



VIGNAN's INSTITUTE OF INFORMATION TECHNOLOGY
(AUTONOMOUS)

Re-accredited by **NAAC** with '**A**' Grade (CGPA of 3.41/4.00)
DUVVADA, VISAKHAPATNAM

PHYSICAL EDUCATION POLICY



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AIM: A Sport means an activity that is governed by a set of rules or customs and often engaged in competitively. Sports commonly refers to activities where the physical/ mental capabilities of the competitor are the sole or primary determinant of the outcome (winning or losing), but the term is also used to include activities such as mind sports and motor sports where mental acuity or equipment quality are major factors. Sport is commonly defined as an organized, competitive and skillful physical activity requiring commitment and fair play.

“SOUND BODY SOUND MIND”

OBJECTIVES:

1. Develop physically educated individuals who have the knowledge, skills and confidence to enjoy a lifetime of healthful physical activity.
2. Create awareness about sports activities and make students outstanding athletes by giving coaching in different sports disciplines
3. Prepare students to participate in inter university/ National level
4. Provide quality instruction that will enhance students' critical thinking and creativity for them to be more appreciative of good health and skilful performance.

SERVICES PROVIDED:

Along with the goal of academic excellence, the college aims at developing talent of its students in sports and cultural activities to seek their holistic development. As in academics, physical education in college makes way for national & international level opportunities to the students and empowers them to succeed in the given opportunities. Physical Education and Sports not only create healthy individuals but also a healthy society. Therefore, sports culture can contribute to the nation-building process, being active in sports are the primary responsibility of the youth, but the college should provide them with all possible facilities for their development. The purpose of education is to develop skilled human resources by increasing capacity of individuals to achieve core competencies in their selected fields.

It must create a system to cater to diverse needs of individuals. Keeping in view of this goal, the College has to develop a network of systems in multi-areas of sports and cultural domain along with academics to provide wider choice to individuals for their versatile & multidimensional growth. Ultimately the mission is to bestow the nation with excellent sportsmen & artists and contribute towards building good human resource of the nation.



Thus, the following services may be rendered by a Physical Education Department in the colleges.

1. To counsel the students and help them to handle difficult situations.
2. To educate and encourage students about utilizing the available sports facilities and equipment's.
3. To conduct classes of physical activities such as yoga, aerobics, games and sports etc for mass participation (comprising every student of every class).
4. To teach, coach and train students in athletics, major sports and games. Possible areas of training, coaching services, could be identified by the colleges pertaining to facilities available and support the students in any of sports, games and Physical activities.
5. To take measures and help students to overcome disciplinary problems.
6. To inspire students by real life stories of successful sportsmen and aid them to take up challenges.
7. To channelize the energy and leisure time of students towards worthwhile healthy practices.
8. To educate students about various job opportunities in the field of Physical Education.
9. To provide first aid facilities in the Colleges and first aid training for students
10. Enlighten colleagues about the latest trends and innovations in the field of health, fitness and sports.
11. Discussions about what physical education comprises of and how best it can aid in academic achievements of the students.
12. Motivate and educate fellow colleagues to involve themselves in sports activities.
(Utilize sports facilities and equipment's available.)
13. To act upon the feedback of sports committee
14. To assist the activities of NCC, NSS, Red Cross, Scout & Guides etc., in the college.
15. Provide consultancy services, if any, such as assisting local bodies/ youth services dept. etc., in conducting sports competitions.

BEST PRACTICES:

1. Physical fitness is made part of Curricular.



2. To counsel and guide students in fitness related issues.
3. To coach students who are highly competitive for participation in inter university, state, national and international competition.
4. To have MOU with sports clubs and associations.
5. To conduct Certified First-aid training programmes for students.
6. To conduct special coaching camps during vacation.
7. To promote mass participation of students in activities enhancing health related fitness.
8. The activities and achievements of the P.E. Department to be displayed in the college notice boards, college website, etc.,
9. To plan and acquire funds/facilities for sports development.

Feedback shall be collected on all aspects of sports facilities through suggestion box, feedback forms and physical education services evaluation forms. Appropriate action to be initiated regularly on the suggestions received from the stakeholders.

Procedure for Borrowing Sports Equipment:

1. College Team member can get one set of sports and games dress for the course time.
2. Sports and Games material can be issued to the students by submitting the valid ID Card.
3. Physical Education Director can take back the issued sports materials anytime if required by some other students.
4. The student or group of students is responsible for the sports material borrowed in his/her ID card.
5. If any material is lost, the student or group of students will be charged for replacing the same brand material. The replacement of material will be reflected in the stock register.
6. Students can use the sports & game room when they are required with the permission of the concerned coordinator of sports.

Rules and Regulations

1. A student can borrow the sports material by submitting his/her I D card and should sign in the movement register.



2. In case of any damages made to the sports material, the Physical Education Director has the authority to collect the same material from the student and the nature of damage will be assessed.
3. The student cannot use the issued sports material outside the campus.
4. T.A.& D.A. will be provided Physical Directors and to the players who are representing for the Inter university and zonal level selections
5. T.A. & D.A. will not be provided to players who are representing for the College fests anywhere. College will provide only NOC and Eligibility Certificate for such players.
6. The Physical directors need to inform the dates of tournament 3 to 4 days before the commencement of sports events.
7. Maximum of 5 members will be allowed for individual events.
8. **For physical directors:** II nd / Sleeper Class Railway fare with reservation charges on concessional rates from and to the place of start and in emergency full Railway fare if concession is not available. D.A. at the rate of Rs. 150/- per day inclusive of all allowances
9. **For players :** The IInd / Sleeper Class Railway fare / Bus fare at concessional rates is admissible to a player of the Institute team to go back to his place from the place of start, after his return from the Inter-University Tournament and in an emergency full Railway fare shall be paid to him, if concession is not available. OD is also granted to players for the sake of
10. Travelling in connection with tournaments shall be performed by the shortest route unless otherwise permitted by the Coordinator of Sports.
11. The team including Physical directors may reach the place of competition 24 hours before the scheduled time for competition and stay at the place of competition 24 hours after their last engagement and shall be entitled to D.A. during these periods. In case of journey exceeding 1000K.M. the team may be allowed to reach 48 hours before the first fixture for which they shall be entitled to D.A. In all cases, the stay at the Venue shall not be more than 24 hours after their last engagement.



CAMPUS SPORTS GROUNDS BOOKING CONDITIONS:

1. All bookings must be made through the **Department of Physical Education, Vignan's Institute of Information Technology(VIIT), Visakhapatnam**. Bookings will be confirmed in writing when secured by payment of a percentage of the total booking fee. The balance must be paid on or before the date of hire. Cash and DD payments are accepted. All DD's should be made payable to **Vignan's Institute of Information Technology, Visakhapatnam**.

Sr.No.	Category	Booking Rates
1.	Vignan's group of Institution Students	Free
2.	Other Educational institutions/Industries	Rs.10000/- per day

actions of the Sports staff or Security staff must be followed in the event of an emergency, evacuation, re-scheduling of courts, pitches and so forth.

3. Footwear: Only sports shoes are permitted. Strictly no studded boots on the futsal pitch and the grounds man will indicate if studs are permitted on the grass area due to adverse weather.
4. Equipment requirements must be specified at the time of booking. Late requests will result in additional expenses being added to the rental fee. Equipment such as goal posts, netting, etc. must not be moved from set locations unless under staff supervision.
5. Smoking and alcohol intake are strictly forbidden at the Sports facilities grounds. Food or drink is not permitted on or near the pitch surface, with the exception of water.
6. Care should be taken of personal property. VIIT, Visakhapatnam will not be held responsible for items lost or stolen.
7. Car parking is at owner's risk. Car parking facilities are not available on Campus.



8. VIIT, Visakhapatnam reserves the right to adjust its fees for hire at any time. Should these fees be raised during the period of a block booking, the user will not be obliged to pay the increased rate until that block booking period has ended.
9. Cancellation of standard bookings must be received with at least 48 hours' notice and for large events (more than 4 hours), 4 days' notice is required. Otherwise, payment is forfeited. A refund may be sought from the Sports Department Office, or where possible, bookings may be moved to an alternative date. For all refunds greater than 5000, a 10% administration fee will be applied.
10. Violation of the above booking conditions may result in the forfeiting of your booking and associated fees will still apply.

General instructions

1. Collect the sports material and meet the Physical Education director for more sports information.
2. Check the notice boards for the ongoing sports activities, sports news and calendar of events. Use the Sports Material in a proper manner and keep it in good condition.
3. If any student finds the sports material in the campus it is to be returned to the Department of Sports.
4. Keep the sports field neat and clean.
5. During the sports activities show the ID cards and Permission letter as and when authorities will ask

10. Intercollegiate Sports and Games Tournaments / competitions:

1. The method of the various tournaments / competitions shall be decided by the Committee.
2. The College will inform the about the information of various tournaments / competitions shall be conducted through various methods.
3. All the colleges shall inform the organizing college regarding their participation and shall submit the eligibility pro forma of the players before the commencement of the tournaments / competitions.
4. A lot of the tournaments / competitions will be drawn in presence of all team managers and organizing secretary. The detailed Programme of the tournaments / competitions will be decided by the organizing.
5. The Sports Committee shall allocate the responsibility to conduct the tournament / competition to any constituent college.



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6. The organizing college shall be responsible for its organization, supervision and conduct of the tournament / competition for this purpose. If required, the Principal of the organizing college shall appoint various committees. The chairman, Students' Representative Council shall be the organizing secretary.