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ITIKAF (E'tikaf) KA BAYAN

QUR'AN SE DALEEL

وَلَا تُبَاشِرُوهُنَّ وَأَنْتُمْ عَاكِفُونَ فِي الْمَسَاجِدِ

Aur jab tum masjidon mein E'tikaaf mein ho to apni biwiyon se hum-bistari na karo." (Al-Baqarah, 2:187)



HADEES SE DALEEL

Sahih al-Bukhari (Hadees No. 2044): Hazrat Abdullah ibn Umar (RA) se riwayat hai ke Rasulullah ﷺ ne farmaya: "Jo shaks e'tikaaf karta hai, Allah uske aur uske darmiyan har buri cheez ko door kar deta hai."

Sunan al-Tirmidhi (Hadees No. 791): Hazrat Abu Huraira (RA) se riwayat hai ke Rasulullah ﷺ ne farmaya: "E'tikaaf karne wale ka amal roza rakhne wale aur ibadat karne wale ka amal jaisa hai jo ghaflat mein nahi hota."

Musnad Ahmad (Hadees No. 23379): Nabi ﷺ ne farmaya: "Jo shaks Allah (s.w.t) ki razamandi ke liye e'tikaaf karta hai, uske liye Allah ne jannat mein ek mahal banaya hai."

Masjid mein Itikaf

E'tikaaf ka asal maqam masjid hai, jahan farz namazein jama'at ke saath ada hoti hain. Hazrat Aisha (RA) ka bayan hai: "Rasulullah ﷺ ke ahle khana bhi unke baad masjid mein e'tikaaf karte the." (Sahih al-Bukhari, Hadees No. 2026)



Mehram ki Ijazat

Aurat ka E'tikaaf mehrom ki ijazat ke bagair sahi nahi hai. Hazrat Aisha (RA) se riwayat hai ke Nabi ﷺ ne kuch auraton ko masjid mein E'tikaaf karne ki ijazat di thi. (Sahih Muslim, Hadees No. 1172)

Tahaarat ka Khayal

Aurat ka paak hona zaroori hai. Haiz (maheene ke dinon) mein E'tikaaf jaiz nahi hai. Hazrat Aisha (RA) ka bayan hai: "Aurat haiz ke dauraan E'tikaaf nahi karegi (Sahih al-Bukhari, Hadees No. 2027)

Itikaf ek Sunnat Amal hain

Sahih al-Bukhari (Hadees No. 2026): Hazrat Aisha (RA) ne farmaya: "Nabi (saw) har saal Ramadan ke aakhri das din e'tikaaf mein guzarte the, aur jab unka inteqal hua, toh unki biwiyon (R.A) ne bhi e'tikaaf kiya."

Yeh hadees E'tikaaf ke sunnat hone ka saboot hai.

ITIKAF KE LIYE MASJID ME KHEMA LAGANA



Sahih Muslim (Hadees No. 1172): Hazrat Aisha (RA) farmati hain: "Jab Nabi (saw) E'tikaaf karte, toh unke liye ek chhoti si chhatri masjid ke andar laga di jati thi, aur woh wahan reh kar sirf Allah ki ibadat karte the."

Is hadees se pata chalta hai ke E'tikaaf ke doran insaan ko duniya ke maamlaat se alag ho kar Allah ki ibadat mein mashgool rehna chahiye.

MASJID ME HI ITIKAF ME BAITHNE KI DALEEL

Sahih al-Bukhari (Hadees No. 2033): Hazrat Aisha (RA) se riwayat hai ke Rasool Allah ﷺ ne farmaya: "E'tikaaf karne wale ka amal yeh hota hai ke woh masjid se bina kisi zarurat ke bahar nahi nikalta."

AURAT KA ITIKAF MASJID ME HI HONA CHAHIYE ISKI DALEEL

Sahih al-Bukhari (Hadees No. 2033): Hazrat Aisha (RA) farmati hain: "Rasool Allah ﷺ E'tikaaf karte, aur unki biwiyon (R.A) ke liye masjid mein kheme lagaye jaate the. Jab unki biwiyon ne bhi E'tikaaf ki niyat ki, to Nabi ﷺ ne irshad farmaya ki kheme lagaye jaayein."



Sahih al-Bukhari (Hadees No. 2026): Hazrat Aisha (RA) riwayat karti hain:
"Rasool Allah (saw) har saal Ramadan ke aakhri das din masjid mein E'tikaaf karte the. Jab unka inteqal ho gaya, to unki biwiyon (R.A)ne bhi E'tikaaf kiya."

NOTE - In tamaam daleelon ki Roshni mein malum hua ke Itikaf me baithna ye SUNNAT amal hai aur Nabi kareem (saw) humesha apni zindagi me itikaf kiya karte the aur Aap (saw) ke baad bhi Aap (saw) ke ghar walein aur Aap (saw) ke ahliyaan(biwiyaan) humari maein Radhi Allahu anhuma ye taam bhi itikaf kiya karti thin...aur in daleelon se ye bhi malum hua ke itikaf Sirf Masjid me hi karna hai (yani baithna hai), aur Auratein bhi Sirf Masjid me hi itikaf karenge ghar par nahi ye bhi sabit hua...aur auraton ke liye unke mehram ki ijazat zaruri hai aur masjid me auraton ki alag se pardah ka intezaam hona zaruri hai aur masjid me khema lagaya jana chahiye itikaf ke liye

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