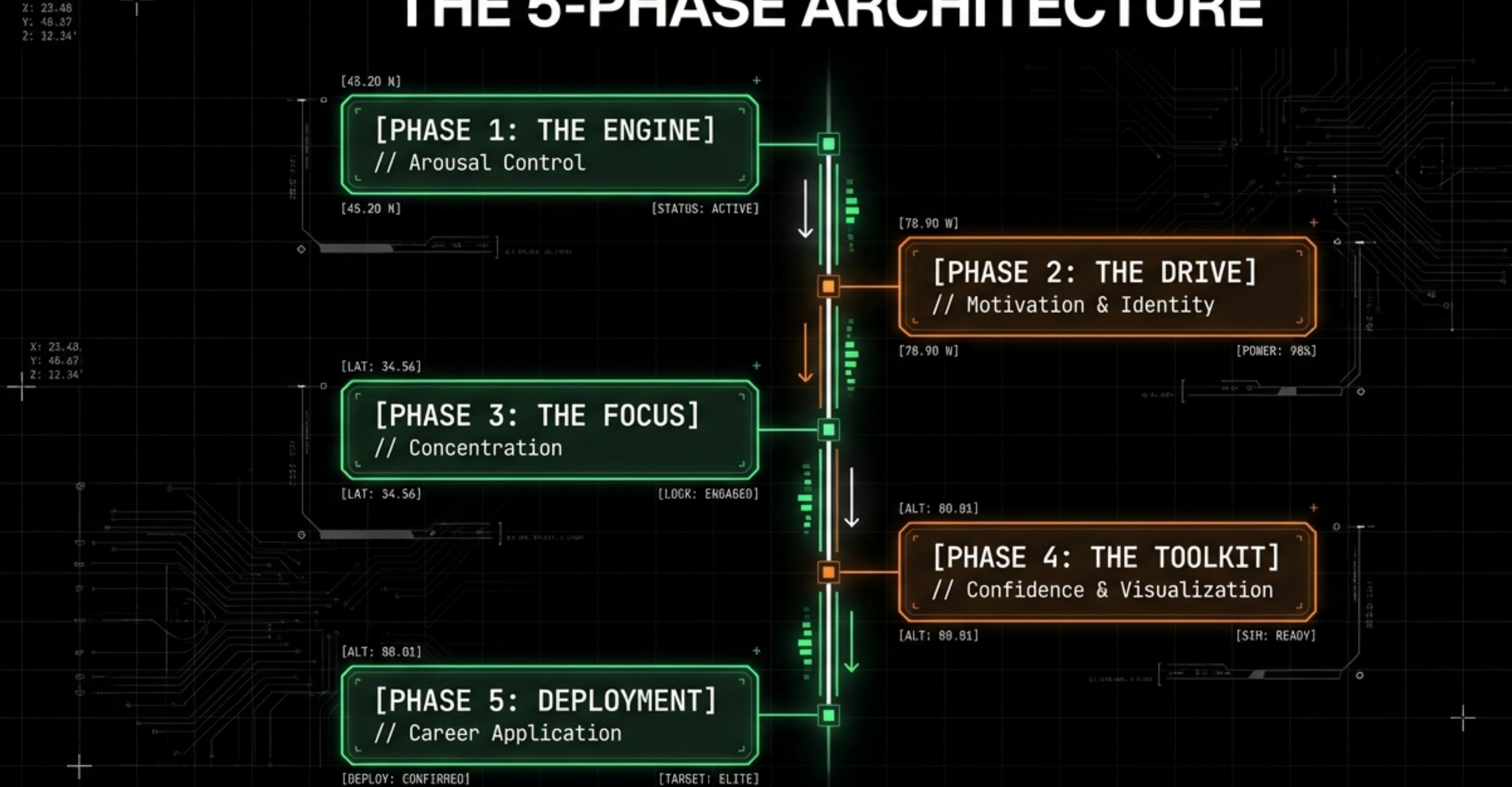
WHAT IS SPORT PSYCHOLOGY?

MISSION PARAMETERS

- [REJECTED] ~~SET~~ ⚡ Therapy for 'broken' operators.
- [CONFIRMED] Strength conditioning for the brain.
- [CONFIRMED] Trigger the Ideal Performance State (IPS) on command.



THE 5-PHASE ARCHITECTURE



SYSTEM: ENGAGED //
LAT: 48.71, LONG: 74.00 // ALT: 380.00 //
SESSION LOG: 2024-10-27_09:50:12

CURRENT STATUS: UNKNOWN

RECOGNITION IS THE TRIGGER FOR REGULATION.



Your first order is to establish a baseline.
Open the 'Baseline Diagnostic' attached to this mission.
Be honest. We need accurate data to build your system.

SYSTEM ALERT:
CRITICAL DATA REQUIRED