

DEFENSIVE DRIVING MOTORCYCLES & MOBILES

OHS

KEY RISKS

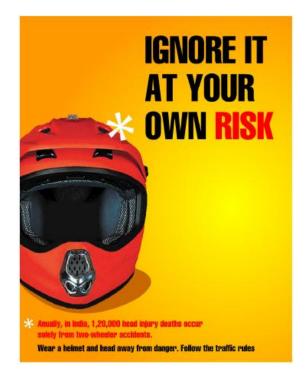


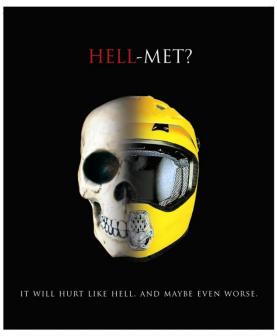


Driving is one of the key Risks in our work

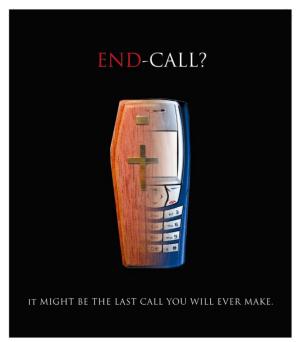
OHS COMMUNICATION







Motorcyclists and pillion riders are 5-10 times more accident-prone, than those using four-wheelers. Studies reveal that helmets reduce the claunces of death by 30% - 40% for two-wheeler commuters. So why take chances? Wear a helmet and make sure that it is ISI approved.



25 % of all road accidents are caused due to driver distraction. Mobile phones are established as one of the major source of such distraction. Why take the chance when you have the option? After all, calls can always wait.



We want you safe Wear Helmet - Drive Safe.msq



We Want You Safe No Calls While Driving.msg

Life Saving Rules



Use Full Body Safety Harness with Double Lanyard, Helmet, Shoes & Maintain 3-Point Contact All The Time

Strictly Follow Ericsson OHS standards and instructions at all times

Wear your seat belt driving 4-Wheeler and Helmet while driving 2-Wheeler

Verify & ensure isolation before work begins and use related PPEs Ericsson approved PPE to be worn at all times





































Do not smoke at Workplaces



No alcohol or drugs while working or driving



Do not use your phone and do not exceed speed limits



Check Vehicle's Roadworthiness and observe vehicle speed

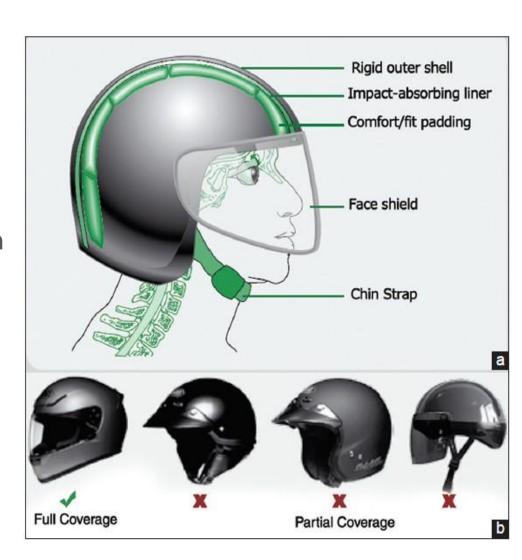


Motorcycle Safety



Always wear a helmet while riding

- Ensure that both passengers are wearing Full Face ISI helmets
- Use a good quality helmet. A thin or bad quality helmet can do more harm than good
- Use Full face piece, ISI Helmet with chin strap
- Do not take more than one passenger as pillion



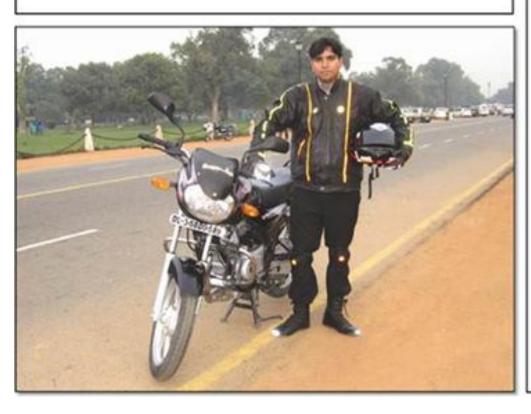
Defensive Driving principles



- Be more visible Light color clothes are visible in hours of darkness or use reflective Jacket as provided.
- Use stopping / turning indications while riding
- Observe lane discipline
- Ensure the head and tail light are in working condition
- Rear view mirrors should be well maintained
- Ensure license, identity card and ICE numbers are carried while riding
- Ensure horns and brakes are in working condition.



Good rider attitude



- Obey Traffic rules
- Responsibility
- Being courteous
- Considerate
- Patient



Pedestrian crossing



 Be observant and slow down!

Do not overtake!



Road markings



Observe lane discipline.



Vehicle documents



It is a must to know about all necessary updated documents and carry them all the time while riding.



Helmets



Always use chin strap!



Wearing safety equipment



Always wear a helmet and proper protective clothing.



Mobile phones



Don't use mobile phones while riding!

Use only full face ISI marked helmet.



Ear phones



Is it illegal to wear headphones while driving?



Pillion rider

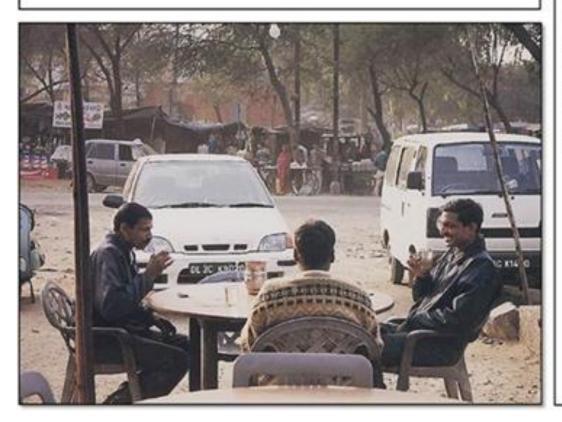


Do not carry extra pillion (triple riding) under any circumstances – it is very unsafe.

Use only full face ISI marked helmet.



Fatigue



Make sure before starting a trip that you are fit and alert and well rested.



Effects of alcohol



Don't ride if you drink and don't drink if you have to ride!



Keep it road worthy



Do periodic servicing on time and prevent major accidents.



Pre-starting checks



Just like in aircrafts, use a "pre-ride check list" before starting motorcycle.



Visibility



Bike riders are more vulnerable and less visible because of their small size.



Anticipation



If the road surface changes a two wheeler rider has to be more cautious than a car to cross the loose gravel, potholes and wet sand.



Braking



Use both brakes manually by hand and foot, simultaneously.



Correct positioning of hands



Hands should be at the centre of hand grips from where all levers and switches can be operated easily.



Sitting Posture



Knees should press the fuel tank to maintain the best balance.



Adjusting the mirrors



Adjust the mirrors so that you have a good rear view.



Before moving off



Check headlamps – both high and low beam.



Indicators check



You can do this by placing one hand in front of the lens and watching for the reflection.



Moving off



Learn to anticipate the unexpected.



Monsoon driving



Be cautions and considerate on water logged roads to avoid splashing of water.



Right of way



Give animals on the road the right of way and know the animal prone areas on his route



Hazard perception



Anticipating behaviour of other road users and ability to react!



Passing parked cars



Watch out for potential Hazard!



Positioning on the road



Make yourself visible!



Observe the traffic around



Always keep your eyes up and look well ahead.



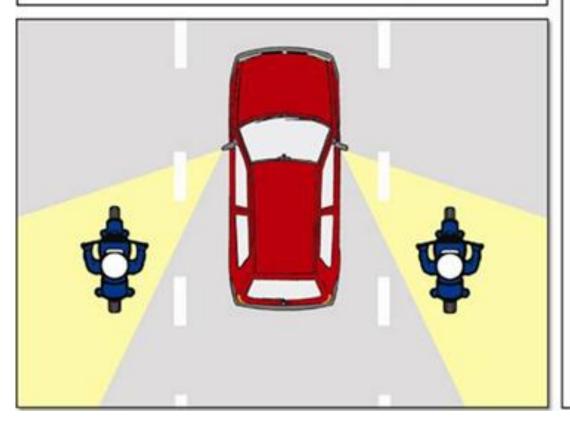
Choose appropriate speed



Always drive at a speed suitable for the road condition!



Side separation gap



Blind Zone – Beware of your position!



Turning right



Position yourself in right side of your lane!



Overtaking



Make yourself visible as others are visible to you!



Being overtaken



The bike can get unstable, due to wind pressure, if you ride too close to these vehicles.



Intersections



Select a lane position, where you are most noticeable.



Cornering

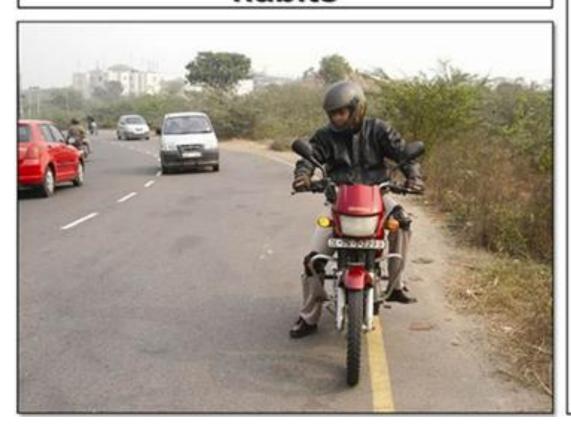


Golden rule:

"Approach slowly – move out fast!"



Defensive riding skills and habits



Always look into the mirror and keep the indicator on before getting on the road.



Riding techniques and skills



The situation ahead needs to be scanned continuously as a matter of practice looking well ahead of the vehicle.



Skidding



Sand or loose concrete on the road act like ball bearings thus and reduce the traction of tyres with road surface.



Broken and bumpy roads



Look well ahead of the road to identify & predict these hazards in time so as to avoid them.



Unpaved roads



Try to be in the centre of partially paved roads.

Guidance while using public transport



- Avoid sitting on the front / rear seat of the vehicle.
- Stay alert during the entire journey.
- Do not board / alight a moving vehicle.
- Do not board the overcrowded auto rickshaw/ public transport.