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**SALAAT – UD – DUHA (Nafil Namaz) KI
FAZEELAT**

QUR'AN

Surah Ad-Duha (93:1-2):

"Qasam hai subah ki roshni ki, aur raat ki jab woh chha jaye."



Hajj aur Umrah ke barabar Sawaab

Hadees:

Hazrat Anas bin Malik (R.A.) se riwayat hai ke Rasool Allah (S.A.W.) ne farmaya:

"Jo shakhs Fajr ki namaz jamaat ke sath parhe, phir suraj nikalne tak baitha rahe aur Allah ka zikr karta rahe, phir 2 rakat namaz parhe, us ke liye ek Hajj aur ek Umrah ka sawab hai, poora, poora, poora."

(Sunan Tirmizi, Hadees No. 586)

Note – Auratein apni musalle ki jageh par hi baith kar ye namaz adaa kar sakti hai lekin us jageh se na uthe yani fajr ki namaz ke baad usi jageh baith kar hi Allah (s.w.t) ka zikr karti rahe yaha tak ke suraj tuloo hojaye aur uske 15 – 20 minutes ke baad ye namaz adaa karen



Jism ke 360 jodo ka Sawaab

Hadees:

Hazrat Buraida (R.A.) se riwayat hai ke Rasool Allah (S.A.W.) ne farmaya:

"Insaan ke jism mein 360 jor hote hain, har jor ke liye ek sadqa dena zaroori hai. Jo shakhs subah ke waqt 2 rakat Chasht ki namaz parhta hai, us ke liye yeh sadqa ka kaam karta hai."

(Sahih Muslim, Hadees No. 720)

Nabi kareem (saw) ka a'mal

Hadees:

Hazrat Umm-e-Hani (R.A.) se riwayat hai ke Rasool Allah (S.A.W.) ne Fatah-e-Makkah ke din 8 rakat Salaat ud duha parhi aur har 2 rakat ke baad salam phera.

(Sunan Abu Dawood, Hadees No. 1291)



Ada Karne ka Tareeqa

1. **Waqt:** Suraj nikalne ke 15-20 minute baad se zawaal se pehle tak.
2. **Rakat:** Kam se kam 2 rakat, zyada se zyada 8 rakat (2-2 rakat karke).
3. **Niyyat:** Niyat dil ke irade ka naam hai zubaan se adaa karna nahi hai
4. **Tarteef:** Har rakat mein Surah Fatiha ke baad koi bhi surah parhein, phir rukoo, sajda aur baqi namaz aam tarteef se poori karein.

Ye ek hi Namaz ke kayee Naam hai

ISHRAAQ
CHASHT
AWWABEEN

In tamaam ke auqaat (yani kab padhein)

ISHRAAQ - Fajr ki namaz ke baad suraj tuloo hone ke 15 - 20 minutes ke baad ye namaz padhi jaye zawaal se pehle tak



yani suraj bilkul sar par ajaye bich me usse pehle ye namaz adaa kar lena hai

CHASHT - suraj tuloo (sunrise) ke 1 – 1.30 ghante (approximately) baad se lekar zawaal se pehle tak

AWWABEEN - suraj tuloo ke 3 -.30 ghante (approximately) baad se lekar zawaal se pehle tak

NOTE - Ye teeno ek hi namaz ke alag alag naam hai, waqt ke aitebar se in ke naam alag hai, ye namaz 2 rakat karke padhna hai aur maximum 8 rakatein, ye tamaam namazein sirf subha ko hi padhne ke mutalliq ahadeeson se sabit hai...maghrib ke baad nahi...pehle ke tamaam PDFS ke liye humare academy ke WEBSITE me visit karen