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December 2023

1 Introduction

First I took the Central Difference Formula for approximating derivatives, that is $f'(x_j) \approx \frac{f(x_{j+1}) - f(x_{j-1})}{2\Delta x}$ and $f''(x_j) \approx \frac{f(x_{j+1}) - 2f(x_j) + f(x_{j-1})}{\Delta x^2}$ (just imagine replacing each f term with ψ). Then I examined the Time Dependent Schrodinger equation:

$$-\frac{\hbar^2}{2m}\frac{\partial^2\Psi}{\partial x^2} + V(x)\Psi = i\hbar\frac{\partial\Psi}{\partial t}$$

Ignoring the constants, we can rewrite this as:

$$-\frac{\hbar^2}{2m}\frac{\partial^2 \Psi}{\partial x^2} + V(x)\Psi = i\hbar \frac{\partial \Psi}{\partial t}$$

Based upon what we know from quantum mechanics (this is from intro QM classes) using separation of variables, we get the time dependent term as $e^{\frac{-iEt}{\hbar}}$ and we are left with the Time Independent SE:

$$-\frac{\hbar^2}{2m}\frac{\partial^2 \psi}{\partial x^2} + V(x)\psi = E\psi$$

Where I then plugged in the derivative approximations:

$$-\frac{\hbar^2}{2m} \frac{f(x_{j+1}) - 2f(x_j) + f(x_{j-1})}{\Delta x^2} + V(x)\psi = E\psi$$

Which when we separate into like terms equates to:

$$-\frac{\hbar^2}{2m}(\frac{\psi(x_{j+1}) + \psi(x_{j-1})}{\Delta x^2}) + \psi(\frac{\hbar^2}{2m} + V(x)) = E\psi$$