

Maddies

Netball Club

1991 — 2007

Yearbook 2007



Sponsors

Maddies appreciates the great support provided by our sponsors during 2007. Their generous support for the Club has enabled us to provide greater support for our players, coaches and umpires.

Each team had their own sponsor and this was identified in the new royal blue and pink bibs the girls wore this season. All teams, and many club officials, participated in boot camp training sessions run by Succeed. The Club was able to sponsor a number of members to earn their coaching and umpiring certificates. Each coach was provided with resource kit containing coaching materials on drills and skills development along with coaching boards for use at training and at games. Our yearbook was also printed with the support of our sponsor, Canon.

Each of our sponsors has a special relationship with Maddies as they each have one or more daughters in playing, coaching or umpiring roles with the Club. So a very big thank you to each of our sponsors who we hope will maintain an ongoing interest in Maddies in the seasons ahead. Thank you:

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- Imaginative Concrete & Construction – Alcock family
- Smart Shopfronts – Terry family (Greg)
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Canon Australia Pty Ltd have once again, very generously provided the materials and machines needed to produce this yearbook.

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The Tuggeranong Valley Rugby Union and Amateur Sports Club has helped with the facility and the cost of the Presentation.



PRESIDENTS REPORT

It is my pleasure to present this report for Maddies Netball Club for the 2007 winter season. This season has seen Maddies enter twelve teams into the local competition, one down on last year as our "big girls" left home for Arawang to find some new & exciting competition; from all accounts they too have been thriving & at the time of writing this report had made it to the Grand Final abroad.

By any measure this 2007 season has been a wonderful success.

Maddies were successful in securing first place in the Year 6 Green division with the Maddies Minors Junior team taking it out. A point of interest with this team is that half of the girls were only in Year 5 which is a wonderful achievement for players so young to not only play up a year but to win the division was an absolute bonus.

A further six intermediate teams made the semi-finals in the various intermediate divisions. Of those six teams three went on to play in Grand Finals. Two of those teams played one another and although the older girls were tipped to win the contest, the younger ones put up a great fight however were overcome on the day by age and experience.

Division 2 Intermediates saw another group of young girls (comprising of 8 Year 7 players & one Year 6 player) play an older and more experienced Hornets team. However it was destined to be Magic's day as they came away convincing winners in the Division 2 Competition.

Whilst in the Seniors division all three teams made the Semi Finals however, only two of those teams went on to play on Grand Final day.

Our A Grade (Maddies Majors) team was gallant in defeat in the Final going down by the slightest of margins (two) against Harman, however, in doing so provided the players provided the many spectators with a wonderful team display right until the very end.

Our A1 Grade (Maddies Mavericks) team were made up of mostly by Intermediate players was truly an inspirational team as these girls not only clawed their way up the ladder but managed to make a Grand Final & play a Rebels team that in some instances doubled their age & experience. The game proved to be another thrilling one, with the girls going down by one in the final seconds of the game. It was truly a spectacular event as to watch these girls on court you would think you were witnessing an Australian team event. Well done girls Maddies are extremely proud of these up and coming Seniors.

Our B Grade team (Maddies Mystery) was also another team that improved as the season went on. This team in particular was also an attention-grabbing team as the team were made up of a mixture of the more "mature" age players with a few young Seniors thrown in for good measure, yet to look at the team on court you wouldn't have known. Towards the end of the season this team called upon two younger Intermediate players to help them out and they proved to be instrumental in their

success. This Mystery team played the Grand final like they were in the Olympics, with each player pushing themselves to their utmost limit all over the court. The girl's determination and drive on the day were second to none and gallantly took the premiership out convincingly.

Our committee, your committee, have been simply fantastic this year and it has been a real pleasure to preside over this terrific group of people. I won't mention them individually, but the dedication of the current committee & their efficiency to complete set tasks from beginning to end has been nothing short of remarkable. The members of our club are indeed fortunate: the future of this club is in very good hands.

My thanks must also go to each & every one of the selfless people, who gave willingly of their time to coach, manage, umpire, score & do whatever else had to be done in order to support our club throughout this netball season. Without your loyalty to this Club & to your children we would not be as successful today.

I would also like to take this opportunity to personally thank all our wonderful coaches for putting in such a great season, without your dedication and knowledge Maddies would not be such a sought after club. It is because of your coaching that we have all witnessed throughout the season those budding ACT players emerge through our ranks & have no doubt that they will do our club proud in years to come.

Our Umpires of this club are yet another group of hard working individuals who give their time each & every week – for the love of it! Without these wonderful people it just wouldn't be possible to enter as many teams in the competition. Maddies are exceptionally proud of our umpires as our umpires have always been known to pitch in & lend a hand to other teams within the district that are less fortunate without large club backing. Thank you for your wonderful work – we couldn't have done it without you guys.

Before closing this report I wish to acknowledge & thank our many & varied sponsors and also wish to recognise that with the continued support of these wonderful people throughout the 2007 season we managed to achieve all our season goals & objectives. I hope to see additional sponsors come on board over the next few years as Maddies is truly one of the best clubs in the district to be involved in, I guarantee you won't be disappointed in becoming involved.

As we are nearing the end of this decade the club has enjoyed another triumphant season. We have won premierships, have a great player participation rate & we are financially sound. The worst thing we can do now is sit back and accept this success. Now is the time to continue to build on our successes by working as hard as possible. I therefore encourage everyone to give strong consideration to standing for various positions on the committee. We don't have all the answers as individuals but together working as a team we have proven to be a successful club. We would warmly welcome fresh new faces so don't be afraid to put your hand up!

Kind Regards

Kim Crimmins
President
Maddies Netball Club

UMPIRES SCENE 2007 (AKA From the Sidelines)

I would like to start this report with a big thankyou to all of our Maddies Umpires for the 2007 season. Like most sports, the commitment from people like you is essential for the successful running of any club. Maddies is truly lucky to have your support.

This year, instead of having a dedicated umpire for each team, and after discussing the idea with some fellow umpires, I thought that we would try and move our umpires to different teams. The theory behind this was to give the players, and even the coaches, exposure to different styles of umpiring. I believe that this was well received.

Like the last couple of years, Acumen Alliance has been running a development program for umpires. This year, both Jennifer Goodwin and Sarah Cluffetelli were selected to participate in this program. This will assist them in their progression to their National 'C' Badge accreditation and further developing their umpiring skills. We have seen their efforts rewarded with Jennifer umpiring at the senior A1 level and Sarah umpiring at the senior B level. Well done to the both of you!

I would also like to make a special mention to Maria Williamson. Maria, over the last couple of years, has always been willing to assist by umpiring both junior and intermediates teams. Her commitment, always friendly manner and willingness to improve, was of great value to our club. This year, Maria left our club before the year's end as she accepted a work offer over in the 'land of the long white cloud' (New Zealand). We wish her all the best.

This year we also saw the emergence of some new faces to our umpiring ranks: Alicia Alcock, Maddie Dean and Belinder McPherson. Alicia has been progressing well, umpiring our junior team the Minors. Alicia is willing to learn and continues to improve each week. Maddie came and saw me not long after the season had started saying she wanted to become an umpire. With that enthusiasm how could we say no? Maddie has shown her ability by umpiring intermediates on a regular basis as well as umpiring for TNA at the senior level. Not long after the season had started, Dave Tronerud introduced me to Belinder saying she would love to assist our club with umpiring. Having Belinder as a regular umpire has been of great value to our club and we hope that she will continue to assist us in the future.

As in previous years, our inters and seniors teams have been well supported by our panel of senior umpires consisting of Anne McCauley, Sean Roche, Dave Tronerud, John King and Lynley Parker. This group of umpires have

been the mainstay of our Maddies umpires over the last couple of years. I would like to thank you all for your commitment to the club as well as your assistance in mentoring and developing our junior and new umpires.

I would also like to pass on a special mention to Donna Jameson. Donna was always there to help me out when times were tough and I was struggling to get enough umpires to cover all the timeslots. Thanks for all your help.

Our umpires not only umpire on a Saturday morning down at TNA, they also have umpired for various TNA representative teams, as well as assisting Maddies at the Arawang carnival. This just goes to show what quality umpires we have in our club.

During the preseason, the committee wanted to make some changes to our newsletter. This year saw the introduction of a column called 'From the Sideline'. I hope this column was of value to you, the player. It was designed to present some of the rules of netball in a way that would assist you understand the game better.

In ending, our club thanks you all for your efforts this year and we hope to see you all again next season.

Neil Mulherin
Maddies Umpire Co-ordinator





Coaching Coordinators Report

This season saw Maddies enter twelve teams into the local competition. This was comprised of:

1 x Junior Team

8 x Intermediate Teams

3 x Senior Teams

Most teams managed to secure a head coach & an assistant whilst the other more experienced coaches of the club were happy to coach on their own. We have been extremely lucky to continue to attract highly experienced coaches to our club & this has positively been acknowledged through the results Maddies has once again achieved this season.

This season saw some of our major sponsor's contributions be solely dedicated to coaching resources & nationally accredited courses. This was achieved by sending the following seven participants to the Level 1 Coaching Course held by Netball ACT. All seven successfully passed all facets of the course & are now nationally accredited Level 1 Coaches, they are;

- | | |
|-------------------|-----------------|
| ➤ Nikki Terry | ➤ Tonia Ellidge |
| ➤ Rachel Lalliard | ➤ Maddie Dean |
| ➤ Hannah Miles | ➤ Emily Hardie |
| ➤ Amanda Mulherin | |

Maddies are extremely proud of all the girls' achievements & all seven have given a firm commitment to Maddies to be involved in coaching next season.

Sponsors money also put Maddies in a position where we were able to purchase full training schedules & planners for entire seasons. These planners will be given out to all coaches at the commencement of next season. This will see a more consistent approach to training sessions run by individual coaches along with the benefit of having the whole seasons training sessions set out each & every week.

I'd like to take this opportunity to sincerely thank each & every coach who always attended trainings, volunteered their time on game day & helped other coaches out not to mention also volunteering their time as coaches to TNA. Most of the Maddies coaches were also players within the Senior Representative Teams for TNA & this proved to be fraught with issues as their own training nights clashed with Maddies training nights too. However in saying this, the girl's dedication & loyalty to Maddies was evident as they all altered their training times so they could coach & play.

In closing, this season has seen our wonderful coaches reach many milestones some probably thought were impossible. They are a wonderfully dedicated group of volunteers that have to contend with players, parents and officials week in week out & for that alone it makes these people very special. Thanks for a wonderful and memorable season – we wouldn't be where we are today without you guys. We hope to see you back next season.

Kim Crimmins
2007 Coaching Coordinator

OFFICIALS AND ACHIEVEMENTS IN 2007



President:	Kim Crimmins
Vice President:	Louise Ephraums
Committee Members:	Karen Brown, Lisa-marie Cluffetelli, Judith Ellidge, Kate Mulherin, Craig Penniford, Jo Roebuck, DJ Scanlon.

Club Coaches in 2007

Team	Coach
Maddies Minors	Hayley Crimmins, Bek Aguilar
Maddies Meteors	Jessica Crimmins
Maddies Moovers	Jess Brophy, Ellie Scanlon
Maddies Mercury	Jo Roebuck
Maddies Magic	Sara Driver
Maddies Madness	Ashlee Tronerud
Maddies Muscle	Lyndsey Simcoe
Maddies Marvels	Séan Roche
Maddies Midnight	Jen Bateman
Maddies Mystery	Wayne Crimmins
Maddies Mavericks	Louise Ephraums
Maddies Majors	Jen Bateman

Club Coaches in 2007

Team	Umpire
Maddies Minors	Alicia Alcock
Maddies Meteors	Belinder McPherson, Maria Williamson
Maddies Moovers	John King
Maddies Mercury	Dave Tronerud, Tahlia Wood
Maddies Magic	Maddie Dean, Donna Jameson
Maddies Madness	Séan Roche
Maddies Muscle	Jennifer Goodwin
Maddies Marvels	Lynley Parker
Maddies Midnight	Anne McCauley
Maddies Mystery	Neil Mulherin
Maddies Mavericks	Sarah Cluffetelli
Maddies Majors	Allocated by TNA

**OFFICIALS AND ACHIEVEMENTS IN 2007****Selection in 2007 TNA ACT League Team****ACT League Div 2**

Jen Bateman
Sara Driver
Lyndsey Simcoe
Ashlee Tronerud

ACT League U19's (Div 3)

Cathy Amos
Tamara Bond
Sophie Trevillian

ACT League U17's (Div 4)

Jessica Crimmins
Emily Hardie
Nikki Terry

Rebecca Ephraums
Allyce Stephen
Ellie Scanlon

**Selection in 2007 TNA Representative
Championship and Challenge Teams****U15's**

Madeleine Bond, Hayley Crimmins, Kristen Smith.

U14's

Rebekah Aguilar, Chloe Anderson, Sarah Ciuffetelli, Danielle Crimmins,
Chloe Drayton, Rachel Fortune, Emily Gubler, Mariana Lauc, Rebecca Mulherin,
Lauren Stephen, Grace Terry, Holly Tupper.

U13's

Jessica Bauer, Amy Brown, Kate Etherington, Jessica Hardie, Georgia Hughes,
Stephanie Jameson, Madelyn Reyn, Abby Trevillian.

U12's

Mikaela Alcock, Nicole Cresswell, Jaimi Dickson, Grace Ephraums, Taylah Fellows,
Emily Toze, Olivia White, Tahlia Wood.

U11's

Maddison Bauer

Selection in ACT Nationals Squads**U19's**

Tamara Bond.

U15's

Madeleine Bond.

U17's

Ashlee Tronerud.

U12's

Amy Brown, Jessica Bauer, Grace Ephraums



Amy Brown, Jessica Bauer & Grace Ephraums were selected in the U12's ACT Schoolgirls team that travelled to Wollongong in September.

Madeleine Bond was selected in the U15's ACT Schoolgirls team.



Tamara Bond was selected in the U19's ACT team.



Ashlee Tronerud was selected in the U17's ACT team.





Family Affair

These girls made Maddies a family affair.



Amanda, Tamara & Madeleine Bond



Hayley, Danielle & Jessica Crimmins



Nicole & Grace Terry



Jessica & Emily Hardie



Allyce & Lauren Stephen



Deana & Kayla Smith



Family Affair



Amanda & Becky Mulherin



Kellie & Sarah Brookes



Emma & Lauren Penniford



Jessica & Madison Bauer



Alicia & Mikaela Alcock

LIFE MEMBERSHIP

In recognition of her many years of active involvement with our club,
we happily award Life Membership of *Maddies* to



Lynley Parker

LIFE MEMBERS

The following people have been awarded life membership in previous years:

Erica Lauchland

Séan Roche

Jen Bateman

Peter Lauchland

Lyn MacLay

Kirsten Duffy

Kate Lauchland

Helen Cain

FIVE YEAR MEMBERSHIP AWARD

In recognition of five years of membership with *Maddies* Netball Club the
following people receive their Five Year badge in 2007

Jessica Crimmins

Georgia Hughes

Shannon Jones

Sarah Murphy

Nikki Terry

Lisa Viney

Hannah Miles should have received her 5 Year Award last year.



Award Winners 2007

Coaches Awards

Minors	Taylor Bowden
Meteors	Jess Perkavic
Moovers	Ashley Maloney
Mercury	Kaitlyn Reedy
Magic	Steph Jameson
Madness	Laura McCauley
Muscle	Sarah Brookes
Marvels	Jess Dorman
Midnight	Tonia Ellidge
Mystery	Lisa Viney
Mavericks	Nikki Terry
Majors	Ashlee Tronerud

Most Valuable Player

Minors	Meg Terry
Meteors	Olivia White
Moovers	Aimee Barry
Mercury	Kellie Brookes
Magic	Georgia Hughes
Madness	Taylah Fellows
Muscle	Nicole Rich
Marvels	Bec Brown
Midnight	Hannah Miles
Mystery	Melissa Winn
Mavericks	Amanda Bond
Majors	Sara Driver



Best in Grand Final

We ask an official from the opposing team to choose who they thought the best Maddies player was in each Grand Final

Maddies Magic	Amy Brown
Maddies Marvels	Holly Tupper
Maddies Midnight	Amanda Mulherin
Maddies Mystery	Melissa Winn
Maddies Mavericks	Nikki Terry



Award Winners 2007

TNA Awards

Coaches Award – ACT Major League	Best in Grand Final - Inters Division 1
Sara Driver - Div 2	Holly Tupper – Maddies Moovers
Most Valuable Player - Inters Division 2	Best in Grand Final - Inters Division 2
Keely Johnson – Maddies Madness	Jessica Hardie – Maddies Magic



Club Awards

Nominated by coaches and or committee with final voting by the committee:

Best New Player	Taylah Fellows
Most Improved	Becky Mulherin
Outstanding Achievement	Madeleine Bond
Coach of the Year	Jess Crimmins
Club member of the Year	Lisa-marie Ciuffetelli
Umpire Encouragement	Maddie Dean
Family of the Year	Crimmins Family
Spit the Dummy	Jen Bateman
Crazy Critter	Tasman Sheather
Presidents Award	Bek Aguilar

Club Umpires Selected for Grand Final Games

John King	Dave Tronerud
Sarah Ciuffetelli	Neil Mulherin
Sean Roche	Anne McCauley
Jennifer Goodwin	



Year 6 Minors

Coaches: Hayley Crimmins & Bek Aguilar
Manager: Maria Alcock



WINNERS Year 6 Green

This season we had the pleasure of coaching the Maddies Minor team. These girls proved to be a wonderful bunch of girls with so much talent that they took out the year 6 green division. This is a fantastic achievement for the girls, as half of them are still in year five. We are very proud of the girls and would like to thank them for all the effort they put in throughout the season. Well done girls, we had a ball coaching you, and hope to have you all back next year! Hayley & Bek.

Taylor Bowden - Taylor started off in the Maddies Minors as a shy girl, but as the trainings progressed and we bonded as a team, the real Taylor shone through. Not only was this girl a pleasure to coach, but her natural ability showed in every game and her capability to listen to the skills we were teaching and put it into play is to be highly commended. Throughout the season we swapped her positions around a lot, some games she was playing centre and others she was in the ring scoring us goals. No matter where we put Taylor she always put in 100% effort. She has been a lovely girl to coach both on and off the court. Thanks for a great season and we hope to see you in action again soon!!

Jaimi Dickson - Throughout the season Jaimi proved to be one of the most valued shooters in our team, and it was a great pleasure to watch from the sideline as she got continuous goals in. There were 2 main games this season that were very close, and it was thanks to Jaimi and Madi that we broke into the lead and managed to win. Jaimi's shooting statistics continued to improve this season, as well as her all round skills. She has brought much entertainment and fun to the team this year and we hope to see her continue her netball further. You had a great season Jamie, keep it up!!

Meg Terry - Meg definitely proved to be one of the most reliable and confident players in the team this season. For such a little girl the energy and enthusiasm she showed towards her netball was amazing and we applaud her for this. Meg always put in 100% effort and improved immensely on how to read play and create space on court. Towards the end of this season, the girls voted on a captain for their last game and it was to no surprise that Meg was voted in. We applaud her for all the effort and skills she has shown us this season. Good work Meg Terry, keep it up!!

Ellen Jackson - Ellen's talent on court was astounding to watch and every game she played she continued to improve greatly. From setting up on her player to chasing up loose balls, Ellen always put in 100%. Throughout the season she has listened to everything we have told her to do and tried very hard to put it into play and we thank her for this. Watching Ellen play netball this season in Maddies Minors was a great honour and we wish to see her continue her netball. Thanks for a wonderful season Ellen, we hope to see you again soon!!

Brooke Selkirk - Brooke Selkirk!! Brooke was one of the most fun and energetic players in the team, and was always the one cracking jokes. Her presence was greatly appreciated in the team and she brought a smile to everyone's face. Her netball through this season has improved immensely. Brooke showed many good skills in centre court this season and we hope she will keep working on them so that she will go further in her netball future. Great work this season Brooke, you were a lot of fun and we hope to see you again next season!!

Kayla Smith - Kayla had a fantastic season this year and improved in so many ways. From strong leads to great intercepts, she always showed great effort and enthusiasm on court. Kayla played WD and WA for us this season and always managed to keep pressure on her player. Kayla never made it an easy job for her opponent to get the ball. Kayla was a bundle of fun this year and we hope to see her continue her netball in the future. Well done Kayla!!

Madison Bauer - Madi was one of our shooters this year and played extremely well in this position. Madi showed great teamwork with everyone in the team, especially our other shooter Jaimi. Madi's ability to read play and communicate on court has improved out of sight this season, and we commend her for this. Madi has been a consistent and reliable player of the team and has brought much fun to games and training sessions. Good job Madi, we know you will excel in your netball future!!

Rachel Knill - Rachel's netball skills have improved out of sight this season. She was introduced in the team as a Defender and with her great height and quick reflexes we knew she would be a very reliable player. During the season Rachel

managed to excel way above our expectations and showed her many skills to those watching our games. We applaud her on her great efforts this season and hope to see her continue netball for many years to come. Thanks for a great season Rach!!

Mikaela Alcock - Mikaela had a great season this year, and as she was one of our 2 main defenders she had a lot of court time as defence. Michaela's defence has improved greatly and not only was she accepting of her positions but she put 100% effort in every game. Without a doubt, Mikaela was one of our most hard working players and we hope she knows that this did not go un-noticed. Thanks for a great season Mikaela, keep up the good work, we know you will go far in your netball career!!





Meteors

Intermediates Division 4

Coach: Jessica Crimmins

Manager: Jo White



Jess Perkovic - Jess has been an enthusiastic and energetic team member this season. She has a keen sense of game spirit and her presence on the court was noticed by all in every game. Jess' willingness to learn new skills and concepts has assisted her in developing accuracy, consistency and intensity. Her reliability and vivacious nature have made her a delight to coach! Keep up the hard work Jess; we look forward to seeing you for another great season next year!

Amy McPherson - 2 words; team clown! Coaching Amy this season has been quite an experience. Amy's vast center court abilities combined with her comic humor gave the team an explosive player who was at constant risk of bursting into fits of giggles. Never short of a word this girl, though we found her to be nothing but positive and encouraging to her team mates. Amy was an outstanding asset to our netball team and we hope that in years to come she continues her netball with the same enthusiasm and zeal!

Jayde Agudo - Jayde has been an absolute pleasure to coach this season (a coach's dream!). Our first impression of her was 'aww what a cutie'. She was so timid and polite when we first took her on. This did not last long! Over the course of a season we have watched Jayde grow not only in confidence but also in ability and aggression. Her enthusiasm at training and games was infectious. Her

determination enough to motivate an, at times, tired and weary netball team. Well done Jayde, we hope you enjoyed yourself as much as we did coaching you this season.

Marissa Lightfoot - Marissa was primarily chosen to fulfill the role of WD this season. However, unknown to the two of us was Marissa's ability to play ANYWHERE! We had her go from one end of the court to the other, up to 3 times in some games. Marissa's natural talent and hard working demeanor for the sport of netball made our role as coaches practically simple. Thanks Marissa for your dedication and commitment this netball season, you are an awesome netball player and we hope to have the pleasure of coaching you again soon.

Chelsea Brodie - Throughout the entire season Chelsea has maintained an energetic and enthusiastic attitude in all areas of her game. We can truly say that at no point did we ever see this young lady drop her head! Chelsea plays with 110% effort in every match, and never fails to slog the hard yards at training. She plays with considerable skill down the defensive end and has an incredible knack for knowing just where that next intercept is coming from. Thanks Chels for a fun season, see you next season we hope!

Nicole Creswell - Nicole's attitude to this season has been exceptional! She is a hardworking player and truly a backbone for our team. Nicole's expertise in the centre court area meant that we could use her in any of the three positions and know fully that the job would get done. She is a reliable and caring team member whose determination was an inspiration for anyone watching her play. Nicole thanks for another great season, we both cannot wait to see you out on the courts next season!

Emily Toze - Emily was another addition to our defensive side, and what an addition she was. A strong and reliable player, she was more than capable of stepping up this netball season and revealing her natural ability and intense enthusiasm for the game. Emily is quick on her feet and her anticipation is exceptional! All of these qualities make Emily a fantastic netballer and a great asset to her team. We look forward to watching your future successes in netball. Em, keep up the hard work!

Olivia White - What a shooter! Olivia was the other half of our team's exceptionally strong shooting end, and a valuable addition to any line up. Her accuracy ensured that our team shooting stats were unmatched the whole season. Olivia's strength in the back court has been excellent. No matter what combination we put on court she could be relied on to play with the same consistent skill and level of intensity. It's been a great season Olivia and we both hope you have thoroughly enjoyed your first year at Maddies.

Tasman Sheather - Tasman is a dynamic centre court player who constantly works her butt off on court! Although a constant chatterbox (and we had a few!) she was always serious and hardworking when it came to crunch time. Her natural energy and enthusiasm definitely rubbed off on the rest of the team making her a popular and valued team member. Tas has had a great season with fantastic attendance. She is a committed player who gives her all! Great stuff Tas, see you next year!

Moovers

Intermediates Division 3

Coaches: **Jessica Brophy & Ellie Scanlon**

Manager: **Maria Alcock**



This season was as good as the last. All the girls showed off their talent and their commitment. Our team is full of tall and short girls and nothing stands in their way. To see these girls play on court is amazing. How they come from nowhere to get intercepts and how well they work together as a team. They know when to have a laugh and when to be serious. Ellie and I have enjoyed coaching these girls and I hope they learnt as much from us as we did from them. When we teach them things they try to focus on that and ask questions if they are unsure of what we said. It doesn't matter how many games were won or how many games were lost, these girls proved themselves every single game. All in all, a great season girls. We would like to thank the parents who came out every week to support the girls and thank you to the umpires and to our manager, Mrs Alcock.

Shannon Dan - Shannon is the tallest in our team and at first she was our starter GS. Getting her into the defence end seemed like a bit of a task but when she played GK she blitzed it and now she even asks to go into defence. Her reach and movement is something you can watch all day and she works so well with our other shooters, Aimee and Alicia. She always listened if any one had anything to say and she has had a fantastic season. Congratulations on a fantastic season Shannon.

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Aimee Barry - Where to start with this young girl? Aimee is the shortest of our shooters, but don't get me wrong, she never lets this get in the way. When you look at her shoot, the defenders tower over her and you wonder how she gets it into the ring, but she does and 9 times out of 10 it goes in. Aimee works extremely well with the centre court and with the shooters. She is constantly running around and trying to make offers to assist her teammates. Well done on a good season Aimee.

Alicia Alcock - Alicia is another one of our short shooters but just like Aimee she still manages to shoot her goals in and go up for rebounds. She is a very strong and determined player and it doesn't matter what position you put her in whether it be shooter, attack or defence, she always plays 110% and is always proving herself to Ellie and I. She is a good listener and when we mention things to try and improve on she blitzes it every time. An amazing season Alicia, well done.

Laura King - Now, where to start with Laura? She knows how to laugh and muck around with the other girls but when its time to get serious she knows how to do that too. We can put her anywhere in the centre court and she normally starts off the games as WA. She has a great sense of direction and knows where to lead when the ball is being brought down the court. Laura knows how to control a game. She is a very strong player who is always free to help out her teammates. Laura you had a really good season, good work.

Brittany Rolfe - Brittany is one those girls who is always laughing at something and always has a smile on her face. She knows how to move down the court and where to position herself. She is quick and direct on where she is leading and the combination of her and Laura is amazing. Brittany is speedy and most times she loses her player. Because of this, both Ellie and I enjoy watching her play. If she's in C or WA she always knows where to be. Great effort this season Brittany.

Deanna Smith - Deanna is our WD who sticks with her player regardless. She went away for a few weeks, but her first game back was amazing. She comes from nowhere to pull in intercepts. She normally starts off as our WD and always listens to what anyone has to say to improve her game and in doing this she concentrates on that for that quarter. Deanna, your game is improving more and more each game and you need to be recognised for how well you played this season. Well done!

Ashley Maloney - Ash started out on this team as a shooter and having four shooters is a little bit difficult at times. When we were short a defender one game we asked Ash to go into defence. She did and we're pretty sure that GA didn't get the ball. Since that game, Ash has become our back up defender. We helped her in her defence and when we showed her what to do, she got it straight away. Ash is not afraid to ask questions if she doesn't understand what we are doing or saying and when she understands it she does it with no problems. Ash you are a fantastic person and a great player to watch. Well done on a fantastic season.

Hayley Vincent - Hayley was a new player with this team this year and we threw her in the deep end to defend. After the first game we knew she would be a great defender. Hayley always sticks close to her player and goes for every ball that goes

into the circle. She knows where her player is and where she has to be. Ellie and I are very impressed with Hayley and her performance. She has been helpful with the team and always re-opens herself to get the ball. Hayley, a great season and hope to see you next year.

Belinda Goodwin - We've known Belinda since her first year with Maddies and since then she has been a defender. Her reach is unbelievable and she follows her player wherever she goes, which is a good thing for a defender. Sticking close is something Belinda does well. She has had some troubles with injuries but when she is on the court you wouldn't be able to tell that she was injured. She is just everywhere in that defence circle. Belinda you have had a really good season and we have enjoyed coaching you this year.



Mercury

Intermediates Division 3

Coaches: **Jo Roebuck & Tonia Ellidge**
Manager: **Chris Dragisic**



Absent: Billie Williamson

Kaitlin Reedy – Kaitlin was one of our main centre court players and did a wonderful job feeding the ball into the circle! Her passes were strong, quick and accurate and it was fantastic to watch. It has been a pleasure to coach Kaitlin this year!

Kellie Brooks – Kellie is one of the most energetic, fast centre court players. Kellie played C but when she needed a break, slipped into WA. Kellie displayed excellent leadership skills by talking (yelling) to the team on court. Kellie always trained with enthusiasm, which I admire in a young lady. Keep it Up, Kellie!

Laura Douch – Laura was part of our shooting team and when she was hot, she was hot! Laura's accuracy and strength in the shooting end has been excellent this year. Reading the play is one of the most important things a shooter needs the ability to do and Laura has got it. Keep up the Great Shooting!

Tess Cooper – Tess is a very accurate shooter and also has the ability to read the game. Tess and Laura worked very well in the circle together. Tess would come out of the circle to feed the ball back into Laura and then be back in the circle ready for the rebound. Tess quite often talked (yelled) encouragement to the team! Great Teamwork Tess!

Billie Williamson – Billie was our main WD. Her skills developed as the season progressed and Billie's aggression for the ball on court was great to watch. Billie's game was improving every week and unfortunately she broke her arm and was unable to play many games. Billie is moving to New Zealand and I wish her and her family all the best!

Tori Roebuck – Tori is one of our key defenders. Although she had some health problems at the beginning of the season, she came back stronger than ever. Tori reads the game well, makes intercepts and creates turnovers. Tori is at her best defending in the circle. Great Defending Tori!

Olivia Dragisic – Olivia is one of our great defenders, but stepped into the shooting roll when needed. Olivia's defensive skills are fantastic and she made many intercepts over the netball season. Olivia's ability to defend her player and read the game play was a great asset. A Great Year Olivia!

Shannon Jones – Shannon was mainly GK and occasionally came out to have a run at GD. Shannon has the height and reach of a great defender and with confidence on the court, Shannon became a key player for the team by intercepting and getting the ball back to our shooters. Great work Shannon!





Magic

Intermediate Division 2

Coaches: Sara Driver & Amanda Mulherin

Manager: Janine Brown



Absent: Maddie Reyn



Premiers 2007

WHAT A SEASON! For a team that was as young as ours, what a bunch of champions! These girls were a little inexperienced in some court situations which was evident at the start of the season but continuously worked hard week in and week out to improve every aspect of their games. There were a few games where we could not understand what happened to our team, but most of the time, we were extremely pleased with the way they performed.

At first when we realised what team we had, we both thought 'Uh oh, we are NOT going to get anything done this season'. Yes we had a team of chatterboxes (some more so than others), but these girls all bonded exceptionally well and played better every week, they didn't even complain when we did fitness! All of these girls had something significant to contribute to each game and none of them ever argued when they were told what to do. They always asked for advice if something wasn't working and put it into play as soon as they stepped back out on court.

To all of our surprise, we were graded into Division 2 which at first gave both coaches grey hairs. But to our surprise, you girls blew us away with the way you were able to maneuver yourselves around the opposition and come out on top in nearly all situations. In particular, against one team, we were a little bit intimidated by one of their players, but you all worked your hardest to get around this and came up with your own schemes to try and beat them. This shows signs of true champions, you guys are winners in our eyes. ☺

Amy Brown - Amy was an excellent team player and could be counted upon to get any job done. When Maddie went overseas for the second half of the season, Amy was called upon to help out in the defence circle and she did this with no complaints and no questions asked. She was one of the quiet ones in the team, but was always noticed by the amount of intercepts that she took. Her leads were always in the right spot and always ready to give a good solid pass to one of her teammates. Amy is a champion in the eyes of everyone; never has to be told what to do and does it with a smile on her face, but Amy, you're not a shooter . . . YET. Well done on a great season!

Emma Smith - Emma's positive attitude and enthusiasm towards her netball and her willingness to try anything new made her a pleasure to coach. She always had a smile on her face, even when hurt, which always helped to lift the team's mind-set and go out with more enthusiasm and gusto than before. Emma worked really hard on her footwork this year. At the start of the season, she would be seen stepping on court a lot, but to her credit she worked as hard as she could to correct this. She put in 100% effort every game and although the word 'quiet' was not in her vocabulary, she never stopped trying on the court, learning and improving greatly over the course of the season. You should be very proud of yourself Emma, keep smiling, you're a gun.

Georgia Hughes - Um, where on earth do I start?! Georgia knows how to talk and talk and talk, but does she ever play a great game of Netball! Georgia was picked on a little bit by us this year, but to her credit, she stepped up every time and completed the task. Georgia was handed the task of being one of our captains this year and she handled this responsibility extremely well and always lead by example. Her willingness to always do what was asked of her can be seen by her improvement throughout the season and she is to be commended on this. Georgia's strength is her determination and confidence; if she wants to get the job done, then she will get it done no matter what. Her feeds into the circle were a great asset to the team. Sorry that we picked on you this season, but it was for your own benefit and you performed exceptionally well under pressure. Well done, but no more blue pancakes :).

Grace Ephraums - Grace's ability to dictate play is going to make her a great centre court defender. Wherever the opposition was looking she was there, waiting to pull another great intercept. She went for every ball with all she had in her, and was often rewarded for her effort. She had hands over every ball and her quick feet meant she could keep up with every opponent, keeping her player out of the action. Her footwork and speed made her a great attacking player, happy to play wherever we put her. Gracie's strength is her determination. She at times lacked confidence,

but her willingness to overcome this and always perform to the best of her abilities is what made her such a great asset to the team. Awesome work Gracie!

Jess Hardie - Jess had a bit of a mixed start to the season; some games she was brilliant, others she was a little on the quiet side. But to her credit, she stepped up and started shooting and moving around the court really well. Jess (along with Georgia) was given the role of captain. This role was given to Jess in particular as she is the most experienced player within the team and we really wanted her to take this on and set a good example for the rest of the team. Jess did this on court by always remaining positive, even though she was a bit tentative and intimidated by opponents some times, she was always willing to try out new things. She could also be counted upon to back-up in defence if needed and did this no questions asked. Jess's strength is her speed and long arms; with these, she was able to pull in many a ball whether it was an intercept or a lob pass. It was a pleasure coaching you, Jess. Congrats on a great season.

Kate Etherington - Kate's presence on court was never unnoticed—her long arms and ability to shake any defender made her a great asset in our centre court, playing both attack and defence. She managed to get hands over every ball and more than once a quarter pull an intercept which often resulted in a goal for us. When attacking, her strong drives and quick footwork made sure she was always an option in getting the ball down to our end, fooling any defender. Kate was called upon to fill in the shooting circle a couple of times and did a great job with not complaints. She was a valued member of the Magic team in whatever position she played as she always gave her best and nothing less. Well done on an excellent season Kate, keep up the good work.

Maddie Reyn - Unfortunately Maddie was only able to play half a season with us as she went overseas with her family. However, she had a great impact on our team. She is a great circle defender and is able to pull a ball in from anywhere. Her long arms and high jumps allowing her to do this. She stuck to her players like glue, making the opposition feeders' jobs very difficult indeed. Well done Maddie, we miss you.

Romy Batista - WOW! I don't know where to start with this exceptional young player. Romy's improvement throughout the season was not in little steps, but in leaps and bounds across the whole year. Romy's strength is her determination to always better herself. Her willingness to always listen to what she was told and implement that on court was of great use to the rest of the team. No matter how long it took Romy to get a certain skill right (not that she ever got ANY skill wrong), she would always try and try again and performed beautifully throughout the entire season. Romy worked really hard in the GK role this season to prevent the shooters from getting into the circle which she did every time they went out and rewarded the team with many turnovers from opposition held balls. I cannot brag about her anymore, she is a champion. Her quick reflexes would result in intercepts left right and centre and were always spectacular to watch. We believe that Romy will go on to be a future champion, not only for her club, but even possibly as far as the Aussie team one day if she aspires to do so. Awesome work!

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Steph Jameson - Steph's never-say-die attitude towards her netball was by far her greatest quality, resulting in many goals for our team - this is what made her such a valuable member of our team. Not once did she give up or complain throughout the season; just kept on going and going, making her a very talented shooter. When she realised something wasn't working, she changed tactics resulting in even more goals for our team. Steph's speed and reflexes were also a great part of what makes her such a good player. She ran circles around the opposition and also pulled in many intercepts when defending down court. Her great drives into and around the circle made it easy for our feeders to get the ball into her to score more goals. If she was ever not performing to her best, she would never want to come off so she could stay on the court and just keep trying to improve her game and put into the team. Keep going Steph, you're a STAR!!! You have a lot to offer netball, never give up!

Tahlia Wood - I cannot believe that Tahlia is only 12. She is HUGE for her age and played like a champion. She always gave her best. If she was not shooting well, she did her utmost to assist getting the ball into the circle and kept trying to get those shots in. Tahlia had the highest shooting percentage within our team this year which is a tremendous effort for someone her age. Tahlia would never get intimidated by an opposition player and constantly worked hard to get around them. She is not one of the fastest players on the court, but was by far one of the smarter players within the whole division. She knew how to manoeuvre her way around every GK/GD in our division and proved to be a very valuable member of the Magic team. Tahlia was one of the consistently hard workers at training; whether it was fitness or skill work, she did her best no matter what it was. Great work T!



Madness

Intermediate Division 2

Coach: Ashley Tronerud

Manager: Lisa-marie Ciuffetelli & Selina Jiminez



Absent: Chelsea Williamson

At the start of every season, coaches always say that they have a group of girls that are unable to play like a team. Madness had a few players who had played together before, but had never played together as a team. This year, the majority of the trainings were directed at working together as a unit, instead of playing as a group of individual players. Once there was some structure on court, the girls meshed fantastically as a team. They were all great friends to start with, but during the season, they got to know each other a lot better which showed on court, as the trust they had in each other had increased. With new comers in our team and others leaving, we had quite a disrupted season, but the girls weren't fussed by this and just came to trainings and games to play the great netball they are all capable of. All of the girls are very versatile and can be put anywhere on court. We had six centre courts in our team this season, which dropped down to four as some were moved into defence and shooting. Madness had a great season, and everyone improved individually and as a team! Well done girls, I'm proud of you all!

Jessica Jiminez - Jess was one of the shooters of our team. With high accuracy and self-confidence, which grew throughout the season, she surprised everyone with how young she was. Jess was a very mobile player throughout the season,

who carefully took on what was said to her during the game and applied it straight away. Jess is a quiet achiever and the accuracy that she showed in her shooting was an incredible asset to the team. Even under a huge amount of pressure, Jess is able to come through with some fantastic movement in the circle, which is finished off with a great shot. Jess played on some great defenders this season, big and small, and no matter what size they were, she was able to continue to play her game and a great one at that. Jess has had a fantastic season and is going to be an incredible netballer in years to come. In the future, keep working on your self-confidence, because that is what makes you play your own game. Keep up the good work, you've improved a lot this season, and will improve a great deal in the future!

Chelsea Williamson - Chels was a very versatile player in our Madness team this season, as she played in every position that the game of netball has to offer. Starting off as a centre court player, she soon moved into the shooting circle, where she showed us all a new found talent. Chelsea was then asked to play at both ends of the court, as we lost one of our defenders. With the knowledge she had gained in the shooting end, she was able to defend even the tallest shooter and dominate. With a huge amount of skill and the ability to read the play, Chels was able to make an impact on the court no matter what position she was in. Her encouragement on and off the court to her team mates shows that Chelsea is a great leader and has a lot of spirit for her team, which are also very important assets in a great netballer. Chelsea is a natural netballer, has a great love for the game of netball, and will continue to grow into a fabulous player with a great career ahead of her. Keep up the good work Chels, good work on an awesome season, you were a great asset to our team.

Keely Johnson - Keely was been a big improver this season. In centre, she played with guts and determination, getting tips and turnovers from everywhere. Throughout the season, she showed us all how her fitness and skills outshone her players. As the team got flustered and unfocused, Keely was able to get her hands on the ball and slow the play down and relax everyone. Keely fights for every ball and comes off the court with not only a great big smile, but red cheeks too, so we can always tell that she has worked very hard. Keely's ball placement and overall skills have improved a lot this season, and she works fabulously in a team. Keely is always working as hard as she can, as she has a strong desire to win every game. She is a pleasure to watch as a young and up coming netballer, and I am sure that she will grow to love the game even more than she already does. Keely's ability to read the play and her encouragement on and off the court to her teammates is astounding. Well done Keely, you have done a fabulous job this year!!

Rachel Fortune - Rachel was one of the leaders in our Madness team. Her versatility throughout the court is highly commended, being just as good at shooting as she is in centre. Rachel's fitness and desire for the game of netball combine well to create a fantastic player. Rach is a very supportive member of the Madness team, with her encouragement that is heard on and off the court. This is what has made her a great leader for the rest of her team this season. The excitement that is shown when we've won a game tells all the surrounding people that Rach loves netball and is a very spirited player. Rach is always willing to learn more, and takes any directions on board and applies them to her game. She has a great feed into

the circle, which helps the shooters out a great deal, and is able to calm the team down in tight situations. Rachel's improved a lot this season, from her skills to her own self confidence, which is very important in netball. Keep up the good work Rach, you've had a fantastic season! It's clear that you love your game, and you've got a great future ahead of you, so just keep improving the way you are!

Taylah Fellows - Taylah was the youngest member of our Madness team this year and also a newcomer halfway through the season. She was quick to show us all how much of a confident and talented player she was. Being quite a bit younger than the others, Taylah stepped up and played netball beyond her years, showing great maturity. She astonished us all every week with her consistent accuracy and overall skills. Combining in the shooting circle with our second youngest player in the team, Taylah and Jess were an unbeatable team. With her speed mixed in with her knowledge of attacking positions, Taylah was also a great asset in the defence end. She has shown great versatility throughout the season, being happy to play in whatever position she was put in. Taylah has been a great asset to our Madness team, and has shown us all that she is going to have a fantastic future in netball. Keep up the good work Tay, you're a star!

Kathy Eliopoulos - Kathy was one of many centre courters in this team at the start of year. With not much guidance, she was thrown into the defence end, not knowing what to do. As the season progressed, Kathy started to pick up the structure of working in the circle and started to really understand the logistics of defence. Kathy is one of the best attacking defenders I've ever coached. One of her strong points is that she has good analysis of the game and is able to always offer a good option behind the ball if the attackers get stuck. This was a great help to the rest of the team, as she was always able to offer a good option. Kathy was a great team member in our Madness team, never shy to offer some good advice and encouragement either on court or on the sideline. This was good because she had the ability to slow the play down and relax everyone around her to wait for the better options. Kathy has had a fantastic season, especially when she was thrown in the deep end to play a different position to what she was used to. Well done Kathy, keep up the good work!

Sarah Ciuffetelli - Sarah was one of our many centre courts this season. She earned her spot in the team this year in WA, C and WD. She was never fazed in what position she played, and was always able to give me 100% on the court. Her fitness and ability to read the play made Sarah stand out against her players every week, with her perfectly timed leads to the correct places, then finishing it off with a perfectly placed ball into the shooters. Sarah is to be commended on her ball placement and strong passes, as this is what is needed in a team to be successful. Sarah never let her height be an issue in her game and played as if she was metres taller, taking intercepts and getting tips on balls in every game. Sarah's defensive game is also to be commended. When the team lost a ball, she showed everyone on the sideline how she'd work hard to get it back. Sarah, you've had a great season, and your love for the game and determination on court is what makes you the player you are today!

Laura Macauley - Laura is the best WD I have ever coached. Even though she hates playing it and would prefer to be in WA, she does everything a WD is

supposed to do. Go for first balls, put pressure on the WA and over the pass. She has so much determination in her eyes when she goes for a ball, which is usually why she always gets it. At trainings Laura is always willing to learn, and takes everything on board. Things that are learnt at training or told to her on the sideline are immediately put into her game, which is a good asset to have as a defender. Laura improved as each game went on, and has had a fabulous season. Laura is a beautiful attacking player too, not only in WA, but in WD, she brings the ball out of the defensive end like a professional. Laura's ball placement has improved out of sight this season and it has been a big part of her game. Her ability to read play and lead into the open spaces is very good, and has good speed to lose a defender. Laura, your smile is contagious, and we all have a ball when we're around you. Well done on a fantastic season, keep up the good work!

Lauren Penniford - Lauren was the only circle defender in the team at the start of the season. She is one of few tall players in our Madness team this season, and having her with us has been a delight. She has a lot of potential and is a pleasure to coach. Lauren has improved a lot this season. Her aggression and ability to get around and get balls from her players has been developed, which will continue to improve as she matures and gets older. She now also has strength in her hands to grab rebounds off players who are way taller than her. Lauren is a quiet achiever, getting rebounds and intercepts multiple times throughout every game. She is always able to see where the free space is, and brings the ball out of the defensive end without any trouble. Lauren's pass is always precise which makes it easier for the rest of the team when they make leads. Lauren has accumulated some great skills this season and is always willing to learn more. She takes in what we tell her and makes a huge effort to deliver. You've been a great asset this season Lauren, make sure you keep working on your aggression in the circle. You are a beautiful player and will continue to grow as time goes on. Well done!!

Becky Mulherin - Becky was a standout in our Madness team while we had her. Half way through the season, we had a big loss when she was asked to play in division 1. All the girls really missed her, as she was a fantastic player, and gave the team a lot of confidence. It took a couple of weeks for the girls to realise that they could in fact do it without Becky, which shows that she was a very loved and missed member of our team. Becky could play in whatever position I needed her in, and she was always able to cure my nerves in a tight game. Thanks for a great first half of the season Becky, and I'm sure your season in your div 1 team was great too!



Muscle

Intermediate Division 1

Coach: Lyndsey Simcoe

Manager: Jo Stephen



What a fantastic season it has been for the wonderful members of Maddies Muscles. After the initial shock of being placed in Division One and disruption of losing a few players early in the season, we finally sorted ourselves out and began playing some fantastic netball. Each week the parents and I watched and supported as the girls did the best thing they could have done all season, enjoy themselves. No matter what position I threw at them (most of them had a run in all three areas of the court) they always came off with smiles on their faces and questions on how to improve their game, a coach's dream.

Training was much the same with the girls always keen and eager to participate in all activities and drills, especially the gruelling Boot Camp sessions which we managed to do almost every second week!

This season I have a number of people to thank, firstly the parents. Thanks for getting the girls to both trainings and games on time, putting up with my inconsistent training times and for your continued support throughout the season. In particular I'd like to thank our manager, Jo Stephen, who was always around to help out with scoring and to organise the girls after the many games I had to leave early. To the Maddies Committee, you guys are superstars. The work you all do behind the scenes is much appreciated by all of us; you are what make Maddies the

greatest club at TNA. On behalf of my team I'd like to say an extra large thank-you to all of you, for all that you do for us.

Finally I would like to say the biggest of all my thank-you's to the girls, I've had an incredible time coaching you all. Your enthusiasm, energy and positive attitudes have made coaching this season a pleasure. I've enjoyed watching you all develop as netballers, making you sing nursery rhymes and laughing at the ridiculous nick-names you make up. So thanks again and I hope to see you all back next year for another exciting season in the pink and blue.

Lauren Stephen - This is the second year I have coached Lauren and what an improvement she has made over the past 18 months. She is a strong and confident shooter who moves well in the circle to create space, making life very easy for her feeders. Lauren gave us a bit of a scare towards the end of the season when she hurt herself during a pre-game warm-up. After explicit instructions from the coach "not to get hurt because we only have seven players" our dear little Lauren rolled her ankle and ended up spending the afternoon in the emergency ward of the hospital. Thankfully it was not as bad as we thought and Lauren was back playing within a few weeks. Lauren is a tough player who effectively played both attack and defence this season. Keep up the great netball Lauren; you've had a fantastic season.

Jess Bauer - Jess is one of the youngest players in our team and definitely has a lot of potential in the game. Jess is a natural player whose timing and ability to read, and react to the play is amazing. Jess was the other member of our shooting duo and although she has an accurate shot, she (after a season of reminders from her coach) continually follows her shots, often out-jumping some very tall defenders to gain a solid rebound. This season Jess was deservedly named in the ACT PSSA representative team which travelled to Wollongong to compete at Nationals. Congratulations on your much deserved success this season Jess, you have worked hard and are obviously enjoying your netball.

Becky Mulherin - Wow, what a fantastic addition to our team Becky was. She joined us a few weeks into the season and although she had just completed a season in centre court for TNA, we made her our superstar double ender, and didn't she rock! Becky is an extremely athletic player whose fast feet and aerial ability allow her to pick off some of the trickiest intercepts from some of the tallest players. Although she was a great asset to our defending end we also gave Becky a run in our shooting circle where she always provided strong drives and accurate shooting to lift the team. Becky was a dream to have at training as well; she always worked hard during drills and motivated the other girls, even on the coldest Wednesday evenings. Becky, you really stepped up and have had an awesome season, congratulations.

Nicole Rich - Nicole is a dynamic centre court player who works hard on and off the ball to provide strong drives onto the circle. Nicole's strong attacking movements and drives onto the circle made working the ball down court a breeze. She has an amazing ability to see the open space within a crowded circle and can be relied upon to feed the ball into the shooters accurately. A few times throughout the season we threw Nicole into the shooting circle where she continued to provide strong attacking movements and often hit some killer

shots. Nicole has a fantastic attitude towards her netball; no matter what position she was given she would get out on court and put in a solid performance. Thanks for a great season Nicole; you were a delight to coach.

Emily Gubler - Emily is a very strong player whose skill and versatility has enabled her to play almost every position on the court throughout the season. Primarily a centre court player, Emily's strong drives and tight defence made her a nightmare to play against. She worked hard on her defensive game this season, and often shut down the drives of some of the strongest centres in our division. This resulted in a number of turnovers in our defensive end. Emily is a natural leader on court who motivates and encourages her teammates, often providing the lift we needed to get through some of the tougher games. Good luck next season Em, keep working hard and you will go far.

Sarah Brookes - I have never seen a girl with such long and effective arms! Sarah primarily played wing defence this season and what a difference she made on court. She was a great asset to our team, continually shutting down the opposition's centre pass set-ups and stopping the wing attack's drive down court. Sarah continually impressed us on the sideline, always pulling intercepts out of nowhere at just the right times. Although she doesn't like it much, Sarah is also a very handy centre. Her strong drives, height (and arms) made getting the ball down the court much easier for the team. Sarah was a lot of fun to have in our team, always arriving at training with a smile on her face. You've had a really great season Sarah; I really hope to see you again next year.

Bec Owen - Firstly I'd like to commend Bec on her great attitude this season. Although Bec is primarily a centre court player she was often asked to play in the defensive end due to our team's high injury count. Although Bec will tell you otherwise, she is a natural defender with a lot of potential in the position. She is a constant thinker on court and works hard to keep her player out of the game. The majority of the intercepts taken in the circle were due to Bec's effective 'shutting down' of her player. Her height was another asset to her in the circle, often gaining possession from a solid rebound. You have had an incredible season, thanks for your effort and enthusiasm.

Rachel Lalliard - Rach is another player in our team with a naturally defensive game. She has amazing footwork (from the 5 nights of dancing she does every week!) which enables her to get around her player and take some most specky of intercepts. She works hard on court and is always asking for advice on how to further improve her game. Rach also has a love for any position that isn't hers. This saw her playing in both the centre court and shooting circle throughout the season. Her natural athletic ability allowed her to slot into any combination and play any of these positions with ease. Although Rach has a number of other commitments she constantly made the effort to be at trainings and games which was much appreciated. Thanks for a fun season Rach; I've really enjoyed coaching you again this year.

Abby Trevillian - Abby is one of TNA's up and coming stars. With her skill and determination there is no doubt that this girl is going places with her netball. She has a fantastic ability to read the play often coming off her player to gain some

great intercepts and tips. Abby is the type of player who knows what needs to be done on court and works hard, making sure she always gives her best. She places high expectations on herself which she always exceeds, making her an invaluable part of our team.

Unfortunately Abby's season was cut short this year due to injury; however her support of the team while she has been unable to play has been amazing.

Good luck with your recovery Abby, we look forward to seeing you back out on court soon.



Marvels

Intermediates Division 1

Coach: **Séan Roche**Manager: **Karen Brown**

Chloe Cameron - It has been a great pleasure coaching this new combination of players in the 2007 season. They have bonded closely to form a skilled, competitive and, most of all, fun-loving team who not only play very well, but are always obviously enjoying themselves while they are doing it. They are focused and hard working when they need to be, but totally outrageous and extremely entertaining when the time calls for it. The two more senior-aged Division 1 teams were their only real opposition and they never stopped striving for that elusive but deserved victory over their more seasoned adversaries. A huge thank you to Karen Brown for her great work as (primary) Manager and to all of the support crew who came along every week to support the team. Nice one Marvels – DINOSAUR DANCE!!! Coach Roche.

Holly Tupper - She's here, she's there, she's everywhere! Holly is a defensive specialist with a deceptive quietness about her which belies her great anticipation and ability to read the opposition's attack and snuff it out. She is a hard working player and is attentive at training. As with the rest of the crew, she has fun, has a great sense of humour and appreciates the absurd things they all do and say.

Rachel Treglown Vice Captain - Rach is one of the four 'Old Girls' in the team and our tallest player. She has great ability, enthusiasm and reach and is a solid part of

Marvel's defence. She is always looking to back-up the attacking plays and easily adapts to any of the team's defensive circle combinations. Rach also has the ability to laugh at her own occasional gumbiness and appreciates the funny side of the team's on-court antics.

Louise Kelly Captain - Lou (the second of our 'Old Girls') has again shown her versatility and commitment this season, playing in any position asked of her, including WA. Lou is a strong player with great on-court presence and skills and she makes the opposition work hard to gain and keep possession. Lou seems quiet and steadfast but has a sharp sense of humour and contributes some very wry and laconic observations regarding the court action.

Jess Dorman - Jess has displayed skill, determination and talent in all of the positions she has played this season, but has the ability to not take things overly seriously. She does have a tendency to 'overcommit' in some of her defensive efforts but accepts all decisions with good humour (whether or not she considers the umpire was in error). Always willing to take up any position on court, mostly at her own suggestion, her contribution to the team has been outstanding. Jess is also humorous, entertaining and quite mad.

Grace Terry - Despite her aspirations as a shooter, Grace's strength and talent are in the centre court positions. Great anticipation, skill, athleticism and the ability to jump twice her own body height (well, it looks like it on the court) display her commitment to her chosen sport. Her attack and defence are unceasing, badgering her opponents into errors. As well as these attributes she is also enormously funny and certifiably insane.

Mariana Lauc - Our only other centre court 'specialist' (without the shooting aspirations), Mariana formed a solid and dependable partnership with Grace. Continually improving her skills, Mariana pushed herself to the utmost in every game and was rewarded with some outstanding performances. Her determined efforts greatly improved her endurance, which she required in her many long sprints on court. Like her centre court cohort, Mariana displays a great sense of fun and the absurd and will probably be accompanying Grace when the padded van arrives.

Kristen Smith - Kristen's contribution this season was mainly in the attacking circle where she achieved very high shooting percentages. With skilful moves and great positioning to outwit the defenders she was able to be in the right place for the pass and could be counted on for an 80% result. She formed great combinations with any and all of the shooting squad and performed nicely in the WA position, feeding the shooters and backing up on the circle. Though not quite as far gone as some of her team mates, Kristen could also be depended upon for her own brand of minor madness.

Chloe Cameron - Chloe came to us almost by default as she had decided not to play this season; but the netball bug has firmly bitten her and she could not stay away for long. Having played with Bec, Rachel & Lou in the 'Menace' last season (the third of the 'Old Girls') she slotted smoothly into the team and was a valuable part of the attacking line-up. Whether at GA or GS, or in her less familiar role of WA, she displayed a calm effectiveness, never getting rattled and completing

passes that displayed beautiful timing and placement. Thankfully Chloe is not overtly crazed, but she does have a mischievous streak.

Ellie Crimmins - What's to say that hasn't already been observed? Ellie is a talented shooter (if not a very patient one at times), a great defender, moves quickly and has a good netball brain. As with all of the team, she contributed wholeheartedly in every position in which she played and was another important link in the attacking circle chain. All of this in spite of the fact that Ellie is an utter nutcase. The antics at training and on the court defy description - sufficed to say that there will also be a reservation for her in the white van with Mariana and Grace.

Bec Brown - Bec (or Rebekah when she has done something wrong/gumby) is the last of the 'Old Girls' from the Menace. She is also the only player I coach who still squeals on a regular basis. Despite this, and her continued complaint that she has only just woken up, Bec is a hard working player, always backing up, calling for the pass and linking beautifully with her fellow shooters to great effect in and around the goal circle. A couple of stints in WA also showed her versatility. It is, however, her squeals of shock/delight/horror and her total amazement at her own mistakes that endear her to us all (even her long-suffering mother, Karen).

Maigan Fowler joined the team at the start of the season but the bright lights of show biz lead her from our fold and she had to concentrate on her dancing. Dancing's gain, our loss.

Our heartfelt thanks go also to all of the Club's sponsors and the hard working Maddies Committee for their support and assistance in 2007.



Midnight

Intermediate Division 1

Coach: Jen Bateman & Tamara Bond
Manager: Ros Pennifold



Premiers 2007

2007 was an interesting season for the Maddies Midnight team, with a bunch of incredibly talented and dedicated netballers we were bound to be a force to be reckoned with. Unfortunately there wasn't a lot of serious competition for the girls, but to their credit, they turned up to the game each week and put in their all. Instead of aiming to win, we set other goals with the help of little incentives from Katrina Anderson. This helped the girls focus on improving their netball while getting extremely close to scoring off the scoreboard.

I was a little concerned that this season was going to be a little bit boring and not much of a challenge, however it definitely played out differently. The girls were able to learn and implement new skills and strategies which is always satisfying for a coach. All the girls in the team showed an eagerness and enthusiasm for their netball and were an absolute pleasure to coach.

Tonia Ellidge (Captain) – A true captain in every sense, Tonia leads by example and is amazingly mature beyond her years. In my eyes Tonia is one of the most unrated players in TNA. With her strength to the ball and her ability to read the

game like a pro, she is a key player in which ever part of the court she plays in. She plays with great tenacity and poise, which is always excellent to watch.

Emily Hardie (Vice-Captain) – Unfortunately Em was unable to attend the majority of training sessions with her commitment to her district netball, however this didn't stop her from being able to learn and adapt to new strategies and game plans extremely quickly. A silent achiever, Em always plays a solid game, with more belief in her own game and abilities, and the confidence to take risks on court, Em will be an exceptional player.

Hayley Crimmins – Another consistent season for Hayley, she was really the organiser of the attacking end, she is an incredibly smart player, and is able to work successfully with every other centre courtier, as well as being completely adaptable with all the shooters. Her feeding has improved 100% this season, it was excellent to see her try new things and to keep trying until she had them down pat. A little more control on Hayleys down court passes next season will see her as one of Maddies top centre court players

Rebekah Aguilar – The baby of the team, Bek has definitely stepped up this season. Not only being moved up into the top team, Bek was also faced with a change of position to more of an attacking role, and she certainly excelled at this. A very passionate netballer, Bek always puts in her all and the majority of the time her results were amazing. A little more concentration at training will ensure that Bek will be a star in the future.

Hannah Miles – If Hannah would actually realise her talent and potential she would know what an excellent player she is. Probably the most physically strong player in the team, her ability to also read the play means that she comes away each game with a phenomenal quantity of intercepts. Her feeding into the circle has improved dramatically this season and makes her the perfect centre court player.

Chloe Drayton – One of the sweetest girls you can meet, I don't think I have ever heard an awful word come out of Chloe's mouth, but on court she transformed into true netty player, and would prove to be a real hassle for all her opposition players. Another player blessed with her, she knows how to use this to her advantage, but has also had the confidence to take risks and try new defensive styles throughout the season. Chloe is a definite asset to any team, and improves from week to week.

Chloe Anderson – Another quiet girl in the team Chloe has had an excellent season, and she seems to do it with ease. I am sure I spend half the game telling Chloe to go for first ball, and by the end of the season she was trusting her skill and risking intercepts that the majority of the time she got tips too. She has the uncanny ability to be in the right place at the right time and is always there to pick up loose balls.

Amanda Mulherin – Amanda is probably the girl in the team with the least amount of coaching behind her, but she still shines on court with her natural talent. An obviously dedicated netballer, she is a coach's dream, she'll work and work until she has each skill taught down pat. A quieter member of the team, a bit more confidence would go a long long way for Amanda's netball.

Emma Penifold – Emmaline has had a weird season. Her movement and general skills and knowledge of game strategies etc has improved out of sight. However, her shooting stats were far from excellent! To Em's credit she kept plugging away at her shooting and by the end of the season she was hitting shots from all over. If Em was to take netball seriously, she has the potential to be an outstanding player.

Maddie Bond - You know you are going to have an extremely strong shooting combination whenever Maddie steps on court, not only is Mads blessed with height, her natural athleticism is super. She is definitely a quirky character and her personality has really shone in the team this season. With a little more use of her god given talents Maddie will be unstoppable.



Mystery

Seniors B Grade

Coaches: **Wayne Crimmins**
Manager: **Wayne Crimmins**



Premiers 2007

Lisa Viney - Lisa has shown great leadership qualities this season. Lisa has, on many occasions, been partnered up with a rookie shooter whilst her regular partner Melissa has been down the back end. Never once did she complain about this, she just went about her work and popped in the goals. Lisa always gave 100% at both trainings and at our games. It was rewarding to see great spectator support week in week out for Lisa (except when a clash in the odd football match occurred). Well done Lisa.

Melissa Winn - Melissa has had a great season. Her enthusiasm both at training and during the games has been inspirational and a great motivation to her fellow team mates. As our team this season was not blessed with a lot of tall girls, I often had to call upon Melissa to bolster up our defensive end. She would scream and kick and testify she was a shooter but gave 100% every time, be it as a shooter or defender.

Lynley Parker - This season Lynley has been asked to play almost every position on court, except for shooter (we have seen her in practice). She is always happy to play whatever position is asked of her and gave 100% regardless of the position on

court. Lynley has again displayed great dedication to Maddies and netball in general. Not only does she play but gives up her valuable time to umpire. Every week her mum and dad have supported Lynley, with her boyfriend Jonathon never far from her side.

Julie McGowen - We had to search far and wide to recruit Julie from the big smoke. New to Canberra and Maddies netball club Julie took no time in slotting straight into our team. All her team mates wanted to know what school Julie was going to, she had great trouble in convincing them that she had left school several years ago. Julie has developed in leaps and bounds in recent weeks. We have seen the competitive streak come out and she is more than willing to muscle up and put her body on the line. Julie has played the majority of the season through the centre court but in recent weeks put her hand up as a defender. A great first season at Maddies and we hope she sticks around for a few more.

Louisa Spokes - This year Louisa has been torn between two sports, which has impacted on her ability to train with the team. However, this is not evident on the court and she has contributed greatly both in centre court as well as stepping up to the task of shooting when asked to. Louisa never gets worked up and can always be seen with a great big smile on her face, which is catching to the team.

Lisa Charles - Lisa always turns up to training or a game with a smile on her face. She would try to make out she did not like to train but would always get in and have a go. Lisa has consistently progressed this year and was always happy to listen to suggestions to improve her game. Again, Lisa has been one of our players asked to play several positions in the defensive role. Whilst she might mutter under her breath that it was not her favorite position, she always gave it her best whilst on court or giving support from the sideline.

Aimee Baker - It has been a pleasure to coach Aimee this season. She is never short of a few words and gets on great with her team mates. Aimee played mostly in the centre court but helped out greatly when given the opportunity to assist in a shooting role. Quite regularly Aimee would literally run from work to make the game on time. Well done Aimee.

Sarah Kennedy - Sarah joined Maddies part way through the season. Not knowing any of her teammates did not stop her from slotting straight in. Sarah showed great speed and agility through the centre court. We hope to see Sarah back at the start of next season for the full season.

Louise Kelly - Louise always gave her best effort week in, week out. Louise would come off one court and straight back on for our game. Never once did she complain about backing up for two games in a row. Louise gave great service to our defensive end. Well done Louise.

Bec Aguilar - A late inclusion into the team, Bec has helped to bolster our defence. She is always willing to put her body on the line and never pulls out of a contest for the ball. As a late inclusion Bec has bonded well with the team.

Bec Mulherin - Also a late inclusion into the team, Bec's dynamic play through the centre court has been an asset to the team. Her ability to intercept a pass or turn defence into attack has been greatly appreciated by the team.



Mavericks

Seniors A1 Grade

Coach: Louise Ephraums

Manager: Judith Ellidge



This season I was privileged to be asked to coach the Maddies Mavericks & have really enjoyed working with such an amazing and talented team. Mavericks were made up of 5 Senior players (year 11) and 5 Intermediate players (year 10). Originally Mavericks were unfairly placed in the A division but after being convincingly beaten for 6 weeks, they were moved to the A1 division & relegated to the bottom of the ladder. As the girls grew in confidence as a team they improved week after week. At the end of the season the Mavericks scraped into 4th place & earned a spot in the finals. A convincing win in the semis bought us back for the preliminary final to face a team we hadn't beaten all season. With a strong inspirational performance from every member of the Maverick's team, the girls won the game and a place in the grand final. Again the Maverick's had to face a team who had beaten them by more than 15 goals all season. Unfortunately the Maverick's didn't win the grand final, they lost by only one goal, but they did win the respect and admiration from all who witnessed their talented, skilled & courageous grand final. Even the opposition and umpires praised their efforts, sportsmanship and talent. Girls, I am so proud of you & the effort you have put in. You're a great example to our younger players & a credit to the Maddies netball club.

Madeleine Bond - Madeleine had an outstanding season in the shooting circle, working equally well in GS as GA. She was one of our team's most reliable shooters whose timing and drives into the circle and across the backline were awesome. Maddie also dominated many of the A1 top defenders, with strong leads out of the circle to open it up. Maddie used her height and long arms to dominate the rebounds in the shooting circle. As the season progressed Maddie improved her defensive skills and created pressure on the opposing defenders when they tried to move the ball down court. Maddie had an exceptional year with Maddies, TNA and also representing the ACT at the U15 National Schoolgirl's championships - congratulations on a great season Maddie we're so proud of you.

Rebekah Brown - Bec was one of our star shooters this season. Her strong leads and decisive preliminary moves left many defenders bewildered. When playing GA, Bec always drove hard to the ball making her a key option for centre passes and feeds into the circle. Bec has really developed her "re-offering" skills and works the ball extremely well to put herself in the best shooting position. Bec's strong rebounding, hard work and accurate shooting made her a real asset to the Maverick's team. Bec also improved her defensive skills and created pressure on the opposing defenders when they tried to move the ball down court. A great season and great performance in the grand final, Bec.

Amanda Mulherin - A true all rounder, Amanda has played every position on court for the Maverick's this season. Amanda came into our team as a shooter which she plays exceptionally well. But as injury, illness, work and other commitments hit our team during the season, I had to call upon Amanda to step up into other positions for the benefit of the team, which she did unselfishly and without complaint. Amanda is a natural athlete who works hard at training and gives her all every time she takes the court. Amanda is a very skilled player who is equally strong in defence as she is in attack. A great season Amanda. Well done.

Nikki Terry - Captain. Nikki had an outstanding season as a player and was an inspirational leader of the Maverick's netball team. Nikki takes control of the centre court whether she is playing C or WA. She drives hard to the ball and her quick changes of direction made the games very difficult for her defending players. Nikki's feeds into the circle were delivered with fantastic timing; always the right choice whether she was bulleting the ball back to the shooter or floating it over the defenders. Nikki was a great support to all her team mates and also to me as coach and I thank her for her assistance and insight into the game. Nikki had an outstanding game in the grand final and a terrific season.

Bec Hunter - Despite injury and illness this season, Bec had a great season on court as our main WD. Bec's ability to stick to her player and create a pressure (with hands over) on the WA's passes were her main strengths. As WD there were many times when Bec kept her player out of the play and hampered the opposing WA's ability to support the shooters from the circle's edge. Bec drives hard for the ball and when we have possession in the defensive end, Bec is a great link player driving to the ball and assisting in bringing the ball down court to the attackers. Bec had a great season, and played her best games in each of the games of the finals, well done Bec.

Maddie Dean - Maddie is one of our hardest workers on the court and had an awesome season playing both defence and centre court. Her determination and enthusiasm on court turned many games in our favour. Maddie always gave every effort whether she was defending some of the best shooters in the competition, driving through centre court, chasing down balls or supporting her team mates. Maddie's ability to control the centre court was fantastic, but it was her strong defensive skills (sticking to her player, shadowing, rebounding and intercepts) that were the biggest assets she brought to the Maverick's this year. Maddie is also developing into a great umpire who displays confidence and consistency. A great season, Maddie, well done.

Tonia Ellidge - Tonia anchored the Maverick's defence line with strength and determination, pulling off some great intercepts and rebounds. Tonia's ability to read the play assisted her to dominate her opposition, some of who were more experienced ACT rep players. Tonia forces the shooters to work hard for the ball as a result of her speed and agility. Tonia is also a strong attacking player and is able to drive the ball out of defence and always provides a backup option to the attacking end when needed. Tonia's clean aggressive defence was a major contributor to our team as a whole this season. Always an outstanding effort at training and in all games Tonia had a great season, well done.

Amanda Bond - Amanda is a very skilled and talented all rounder who has played in every position on court for the Maverick's this season. Predominantly a centre court player, Amanda stepped up to both shooting & defending for the team with grace & ease. When in C, Amanda's drive onto the circle was flawless as was her support to the shooters from the circle's edge. Amanda has a strong feed into the circle & reads the shooters movements with great accuracy & delivers the feed with the same level of accuracy, particularly to her sister Maddie. This was evident when Amanda teamed with Maddie in the shooting circle. Amanda used her speed & agility equally as well driving & attacking as she did blocking, zoning and defending. A very valuable & hard working player, you had a great season Amanda.

Amy Dwyer - Amy was one of our main WAs this season and was a very valuable part of our attacking line up. Amy who was playing only her second season of netball has improved the most in the team, particularly her driving forward for centre passes and leads in the attacking end. Amy is a very athletic player who has learnt to be patient so as to play a true WA game and times her drives extremely well when our defenders are bringing the ball down court. Amy's quick dodging, fast movement and fitness left many WDs flat footed. Amy also developed great passing into the shooter's circle and was always ready to support the shooters from the circle's edge. A great effort and a great season Amy, well done.

Emily Hardie - Emily was one of our main defenders this season and combined well with every other defensive player in our team. Emily's strength is definitely her rebounding and intercepting which she makes look so easy, but Emily is also fast becoming a master of blocking and zoning. When in GK, Emily anchors the defence of the goal circle and when in GD, Emily drives hard for possession and is a dynamic attacker who plays a vital role in assisting the ball out of defence, through the centre to our attackers. Emily also always provided a back up option to the attacking line up and support to her whole team. A great season Emily, well done.

Majors

Seniors A Division

Coach: Jen Bateman

Managers: Kerry Tronerud & Dalena Scanlon



2007 saw a mixed season for the Majors team, with the majority of the girls having district commitments, we were unable to train for most of the season. Another hassle was that a lot of the games were played when I was playing, so the girls were left to run the team. They are more than capable of doing this, but I think they sometimes missed the yelling and screaming a coach provides. We ended up coming a commendable 3rd, with an excellent win over Angels in the Semi. Unfortunately we came up against our Arch nemesis in the Prelim in Harman and couldn't quite come away with the win, although played a very tough and high standard game. It's hard to believe that all these girls have grown up so much since I last coached them, and I dread the day I see them at the pub!

Sarah Driver (Captain) – Sarah had to take on a big responsibility this season as I was away at many of the games, so she was in charge. She did this without any hassle. Being flung from one end of the court to the other, I still believe that Sarah's true talent lies in her defensive skills, though her attacking skills are top quality as well. However, I do really wish that she would follow her shots and use her amazing vertical skills to rebound!

Ashlee Tronerud – Obviously a player of a very high standard, Ash always has a good game. A jack of all trades, Ash excels in which ever position she is in, she probably even had the highest shooting stats out of the team. Always keen to train, no one can question Ash's commitment to the team or her netball. Ash is a great player to watch, she has excellent ball skills and makes difficult tasks look easy.

Jessie Crimmins – Jess is the entertainment of the Majors team. Her awkward and hasty netball style is always bound to make you laugh, but she still manages to get the job done. Another player with an excellent commitment to the team and the club, Jess is a welcomed and valued member of the team. Jess loves a tough game, and certainly shines when her defenders are being a little less than friendly.

Ellie Scanlon – Ellie is the dark horse of the team. Although she doesn't always say a lot, her effort on court shows the quality of her netball skills. Always hard to ball in both attack and defence, Ellie manages to come up with a bag full of intercepts. Ellie shows maturity with her choices on the court, and can be relied upon to always feed well into the circle.

Cathy Amos – This has been an excellent season for Cathy, her improvement has been amazing and her strive for the ball has come along in leaps and bounds. She provides a constant interaction with her fellow defence players which is essential for good circle defence. We definitely missed Cathy's talking (good talking) in the Prelim. Once again, with a bit more confidence to take a few risks in the game and change up her defensive style, Cat is sure to go on improving.

Sarah Murphy – I don't think I have ever seen so many intercepts from one WD in a game! If I had to choose a game where a player shone the most, it would be Sarah in the Preliminary match against Harman! For someone who had only learnt how to run a zone defence for 1 week, she was amazing, which shows her adaptability to new skills. The remainder of the season wasn't bad either, her consistent effort on court always manages to bag Sarah a few intercepts, and she is a constant settling player in the team.

Jess Brophy – I haven't coached Jess since she has now pushed out to centre court, and her ability to pick up this new way of attacking is a testament to her natural netball ability and commitment. She has stolen the WA position this year, and truly deserves a big congratulations on the season she has played. Jess is one of those players that you can tell is thinking about what is happening on court and where she is supposed to fit in.

Tamara Bond – Tam missed a lot of the season galavanting overseas, but fortunately we got her back when it counted. Another extremely smart player on court, Tam is always in the right place at the right time. She has incredible strength in her body and can withhold some vicious contacts from her opposition. A little work on confidence in her shooting style, so she can just turn and shoot after she has done all the hard work, will see Tam excel and excel.

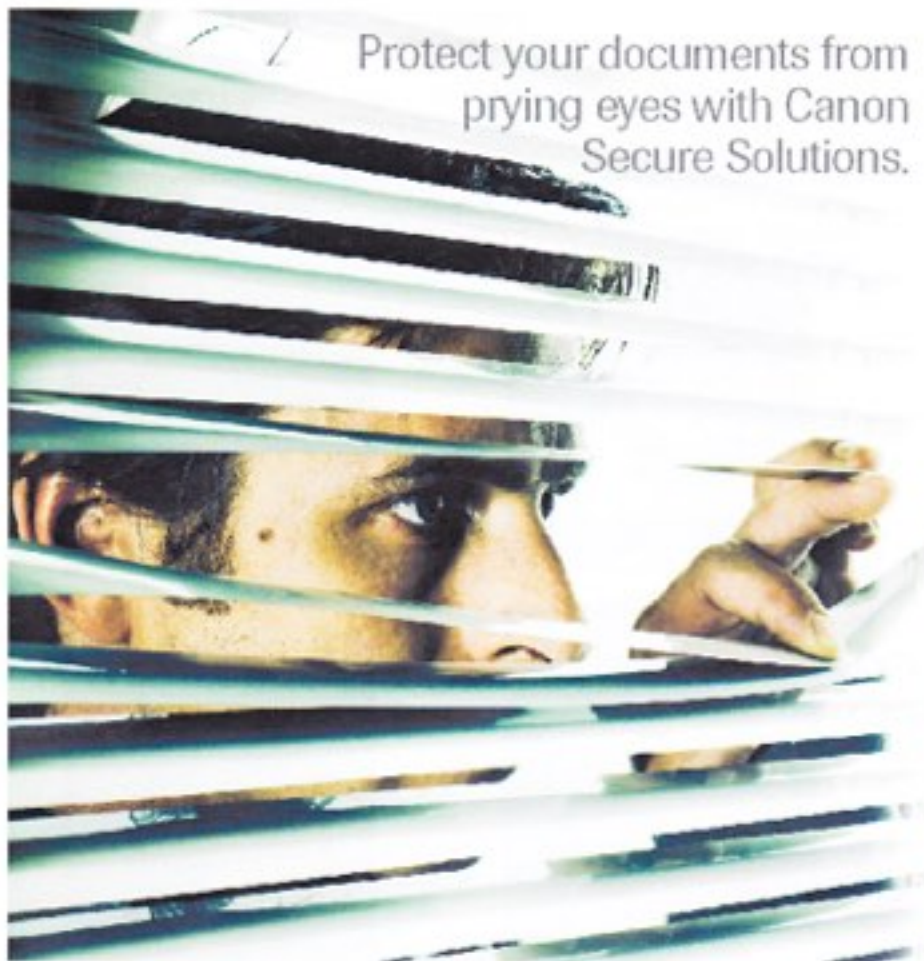
Allyce Stephen – Allyce is always a steady performer. She is an excellent asset to have in the team with her consistently high shooting stats and her fantastic holding and special skills. No matter how tall a player is, you can always hit Allyce on the

post using her backspace. With a little more 'biff' from Alyce to stand up to those rough defenders and she will be unstoppable.

Sophie Trevillian – I reckon Soph has the longest arms ever! I don't envy the players she plays against. I couldn't think of anything worse than turning around to pass the ball and seeing Soph's extend-a-arms in my face. Soph is the queen of hands over, and often comes up with tips of the hands. Sometimes though she does rely a bit too much on this, and needs to come through for those first ball intercepts. A player that is severely underrated at a district/state level, Soph is an excellent centre court player to have on your team.



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