



Decoy Community Primary School And First Steps Nursery

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RSHE Information Re: Lessons in school

Tuesday 24th May 2022

Dear Parents/Carers,

Throughout Year 5, we have been following the PSHE (Personal, Social and Health Education) Programme across our school called Jigsaw, the mindful approach to PSHE.

The lessons have begun to build children's emotional literacy, self-esteem and knowledge of who they are and how they relate to each other and the world in a positive and healthy way.

The Summer Term Puzzles (units) are about Relationships (unit 1) and Changing Me (unit 2).

This year, the Changing Me Puzzle includes 2 or 3 lessons to help our Year 5 children understand the changes puberty brings. There is also an important safeguarding aspect to this work to help keep children safe.

We would like to give parents/carers the opportunity to find out more about this aspect of our curriculum and how we teach it, should they wish to. Therefore, we warmly invite you to attend a Zoom Meeting in which we will give you a transparent and comprehensive picture of what we are planning to teach in which year groups.

Date: **Tuesday 7th June** Time: **5:00pm** Venue: **Zoom Meeting**

If you wish to attend this meeting, please complete the form, which can be accessed via the link below.

<https://forms.gle/V9rDCwvz9Jv7kFsr8>

We hope you will be in agreement with us that this work is vitally important for children, that it needs to be done age-appropriately and that the Jigsaw Programme gives us a secure framework in which to do this.

However, as always, we do want to work in partnership with parents and carers, and also wish to inform you of your legal right to withdraw your children from some aspects of this work. The government has made Relationships Education and Health Education statutory for all primary schools from September 2020 so we would like to share the content of our lessons with you (via



the Zoom Meeting) so that you are clear about the curriculum we intend to teach the children, why we feel this is so important and also the aspects parents/carers have the right to withdraw their children from.

We hope you, like us, will see the materials in Jigsaw as educationally sound and beneficial to all of our children, helping to safeguard them. Please do contact us directly if you have any questions about this aspect of the curriculum.

Kind regards,

DCPS