

# Newsletter Spring 1: 2022



**Dear Parents/Carers,**

I must, of course, start by wishing everyone a very Happy New Year and I really hope that you all managed to find some quality time to spend safely with friends and families over the festive break. I am so pleased that, unlike this time last year, we are open as usual for all the children tomorrow! Teachers have been in school today getting ready for the start of the new term and it has been very exciting talking with staff about plans for teaching and learning this term.

I am also pleased to let you know that we expect to have, very nearly, a full staff team back tomorrow – and a teacher in front of every class! Last term we faced a lot of disruption due to unavoidable staff absences so it is a lovely way to start this term despite the reports in the media of the challenges faced by so many other schools at the moment.

## Keeping Safe

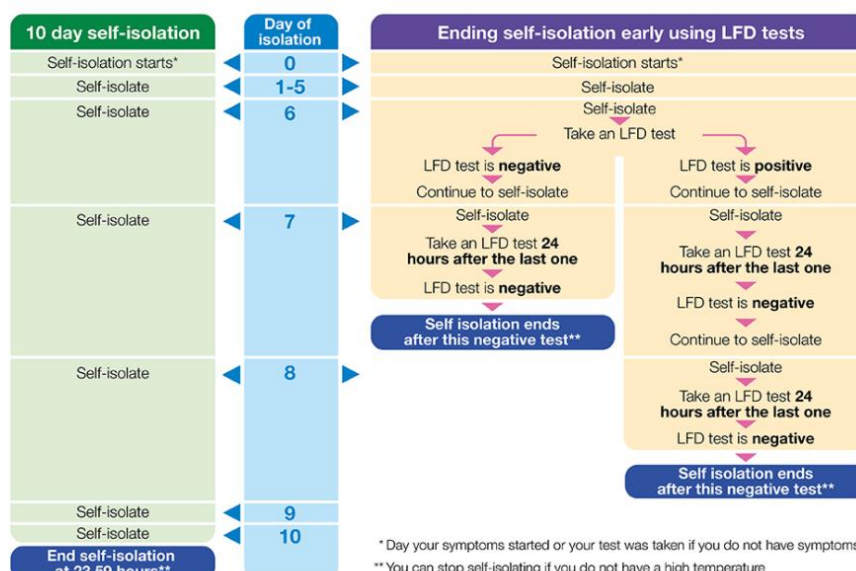
You will be aware that the guidance is changing regularly regarding people who have tested positive for Covid-19 and for their close contacts. I have added some information below but would **advise families to look at the website link below as this will have the most updated advice**. Please be aware that, as a school, we access advice regarding self-isolation etc. from the same government websites that everyone else has access to.

## What has changed?

The self-isolation advice for people **with coronavirus (COVID-19)** has changed. It is now possible to end self-isolation after 7 days, following 2 negative LFD tests taken 24 hours apart. The first LFD test should not be taken before the sixth day.

There are several important factors to consider and the full guidance (updated on 30<sup>th</sup> December 2021) can be found via the following link which also includes the table below.

**Examples of when to end self-isolation if you have had COVID-19 symptoms or have received a positive COVID-19 test result**



## **Household contacts who are not required to self-isolate**

If you live in the same household as someone with COVID-19 you are at significantly higher risk of becoming infected yourself.

If you are fully vaccinated or aged under 18 years and 6 months, and you live in the same household as someone with COVID-19, you are not legally required to self-isolate. You are also not legally required to self-isolate if you have taken part in or are currently part of an approved COVID-19 vaccine trial or you are not able to get vaccinated for medical reasons.

LFD tests are very good at identifying people who have high levels of coronavirus and are most likely to pass on infection to others, even if you do not have symptoms. **You are therefore strongly advised to take daily LFD tests during the period you are at highest risk of becoming infected yourself.**

If you are aged 5 years and over and live in the same household as someone with COVID-19, and are not legally required to self-isolate, **you are strongly advised to:**

- **take an LFD test every day for 7 days, or until 10 days after the household member who has COVID-19 started their self-isolation period if this is earlier**
- **take this daily LFD test before you leave your home for the first time that day**

[Report your LFD test results](#) after taking each test.

If you take an LFD test and the result is positive, you should immediately self-isolate to prevent you from passing the infection on to other people. You should [arrange to have a PCR test](#). If this PCR test result is positive, you must self-isolate and [follow the advice for people who have COVID-19](#). If this PCR test result is negative, you can stop self-isolating but you should continue to take your daily LFD tests.

## **Start of the school day**

I am looking forward to seeing everyone tomorrow for a prompt start to the day, so please can I politely remind everyone that our school gate closes at 8:55am and the registers close at 9:10am.

We hope that this term brings more stability for everyone in our school community and look forward to an exciting term as we move towards Spring.

Kind regards



Mrs H. Poustie  
Headteacher