

MENTAL WELLNESS REDEFINED!

RAHAT

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Problem Statement

- Approximately **60 to 70 million** people in India are suffering from common and severe mental disorders, making it a significant public health concern in the country and according to WHO, depression is the leading cause of disability worldwide.



- Mental health disorders are on the rise globally, impacting individuals of all ages and backgrounds.
- **Access to mental health services remains limited,** and stigma surrounding mental illness persists.

Our Solution

ONE STOP SOLUTION!

We have developed a comprehensive Mental Wellness Web Application to address these challenges. Our platform offers a range of features aimed at promoting mental health awareness, providing support, and facilitating self-care practice

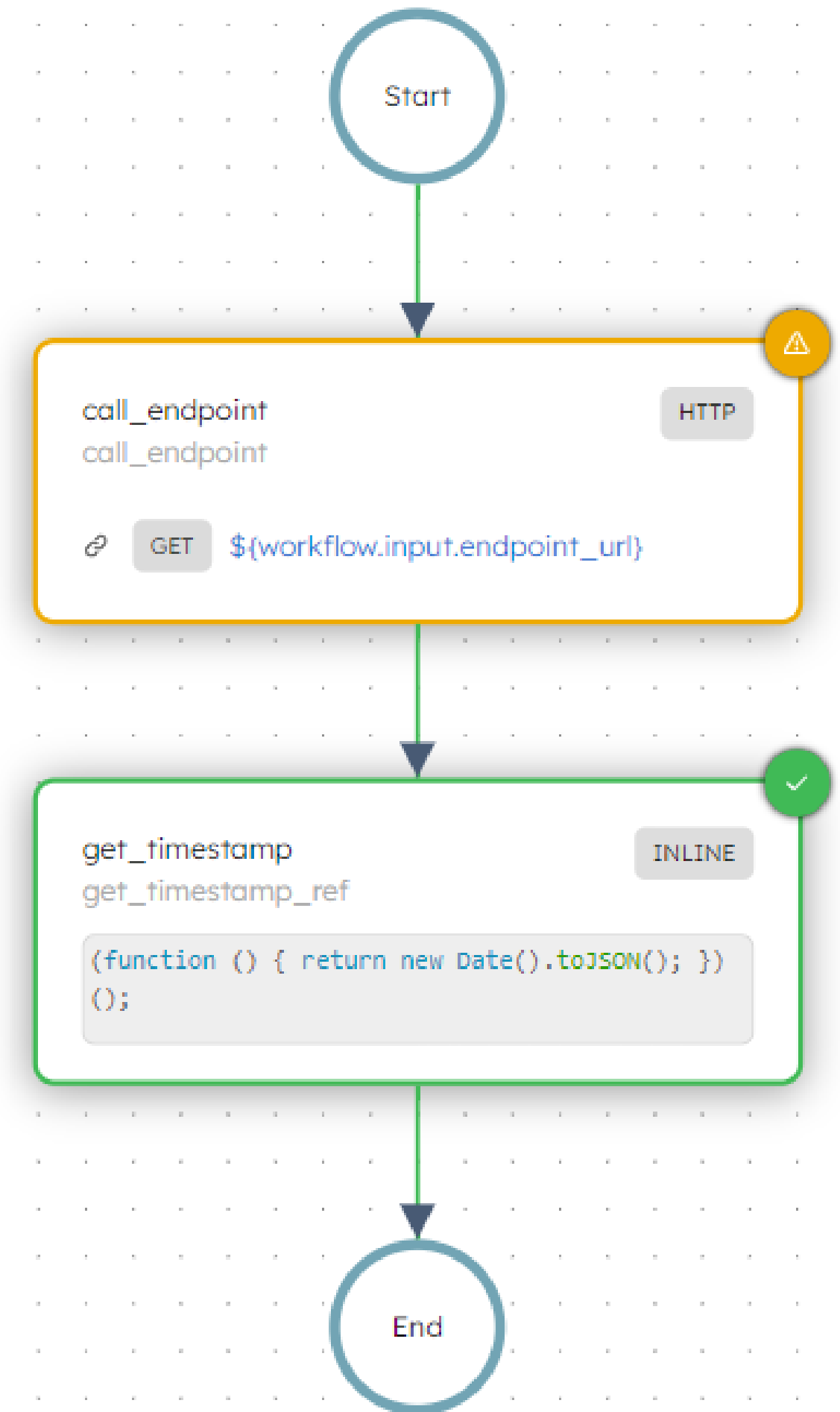
Purpose



- Educating through open dialogue to dismantle stigma and foster acceptance of mental health issues.
- Leveraging technology to offer accessible tools for prioritizing mental well-being.
- Providing a range of support resources, from articles to professional help, for comprehensive care.
- Creating a supportive community where individuals can seek help and share experiences freely.
- Addressing stigma and promoting early intervention for better recognition and support of mental disorders.



The Orkes Timestamp Integration seamlessly retrieves timestamps for workflow executions, ensuring accurate data for monitoring and analysis. Orkes helps us enhance user experience and system performance, optimizing workflow efficiency for improved service delivery and satisfaction.



Methodology

- Our methodology involves collecting a diverse dataset of text data, including social media posts, forums, and articles related to mental health.
- **FUTURE SCOPE** : Machine learning models, such as recurrent neural networks (RNNs), are trained on this data to identify linguistic markers associated with mental health issues using the timestamps and user interaction



DEMO



Future Scope

- Future enhancements include integrating real-time data streams for continuous monitoring.
- We plan to collaborate with mental health professionals to refine our model and ensure its clinical validity.
- Expanding our platform to include additional features such as personalized recommendations and intervention strategies.

I M P A C T

- Our project has the potential to revolutionize mental health support by providing scalable and personalized solutions.
- By reducing barriers to access and stigma, we can empower individuals to seek help and support when needed.
- Ultimately, our goal is to improve mental health outcomes and promote well-being for all.

Conclusion

- In conclusion, our project represents a significant step forward in addressing mental health issues using technology.
- We are committed to further developing and refining our model to make a positive impact on individuals and communities.
- Thank you for your attention and support.



THANK YOU!