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# **TAHAARAT AUR QAZAAYE HAJAT KE ADAAB**

**(Toilet/wahroom)**

**Islam ne har chhoti se chhoti cheez ke adaab bataye hain,  
jin mein ek aham masla qazaaye haajat (toilet ya  
washroom) ke adaab hain. Yeh adaab na sirf safai aur  
taharat ke liye zaroori hain balki deen ki mukammal  
taleemat ka hissa bhi hain. Niche kuch aham adaab daleel  
(hadees) ke sath bayan kiye ja rahe hain:**



## 1.Qazaaye Haajat Se Pehle Dua Padhna

Nabi ﷺ jab washroom ya toilet mein daakhil hote to yeh du'a padhte:

**اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْخُبُثِ وَالْخَبَائِثِ**

"Allahumma inni a'uzu bika minal khubuthi wal khaba'ith."

(Ya Allah! Main tujh se buri aur napaak cheezon se panah maangta hoon.)

□ (Bukhari: 142, Muslim: 375)

## 2.Dakhil Hone Ke Liye Bayaan Karda Tarika

Baayein (left) paon se toilet mein daakhil hona aur daayein (right) paon se baahar aana.

□ (Abu Dawood: 30, Tirmidhi: 61)

## 3.Qibla Ki Janib Rukh Na Karna

Nabi ﷺ ne farmaya:

"Jab tum qazaaye haajat karo to na qibla ki taraf munh karo aur na hi peeth, balki mashriq ya maghrib ki taraf ho jao."

□ (Bukhari: 394, Muslim: 264)

## 4.Toilet Mein Baat Na Karna

Nabi ﷺ ne farmaya:

"Jab do aadmi qazaaye haajat ke liye niklein to ek doosre se baat na karein, kyunki Allah isko pasand nahi karta."

□ (Musnad Ahmad: 9981, Abu Dawood: 15)



## 5.Kapde Aur Satar Dhakna

Toilet ya washroom mein be-hayaai se bachna aur jitna zaroori ho utna hi libaas hatana.

(Abu Dawood: 14)

## 6.Dahine (Right) Haath Ka Istemaal Na Karna

Nabi ﷺ ne farmaya:

"Tum mein se koi apne dahine haath se istinja na kare."

(Muslim: 267)

## 7.Istinja Ka Behtareen Tareeqa

**Paak pani ya patthar ka istemal karna.**

(Muslim: 262)

**Teen baar ya zyada baar safai karna jab tak bilkul paak na ho jaaye.**

(Bukhari: 156, Muslim: 237)

## 8.Baahar Aate Waqt Ki Du‘a

Jab toilet se niklein to yeh du‘a padhein:

**خُفْرَانَكَ**

**"Ghufraanaka"**

(Ya Allah! Main Teri maghfirat ka talib hoon.)

(Tirmidhi: 7, Abu Dawood: 30)



## Ya ek aur dua:

الْحَمْدُ لِلَّهِ الَّذِي أَذْهَبَ عَنِ الْأَذَى وَعَافَانِي

"Alhamdulillahil-lazi azhaba 'annil aza wa 'aafaani."

(Shukr hai Allah ka jisne mujhse ghalazat door ki aur mujhe aafiyat di.)

□ (Ibn Majah: 301, Abu Dawood: 30)

## 9. Toilet Mein Koi Pak Cheez Na Le Jaana

Qur'an ya Allah ka zikr likha hua koi cheez toilet mein le jaana mana hai.

□ (Ibn Majah: 308, Tirmidhi: 7)

## 10. Toilet Mein Dair Na Karna

Bina wajah dair karna mustahab nahi hai. Jaldi nikalne ki koshish karna

## 11. Awaaz Neechi Rakhna

Toilet mein unchi awaaz se bolna, hansna ya gaana gun gunaana durust nahi. Yeh be-adabi aur gheyr zaroori hai.

□ **Dalil:**

Nabi ﷺ ne farmaya:



"Agar tum mein se koi qazaaye haajat kar raha ho to chup rahe aur kisi se baat na kare."

□ (Abu Dawood: 15, Ibn Majah: 342)

## 12. Hawa kharij Ya Toilet Jaane Ko Mazaakh Na Banana

Islam mein haya aur sharm ki taakeed ki gayi hai, is liye is tarah ki baatein mazahak mein bhi na ki jayein.

□ **Dalil:**

Nabi ﷺ ne farmaya:

"Agar tum mein haya (sharm) nahi to jo chahe karo."

□ (Bukhari: 3484)

## 13. Bayaan Karda Jagah Par Qazaaye Haajat Na Karna

Khuli jagah ya raste, pani ke chashme, dariya, ya logo ke guzarnay ki jagah par qazaaye haajat karna mana hai.

□ **Dalil:**

Nabi ﷺ ne farmaya:

"Do cheezein laanat ka sabab banti hain:

- 1) Raste ya logo ke baithne ki jagah qazaaye haajat karna.
- 2) Rukay hue paani (jo behta na ho) mein peshab ya paikhana karna.

□ (Muslim: 269, Abu Dawood: 26)

## 14. Baayein Haath Se Istinja Karna



Islam ne safai ka mukammal tareeqa bata diya hai. Istinja ke liye sirf baayein (left) haath ka istemal karna chahiye.

#### **Dalil:**

Nabi ﷺ ne farmaya:

"Apni qazaaye haajat daayein haath se na karo, aur na hi daayein haath se istinja karo."

 (Muslim: 267, Bukhari: 154)

## **15.Kapron Ko Napaak Hone Se Bachana**

Toilet ya washroom use karte waqt kapdon ko napaak hone se bachana zaroori hai.

#### **Dalil:**

Nabi ﷺ ne farmaya:

"Qabar ke azaab ka ek bada sabab kapron ko peshab se na bachana hai."

 (Bukhari: 211, Muslim: 292)

## **16.Khaana Ya Pani Pine Ke Doran Toilet Ka Zikar Na Karna**

Khaane ke dauraan ya paani peete waqt nafrat phelane wali baatein, jaise toilet ya washroom ka zikar, nahi karna chahiye.

#### **Dalil:**

Nabi ﷺ ne farmaya:

"Taharat ka zikr aise jagahon par na karo jo iske laayiq na ho."

 (Abu Dawood: 30, Tirmidhi: 61)



## **17. Maghrib ke waqt aur raat ke waqt khule mein qazaaye haajat karna pasandida nahi hai kyunki is waqt shayateen nikalte hain.**

### **□ Dalil:**

Nabi ﷺ ne farmaya:

"Maghrib ke waqt darwaze band kar diya karo aur Allah ka naam le liya karo, kyunki is waqt shayateen nikalte hain."

□ (Bukhari: 3304, Muslim: 2012)

## **18. Bayaan Karda Jagah Par Hi Qazaaye Haajat Karna**

Aisi jagah par toilet na karein jahan log guzarte hon, baithte hon, ya jahan pani jama hota ho.

### **□ Dalil:**

Nabi ﷺ ne farmaya:

"Raste mein aur thande pani ke chashme mein qazaaye haajat na karo."

□ (Abu Dawood: 26, Ibn Majah: 328)

## **19. Toilet Ke Andar Ya Qareeb Namaaz Na Padhna**

Toilet ya uske qareeb kisi jagah namaaz padhna ya Qur'an ki tilawat karna manaa hai.



### ❑ Dalil:

Nabi ﷺ ne farmaya:

"Gandi jagahon par namaaz na padho."

❑ (Abu Dawood: 492, Ibn Majah: 746)

## 20. Toilet Mein Mooh Upar Ki Taraf Na Karna

Toilet ya washroom mein chhat/upar ki taraf ya aasman ki taraf dekhna pasandida nahi hai.

### ❑ Dalil:

Nabi ﷺ ne farmaya:

"Jab tum qazaaye haajat karo to Allah(s.w.t) ki taraf nazar na uthao."

❑ (Muslim: 267, Abu Dawood: 14)

## 21. Toilet Ka Istemaal Sirf Zaroorat Ke Liye Karna

Toilet sirf qazaaye haajat ke liye istamaal karna chahiye, wahan faaltu baithna, mobile chalana ya ghoorna pasandida nahi.

### ❑ Dalil:

Nabi ﷺ ne farmaya:

"Apni zaroorat puri karo aur jaldi se wahan se nikal jao."

❑ (Muslim: 269, Abu Dawood: 30)

## 22. Istinja Ke Baad Hathon Ko Achhe Se Dhona

Toilet se nikalne ke baad haath achi tarah dhona zaroori hai taake har kism ki napaaki door ho.



### □ Dalil:

Nabi ﷺ ne farmaya:

"Tahaarat (Paaki) aadha imaan hai."

□ (Muslim: 223)

**NOTE - PEHLE KE TAMAAM PDFS KO DEKHNE KE LIYE  
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KAREN**