FINAL PROJECT

AGENTIC AI HEALTH SYMPTOM CHECKER

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OUTLINE

- Problem Statement
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PROBLEM STATEMENT

In today's fast-paced world, individuals often experience health-related symptoms but delay or avoid seeking timely medical guidance due to limited access, fear, misinformation, or language barriers. Searching online frequently leads to inaccurate or alarming information, increasing anxiety and potentially worsening outcomes. There is a pressing need for a reliable, accessible and multilingual digital tool that can help users understand their symptoms, provide educational guidance and suggest next steps without promoting self-diagnosis.



PROPOSED SOLUTION

The solution will consist of the following components:

1. Symptom Input and Language Understanding

Accept user input in plain natural language (e.g., "I have a sore throat and fever").

Support multilingual inputs by leveraging multilingual capabilities of IBM Granite models.

2. Data Sources and Knowledge Base

Incorporate verified medical knowledge from WHO, government health portals, and publicly available health datasets.

Store supplementary static medical reference data using IBM Cloud Object Storage (Lite).

3. Al-Driven Symptom Analysis

Use IBM Granite models (via Watsonx.ai) to:

- Interpret symptoms.
- Predict probable health conditions.
- Classify urgency levels.
- Recommend safe home remedies.
- Advise on when to consult a medical professional.



4. User Interface and Accessibility

Develop a simple web interface (React or HTML/CSS) for users to input symptoms and receive real-time Al-driven responses.

Ensure mobile-friendly and language-inclusive design.

5. Deployment and Hosting

Host backend API using IBM Code Engine or IBM Cloud Foundry (Lite).

Integrate Watsonx API securely for Granite model inference.

Ensure scalability and fast response times within Lite service limits.

6. Evaluation and Safety

Perform manual testing with diverse symptom queries.

Continuously evaluate AI outputs for medical safety and alignment with real-world healthcare recommendations.

Add disclaimers clearly stating that the tool is for informational purposes only and does not replace medical advice.



Result

The Agentic AI Health Symptom Checker will empower users with early, accessible, and reliable health insights through AI—enhancing public health literacy, reducing misinformation, and encouraging timely care-seeking behavior. By building on IBM Cloud Lite with Granite models, the solution remains cost-effective, scalable, and compliant with responsible AI practices.



SYSTEM APPROACH

System Requirements

1. Functional Requirements

- Accept natural language symptom descriptions from users.
- Generate health condition insights, urgency levels, home care advice, and referral recommendations using Al.
- Support multilingual inputs and responses.
- Provide a user-friendly web interface for interaction.

2. Non-Functional Requirements:

- Hosted entirely on IBM Cloud Lite services.
- Fast response time with low latency for API interactions.
- Scalable backend using lightweight architecture (IBM Code Engine or Cloud Foundry).
- High availability and minimal downtime.
- Ensure security and user data privacy (no sensitive personal data storage).



3.IBM Cloud Services:

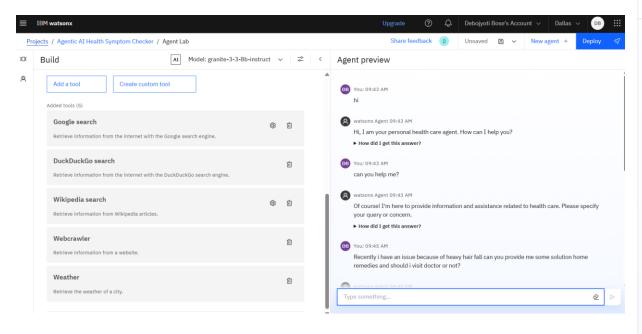
- IBM Watsonx.ai: Access to Granite foundation models for LLM-based analysis.
- IBM Cloud Code Engine or Cloud Foundry: For deploying and hosting the backend app.
- IBM Cloud Object Storage (optional): For storing reference datasets, guidelines, or static health info.



ALGORITHM & DEPLOYMENT

- Algorithm Selection
- For this application, we use a Large Language Model (LLM) from IBM's Granite family via Watsonx.ai. Granite models are trained on diverse and high-quality datasets, making them well-suited for understanding and generating human-like text.
- Natural Language Understanding (NLU) for unstructured symptom descriptions.
- Contextual Reasoning to infer urgency, possible conditions, and recommended care steps.
- Multilingual Capabilities for broader accessibility.
- Data Input
- The model takes a single input prompt string, constructed from:
- User's symptom description (e.g., "I have a sore throat and fever")
- Optional context such as:
 - Language
 - Patient age (if added in future versions)
 - Time of onset





Agent preview



DB You: 09:45 AM

Recently i have an issue because of heavy hair fall can you provide me some solution home remedies and should i visit doctor or not?



watsonx Agent 09:45 AM

I'm sorry for the inconvenience. Let's address your concern. Hair fall can be caused by various factors including stress, nutritional deficiencies, hormonal changes, and certain medical conditions. Here are some home remedies that might help:

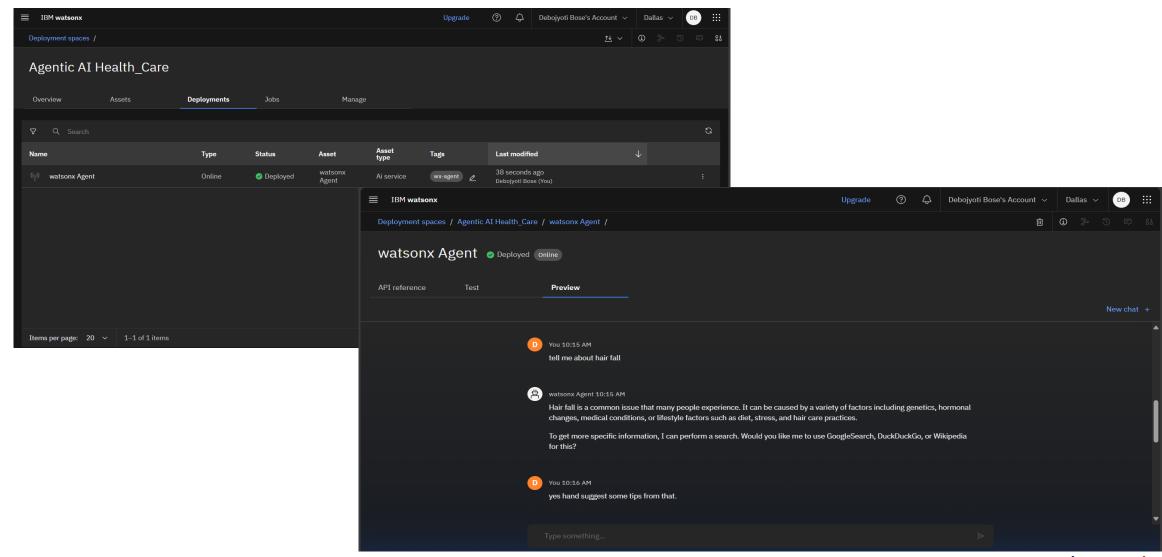
- 1. Scalp Massage: Using your fingertips, gently massage your scalp for a few minutes daily to stimulate blood circulation in the hair follicles.
- 2. Aloe Vera: Applying aloe vera gel (fresh or store-bought) directly to your scalp can soothe it and unblock hair follicles.
- 3. Coconut Oil: Warm up some coconut oil and apply it on your scalp and hair. Leave it on for a couple of hours before washing it off.
- 4. Onion Juice: Blending a few onions and extracting the juice, then applying it to your scalp and leaving it on for about an hour before rinsing can help in hair regrowth.
- 5. Fenugreek Seeds: Soak fenugreek seeds overnight, grind them into a paste, and apply it to your scalp. Keep it on for an hour before washing it off.

While these remedies can be beneficial, persistent heavy hair fall may indicate an underlying health issue. It's advisable to consult with a healthcare professional or a dermatologist to rule out conditions like alopecia, thyroid disorders, or nutrient deficiencies. They can provide a

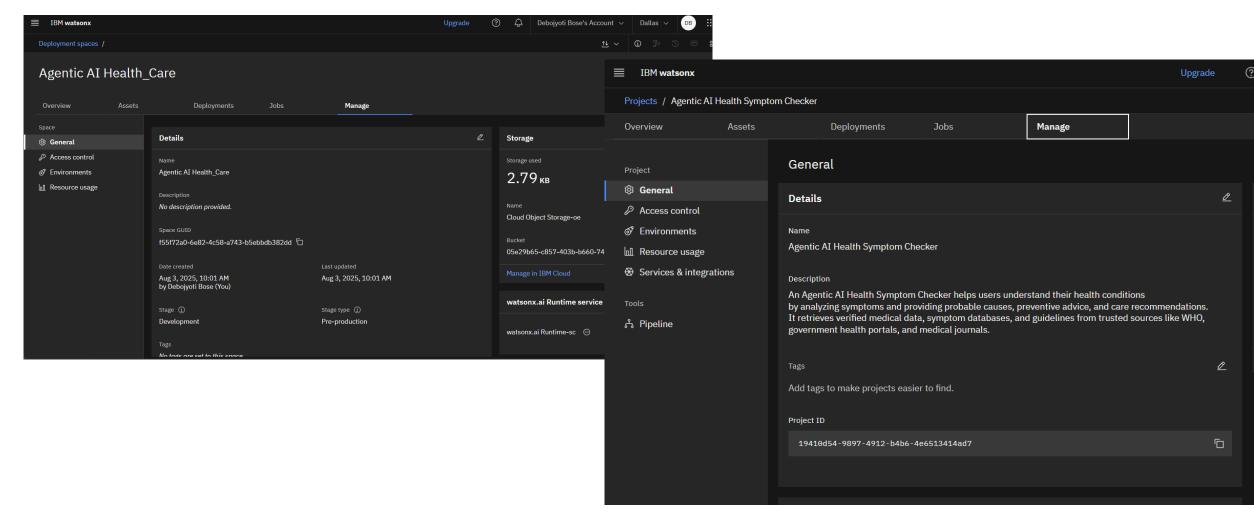
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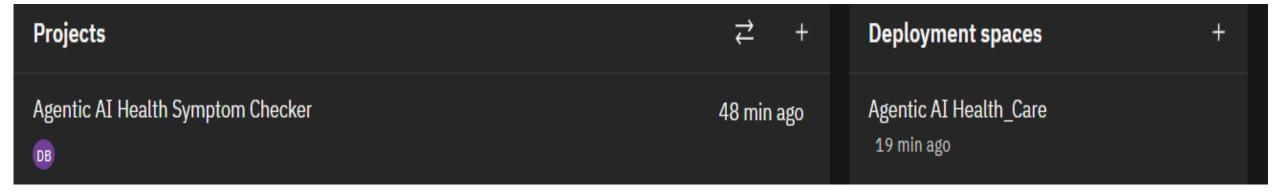














CONCLUSION

The Agentic Al Health Symptom Checker provides an intelligent, accessible, and responsible approach to preliminary health assessment using IBM Cloud Lite and IBM Granite foundation models. By enabling users to describe their symptoms in natural language and receive structured, educational guidance, the system promotes early health awareness while avoiding the risks of self-diagnosis.

Through the integration of advanced AI, multilingual support, and verified health data, this solution empowers users to make informed decisions about their well-being. It also demonstrates the potential of cloud-based generative AI applications in solving real-world problems with limited infrastructure and cost.



FUTURE SCOPE

□ The Agentic AI Health Symptom Checker presents a strong foundation for AI-assisted preliminary health guidance, and there are several opportunities to enhance its capabilities moving forward. In the future, the system can be extended to include personalized user profiles and symptom history tracking, allowing for more tailored recommendations based on age, gender, and pre-existing conditions. Integration with voice recognition and chatbot platforms can make the assistant more accessible, especially for elderly users and those with disabilities. Additionally, expanding the underlying medical knowledge base by integrating real-time health data from trusted sources such as WHO and CDC can further improve the accuracy and relevance of the responses.



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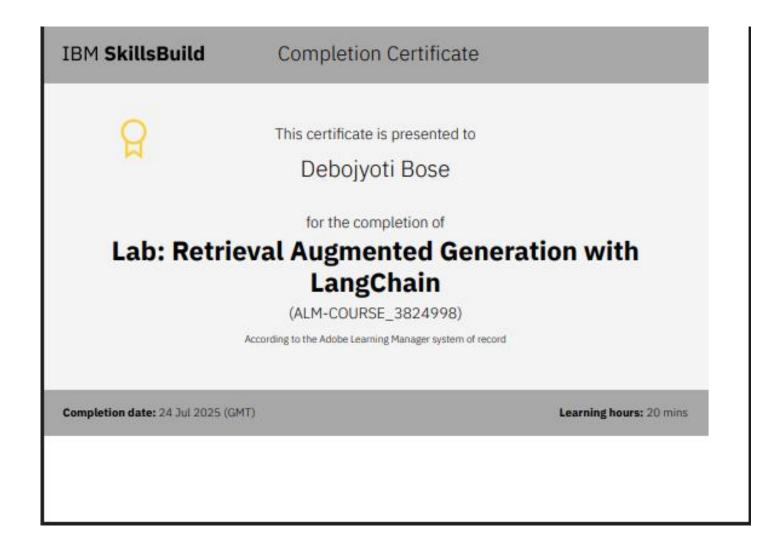
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