- **Task Group #1: Sign Up / Login**
  - Sign up
  - Start a new Goal

- **Task Group #2: Create a Goal**
  - Create a goal
  - Create one Milestone for your sketching
    - Select the most appropriate verification method
    - Select a penalty for not completing the goal

- **Task Group #3: Update the progress of your milestone (Assume for this task that you are currently on the second day of your task).**
  - Update day 2 of your goal
  - Upload your sketch as verification of the task

Check feedback from the group on the completion of day 1.