

Gopi Karishma Bhakta

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Education

CURRENT- 2025

PsyD Clinical Psychology

The Chicago School of Professional Psychology, D.C.

2022

M.A. Clinical Psychology

The Chicago School of Professional Psychology, D.C.

GPA: 3.7

2019

B.A. Psychology

University of Texas at San Antonio – San Antonio, TX

Minor: Business Administrations

GPA: 3.5

Research Experience

Research Assistant

Department of Psychology – Social Psychology

University of Texas at San Antonio

2018-2018

Responsibilities: I assisted Dr. Bray in researching the biases in transgender communities and why they are created. My responsibilities included data collection, data entry, surveying participants, thesis writing, & data analysis.

Research Assistant

Department of Psychology – Neuropsychology

University of Texas at San Antonio

2018-2019

Responsibilities: I assisted Dr. Swan in researching the prevalence of vestibular dysfunctions and their associations with TBI in 9/11 Veterans. My responsibilities included data collection, SPSS data entry, data analysis, & report writing with a group of students.

Dissertation

Clinical Psychology, PsyD Program

The Chicago School of Professional Psychology, Washington, D.C.

2021-CURRENT

Topic: Shame and Guilt in the Parents and Caregivers of Children with Epilepsy.

Work Experience

ASSISTANT – PSYCHIATRY DEPARTMENT (Surat, Gujarat, India)

MOTI AAROGYA DHAM CLINIC

JANUARY 2019 – AUGUST 2019

Working with several mental health counselors and psychiatrists in the area. Learned forms of therapy and psychopharmacology in treating substance abuse disorders, personality disorders, and learning disabilities. Witnessed the administration of the Rorschach Assessment on adolescents.

MENTAL HEALTH COACH (Stafford, Texas, USA)

FULSHEAR TREATMENT TO TRANSITION

AUGUST 2019 - AUGUST 2020

Worked with women who were in treatment for substance abuse, personality disorders, learning disabilities, trauma-related disorders, and attachment disorders. Created relationships with clients, generate treatment plans with their therapists, and aided them in creating healthy relationships, coping mechanisms, and having a healthy lifestyle. Observed C-SSRS, MMPI-2, and Myers-Briggs assessments on adolescents.

CRISIS MANAGEMENT ASSISTANT (Panama City, Panama, Panama)

CLINILAB PANAMA

NOVEMBER 2020 - JULY 2021

Identifying, assessing, and intervening in crisis situations in the mental health and emergency departments.

Developing intervention strategies and trainings for staff. Also, able to shadow psychiatrist when she assesses patients using the Generalized Anxiety Disorder (GAD-7), Myers-Briggs, and AAMR Adaptive Behavior Scales (ABS-II).

PSYCHOMETRIST (Fairfax, Virginia, USA)

NEUROLOGY CENTER OF FAIRFAX, LTD.

SEPTEMBER 2022-CURRENT

Administering, scoring, and interpretation of cognitive tests for older adults with traumatic brain injury, neurological disorders, behavioral disorders, etc.

Externships/Internships

PRE-DOCTORAL CLINICAL EXTERN - ASSESSMENTS

NEUROPSYCHOLOGY ASSOCIATES OF FAIRFAX, LLC

AUGUST 2021-AUGUST 2022

Observing clinical interviews, administering neuropsychological assessments, scoring assessments, and writing reports of patient's test results, brainstorming diagnosis for patients, and providing recommendations for treatment. Learning the brain and behavioral patterns for disorders including attention deficit, cognitive deficits, seizures, dementias, Parkinson's, etc. Participate in didactic presentations and case conceptualizations and fact finding addressing various neurological concern.

PRE-DOCTORAL CLINICAL EXTERN - THERAPY

MIND BODY CONNECTION, INC.

AUGUST 2023-AUGUST 2024

Tasks include conducting assessments, offer therapy, create treatment plans, and get supervised by licensed professionals. I work with a diverse population, serving ages from 0 to 99 years. I employ various therapy modalities and address a wide range of psychological disorders. This training, set in diverse clinical environments, bridges my academic knowledge with real-world experience, preparing me for a career as a licensed psychologist.

Activities/Volunteer Experience

- 2018: Volunteering at South Texas Veterans Health Care Systems
Volunteered in the neuropsychology department - witnessed administration of assessments for PTSD and trauma. Studied neurological and psychological patterns in Veterans who had been deployed to conflict zones in Afghanistan.
- 2019: Volunteered at an orphanage in Ambaji, Gujarat (India) for the physically and mentally disabled children.
Learned how communication skills with children and adolescents, my role was to teach them coping mechanisms and healthy living skills.
- 2020: Crisis Text Line: Crisis Counselor (Volunteer)
Trained in managing crisis over text: deescalating crisis situations, helping clients manage their anxiety, find further help if needed.

ACADEMIC PRESENTATIONS:

2018: Undergraduate Research Paper

Neuropsychological Effects of Child Abuse: Neglect, Sexual, And Physical Abuse.

2018: Thesis Writing

Biases Within Transgender Communities.

2020: Graduate Research Paper

Psychopathology of Dissociative Disorders: Prevalence, Etiology, Epidemiology, Treatment.

2021: Case Conceptualization

Neuropsychological Testing Report/Presentation: Patient with Parkinson's and Cerebral Palsy.

2021: Case Conceptualization

Patient Presenting with Narcissistic Personality Disorder.

2021: Psychoeducation Presentation

Epilepsy in Children, Adults, and Treatment Outcomes.

2021: Didactic Presentation

Pediatric Epilepsy and The Effects on Adolescent Behaviors.

2022: Case Conceptualization/Didactic

Neuropsychological Testing: Patients with Epilepsy, Stroke, and Mood Behavior Disorders.

2022: Case Conceptualization: Psychodynamic Orientation

Patient Presenting with Borderline Personality Disorder.

2023: Didactic/Psychoeducation Presentation

Understanding Mental Health, Its Effects, And the Stigma Surrounding It.
Effects of Culture and Religion on Adolescent Mental Health.

Associations:

2019-CURRENT: Student Member

American Psychology Association

2019-CURRENT: Student Member

Hispanic Neuropsychological Society

2021-2022: Executive Board Member

Neuropsychology Interest Group (The Chicago School of Professional Psychology, D.C.)

2022-Current: President

Neuropsychology Interest Group (The Chicago School of Professional Psychology, D.C.)

Skills

Academic presentations

Academic writing

Cognitive testing

Neuropsychological testing

Report writing

Crisis management

Problem-Solving

SPSS data entry

Fluent in: English, Spanish, Gujarati, Punjabi, Hindi, Urdu.

References

Dr. Alison Fedio, PhD, PsyD

The Chicago School of Professional Psychology

afedio@thechicagoschool.edu

Dr. Catherine Bergmann, PsyD

Neuropsychology Associates of Fairfax, LLC.

Office: 703-876-0966

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Dr. Mary-Beth Quig, PhD

Neuropsychology Associates of Fairfax, LLC.

Office: 703-876-0966

mquig@neuropsychologyfairfax.com

Dr. Cynthia Sullivan, PhD

Neuropsychology Associates of Fairfax, LLC.

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