
ABOUT 1:1 NLP TRAINING

It is important to have an open mind and be willing to try out new approaches.

Sometimes what you think will work, doesn't but something you think can't possibly help, actually works easily.

Most people don't even think about one-to-one (1:1) training at first, but over our years of providing courses and individual training, we have found that the 1:1 approach is by far the most powerful method. One-to-one combines the best of NLP training and coaching. It enables you to work towards your goals and learn

a new attitude and skill set that will be useful throughout your life and career.

The training starts with two NLP objective setting sessions to give you the chance to clarify what would make it useful to you. You can check for yourself that this approach will genuinely help you move towards your goals.

You will be shown how to add your goals and milestones to the CoachingCloud on-line coaching and mentoring platform. These goals will develop and evolve throughout the training, they enable you to set the direction you are heading (and change it if you wish).

Most delegates opt for a 2-3 hour session every two weeks either face-to-face or on Skype, together with occasional reading assignments and tasks between sessions. The length of training depends on the specific programme. For example, NLP Practitioner accreditation takes six months, subject to satisfactory progress.

Included in your course fees is attendance at advanced NLP 1-day workshops every 3 months during your training. These give a safe environment to practice and network with other delegates and established practitioners.

NLP CERTIFICATION

We provide NLP Certification accredited by the Society of NLP, the original certification body formed by NLP Co-Founder Richard Bandler.

With the SNLP, you can be assured that your certificate and your skills will always be up to date and recognised throughout the world.

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