

Introduction:

In this part, our team tested all functions of app separately. We want to know if the functions were valid to improve people's emotions.

Test 1

The purpose of the test:

Gain the attitude for function of providing psychological articles.

Whether college students are willing to read psychological articles when they are depressed. Are encouraging articles useful for them?

Test Method: Semi-open interview

Interview Question:

Are you willing to read psychological articles when you are depressed?

Is this helpful to you?

What do you do when you are depressed?

Process: I have randomly interviewed 12 people on campus.

Results: In the interview, interestingly, no one was willing to read the psychological articles. The most important reason was the interviewers did not think it was useful. Through interviews, we found that most of the interviewers knew the specific reasons that led to their bad mood, such as academic stress, homesickness and so on. Thus, the testers thought that the psychological article was too abstract to solve the main reason for their bad mood. They cannot be better after reading encouraging words. It is worth mentioning that tester 4 believed that reading the psychological articles met the preference for elder people who did not suitable for his age.

In terms of the behaviors when suffering from a bad mood, some interviewers said they would share their feelings with friends. The other part showed that because they knew the reasons for their bad mood, they would try their best to adjust and solve their bad mood. For example, if the tester is in a bad mood due to too many assignments, the tester will try to complete the assignment. When the cause of a bad mood was solved (job completion), their anxiety will naturally ease.

Conclusion:

Although the sample size was not enough to get a very accurate result, we can see from the results that our target customers are not satisfied with the function. They seldom read those articles and felt that only elderly people would like to read them. Therefore, the feature of the psychological articles may not helpful for the purpose of the mental health app. It is recommended to remove this feature.

Test 2

Testing purposes:

What prompted users to express their opinions in the community?

What kind of words do they usually send and what are they interested in?

Test object: 6 uq students, random

Test method: one-to-one observation

Interview questions:

What has trouble you recently (open)? why?

Are you solving it yourself or looking for a friend to help you?

If you don't want to talk to your friends, would you look for other ways?

Results: Six respondents had different annoyances in the near stages. For the purpose of this interview, I want to judge the necessity of community function based on the user's communication style and willingness.