

# Phase 5 — Technical Documentation

LLM-Driven Rehearsal, Subgoal Reuse Analysis, and Cost-Aware Gating

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Date: 20-01-2026

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## 1. Overview

Phase 5 introduces the first *mechanism-level* contributions of the project. Whereas earlier phases establish feasibility (Phase 1), alignment (Phase 2), continual learning behavior (Phase 3), and component necessity via ablations (Phase 4), Phase 5 formalizes *why* the system works by introducing explicit rehearsal, reuse, and cost-control mechanisms.

This phase operationalizes the hypothesis that **language-mediated abstractions can serve as durable, reusable memory in continual reinforcement learning**, reducing catastrophic forgetting while improving adaptation speed.

## 2. Objectives

The primary objectives of Phase 5 are:

- Introduce a principled rehearsal mechanism based on abstract subgoals rather than raw trajectories
- Quantify transfer across tasks using a formal Subgoal Reuse Ratio
- Reduce catastrophic forgetting observed in Phase 3 baselines
- Control LLM interaction cost via a learned gating mechanism

Phase 5 is designed to produce *novel, publishable insights* rather than incremental engineering improvements.

## 3. Conceptual Motivation

Traditional experience replay stores low-level transitions that are tightly coupled to specific environments. Such replay often fails under distribution shift and contributes to interference in continual learning.

Phase 5 replaces low-level replay with **LLM-generated subgoal rehearsal**, where high-level intent is preserved while irrelevant stochastic detail is discarded. This abstraction enables reuse across tasks, environments, and noise regimes.

## 4. System Components

Phase 5 consists of five interacting subsystems:

1. **Aligned Phi-2 Subgoal Generator**  
Generates canonical, executable subgoals conditioned on environment state.
2. **Deterministic Subgoal Parser and Validator**  
Ensures syntactic and semantic executability of generated subgoals.
3. **Synthetic Rehearsal Repository**  
Stores validated subgoal traces indexed by task and seed.
1. **Continual PPO Agent**  
Executes subgoals using intrinsic reward shaping.
2. **Cost-Aware Gating Policy (Optional)**  
Controls when to query the LLM.

Each component is independently ablatable, supporting rigorous scientific evaluation.

## 5. Synthetic Subgoal Rehearsal

### 5.1 Prompt Design

The LLM is prompted using structured templates enforcing a canonical subgoal vocabulary (e.g., GOTO, PICK, OPEN, DELIVER). Prompts include textual state summaries and explicit execution constraints to minimize hallucination.

### 5.2 Generation Strategy

- Temperature sweep: 0.0, 0.5, 0.8
- Nucleus or top-k sampling variants
- Multiple traces generated per task seed

### 5.3 Validation and Filtering

Generated subgoals undergo:

- Deterministic parsing into canonical tokens
- Lightweight environment simulation
- Length and timeout filtering

Only validated traces are retained for rehearsal.

## **6. Replay Integration**

### **6.1 Interleaved Replay**

Synthetic subgoal traces are sampled during online PPO training and injected as intrinsic reward signals. Replay batches are weighted by a tunable replay coefficient.

### **6.2 Pretraining Replay**

The agent performs offline gradient updates on rehearsal traces prior to learning a new task, biasing behavior toward reusable skills.

## **7. Subgoal Reuse Analysis**

### **7.1 Subgoal Reuse Ratio**

The Subgoal Reuse Ratio (SRR) measures the fraction of subgoals executed during new-task learning that appear in rehearsal traces from previous tasks.

### **7.2 Interpretability**

SRR enables causal analysis by linking reuse to adaptation speed and forgetting reduction, transforming qualitative intuition into quantitative evidence.

## **8. Gating Policy**

The gating policy determines when the LLM should be queried based on state embeddings, recent reward trends, and task identity.

Training approaches include:

- Supervised learning from Phase 4 logs
- Reinforcement learning with explicit query cost penalties

The gating policy enables efficient deployment without sacrificing performance.

## **9. Evaluation Protocol**

All Phase 5 experiments enforce strict controls:

- Identical task curricula
- Fixed compute budgets
- Shared PPO hyperparameters
- Multiple random seeds

## **10. Metrics**

### **Primary Metrics**

- Subgoal Reuse Ratio

- Forgetting Score
- Episodes-to-Threshold
- Query Cost Efficiency

### Secondary Metrics

- Subgoal execution accuracy
- Replay acceptance rate
- Wall-clock efficiency

## 11. Statistical Analysis

Results are reported as mean and standard deviation across seeds. Paired statistical tests and effect sizes are used to establish significance.

## 12. Failure Modes and Mitigations

- Hallucinated subgoals mitigated via constrained vocabularies and validation
- Negative transfer mitigated via replay weighting
- Excessive LLM cost mitigated via gating

## 13. Deliverables

Phase 5 produces:

- Runnable rehearsal and training scripts
- Reproducible configuration files
- Rehearsal datasets and LoRA adapters
- Paper-ready figures and tables

## 14. Role in the Full Research Program

Phase 5 serves as the *mechanistic core* of the project. It enables Phase 6 robustness evaluation, Phase 7 interpretability, and Phase 8 publication and release.

## 15. Summary

Phase 5 transforms LLM-guided hierarchical control from a promising idea into a defensible continual learning mechanism, providing the empirical and conceptual foundation for the remainder of the research program.