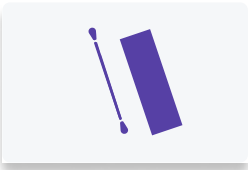
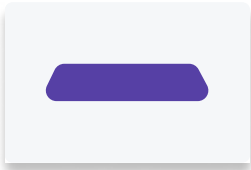


COVID-19 NASOPHARYNGEAL

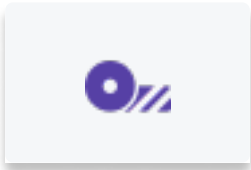
Tools to be prepared:



1 sterile nasopharyngeal swab.



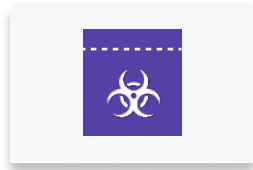
1 absorbent pad.



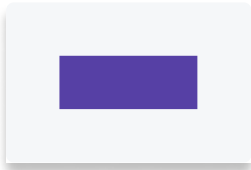
tamper evident security tape.



corrugated cardboard box mailer



1 ziplock top biohazard specimen bag.



1 self-sealing bubble out bag.



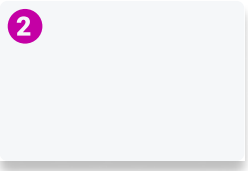
1 transport tube with Viral Transport Medium (VTM)

1 UN3373 label for Biological Substance, Category B.

DNA Sample Collection Steps:



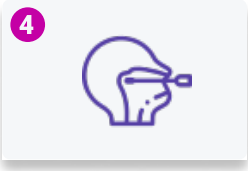
Wash your hands properly



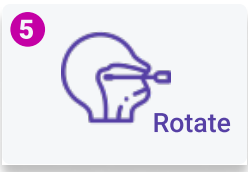
Open the pouched seal pack and remove the specimen container from the package.



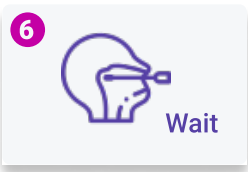
Tilt your head back 70°



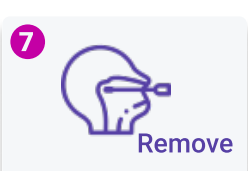
Gently insert the swab into the nostril. Keep the swab near the septum floor of the nose while gently pushing the swab into the post nasopharynx. As a visual reference, the swab should be inserted about half the distance from the opening of your nostril and ear.



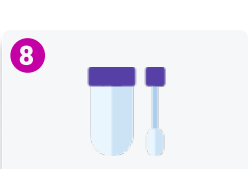
When the swab is in place, rotate in a circular motion gently against the nasopharyngeal mucosa for 15 seconds.



Leave the swab in place for several seconds to absorb secretions.



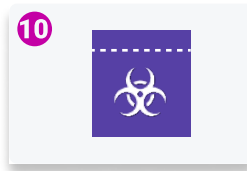
Remove the swab gently from the first nostril and then insert the same swab horizontally into the second nostril, until you meet resistance. The entire length of the bulb should be completely inside the nose.



Slowly remove the swab while rotating it and immediately place it, tip first, in a sterile transport tube containing transport medium. Once the tip is near the bottom, break the swab handle at the swab breakpoint by bending back and forth or cut it off with sterile scissors. The swab should fit in the tube comfortably so that the cap can be screwed on tightly to prevent leakage and contamination.



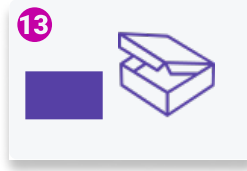
Label the transport tube with your specimen number and date of collection



Place the transport tube and absorbent pad in the ziplock top biohazard specimen bag.



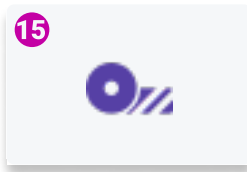
Seal the ziplock top biohazard specimen bag and place it in the bubble out bag.



Seal the bubble out bag then place it into the corrugated cardboard box mailer for shipping.



Attached the “UN3373. Biological Substance, Category B” label on the top side of the corrugated cardboard box mailer.



Use the tamper evident security tape to seal the corrugated cardboard box mailer.



Place the small envelope into the large envelope for shipping; Write down the selected nearby lab's address on the large envelope and ship it immediately.

You do not need to mention your name, address, or any personal information anywhere

