Why need it

P1: Users lack motivation to do exercises

P6: It's boring if you exercise for exercising. exercise should be interesting

P2: Self-controlling

P6: most of the application I used is not very interesting enough

p3: Some exercise will cause embarrassment.

P1: Users use to choose best seller App

P8: Professional sport guidance

P7: User also wants to find a companion to exercise with them. Not only can encourage and remind them but also can enhance enjoyment.

User's Propose

P6: I do exercises to lose weight

P3: User wants a fixed goal rather than just competing with others.

P1: Some users want to use the app to help them lose weight

P2: Exercise effectively

P4: For enertainment

P8: Keeping the body in a healthy condition

P3: People don't want to spend too much time in record calories.

P3: Gift is attractive to user.

P7: For user who really wants to lose weight, they prefer professional app because it can help them in a professional and effective result.

P7: Cutthroat competition is an obvious shortcoming in the ranking board.

P7: User can not do an exercise without any disturb.

P3: Exercise can help people in growing taller.

Competitiveness

P3: Ranking can encourage me to do exercise in order to get a high position.

P1: Rank is not important for some users

P8 P4: Put pressure on me or feel embarrassed because of low ranking

P2: Professional sports apps

P5: It may be motivated by ranking

P5: Competitiveness makes people lose active

P3: Most people can not hold exercise in a long period because they feel tired after it. This will affect on next day' study and work.

Function

P7: Hornor is important to encourage me to continue to exercise every day.

P1: Keep fit videos will help user doing exercise

P6: The professional exercise app called keep is not interesting enough

P6: PM Go combined the game with the exercising. Like you can hatch the egg while walking

P6: The weekly step number in Pokemon Go can exchange some presents

P1: Recording calories is more effective

P8 : battle for zones

P4: Friend participation is needed

P6: setting a task can keep me feel motivated

P6: keep can give people some suggestions and tutorials about how to exercise

P2: The app will give some method to help users to increase their's muscles

P7: Remind function is very useful and important to the user.

P8 : Professional sport guidance is important

P3: Running is the most common exercise type.

P7: User is eager to know the consumption of activities they have done.

P3: Entertainment app is more attractive than a professional one.

P3: Exercise with extra reward or bonus will encourage people to do that.