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## **MISWAK KI FAZEELAT**

**Nabi e Kareem (SAW) ne farmaya, "Agar meri ummat par mushkil na hoti, to main unhein har namaz se pehle miswak karne ka hukm deta." (Bukhari: 887, Muslim: 252)**

**Hazrat Aisha (RA) se riwayat hai: Nabi (SAW) ne farmaya, "Miswak mooh ko saaf aur Allah ki raza ka sabab banta hai." (Bukhari: 888)**

1. **Mooh ki safai:** Miswak istemal karne se mooh saaf hota hai aur germs door hote hain.
2. **Masooron ki hifazat:** Miswak masooron ko mazboot banata hai aur khoon behne se rokta hai.



3. **Sans mein taazgi:** Miswak istemal karne se sans taaza aur khushboo daar hoti hai.
4. **Dantoon ki mazbooti:** Miswak se dant mazboot aur chamakdaar hote hain.
5. **Dantoon ke dariyon se hifazat:** Miswak istemal karne se dantoon ke dariye kam hote hain.
6. **Munh ke cancer se hifazat:** Miswak istemal karne se munh ke cancer ka khatra kam hota hai (In Shaa Allah)
7. **Rasool Allah (SAW) ki Sunnat:** Miswak istemal karna Nabi (SAW) ki Sunnat hai aur isse sawab milta hai.
8. **Sehat ke liye mufeed:** Miswak istemal karne se mooh aur masooron ki bemariyon se hifazat hoti hai aur sehat acchi rehti hai.

**NOTE – Miswak karne ke bahot fayede hai, mooh ki safai ke sath sath Allah Tabaarak Wa Ta'ala ko Raazi karne ke A'maal me se ek hai, Alhamdulillah**