**nlntk'/ lhNnf art tyf C0f ;xsf/L ;+3 lnld6]8**

**nugv]n, nlntk'/**

**;Dks{ M %%%#))!÷%%%#))&**

**sf]/f]gf dxfdf/L -sf]le8 !(\_ sf] nflu ;d:of klxrfg ljj/0f kmf/d**

**ldlt M @)&^÷)!÷!@**

xfn ;+;f/ e/L dxfdf/Lsf] ?kdf km}ln/x]sf] sf]/f]gf efO{/; -sf]le8 !(\_ sf] ;d:ofaf6 xfd|f] b]z g]kfn klg c5'tf] g/x]sf] ;Gbe{df pQm ;+qmd0faf6 aRg / arfpgsf nflu g]kfn ;/sf/n] ldlt @)&^ r}q !! b]lv ul/Psf] b]z JofkL ns8fpg ldlt @)&& j}zfv !% ut] ;Ddsf] nflu yk u/]sf] ;j{ljlwt} 5 . o; ;+s6sf] a]nf ;xsf/L If]q klg c5'tf] g/x]sf] cj:yfdf nlntk'/ lhNnf art tyf C0f ;xsf/L ;+3 ln= nlntk'/ lhNnfdf ;~rflnt art tyf C0f ;xsf/L ;+:yfx?sf] cljefjs ePsf] x'Fbf ;+3n] cfˆgf ;b:o ;xsf/L ;+:yf Pj+ nlntk'/ lhNnfdf ;~rflnt ;Dk"0f{ ;xsf/L ;+:yfx?n] cfˆgf ;b:ox?nfO{ k|bfg ul/Psf ;]jfx? Pj+ art ;+3af6 tTsfnLg cj:yfdf /fv]sf] ck]Iff ;lxt **sf]/f]gf dxfdf/L -sf]le8 !( sf] ;d:of klxrfg ljj/0f kmf/d** tof/ kfl/Psf] x'Fbf pQm kmf/d j}zfv @) ut] ;Dd ;+3sf] O{d]n **federation.lalitpur@gmail.com** dfkm{t k7fpg'x'g xflb{s cg'/f]w ul/G5 .

!\_ ;xsf/L ;+:yfsf] gfd M

@\_ 7]ufgf M

#\_ kmf]g g+=

$\_ O{d]n M

%\_ dxfdf/Lsf] ;dodf ;Dks{ ug]{ df]afO{n gDa/ M

^\_ ;+:yfdf cfj4 ;b:o ;+Vof M

&\_ ;+:yfsf] r}q d;fGt ;Ddsf] s'n sf/f]af/ /sd M

\*\_ ;+:yfsf] z]o/ k"+hL M

(\_ ;+:yfsf] r}q d;fGt ;Ddsf] lgIf]k /sd M

!)\_ ;+:yfsf] r}q d;fGt ;Ddsf] shf{ nuflg /sd M

!!\_ ;+:yfn] afx\o C0f lnPsf] eP s'n afx\o C0f /sd M

!@\_ ;+:yfsf] r}q d;fGt ;Ddsf] t/ntf /sd M

!#\_ ns8fpg ;dofjlw leq lkmtf{ ug'{kg]{ cg'dflgt lgIf]k /sd M

!$\_ ;+:yfn] sf]/f]gf efO{;af6 k|efljt cfˆgf ;b:osf] nflu u/]sf] ;xof]u ljj/0f M

!%\_ ;+:yfdf cfly{s ljkGg ePsf ;b:o ;+Vof M

!^\_ ;+:yf4f/f ;+3Lo ;/sf/÷k|b]z ;/sf/÷:yflgo ;/sf/n] :yfkgf u/]sf] sf]if jf cGo lgsfodf ;xof]u u/]sf] eP ;xof]u ljj/0f M

s\_

v\_

u\_

!&\_ nlntk'/ lhNnf art tyf C0f ;xsf/L ;+3 ln= af6 cNksflng C0f cfjZos eP cfjZos /sd M

!\*\_ nlntk'/ lhNnf art tyf C0f ;xsf/L ;+3 ln= af6 cNksflng C0f cfjZos eP cfjZos ldlt M

!(\_ ;+:yfn] s'g} k"j{lgwf{l/t sfo{qmd /2 u/]sf] eP ;f] sfo{qmd pNn]v ug'{xf]; M

s\_

v\_

u\_

@)\_ ;b:odf sf]/f]gf hf]lvd Go"lgs/0fsf] nflu s'g} cfGtl/s gLlt lgdf0f{ u/]sf] eP pNn]v ug'{xf]; M

@!\_ ns8fpg tyf sf]/f]gf k|sf]kaf/] ;b:o ;r]tgf sfo{qmd ;~rfng u/]÷gu/]sf] M

@@\_ ;r]tgf sfo{qmd ;~rfng u/]sf] eP s] s:tf sfo{qmd cfof]hgf u/]sf] M

@#\_ ns8fpsf] ;dodf sfof{no ;~rfng u/]÷gu/]sf] M

@$\_ ;b:ox?nfO{ shf{sf] ls:tf e'QmfgLdf 5'6 eP÷gePsf] M

@%\_ ;b:ox?nfO{ shf{sf] Jofhdf 5'6 eP÷ gePsf] M

@^\_ shf{ Jofhdf 5'6 eP slt Ü 5'6 ePsf] M

@&\_ ;b:ox?nfO{ cfs:dLs shf{ gLlt eP gePsf] M

@\*\_ cfs:dLs shf{ gLlt ePdf slt /sd lbg] ePsf] M

@(\_ nlntk'/ lhNnf art tyf C0f ;xsf/L ;+3 ln= af6 tTsfnsf] nflu ;+:yfn] u/]sf] ck]Iff j'bfut ?kdf pNn]v ug]{ M

s\_

v\_

u\_

3\_

ª\_

#)= ;+:yfn] tTsfnsf] nflu dflyNnf] lgsfoaf6 u/]sf] ck]Iff

|  |  |  |
| --- | --- | --- |
| qm=;+ | lgsfosf] gfd | ck]Iff |
| != | /fli6«o ;xsf/L dxf;+3 ln= |  |
| @= | /fli6«o ;xsf/L a}+s ln= |  |
| #= | g]km\:s"g |  |
| $= | nlntk'/ lhNnf ;xsf/L ;+3 ln= |  |

dxfdf/Laf6 pTkGg ;d:of ;dfwfgsf] nflu cfjZos ;xsfo{ ug'{ePsf]df xflb{s wGojfb .

**sf]/f]gf efO{/; -sf]le8 !(\_ sf] ;+qmd0faf6 cfkm' arf}+ / cfˆgf] kl/jf/ tyf ;a}nfO{ arfpm .**