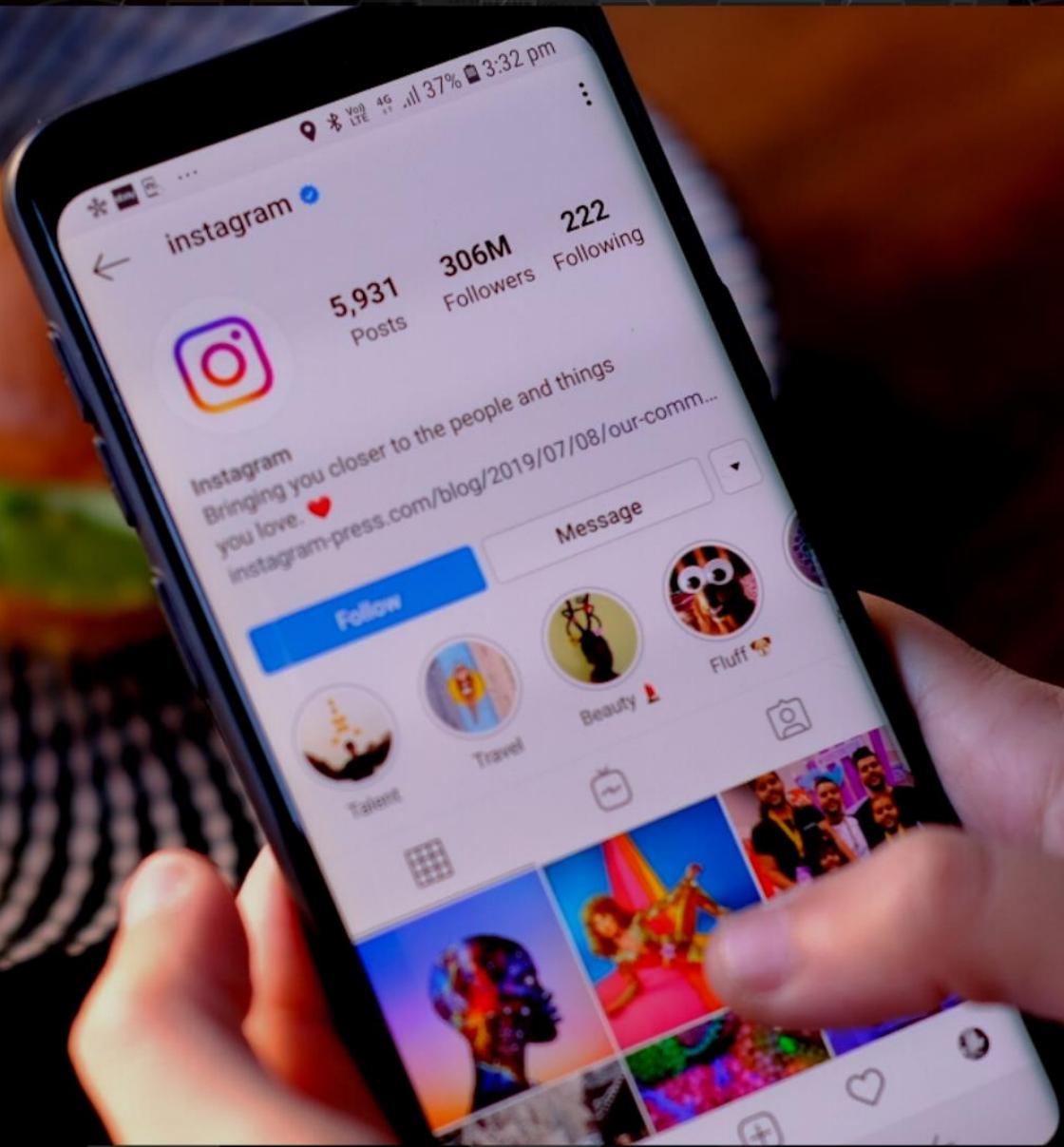




Issue 11 | 15 June 2022

# .banhi.



Photography | Kid | Art | Cooking | Anime | Movie | Digital | Science  
| Travel | Poetry | Article | Story | Social Interaction|

# INTRODUCTION

Nowadays, could you find yourself without any social media? And another question is could you find yourself without these things in the “Future”? I know the future is uncertain, but still, give it a think.

There could be no future without these. But just look back, the past 3 to 4 decades we were living that life where we got to know something when we called someone or, by text. Even a phone call was not possible for a normal person. Sometimes a letter was the only option to communicate. Even if we can’t see them, we could still have a conversation by calling. Even it’s so better now, that we can see them in video calls and send pictures to them. If something happens good or bad, we can contact our close ones as fast as possible. Everything seems better in this kind of world, where you can do anything, you want with just a click. Everyone wants to find the fastest path to get the thing they want, to make things easier.

There was a time when every member of your family could get together at a time when you can sit and watch a movie or any show on a TV. That togetherness brings more joy than anything in the world. I think each one of us felt that way when watching shows by ourselves.

We are so grateful to our social media platforms that we can connect people from continent to continent, state to state, city to city, neighborhood to neighborhood, and family to family.

But sometimes, it makes the distance between people. I think everyone has gone through that.

And the thing is we are making it, we are blaming social media, where we are the ones who have to find the time for our loved ones. Social media is good enough to give you knowledge, knowing about interesting facts, to get the news from all around the world, but we shouldn’t use it as an excuse.

We are hoping for the brightest future which will make our life a smooth ride. But hoping is not the only thing, we better prepare ourselves for that great future before it would make us lazy.

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# Photography

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Liked by **Upashana Nayak** and **14others**

swpransingh



85

Posts

301

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235

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## SwapnaRani Ranasingh



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@swpransingh Why raindrops is beautiful? ☺

can\_call\_me\_soups



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Supriya Das



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Can\_call\_me\_soups

Flower donot need any filter to be beautiful ☺

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## Prajna Paramita Mishra



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Prajna1139 Praying for calmnessss

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\_thecliffyvibe\_ No to cigarette ☛

addsomething\_-



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**Guru Prasad**



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addsomething\_- "What sushine is to flowers,flowers are to humanity."

the\_lost\_cinephile\_



66

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888

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**Rohan Kumar Patra**



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the\_lost\_cinephile\_

Jay Jagannath

manas\_ranjan2000



58

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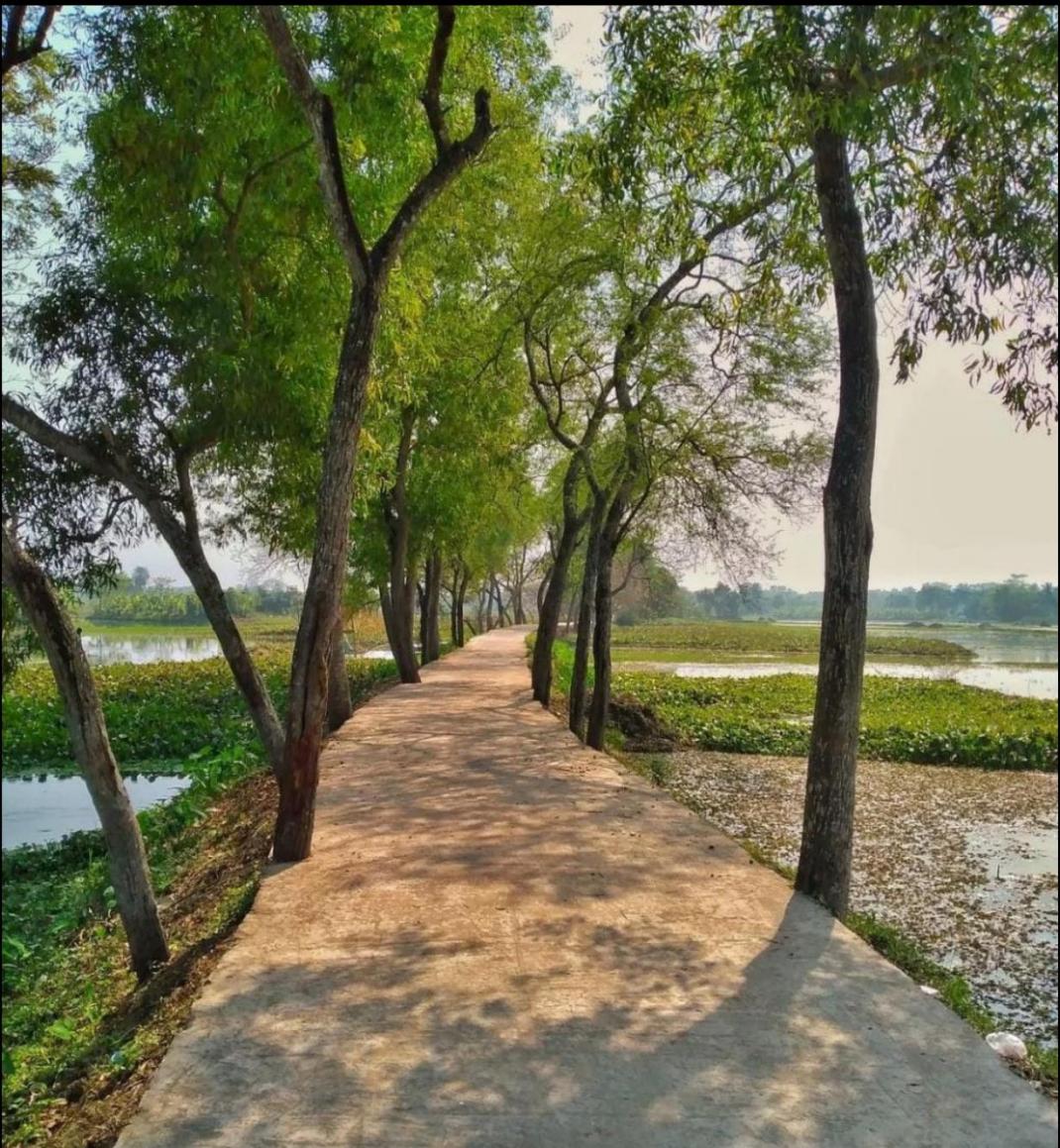
580

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## Manas Ranjan Rout



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manas\_ranjan2000

Beautiful place holds beautiful memories

mr\_banti\_17



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Posts

16.1K  
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## Matru Prasad Sethi



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mr\_batnti\_17

Undefined nature beauty

mahesh\_kumar\_36



30

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## Mahesh Kumar Sahoo



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mahesh\_kumar\_36

Be like ants.....□

the\_great\_triumph



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181

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**Sujit Dehery**



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the\_great\_triumph Waiting for devotees, lingaraj temple, one of the oldest temple and most famous temple of odisha

dev\_artsy02



82

Posts

3,911

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3542

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**Dev pradhan**



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dev\_artsy02\_ "focus on how to be social, not how to do social"

pateljhunu



649

Posts

12.3K

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4,801

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## Jhunu Patel



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pateljhunu What is your caption😊

bore\_time\_photography



89

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1832

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**Ajay Yuvan**



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bore\_time\_photgraphy Beautiful view in beautiful place

Souvikphotography\_



130

Posts

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**Souvik Maity**



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Souvikphotography\_no pollution

capture\_mu\_54



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**Upasana Nayak**



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capture\_mu\_54 Sun temple with moon○



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# Kids

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Piyush 21

Swayangsidha 22



Liked by **Rojalin Jena** and **11others**



11

82

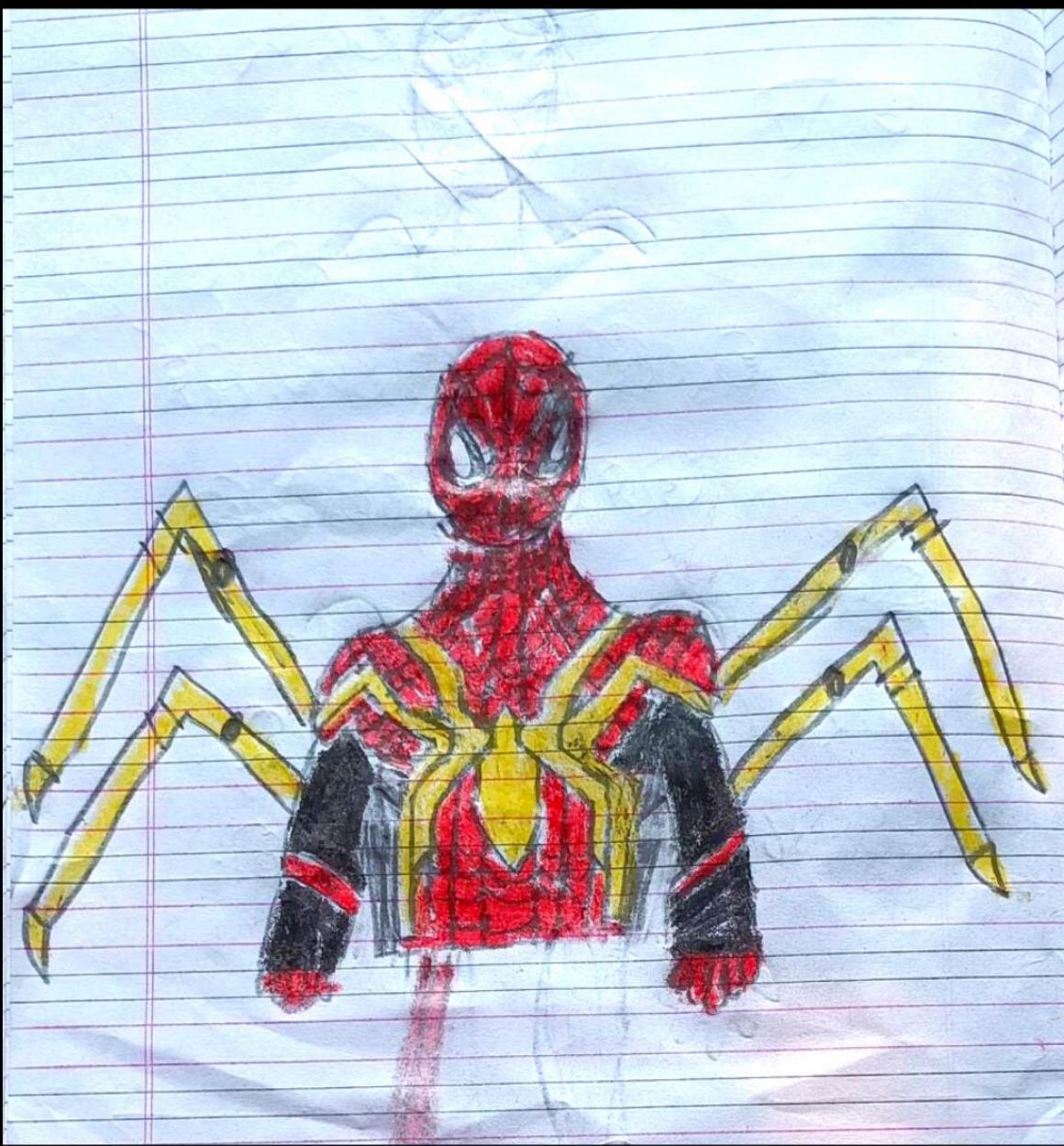
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# Piyush Sahoo



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11

82

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## Swayang siddha behera



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# Art

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Liked by **Anusha Mishra** and **11others**

art\_wd\_soumyashree



62

279

26

Posts

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**Soumyashree**



Liked by swaraj\_pattanaik,\_Sw@desh\_Pattanaik and 248 other

art\_wd\_soumyashree

Art is a line around your thoughts

sdas.84258



7

Posts

79

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**Subhashree**



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sdas.84258 Art is never finished, only abandoned

i\_am\_shraddha\_0



263

Posts

1,266

Followers

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**Shraddha Suman**



Liked by swaraj\_pattanaik,\_Sw@desh\_Pattanaik and 248 other

i\_am\_shraddha\_0 A work of art which did not begin in emotion is not art.

i\_am\_supriya8



298

Posts

1,191

Followers

3,841

Following

## Supriya Mohanty



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i\_am\_supriya8

A true masterpiece does not tell everything.

priheart\_484



211

702

384

Posts

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## Priyambada Swain



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priheart\_484

Every artist was first an amateur

\_.the\_art\_cart.\_2108



10

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275

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**Barsharani Mahanta**



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\_.the\_art\_cart.\_2108 Success is a worn down pencil

\_ colournchaos.\_



8

Posts

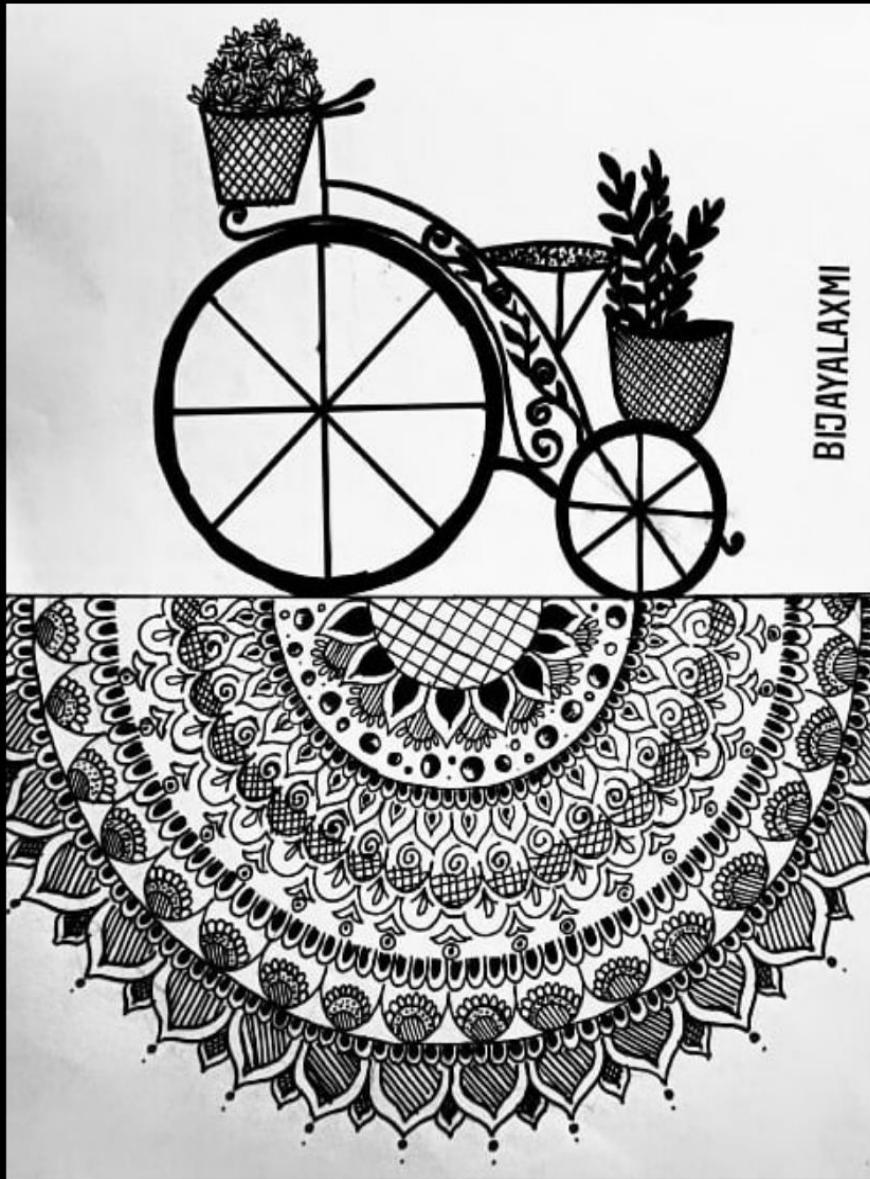
65

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## Bijayalaxmi Panda



Liked by swaraj\_pattanaik, \_Sw@desh\_Pattanaik and 248 other

\_ colournchaos.\_

Learn the rules like a pro, so you can break them like an artist.

the\_pro\_level\_insane



4

5,519

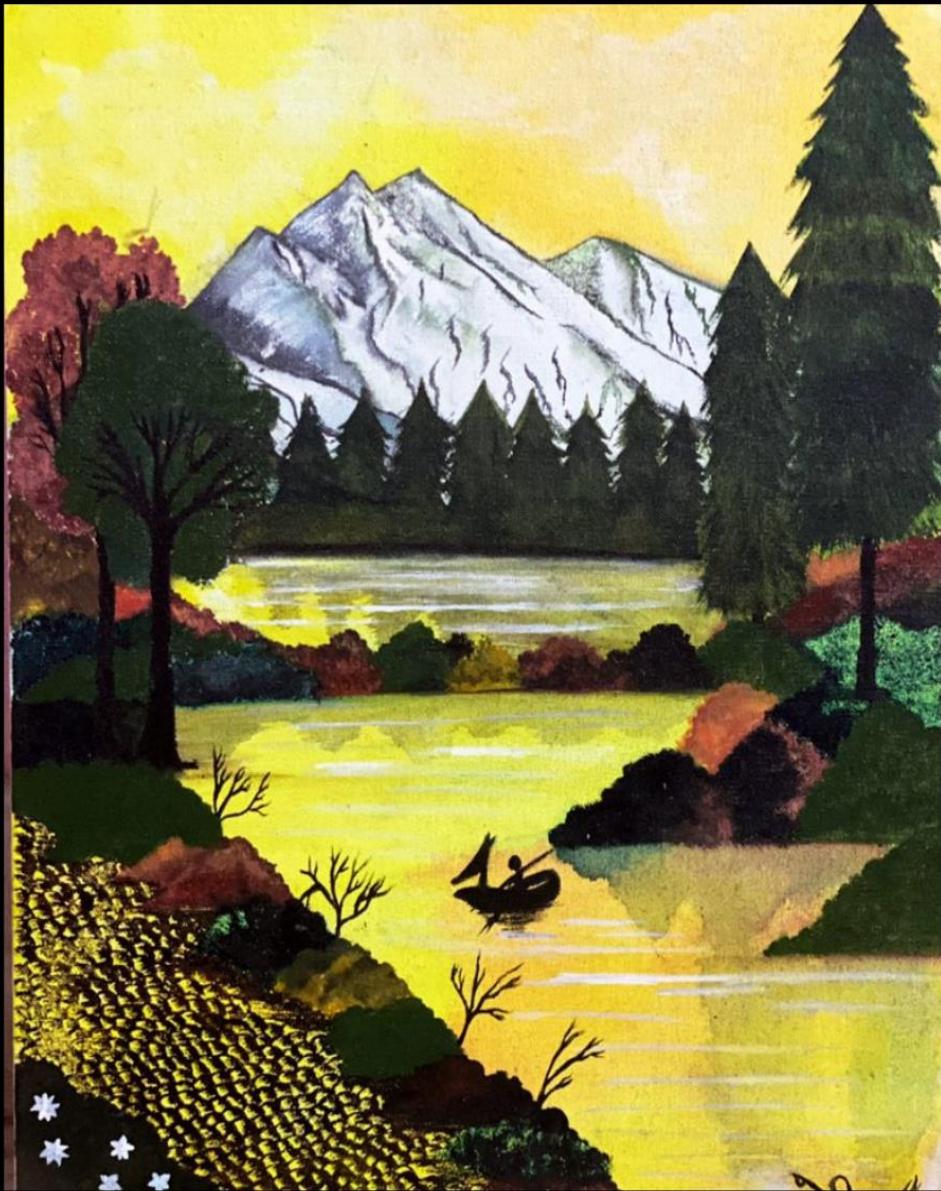
3,967

Posts

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**Jessica Nayak**



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the\_pro\_level\_insane

An empty canvas is full.

swpransingh



85

302

235

Posts

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## Swapnarani Ransingh



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swpransingh I paint flowers so they will not die.

swaraj\_Pattanaik\_6



35

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## Swaraj Pattanaik



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swaraj\_Pattanaik\_6

Painting is just another way of keeping a diary.

the\_aritistic



282

Posts

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Followers

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Anusha Mishra



Liked by swaraj\_pattanaik,\_Sw@desh\_Pattanaik and 248 other

the\_aritistic

Passions are not found, they are developed.



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⋮

# Cooking

Name	Author	page
Besan Ke Laddo	Swapna	36



Liked by **Srabani Mekap** and **1others**



# Besan Ke Laddo

Besan laddu is a sweet produced in Machilipatnam of Krishna district in the Indian state of Andhra Pradesh. It was registered as one of the geographical indication from Andhra Pradesh on 3 May 2017, Lets dig into how to make these ball of heaven.....

½ cup ghee / clarified butter  
 2 cup besan / gram flour (coarse)  
 1 cup sugar  
 4 pods cardamom / elachi  
 2 tbsp melon seeds  
 2 tbsp cashew / kaju (chopped)

## INSTRUCTIONS



firstly, in a large kadai heat ½ cup ghee and add 2 cup besan.  
 roast on low flame until the besan is well combined with ghee. make sure to use coarse besan for grainy texture.  
 continue to roast on low flame. if the mixture turns dry, add a tbsp of more ghee.  
 after 20 minutes, the besan starts to release ghee.  
 continue to roast until the besan turns golden brown and grainy. it may take approximately 30 minutes.  
 transfer the mixture to a large bowl, allowing to cool slightly.  
 meanwhile, dry roast 2 tbsp melon seeds and 2 tbsp cashew.  
 roast on low flame until the nuts turn crunchy.  
 add the roasted nuts to roasted besan ghee mixture.  
 take 1 cup sugar and 4 pods cardamom in a blender. you can alternatively use tagar or boora.  
 blend to a fine powder without adding any water.  
 once the besan is cooled (slightly warm) add in powdered sugar.  
 mix well making sure everything is well combined. do not add sugar if the mixture is hot, as it will melt the sugar and makes mixture watery.  
 prepare a ball sized ladoo adjusting sugar as required.  
 finally, enjoy besan ladoo for 2 weeks in an airtight container.



swpransingh

This is a biotech graduate by profession by passion am a cook ☺. Lockdown gave me opportunity to enhance it more.



.banhi.\_



# Anime

Name	Author	page
------	--------	------

Spirited Away

Abhijit

38



Liked by **Ashutosh Tripathy** and 1 other



# Spirited Away

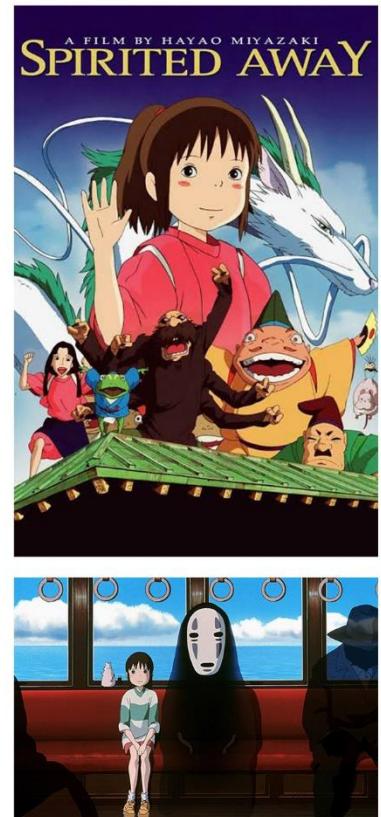
The movie 'Spirited Away' is a touchingly poetic story that establishes it as a powerful film experience. Hayao Miyazaki's Spirited Away (2001) is a mystical, charming, and truly enchanting animated fantasy, even with the long length and some slow moments, which you shouldn't miss.

The plot centers around a young girl named Chihiro and her parents driving to their new home. She is sulking in the back seat, anxious about the future. Her father takes a wrong turn, and they wind up driving through a bumpy forest road to a hillside tunnel. When her curious parents decide to explore that place, Chihiro is frightened and doesn't want to go ahead. But she follows them, and they enter, what her father deduces, must have been a deserted theme park. When he smells the odors of food, they follow the scent and come upon a row of restaurants and one empty one where food is piled high on the counter. Chihiro refuses to eat but her parents begin devouring that food and are turned into pigs. Chihiro flees this scene and soon realizes she has stumbled into a world of spirits. A strange boy named Haku comes to her assistance and shows her how to keep from becoming transparent in this world, and how to cross a bridge without being detected as a human. Still, Chihiro is pretty scared.

Haku tells her that to save herself and her parents, she also needs to seek employment in a huge bathhouse that caters to all kinds of strange-looking nature spirits. He sends her to the boiler room where the keeper, Kamaji, is working in a coal furnace. They take quite a fancy to this human girl. Eventually, she meets Yubaba, the greedy and selfish sorceress witch, who runs that bathhouse. This dominating woman puts her to work as a bath attendant and she is assigned to Lin, another human girl, who is also working there. Now the biggest suspense is whether Chihiro will be able to find redemption for her parents as well as for herself from that horrifying realm, which I don't want to spoil here.

The Japanese version of Spirited Away, the most successful film ever to play in Japan, won the coveted Golden Bear Award at the 2002 Berlin Film Festival. This animated movie stands as one of the most beautiful movies that I have had the luxury of experiencing because of its poetic story and eye-catching animation style with beautiful and vibrant coloured graphics and visual elements.

This is probably one of the best anime movies that I have ever witnessed. With a great plot, storyline, and world-building it is undoubtedly a great masterpiece by Studio Ghibli. Trust me; it's truly worth your time.



**abhijit\_ranasingh**

My name is Abhijit Ranasingh and I live in Bhubaneswar, Odisha. Currently I am a student of Bsc. Geology at the Rajdhani Degree College. I like watching animated movies from different comics. My hobbies are dancing, playing cricket and listening to music.



\_banhi.\_



# Movie

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Water 2005	Nigam	41
Into the wild	Swadheen	42



Liked by **Swadheen Bharat** and 2 other



# Abhijit Ranasingh

Movie Review Section



# Forrest Gump

"Life was like a box of chocolates. You never know what you're gonna get." – Forrest Gump

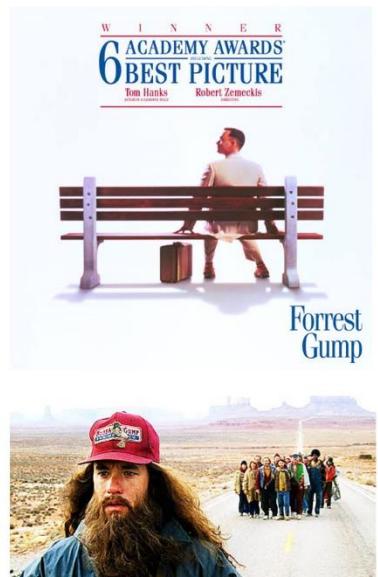
The above words are the keywords of the film. The eventful moment of the movie is accepting the trade as it is. This film is based on a true event portrayal of American history and is one of the best live adaptations of movies from the fascinating storyline of the Novel, "Forrest Gump."

The story begins with the prime figure Forrest Gump, played by Tom Hanks, is born with defects in his spine. To support his crooked spine and ease out his difficulty from walking, he has to wear braces. His school mate, who has a prominent impact throughout his life, is 'Jenny Curran'. Her motivating words triggered an abundance of energy in Forrest. The boy with low IQ moves ahead to run and covers the obstacles on his way.

Growing up, he joined the US army, fighting in the Vietnam war. His determination is recognised by The President of the United States of America with the highest U.S. army award. Then he initiates a shrimp business after returning from the battlefield to keep the last words of his loving friend 'Benjamin Buford Blue' aka 'Bubba' who died in his arm in that Vietnam war.

The best part of the story is its simplicity of the central hero and the portion of empathy which displayed in the scenes gives a lasting effect on the viewer's heart . The most conceptual word 'Love' is portrayed with genuine profundity. The bond of souls is superior to physical communication. The non-complaining approach of Forrest Gump made him a celebrity. He attuned himself to all odds and came out shining. This puts a positive impact on the viewers.

Forrest Gump is not just a movie, it's an emotion. All the elements of this movie revolves around us. It is packed with such wonderful messages which can lift up the spirit of those who are tired of the battles of life, and it tells us not to give up in tough times and find our inner strength which can lead to great things. It also tells us to care for our loved ones no matter what and to understand their feelings. This movie shows true friendship, relations and many more to say. This movie stays in my heart and will always be an inspiration. The best thing is that the upcoming movie "Lal Singh Chaddha" is also inspired by the same novel as the film "Forrest Gump", which will show the Indian history throughout the journey of Lal Singh and I have high hopes for this.



**abhijit\_ranasingh**



My name is Abhijit Ranasingh and I live in Bhubaneswar, Odisha. Currently I am a student of Bsc. Geology at the Rajdhani Degree College. I like watching animated movies from different comics. My hobbies are dancing, playing cricket and listening to music.



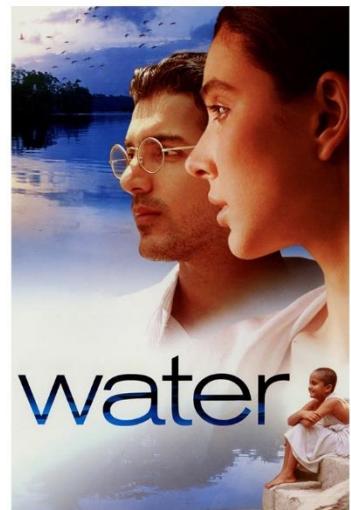
# Recommendation: Water(2005)

Water, written and directed by Deepa Mehta and screenplay by Anurag Kashyap, is the third and the most critically successful movie of the ‘Elements’ trilogy which deals with the controversial social issues of the Indian subcontinent. Set in the India under British Raj, this particular movie deals with child marriage, misogyny (hatred towards women) and ostracism (exclusion from society) by unfolding the story of an eight-year-old widow Chuyia, who is forced to spend the rest of her life in a Vidyhwa Ashram in Varanasi. From this point to the end when she is finally freed from the ashram we experience different lives, philosophies, hardships, emotions and asks some really important questions like “Aadmi vidhwa ka ghar kahan?” through the detailed screenplay of Kashyap.

Apart from it, the movie shows the influence of Bapu (Gandhiji) in the society and this is the point, I loved about the movie the most. It is, technically, so well-made that, we only watch conversations throughout the movie in reference of Bapu, but when he appears in the last scene of the movie, we feel the aura and get overwhelmed with his one line of dialogue “I believed that God is the truth but now I have realised that truth is God”. The soul of the movie is Gandhiji despite of a minute of screen presence, because it is not just his body but his ideologies that makes the true form of him.

First thing, as the movie is a character driven, the actors have the sole responsibility of telling the story on screen and in that case the casting has to be given a 10 out of 10 rating. Sarala Kariyawasam as Chuyia is a charmer and her smile is a treat to eyes. Other pivotal characters are played by Seema Biswas, Lisa Ray, John Abraham, Manorama, Raghbir Yadav, Kulbhushan Kharbanda etc who have done very genuine acting in the movie. The songs by A.R. Rahman are used in the movies which, along with the screenplay, give a soothing experience as well as connects the characters to the viewers.

With all these, the movie was nominated for the Academy Awards 2007 in the Best Foreign Language Film of the Year, but the sad part is that, we Indians did not even let it be shot in India by protesting against it and destroying its set, which made the crew to shift to Sri-Lanka and shoot under a fake title. In a time when we look back in time to find out why India has been unsuccessful at the OSCARS, we see these kinds of reason. However, the movie has received numerous international awards, nominations and positive critics’ response all over.


**nigamanand\_**


I am Nigamananda, a physics graduate not a professional movie critic or expert. Despite having watched so many commercial movies as growing up, I have recently developed a good taste in art movies.



# Into the wild

"Into the wild" is a 2007 film that combines two popular genres: the road trip and the struggle of man versus nature. Both are handled well by the director Sean Penn and their interweaving is very effective. The film starts with Christopher Johnson McCandless (Emile Hirsch), the lead character of this true-life drama. Raised in a well-to-do family in Virginia, he and his sister Carine (Jena Malone) have witnessed many fights between their domineering father (William Hurt) and their ambitious mother (Marcia Gay Harden). Their parents want them to enjoy the benefits of wealth but a family secret ruins any future relationship with Chris. When he graduates from Emory University in 1990, he turns down his gift of a new car, donates his \$24,000 savings fund for Harvard Law School to charity, burns his social security card, cuts up his credit cards, and begins a cross-country odyssey that will take him as far away from his parents as he can get.

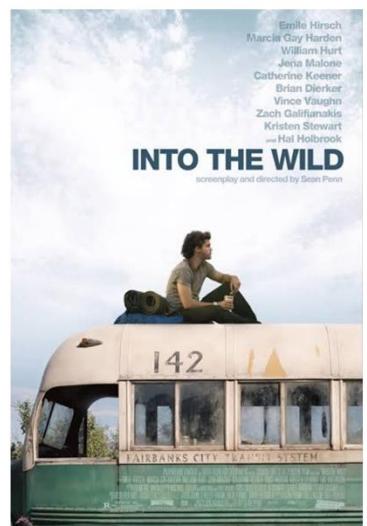
As his sister interprets it, "He was emancipated from the world of abstraction, false security, parents, and material success, the things that cut Chris off from the truth of his existence."

Alex intends to get himself mentally prepared and physically fit to live in complete solitude in the Yukon, his 'real Alaskan adventure'. He believes money makes people callous and wants nothing to do with materialism and that the core of a man's spirit comes from new experiences. If he had stayed on the paved path, Chris would have been the same as millions of other people. His journey is about the people he meets and the lives he touches on the way.

The film is centralized in the philosophy of transcendentalism, the idea that people and nature are inherently good. "Into the Wild" acknowledges big problems in today's society, and forces you to look deeply into them. Right now, we're all on a journey to somewhere; everyone we know is a part of it. "Into the Wild" is an excellent movie because it makes you appreciate everything you have and inspires you to go out and acknowledge the simplicity of the world around you.

The way Emile Hirsch has delivered a magnificent performance as Chris at such a young age is commendable. The director of this film Sean Penn masterly adds life to the original book by the same name written by Jon Krakauer. The parallel Screenplay of two timelines along with the voice-over narration by Chris's sister makes it more worth watching.

If you are looking for something that is beautiful as well as life-changing at the same time and reflects the true art of cinema then you must check this gem of a film right away.


[\\_bh\\_a\\_r\\_at\\_](#)

Swadheen here... A science buff slowly entering into the world of cinema. Having a dream of living every life possible, wants to do everything but ended up doing nothing. Btw I'm a Graduate now.





.banhi.\_

⋮

**BANHI**

# Digital

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SpiceJet hit by ransomeware attack	Satyapriya	46



Liked by **Satyapriya Mishra** and **1others**



**Jesicca Nayak**  
Digital Section



# Best Cryptocurrencies to Invest in 2022

The crypto market may be entering a new ‘crypto winter.’ But after every past bear market, cryptocurrencies have come roaring back stronger than ever.

That’s why aggressive investors should look for opportunities and make well-researched buying decisions while the market is down. In this edition, I will reveal the best new cryptocurrencies to invest in for 2022. I received a tremendous number of DMs in the past few months regarding the crypto crash. Hence, I decided to have a feature on it this month.

The following are cryptocurrencies you should keep an eye on in June 2022:

- 1. DeFi Coin** - DeFi Staking Coin That Earns up to 75% APY
- 2. Lucky Block** - Play-to-earn Crypto Game Token with Daily Rewards
- 3. Tikka Token** - Wealth Management Coin with Growth Potential
- 4. Stepn** - Move-to-earn Crypto Token with Long-term Value
- 5. Terra** - Beaten-down Algorithmic Stablecoin Poised for a Comeback
- 6. Avalanche** - Ethereum Competitor at a Steep Discount
- 7. Polygon** – No. 1 Layer 2 solution for Ethereum
- 8. The Sandbox**- Tools to accelerate the building and deployment of Play-to-Earn games
- 9. Ethereum**- No.1 smart contract platform set to migrate to scalable Proof of Stake protocol
- 10. Enjin**- Pioneer in the use of NFTs in gaming and trading of in-game items.
- 11. Decentraland** – Virtual world powered by NFT technology where anyone can buy LAND and build
- 12. Curve** – liquidity pool on Ethereum designed to facilitate efficient stablecoin trading
- 13. PancakeSwap** – Currently the No.1 Binance Smart Chain-based decentralized Exchange
- 14. Solana** – Layer 1 platform can theoretically deliver speeds of up 700k tps and routinely does 3.5k tps
- 15. Chainlink** – Market-leading secure blockchain oracle service.

Want to learn more about which cryptocurrency to buy? Let’s take a closer look at what makes these the most promising cryptocurrencies to buy today.

## **1. DeFi Coin - DeFi Staking Coin That Earns up to 75% APY**

DeFi Coin (DEFC) is the best new crypto to buy today. While the rest of the crypto market has been falling, this coin recently skyrocketed more than 500% on news that DeFi Swap, the platform behind DeFi Coin, launched its long-awaited crypto exchange. Notably, DeFi Coin is structured to incentivize long-term investment. There’s a 10% fee on every DeFi Coin sale, which encourages investors to keep holding even as the price starts to climb. So, investors in DeFi Coin should be looking to hold onto this token for a while.



the\_pro\_level\_insane

**Hey! I am Jesicca Nayak. Regional head at GirlScript and a freelancer. I am an enthusiastic B2C content marketing expert who consistently creates and executes high-quality and result-focused strategies for a diverse client roaster.**



**Jesicca Nayak**

Digital Section



## **2. Lucky Block - Play-to-earn Crypto Game Token with Daily Rewards**

Lucky Block is a play-to-earn crypto game that offers players a daily chance to win a slice of a \$2.2 million prize pool. Players get a free entry into the drawing just for connecting their wallet to Lucky Block, and every additional ticket costs \$5. The Lucky Block token (LBLOCK) is the native cryptocurrency of the Lucky Block platform. This coin stands out because 10% of each day's prize drawing is set aside as a reward for LBLOCK token holders. So, you can earn a steady income just by holding Lucky Block tokens - not to mention any price appreciation the coin sees as this game grows.

## **3. Tikka Token - Wealth Management Coin with Growth Potential**

Tikka Token (TIKKA) is a brand-new cryptocurrency that's being launched by Cube Wealth, a crypto wealth management platform that's aimed specifically at investors in India. The token hasn't yet been launched, but it will offer access to Cube Wealth's platform. Token holders will also be rewarded with a share of advisory and trading fees from Cube Wealth. There are reasons to be optimistic about Tikka Token's launch. Cube Wealth already manages more than \$23 million in assets for users and it has a customer retention rate of 84%. That demonstrates that Cube Wealth is doing a lot of things right, and it could grow rapidly as the middle class in India continues to develop.

## **4. Stepn - Move-to-earn Crypto Token with Long-term Value**

Stepn (GTM) is a unique 'move-to-earn' cryptocurrency that offers a new spin on what cryptocurrencies and NFTs can do. Users have to purchase an NFT sneaker and then track their daily walking, jogging, or running to earn steps. Make enough steps, and users can eventually earn Stepn as a reward. Crypto analysts are excited about this model because it takes a long time to play out. That means that the price of Stepn has been surprisingly stable compared to other cryptocurrencies, even during the current crash.

## **5. Terra - Beaten-down Algorithmic Stablecoin Poised for a Comeback**

Terra (LUNA) has plunged in value in recent days, making it a surprisingly cheap cryptocurrency to buy. That's because the Terra UST stablecoin, which is supposed to be pegged to \$1, has fallen to less than \$0.30 at times. LUNA, a companion cryptocurrency that has a floating value to support the UST peg, has lost more than 99.9% of its value as a result. There's certainly no guarantee that Terra can regain its peg, or the confidence of investors in its stablecoin even if it does. The project's founder has considered backing UST with Bitcoin, which would transform Terra from an algorithmic stablecoin to a collateral-backed stablecoin similar to Tether.

## **6. Avalanche - Ethereum Competitor at a Steep Discount**

Avalanche (AVAX) is a direct competitor to Ethereum. It offers a faster blockchain that can handle more transactions and the demands of an increasingly busy crypto network. Avalanche is far from the only blockchain competing for the crown - Solana and Fantom offer similar functionality. However, Avalanche has been backed by big-name developers and has a strong incentive program to push this blockchain to the front of the pack. Avalanche is now down more than 65% from its price at the start of 2022. So, now could be the perfect time to buy this next-generation blockchain at a steep discount.

**Disclaimer: This article does not contain any expert investment advice, and you should always do your due diligence before investing in anything.**



the\_pro\_level\_insane

**Hey! I am Jesicca Nayak. Regional head at GirlScript and a freelancer. I am an enthusiastic B2C content marketing expert who consistently creates and executes high-quality and result-focused strategies for a diverse client roaster.**



**Satya Priya Mishra**

Digital Section



# SpiceJet hit by ransomware attack

## Declaration:

This is an article on the “SpiceJet hit by ransomware attack”. There are not any assumptions or opinions provided here as a writer. The data provided here is collected here from BBC news, Bleepingcomputer. The legitimacy of the data provided here can be confirmed from their sources. The writer will not be accountable for the same.

SpiceJet airline systems faced an "attempted ransomware attack" on Tuesday, which delayed flights and left many passengers stranded at airports. Several flights were also delayed on Wednesday, with passengers complaining about lack of service. Many tweeted photographs and videos saying that they had been waiting for hours after boarding, without any response from the airline. SpiceJet later said in a statement that the situation had been rectified.

In reply to passengers, the company tweeted “Certain SpiceJet systems faced an attempted ransomware attack last night that impacted and slowed down morning flight departures today. Our IT team has contained and rectified the situation and flights are operating normally now.”

Following the airline's tweet, many passengers tweeted that they were still stranded at various airports, they said they were waiting for hours without food or water, and had little communication from ground staff.

According to public data, SpiceJet is the second-largest airline in India, operating a fleet of 102 aircrafts to serve over 60 destinations with more than 14,000 employees and about 15% of the local market share. As such, a cyberattack impacting its operations affects many passengers, and those multi-hour delays cause significant financial losses.

This was not the first cyberattack on SpiceJet. In January 2020, SpiceJet confirmed a data breach that allowed an unauthorized individual to access a database backup file on one of the airline's servers. The file contained unencrypted information of 1,200,000 passengers who had used SpiceJet's services in the previous month, including their full names, flight information, phone numbers, email addresses, and dates of birth.



**m.satyapriya**

I am Satya Priya Mishra, a student of computer science and mostly interested in cyber crimes and how they takes place.



\_.bansi.\_

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**BANHI**

# Science

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Liked by **Swadesh Mohanty** and **3others**



# Cancer Curing plants: 1

Plant-based medicines have been used to treat a variety of diseases since the dawn of time. However, due to rapid urbanization, it is now restricted to ethnic groups and people from rural areas.

Scientists are attempting to assess plants based on their knowledge in order to determine their genuineness. Many plants have phyto-constituents that can cure horrible diseases like cancer.

Cancer is still one of the world's major causes of morbidity and mortality. Cancer is the second greatest cause of death among non-communicable diseases, following cardiovascular disease.

Plants have long been known to have anticancer effects. About 35000 plant species have been evaluated for anticancer activities by the National Cancer Institute (NCI). Among them, about 3000 plant species have demonstrated reproducible anticancer activity. Let's know about some cancer-curing common plants.....

**Podophyllum peltatum:**

Common name: May Apple

Family: Berberidaceae

It is an upright herbaceous plant growing from 45cm to 60cm high. The leaves are palmately arranged. The flowers are white. Mature fruits are of yellow colour, of ovoid shape, and may contain up to 25 brown, flattened and rough seeds. It is significant to mention that all parts of *P. peltatum* are poisonous except for the ripe fruit. Main anti-cancer chemical sources in *P. peltatum* are podophyllotoxin and alpha and beta peltatin. This podophyllotoxin and several other compounds known as lignans from the common May apple ultimately led to the development of drugs used to treat testicular and small cell lung cancer. Alpha and beta peltatin are known as laxatives and as an adequate means in the treatment of warts and skin cancers.



**mahe\_swari97**

Hello, this is Maheswari Behera pursuing Ph.D in Botany in CBSH, OUAT. I love to express my thoughts through my writings.



# Cinnamon

**Cinnamomum Verum**, called the true cinnamon tree or Ceylon cinnamon tree, is a small evergreen tree belonging to the family Lauraceae, native to Sri Lanka. The inner bark of several other *Cinnamomum* species is also used to make cinnamon, but *C. Verum* has a subtler flavor that makes it preferred for certain recipes. *C. Verum* is also an excellent health booster, due to its components that serve as protection against some chronic health conditions.

## Scientific classification

**Kingdom:** Plantae

**Clade:** Tracheophytes

**Clade:** Angiosperms

**Clade:** Magnoliids

**Order:** Laurales

**Family:** Lauraceae

**Genus:** Cinnamomum

**Species:** *C. verum*



Cinnamon is made by cutting the stems of cinnamon trees. The inner bark is then extracted and the woody parts are removed. When it dries, it forms strips that curl into rolls, called cinnamon sticks. These sticks can be ground to form cinnamon powder.

The distinct smell and flavor of cinnamon are due to the oily part, which is very high in the compound Cinnamaldehyde. Scientists believe that this compound is responsible for most of cinnamon's powerful effects on health and metabolism.

Cinnamon is a highly delicious spice. It has been prized for its medicinal properties for thousands of years. Modern science has now confirmed what people have known for ages. Here are some health benefits of cinnamon that are supported by scientific research;

1. Cinnamon is high in substance with powerful medicinal properties. Cinnamon is a spice that is made from the inner bark of trees scientifically known as *Cinnamomum*. It has been used as an ingredient throughout history, dating back as far as Ancient Egypt. It used to be rare and valuable and was regarded as a gift fit for kings.

These days, cinnamon is cheap, available in every supermarket, and found as an ingredient in various foods and recipes.

There are two main types of cinnamon;

**Ceylon cinnamon:** Also known as “true” cinnamon.

**Cassia cinnamon:** The more common variety today and what people generally refer to as “cinnamon.”

2. Cinnamon is loaded with antioxidants, which protect our body from oxidative damage caused by free radicals. In fact, it is so powerful that cinnamon can be used as a natural food preservative. In a study that compared the antioxidant activity of 26 spices, cinnamon wound up as the clear winner, even outranking “superfoods” like garlic and oregano.

3. Cinnamon has been linked to a reduced risk of heart disease, the world’s most common cause of premature death. In people with type II diabetes, 1 gram or about half a teaspoon of cinnamon per day has been shown to have beneficial effects on blood markers.

4. Cinnamon can improve sensitivity to the hormone, Insulin. Insulin is one of the key hormones that regulate metabolism and energy use. It’s also essential for transporting blood sugar from your bloodstream to your cells. The problem is that many people are resistant to the effects of insulin. This is known as insulin resistance, a hallmark of serious conditions like metabolic syndrome and type II diabetes.

The good news is that cinnamon can dramatically reduce insulin resistance, helping this important hormone do its job. Cinnamaldehyde, one of the main active components of cinnamon, may help fight various kinds of infection.

5. Cinnamon oil has been shown to effectively treat respiratory tract infections caused by fungi.



sushree\_saubhagini\_dash

Hi this is sushree, perusing MSc Cs from ramadevi women's university. I love not Man the less, but Nature more.I Like to spend some time with nature. And exploreing it more and more.



# INTO THE WILD: PART 4

On the solar system, only our planet Earth carries living organisms. It can supply the bare necessities for life, which are yet to be discovered on any other planet. According to the evolution point of view, Earth has a unique place that is the house of many strange creatures, i.e., The Tropical Rainforest. The Tropical Rainforests are the richest and most diverse ecosystem on the planet. Around 80% of the world's documented species reside in tropical forests, which is just 6% of the world's land surface. Tropical Rainforests are closed-canopy forests growing 28 degrees north or south of the equator, receiving more than 200 cm rainfall per annum, and have a uniformly high temperature. This is the home of some strange, marvelous, and beautiful flora and fauna. So, in this series, I'll introduce you to these amazing creatures. Let's go into the wilderness;

Strange Plants of Tropics

4. Passion Flower:

Passion flowers (*Passiflora* spp.) are a common sight in the rainforest. The flower was given its name because missionaries felt it looked like a crown of thorns worn by Jesus at his crucifixion. The bright blossoms are pollinated by a variety of creatures, including bees, wasps, hummingbirds, and even bats. Many passion flower species, on the other hand, are pollinator-specific.

These flowers come in a wide range of hues and variations. Some are woody vines, while others are bushes with brightly coloured flowers ranging from white to brilliant scarlet. The most well-known species is *Passiflora edulis*, whose fruits are used in drinks and sweets. For millennia, other passion flower species have been employed in traditional medicine.

However, excessive logging and other forms of habitat loss have resulted in the extinction of certain *Passiflora* species. As a result, the essential efforts to save this species should be performed.



**kishan1840kumar**

Hello, I am Kishan Kumar Behera. Now I am pursuing (B.Sc. Hons) Agriculture at RCSM College of Agriculture, Kolhapur, Maharashtra.

I adore to express the scientific topics through my writing.



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# Travel

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Liked by **Supriya Das** and 1 other



# Auroville, the city of dawn

Auroville, the city of dawn is a place where the principles of harmony and peace is treasured the most. The mother founded the city in order to implement world peace and unity. This is a galaxy structured city which is not bound by any laws of any nations. Here the concept of money has no significance. Every citizen must live with harmony. In the centre of the city there is Matrumandir, the peace area and meditation hall.

We, visiting students were too much excited to visit our dream place Auroville. From the childhood we were taught about that city and the ideals behind that. Also, the Matrumandir on the centre of the city was our main attraction. On the entrance of the city there is a knowledge centre. On the 1st day we visited that place and gathered knowledge about that unique place and its significance. Also, we enjoyed at the parks and made ourselves ready for the city tour. That day we were unable to enter due to some official paperwork related delays. So, on the next day we again visited the place and were able to get through. From the entrance, there is the bus facility for the tourists which leads to the Matrumandir. But number of tourists was much greater than the bus capacities. So, we had to walk also. With friends, even walking in the summer was enjoyable.

The view of the Matrumandir was inspiring and heart warming. That vast splendid structure was the symbol of peace and tranquillity. The whole place was overflowing with the positive energy. We were just school students but still were able to feel that spiritual affinity. Then we were allowed to enter inside the Matrumandir. The whole surrounding was in absolute silence. One can feel his heart beats there. In the centre of the meditation hall there was a crystal ball reflecting the sun ray coming from the top. Whole environment was so heavenly that it felt like meeting own inner self and soul. That moment of meditation was something out of this world.

After coming out we took some time to able to normalize with the outer environment. Then we took several photos and returned. After visiting Auroville our Pondicherry visit was complete. But as we had extra time, we were able to visit Golden temple of the south India. We went there by bus and after Darshan returned that night. Bus journey was also exceptionally interesting and was like a picnic. Golden temple was also a soulful spiritual place. The Dosa on the outside of the temple premises was also delicious.

Then there was our return journey. Among these days we, students of different classes and different sections had become close friends. We enjoyed that train journey like never before. That journey gave me one of my closest friends of my school life. Also, we were sharing our journey with the students of Pondicherry University who were friendly and inspiring. That concludes my Pondicherry school trip. But just after that trip I had another trip to attend. That journey of ISRO centre, Ahmedabad is the story of another time.



**swaraj\_pattanaik\_6**

Hii this is Swaraj Pattanaik... I'm persuing my masters at OUTR... Apart from that field I'm fortunate enough to visit different places of India... I'll try to share those experiences in each month...



\_.bansi.\_

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# Poetry

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Liked by **Amrita Das** and **4others**



# ଆଜିର ଦୁନିଆ

ଆଜିର ଦୁନିଆ କେଡେ ସ୍ଵାର୍ଥପର  
କେହି ନୁହେଁ ଏଠି କାହାର  
ଲୁହା କରିଦିଏ ଲୁହାକୁ ଦିଖଣ୍ଡ  
ପକାଇ ନିର୍ଭାତ ପାହାର.

କାଠ କରିଦିଏ କାଠ କୁ ଦିଖଣ୍ଡ  
କୁରାଢ଼ି ପଛରେ ରହିକି  
ଅତିପ୍ରିୟ ଲୋକ ଧୋକା ଦିଏ ଏଠି  
ମିଛ ମିଠା କଥା କହିକି.

ପୁଅ ଭୁଲିଯାଏ ମାଆର ଆଦର  
ପରୀ କଥାରେ ଦେଇ ମନ  
କ୍ଷୀର ଅମୃତର ମୂଳ୍ୟ ନାହିଁ ଏଠି  
ବିଦ୍ରାନ ଲୋକର ନାହିଁ ସ୍ନାନ.

ଆଜିର ମଣିଷ ଭାରି ଅବୁଝା  
ମନ୍ଦିରେ ଯାଇ କରଇ ପୂଜା  
ଆପଣା ପାଶେ ଦେବତା ଆଇ  
ସେବା କରିବାକୁ ମଣଇ ଲଜ୍ଜା.

ଚଙ୍ଗା, ପଇସାର ଦାସ ସାନ୍ତି ଆଜି  
ମଣିଷ ହୋଇଛି ବାଟ ବଣା  
ମଣିଷ ପଣିଆ ଭୁଲିତ ଯାଇଛି  
ସ୍ନେହ, ପ୍ରେମ ଏଠି ସବୁ କିଣା.

ଜାଗ୍ରତ ହୁଅ ମାନବ ସଭ୍ୟତା  
ବଦଳେଇ ଦିଆ ସ୍ଥିତି  
ସର୍ବୀଂଶ ମିଶି ଏକ ମନା ହେଲେ  
ନିଶ୍ଚେ ହୋଇବ ଉନ୍ନତି...





**lipsa\_suchismita\_**

Poetry Section

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# **Gossip, Judgement &Instagram(Gosmentgram)**

## **Paragraph 1**

- Are we living in 21st century!?
- Why"what others gonna think"still a matter to worry.
- Aunties gossiping about other children,
- Still a matter to shun.

## **Paragraph 2**

But....

- people of our generation!
- Carrying the same pattern!
- A huge matter to dwell on

## **Paragraph 3**

- Never cultivate the habit of kicking about others,
- Be it friends or flatters.
- Spread positive mentality all over,
- let's become an"uncritical elder"

## **Paragraph 4**

- We should oppose the act of assessment,
- just glancing one's post we detest,
- need to save our time for valuable invest.

## **Paragraph-5**

- Follows the pages that make your mood,
- For being fit as we eat healthy food.
- Our mind requires good diet,
- make all the negative pages □quiet.

## **Paragraph-6**

- Use Instagram to show creativity,
- it's a platform for the sake of utility.
- But don't expect everyone's validity.

□□□□□□□□



**lipsa\_suchismita\_**

I am Lipsa. A learner who's on a journey of searching opportunities for grasping divergent skills. Currently I am pursuing B-Tech in Electronics &Telecommunication from IGIT Sarang.

#Being a powerful soul.

mail-daslipso071234@gmail.com



itz\_smitzz\_

Poetry Section

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## -:MOTHER:-

**A story of our dear,  
in which the role model is mother.**

**Who has no time,  
to enjoy her lifetime,  
having the power to stop any crime.**

**Her life is like a drama play,  
where she has multiple, characters like sunray.**

**It starts with the role of daughter,  
continue as a mother,  
and ends as the role of a grandmother.**

**She does her every work,  
having no complaints,  
and without payments.**

**She smiles when all are happy,  
she cry when all are sad.**

**All have holidays,  
but she works all days.**

**We have a given time to work,  
but she have all time to work.**

**Every Mother is a boon,  
who are like angels of the moon.**

**Never upset her,  
as instead of God,  
he had gifted u a mother.**



itz\_smitzz\_

Hello,

I'm Smitarani Pradhan. Currently pursuing B. Tech degree in IGIT, Sarang. My poems are the ongoing series in my mind.



# To be in Love a love note

I still keep on trying, expressing how it  
feels-to be in love,  
to be with her, how she feels, how she makes me feel;

how our bond, our equation really is a tag,  
but is something beyond a tag can ever fit.

It's still a constant try, expressing it all, expressing all of that.  
It somehow doesn't feel enough, the way I describe it all, every  
single time.

But again, love is very definitive yet love isn't exact. Isn't it!?  
Love is enough yet it's never enough.

If love was something absolutely definitive, wouldn't we have  
cracked the code & found a cure by now!

But again, the code & cure of love is very much definitive and  
yet it's not.

Oh, what a beauty love is; for living



the\_great\_triumph

Hey Myself Sujit Dehery, though I'm a B.Ed student, I have been a passionate writer for some years now... A writer who drives you to reality through words.... I have always been keen on Travelling and exploring places and people and capturing memories through the lens which gives me enough idea to write about life



.banhi.\_

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# Story

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Liked by **SwapnaRani Ranasingh** and **1others**



# The Toss

It was a pleasant morning on the 6th day of June of the year 2687. Our main character woke up to the bark of his pet dog, Denver. He started his day by petting Denver. Then there was a must-do event. Flipping of the fate coin. What is a fate coin? Yes yes, you readers don't belong to this era so let me explain it to you.

These days the whole world has advanced so much that we can control the laws of nature itself. The palmistry or the Astrology is not a hypothetical theory anymore. We just can predict our fate with mathematics. It's already proven that this creation runs on just the complex mathematics. But yes, there is a limit to what extent we can predict things. Also, all those predictions and calculations are expensive. The common folk like our main character depends on the fate coin. It's a device that can predict if your day will be good or bad. By flipping that coin if it turned out to be head then it will be an amazing day. If it will be tail then the day will be a bad one. So, everyone uses that coin before starting their day.

Our lead tossed the coin. What a surprise! It is heads! The fate for this day is now fixed. He messaged his Crush wishing a good morning. But surprisingly there was already her message wishing him the same. That unexpected message brought a sweet smile to his face. He just shouted out loud, "It's my day." They both chatted for some time. In these times chatting on mobile is quite old-fashioned. Who will just chat when can use holograms? Holograms are the technique through which you can interact with the 3d image of that person in real-time.

Our boy is a little bit old-fashioned. Ok not a little bit but too much. Even in this era of logic and calculations, he believes in love. It's hilarious, but he is what he is. The overwhelming deep love is now just the contents of history when humans were too much influenced by hormones. Nowadays the human race is immune to those hormonal defects. But according to him, love is something beyond just logic, calculations, and hormones. But anyway, after such a mentality, he even has friends and of course his one-sided love or crush.

Let's return to the present day. He spent his whole morning talking to her. For him, the time had lost its meaning. He could have spent eternity with that moment. Doesn't matter the topic, he was enjoying the company. Then soon it was lunch time and she went for her lunch. But our boy wasn't ready to come out from that chat box. He just reread all the conversation and recreated the whole moment again and again. Each moving hour hand of the classical antique clock was making his day more and more enjoyable. Then again in the afternoon, they started to talk again. She asked whether he finished his lunch or not. But when listened to the fact she scolded him. But even in that, the sweetness was overflowing. Her care made him obey her at once. He finished his lunch quickly and there was she for him. Both again became



**Suryansh**  
A SCI-FI Romance

Guys it's already been 6months and i feel like a family member. It was the roller coaster journey where I learned how to express my heart better. In this period of time Banhi have discovered my hidden potential which was awakened by my unrequited love. but I think it's the time when I should let all this go. So, its my official farewell to all of you. Thank you. To the love of my life, I'll just say that I'll always love you this deep. But from this point on I'm choosing not to toss.



lost in their world. He felt safe and opened his all secrets in front of her. She maturely handled his all emotions and made him believe that he is perfect the way he is. For the 1st time, he was feeling discovered. Like he was all hidden beneath the surface waiting for this exact moment when someone will find him.

Soon it became late night in no time. With her, his time was flying. He was enjoying being himself. Then both went to bed with a cute good night wish. He was thinking only about her. Then questioned himself. Today I just did nothing productive but still, it was the best day. I just forgot about my lunch but it did feel amazing. Again, by all calculations, it is clear that we both won't end up together. Still, it doesn't bother me. What type of logical explanation can justify this kind of behavior if not love?

The next day he woke up early to message her 1st. He tossed the fate coin as part of the must-do event. But this time it was a tails. He had no choice but to face his fate. He then messages her wishing good morning. He was just waiting for a reply or just a message from where he can start the conversation. But time passed and that most awaited moment was still far away. At lunchtime, he was so gloomy and upset about the fact that she didn't reply to him though she was active on that social media. But suddenly there was a notification and he rushed from his lunch to attend that. But it was just another notification from another application. On that same day, it was the 10th time when he misunderstood the sound.

He was missing her like hell. He was also worried if anything happened. Overthinking strangled him. But then he got a notification. As usual, he opened that but with little less hope but luckily it was her message. Suddenly there was a twinkling sparkle in his eyes. He tried to start a conversation but she ended with a quick response. He became upset but was normal after at least seeing her message. Then he dived into his thoughts on how he can make her day good. Hours passed and in the evening he tried to console her with just a query message. Whether she is feeling ok or not. She answered that she is totally fine. But as he was worried, he just asked about the matter stubbornly. She just became more upset as his word reminded her of the bad day again. He had no choice but to quit the conversation. He was laying in bed thinking about his mistakes. How his care worsens the situation. He just wanted to help and nothing else. There his eyes were all tears. Why was he feeling sad about being unable to help the other person? Can the hormonal defect cause this kind of feeling? He was in fact in great pain but in his mind, there was only her. That extreme pain was indeed enjoyable as it was the strongest proof of the existence of LOVE. He was totally possessed by the madness.

And then Sourya woke up at his study table with the alarm ring. He checked the date first and it was the year 2022. There was the book Statistical Mechanics and the chapter on Probability was kept open. In his hand, there was a Ten rupees coin ready to be tossed. But strangely his hand trembled and he decided not to toss it.



**Suryansh**  
A SCI-FI Romance

Guys it's already been 6months and i feel like a family member. It was the roller coaster journey where I learned how to express my heart better. In this period of time Banhi have discovered my hidden potential which was awakened by my unrequited love. but I think it's the time when I should let all this go. So, its my official farewell to all of you. Thank you. To the love of my life, I'll just say that I'll always love you this deep. But from this point on I'm choosing not to toss.



# A strange encounter

It was a windy afternoon as Abir got ready to meet his family after ages. He had booked a ticket to Dehradun. He reached the station before time and started reading the newspaper... Pages after pages, he opened and read the headlines... Then he heard the announcement, "Attention Passengers! Due to some emergency train number XXXXX canceled its further journey to Dehradun." Abir looks at his bag full of gifts and flowers and fell silent and thought, "What!!! Why???"

Dehradun was Abir's hometown. He got a job in Kolkota with a high-scale salary. At first, his parents wanted him to stay in Dehradun but then as time passed they agreed with his decision. He is the only son of their parents. Abir anyhow wanted to go to Dehradun. Therefore then and there he booked another ticket to Dehradun but as it was in rush he has to share his seat with another person. The journey was long but Abir could sacrifice his comfort for his family, so he agreed. He entered the cabin and to his complete surprise, he found the entire car empty and as cold as a freezer. He seated himself in the place he was allotted. After some time Train started to move. No one was there except Abir, he was shocked why there was no one except him while the train was fully booked, especially as the station was filled with people going to Dehradun. He thought and soon fell asleep. After he woke up he saw a tall man seating in front of him and staring at him as if he is staring at his soul. He woke up and greeted him. The person said nothing. Abir found him very rude but he thought that he should not mess with him, and should talk nicely.

He again asked, "Hello sir!! Where are you going?"

The person said, "I don't have a certain destination, only I take others to a certain destination"

Abir found it funny. And again asked, "Are you the TC?"

The person again looked at him and said, "No, you don't need to know me... but I know u pretty well."

Abir: "Have we ever met each other?"

The man said, "I know everyone!!!"



swpransingh

Hola!!! This is Swapna a biotech graduate who loves to narrate her thoughts on paper. Expresses creativity whether its thought or story through my canvas.



## Swapnarani Ranasingh

Story Section



Abir found him super rude but still, he needed someone to pass his time during the journey. Abir found that the person won't speak anything so he told something about himself about how he was in Dehradun and now in Kolkota for his work. The person said nothing just stares at him.

The train is about to reach the station.....

Abir's father called him and informed him that he left his car at the station he just needed to collect the keys from one of his friends who is at the station waiting for him.

Train stopped. Abir found the station silent, it is not a peaceful silence but it's a spooky one. He found his father's friend at the station, took the keys, and saw him off. It was quite late, around 2.30 am. He chose to drive through a shortcut road. He was driving smoothly with buzzing to his favourite songs. He suddenly stopped on seeing a girl on the roadside, She was holding her bags and walking slowly. Abir, being the helpful person he was, called her and asked her to let him drive her to her destination. Agreeing, she sat in the back seat. She wore a beautiful salwar suit with open hair she looks stunning. Abir rearranges the mirror so he could see her. But for some reason, the mirror couldn't capture her. He thought might be she is playing pranks. He didn't mind at all. But meanwhile, he was trying to talk to her, even though he never confessed but she is the most beautiful girl he had ever met. That ride was bumpy but it made Abir revisit the back time. The girl kept staring outside the window, but suddenly at a point, she said, "Be careful!!! There is a stiff curve at the front, drive carefully!!!" Abir drove carefully... But to his complete surprise, there were fumes all around. It was difficult to handle that situation carefully, but Abir did it. After the curve went he again rearranges his mirror to see that girl but again he can't see her. So he turned back and she was not there!!! But he could see that tall man with shining eyes staring at him at that curve!!! Abir pressed the accelerator and reached his home. But Abir kept thinking,

"Who is that man? And where is that girl?"



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# Article

Name	Author	page
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<b>Social Media:</b>	<b>Kishan</b>	<b>64</b>
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a boon or a  
Curse

<b>Downside of</b>	<b>Anwesha</b>	<b>66</b>
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romanticizing  
the  
unacceptable



Liked by **Anwesha Mishra** and **1others**



# Social Media: a Boon or a Curse

Communication is an integral part of human society because it allows people to exchange feelings, thoughts, and opinions among themselves. We are living in such a world, where Information Technology has revolutionized the way we communicate with each other. As a result of this digitization, various social media platforms have emerged. Among the most popular are Youtube, Whatsapp, Instagram, Twitter, LinkedIn, and Snapchat. Social Media is a web-based platform that enables people to connect, communicate and share their ideas, thoughts, and beliefs via texts, images, or videos. People use these virtual sites to make new friends with individual choices, while some are used for sharing thoughts, feelings or knowledge, etc. There are currently 4 Billion active users of social media which is more than half of the world's population. On average a person spends approximately two and a half hours per day on social media. This exemplifies how these virtual networking sites have become an essential part of our daily lives.

## Social Media as a Boon

- Bringing the Distance Closer: Social media is undoubtedly a boon for our civilization. Because it has brought the whole world to one place where individuals can share their opinions and views.
- It helps in keeping in touch with family and friends in today's hectic world. It served as a bridge, particularly during the COVID-19 Pandemic.
- It is now much easier to spread the good news and raise awareness about social concerns.

### 1. Educational Revolution:

- It has been revolutionary in the paradigm of education by creating such a platform for students where they can grab various knowledge out of their textbooks. Teachers now can lively interact with students in real-time from anywhere in the world.
- During the COVID-19 epidemic, traditional classroom education has migrated to digital platforms. This has opened up a plethora of possibilities for content creators and app developers.

### 1. Increasing Marketing Sectors and Startup Culture:

- Many companies can reach their customers directly through social media. This has somehow played a huge role in creating brand value and a niche for businesses amidst a highly competitive market.
- There is no denying that social media has fostered an entrepreneurial culture. Social media allows creators to define their imaginations while also providing a good and sophisticated marketing platform.
- Social Media has replaced many traditional jobs thereby creating new opportunities like freelancing, vlogging, etc.

### 1. Direct Contact with the Government

- Today, social media has made it possible for ordinary people to communicate with the government and obtain government services directly. For example, a farmer may now easily access all government initiatives and weather-related data with a single tap.



kishan1840kumar

Hello, I am Kishan Kumar Behera. Now I am pursuing (B.Sc. Hons) Agriculture at RCSM College of Agriculture, Kolhapur, Maharashtra. I adore to express the scientific topics through my writing.



## Social Media as a Curse

There is always a flip side to a coin and people are almost naïve about it. That's why knowingly or unknowingly we are now stuck in such a mess where social media influences our every thought and deed.

### 1. Affecting Social Relationships:

- Individuals have become more socially isolated as a result of their preference for communicating through these websites over face-to-face interaction. Instead of making phone calls, people use Facebook to wish their friends and relatives happy birthdays, anniversaries, and other special occasions. These days, the true essence of a relationship is missing.

### 1. Hate Speeches and Rumors:

- Nowadays social media is used as a weapon for spreading hate speeches and propaganda against a person, group, or whole community. This may lead to misunderstandings or conflicting opinions among people which will be against the welfare of the society.
- The most recent case was this year's lynching of two sadhus and their driver in Gadchinchale village in Palghar, Maharashtra.

### 1. How the Business Model Affects Human Behaviour:

- The Tech Business Model says that "If you are not paying for the product then you are the product". We, the common people, think that everything that we see, what we scroll, is free to us. But the truth lies beyond our vision. Everything we see on it is powered by advertising corporations that pay the tech companies to present their ads. As a result, the user remains on the website and scrolls down for further recommendations. This leads to an addiction to the phone screen, which causes loneliness, anxiety, sadness, and vision problems. That has also created competition and comparisons throughout society. Because of addiction, the majority of young people have lost the habit of reading, writing, or spending time with their families.

### 1. Fake News:

- Everyone in this society is in hurry to like, share and comment. So this affects the authenticity of the news and spreads fake news. Free internet service has given access to everyone to post whatever they want and hence created a trend of fake news spreading like wildfire. This fake news could lead to mass protests, riots and breakdown of law and order, harassment and threatening of innocent people, and even mob lynching.
- For example, rumors about child lifters and cattle thieves lead to mob attacks and death across India. People are protesting across the world against the Government's strict actions regarding lockdown, quarantines, and vaccination programs due to the spread of fake news.
- A 2019 Microsoft study found that over 64% of Indians encounter fake news online, the highest reported amongst the 22 countries surveyed.

### 1. Invading of User's Privacy by Big Internet Conglomerates:

- The most recent example is WhatsApp's new privacy policy, which has prompted several concerns about user privacy.

Social media is such an enemy that seems so elegant and perfect to us. It can affect the user's behavior and emotions without ever triggering the user's awareness.

Social media is a wonderful thing in the world that has ever been developed. However, every man-made creation has both positive and adverse aspects. It is dependent on how we use it. Similarly, if we use social media properly then it can be a boon, if not a curse. Therefore each user must learn to be a responsible user who promotes positivity.

**kishan1840kumar**

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**Anwesha Mishra**

Article Section



# Downside of Romanticizing the Unacceptable

I was talking to my Baba few days ago during dinner, and he ended up telling us about the spy stories he had read back in the day. He talked about the stories and how the core of the story was that there would be a huge illegal corporation and a spy would take it down. And because of that conversation I came to a realization that while people used to wish for a hero to come and save them from evil, these days people love seeing evil being personified. How so? Let me explain my thoughts.

If you look at the popular movies or books or any other kind of entertainment, you will find that most of them revolve around people who take law into their hands.

I've grown up watching south Indian movies where the hero kills the villain without any retribution. Was it entertaining? Yeah, it was. From moral or practical point of view, was it good? No. As a reader, I can attest to the fact that many a times, the people of this community, authors and readers included, romanticize characters, behaviours, events, etc. that normally wouldn't be accepted.

Why does this happen then? What I think is that we, humans, have a tendency of craving the things that we shouldn't want. Similarly, we see a... thing that is considered 'wrong' and we started getting more and more curious about it. Then we start fantasizing those things, making scenarios in our heads, and somehow that slowly becomes a part of us.

Slowly we start normalizing toxic traits. And by normalizing these traits, we give ourselves the freedom to accept it, and stand by it. We don't take into consider how impractical, immoral, unacceptable these toxic traits are. Sadly many people think that these toxic traits and wrongdoings can be justified or is forgivable.

I have seen a lot of people fawn over characters who might give Satan a run for his money. It's scary. Because these people don't understand that there's a very distinct line between good and bad. I understand why these characters are so loved, but what all of us need to remember is that they are part of fiction, the result of someone's imagination. They're not real, and wouldn't be accepted in real life even by people who fantasize about it.

These people will grow up, expecting and accepting different types of toxic things in hopes they'd find their happily ever after just like the main characters of the movies or books get. But what they refuse to realize is that toxic things will always be toxic.

That's why we need to remember to keep the fiction and real worlds apart.



**anwesha\_m\_2000**

I am Anwesha. My unending love for English made me pursue a Bachelor's degree in English, a decision of mine that I wholeheartedly am in love with. Though I'm neither a voracious reader nor a prolific writer, I am passionate about English, a subject that has always been much more than a subject for me. English is my dream.



\_.bansi.\_

⋮

# Social Interaction

Participants

Abinash

Maheswari

Satyapriya

Anwesha

Swaraj



Liked by **Swaraj Pattanaik** and **4others**



## Social Interaction Section

Banhi



# Humanity

Hiii guys... for this edition the question for the social interaction section was about humanity... how we can be a better human being in this materialistic generation... if humanity within our generation is fading out then how can we restore it...

Every one in our country has their own say regarding humanity and the principles. But out of those only some fingertips are their who actually posses some humanity in them.

In these day and age of Instagram people like to give speeches and write paragraphs regarding human behaviour in their posts but seldom do they apply it in their own life. Humanity is not feeding stray dogs and making a video of it to share it in social media. But real humanity is doing it without anyone even noticing about it.

Humanity also includes the type of behavior that you show to members of working class. Simple example is that if you are holding a great position in a sector and you are not calling your driver by his name but only "driver" that that is not a sign of humanity.

Humanity is not only treating needy people but also how you behave to your parents when they are not able to make their needs fulfilled. If you spend some time with them and take some time out of your schedule then that is the biggest way of expressing humanity and love. There are some so called activist who keep their old parents in old age homes but give speeches about humanity.

So try to behave each and everyone i.e. humans and animals with right amount of respect and behave appropriately with them.

In a recent time a video surfaced in social of two young men stepping out of their to take a injured bird from the road but both of them lost their lives in doing so as a taxi hit them ferociously. So both those guys who were trying to show humanity, died. We should take a leaf out of their book and try to do the right work in a right way.

That's it from my side. Me ,Abinash Mishra signing off.



.banhi.\_

In this section we will ask a question regarding to our social issues and anyone can answer this. You have to give a solution of that prblm. By this little step we can really create a big impact which will attract others to think about the social problems.



## Social Interaction Section

Banhi



Many people wonder if it's possible to become a better person in this materialistic world. The answer is yes. One must cultivate a healthy inner world to regard possessions as neutral. This change in attitude is more important than specific actions. Put your energy into assisting others. Purchase anything that will increase the quality of our experience, either directly or indirectly. Habits, time management, discipline, emotional control, comprehension, and learning are just a few of the non-physical assets that can help humanity to recover. Use the money to set yourself free, not to enslave you. Maintain a low-key lifestyle and stay away from the status game. Judge yourself by your ethics. By adopting all these means, we can be better people in this materialistic world.

Maheswari Behera

We live in capitalist societies, where money plays a vital role in our daily lives. So it is natural that we are inclined to earn more, to maintain our social stature. Our behaviour is mainly affected by our surroundings. We can choose who we want to be with. We can have a positive attitude towards the world just by having faith in ourselves, helping others, and staying optimistic about the future.

Satya Priya Mishra

I think that humanity is the core of our beings, so what we need to do is remind ourselves that we're human. We are very fortunate to have been born as humans, regardless of how the journey has been till date. So we should do ourselves justice, and we should do our people justice by nurturing our human qualities.

This needs long practice... We should show kids from a very young age how to be humans, to be kind, patient, caring, and understanding towards everyone.

Each and every one of us needs to practice humanity to save ourselves from turning inhuman in this materialistic world.

Anwesha Mishra

Humanity is the essence of the human life. We must provide an appropriate environment where our next generation can realise and practice humanity. A person is just a robotic machine without the humanity. To restore it, we must idealise our educational system.

Swaraj Pattanaik



\_banhi\_

In this section we will ask a question regarding to our social issues and anyone can answer this. You have to give a solution of that prblm. By this little step we can really create a big impact which will attract others to think about the social problems.

# THE INTERNET

**Things humans can't survive without?? Food, water, air, or maybe shelter? Things millennials and gen Z won't survive without? Of course, The Internet! The Internet is thought to be the greatest invention of the 20th century. It changed the course of humanity in all aspects. A global communication network, so vast that it holds the capability to connect almost all the computers worldwide to exchange information. You just need to run your fingers on some keys and you'll have all the information you want even from the other side of the globe!**

**In the early 60s, government researchers used to share information within limited systems. But later the cold war gave the idea a push to rethink. The soviet union's launch of the Sputnik satellite forced the U.S. defense department to search for ways to continue the information exchange even after a nuclear attack. This led to a research experiment called "Advanced Research Projects Agency Network" or in short, ARPANET. Though the experiment was a huge success, the network was still limited to the members of the U.S. defense department.**

**Then "Who really started the internet?" In the 1970s, two scientists named Bob Kahn and Vint Cerf began the design of the internet. They published their research in 1974 which later evolved into the internet protocol. January 1, 1983, is considered the official birthday of the internet.**

**Today Internet rules the world in every existing field. It is the pillar of modern Communication, information, banking, business, medical, defense, entertainment, and many other sectors. With the help of GPS technology, the internet helps map to direct you to almost every place in the world. It connects employees to employers. As it gives access to a wider audience, anyone can quickly donate to charities. Also, those who are looking for charities can find many online services that help make it easier to help donate to or support their causes.**

**The internet like anything in this world has pros and cons. Addiction, distractions, cyberbullying, trolls, stalkers, frauds, viruses, identity theft, and hacking are some of the disadvantages. Being responsible can save us from all these flaws since it's on us how to use it at the end of the day.**

# *Thank you...*

*Eleven months, it has been. Eleven months of hard work, coordination, and consistency! And most importantly, eleven months of being a part of this family. “Banhi” gave us a platform to showcase our creativity. It forced us to sit down for a moment and work on the things we enjoy doing. I believe every member would have felt the satisfaction when the art reaches its last touch of shading, when a poem finds its last appropriate word, when the camera clicks the perfect picture without a microsecond of delay, and when a story finally gets its destiny! That contentment is all we are living for.*

*We, the editors, would like to thank all of you for the efforts you have put in, for the enthusiasm you've shown, and for all the time you guys have given Banhi. Thank you so much for these eleven months, for the experience we'll carry with us for our entire lives.*

*Being persistent may lead you to the door but consistency is the key that unlocks it. The consistency we all members have shown in the last eleven months is unrivaled. We have tried our limits to bring something to existence that never existed before. And that's what we should always remember and feel proud of!*

*Shrabani  
Swadesh  
Supriya*



# *Our Working Teams*

## *Supervising Team*

*Swapna*

*Anwesha*

*Swaraj*

## *Social Media handling Team*

*Amrita*

*Swadheen*

## *Correction Team*

*Anwesha*

*Maheswari*

*Ushakiran*

## *Designing team*

*Shrabani*

*Swadesh*

*Swaraj*

*Upasana*

## *Tech Support Team*

*Satya*

*Asutosh*

*Swadesh*

# *Our Sections and Heads*

*Photography Section - Upasana*

*Kids Section - Rojalin*

*Art Section - Anusha*

*Cooking Section - Shrabani*

*Anime Review Section - Asutosh*

*Movie Review Section - Swadheen*

*Digital Section - Satya Priya*

*Science Section - Swadesh*

*Travel Section - Supriya*

*Poetry Section - Amrita*

*Story Section - Swapna*

*Article Section - Anwesha*

*Social Interaction Section - Swaraj*

*Meme Section - Swadesh*

## *Our Core Members*

*Swapna (Manager)*

*Anwesha      Satya*

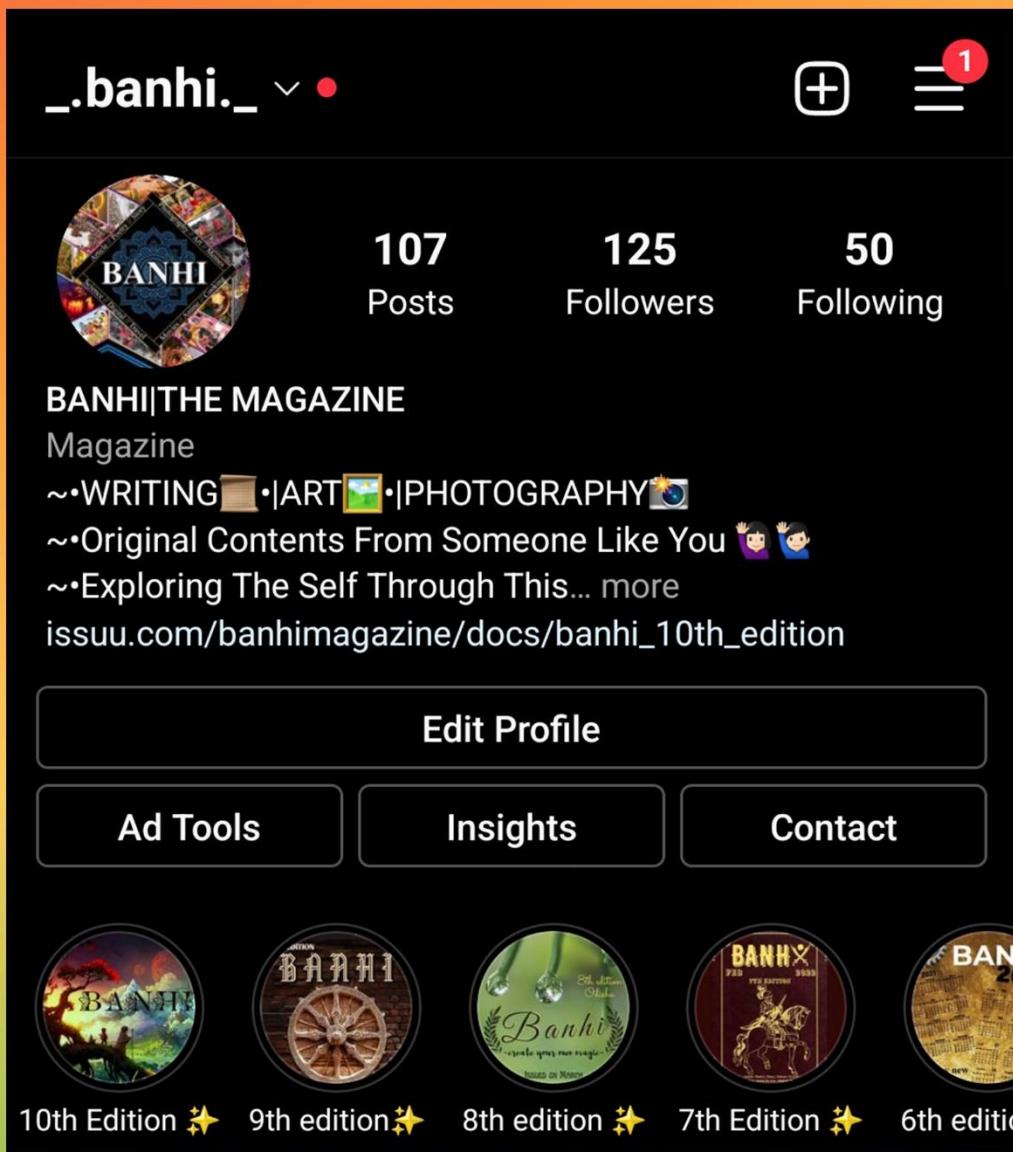
*Supriya      Swadesh*

*Shrabani      Asutosh*

*Amrita      Swadheen*

*Upasana      Swadesh*

*Anusha      Swaraj*



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