You can watch the steps here also:

https://www.youtube.com/watch?v=DBhXML5nsto&feature=youtu.be

Steps to follow:
1) Deploy the contracts using truffle migrate --reset
2) Take the token address and add it to the wallet using add custom token and dappToken address from ganache, it will show 25000 UB Crypto in your wallet
3) Take the CrowdSale contract address from ganache, it would come once it gets deployed, transfer 25000 UBCrypto from creator account to crowd sale contract address
4) Now you are all set, the main point is after creating the contracts, 25000 UB crypto will be in contract creator wallet/ account1, you need to send it to crowd sale contract so crowd sale works
5) Use Account1/ Contract creator address to enableCrowdSale
6) Switch to another account to buy tokens, enter the number of tokens to buy, it will be bought according to the current exchange rate.
7) Switch back to creator account to change exchange rate/ change crowd sale end time
8) Crowd sale end time is in secs that you should update, it will get updated like now+end time
9) Done you can keep buying tokens until crowd sale ends/ reopen crowd sale using update crowd sale end time