



Home > Treatment & Research In Psychedelics



**The Treatment & Research In Psychedelics (TRIP) program at Pacific Neuroscience Institute (PNI) has two paths that are available to patients.**

[Treatment with Ketamine | 310-582-7612](#)

[Psychedelic-Assisted Clinical Trials | 310-582-7611](#)

[LEARN MORE](#)

## Mission

Pacific Treatment & Research In Psychedelics (TRIP) is dedicated to the development of psychedelic-assisted therapies and the scientific exploration of how altered states of consciousness can be harnessed to change behavior and improve brain health and quality of life.

In addition, as the TRIP program grows, it will provide training programs and continuing medical education to other providers. This will include the development of classes in the field of psychedelic-assisted therapies that explore the field of harnessing altered states of consciousness to change behavior and improve brain health.

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Mental health issues are a leading cause of disability, and they remain inadequately treated worldwide.



Early studies of psychedelic-assisted therapies for these conditions have demonstrated much larger and durable effects compared to existing therapies suggesting that there is great potential for psychedelic-assisted treatments to revolutionize the treatment of mental health and behavioral disorders.

## Background

The potential for mystical experiences to produce rapid, profound, and sustained changes in insight, mood, behavior, and consciousness was recognized and first used by indigenous cultures in shamanic and other healing rituals. Psychedelic-assisted therapies for treating mental health disorders was studied extensively and safely in approximately 40,000 patients in North America in the 1950's and 1960's.

Its use faded due to the Controlled Substances Act in 1970, but there is a renaissance in psychedelic-assisted therapies that has been gaining momentum since the 1990's.

## Current Psychedelic Research

Today, multiple clinical trials are underway testing a variety of psychedelic drugs including psilocybin, the active ingredient of "magic mushrooms," MDMA ("ecstasy"), and ketamine, for a diverse range of indications including major depressive disorder (MDD), post-traumatic stress disorder (PTSD), generalized anxiety disorder (GAD), end-of-life and palliative care setting, as well as alcohol, nicotine and other substance use disorders.

Available treatments for depression, anxiety, and substance use disorders involve daily administration of a medication aimed at correction of neurochemical imbalances via action at specific receptors (e.g. serotonin, dopamine, mu opioid).

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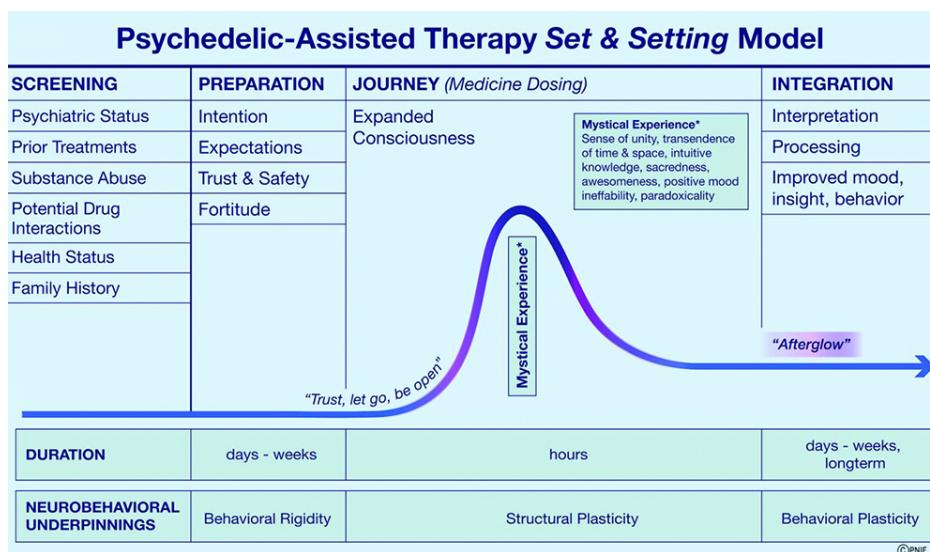
## Mystical Experience

Qualities of the mystical experience as described by patients include a sense of awe, oneness, and noetic.

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a transient, but profound state of ego dissolution largely due to an impact on a cortical brain region referred to as the Default Mode Network (DMN).

One of the most interesting potentials of psychedelic-assisted therapies is that a given compound such as psilocybin may have trans-diagnostic potential, meaning achieving a psilocybin-induced mystical state may lead to profound and sustained improvement across multiple disorders including depression, anxiety and addiction.



## Clinic Location

Pacific Brain Health Center

1301 20<sup>th</sup> St #540, Santa Monica, CA 90404 ([Map](#))

Ketamine Treatment: 310-582-7612

Clinical Trials: 310-582-7611

## Useful Links

- [About TRIP](#)
- [TRIP Team](#)
- [Ketamine Therapy](#)
- [TRIP Clinical Trials](#)

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**Psychedelic-Assisted Therapy at Pacific Neuroscience Institute**



**Psychedelic-Assisted Therapy with Ketamine at PNI**



**The Promise of Psychedelics with Heinzerling & Louie Schwartzberg**

## Articles about Psychedelic-Assisted Therapy

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& Treatment Dr. Keith Heinzerling & Louie Schwartzberg

## Launches New Psychedelic-Assisted Clinical Trial

Nature-themed visual experience and psilocybin therapy used for treatment of

Addiction and depression are two of the most widespread conditions in all of



Keith Heinzerling

### What is Ketamine Therapy?

Ketamine therapy is a treatment approach that uses low doses of ketamine, a dissociative anesthetic medication, to manage various mental health conditions,

If you or someone you know is in crisis, call the National Suicide Prevention Lifeline (Lifeline) at 1-800-273-TALK (8255), or text the Crisis Text Line (text HELLO to 741741). Both services are free and available 24 hours a day, seven days a week. The deaf and hard of hearing can contact the Lifeline via TTY at 1-800-799-4889. All calls are confidential. Contact social media outlets directly if you are concerned about a friend's social media updates or dial 911 in an emergency. Learn more on the [Lifeline's website](#) or the [Crisis Text Line's website](#).

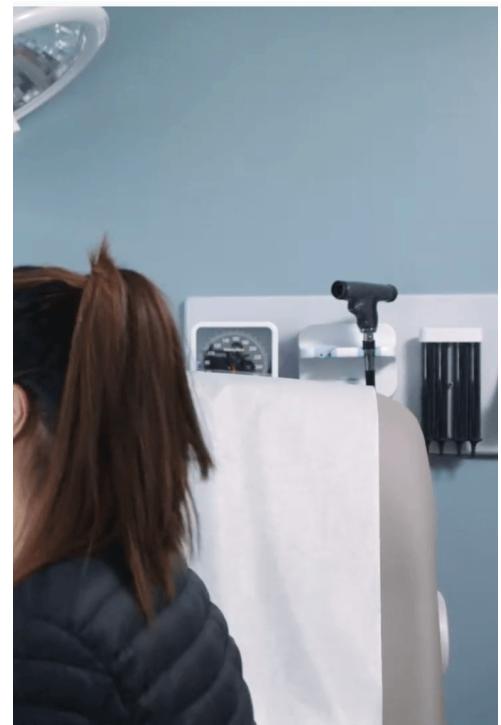
### Is TRIP right for you?

For more information about treatment and research studies at the TRIP program please contact Dr. Heinzerling.

#### Virtual Video Visits Are Available

Our specialists have consultation openings for new patients anywhere in California.

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## Conditions & Treatments

## Services

## Lifestyle

## Treatment & Research

## Useful Links

## Locations

1301 20th St.  
Santa Monica  
CA 90404

2125 Arizona Ave.  
Santa Monica  
CA 90404

5215 Torrance Blvd. #300  
Torrance, CA 90503

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