Music & Mental Health Survey Dashboard

Anxiety 0.00 10.00

Insomnia 0.00 10.00

Depression 0.00 10.00

OCD 0.00 10.00

Fav genre: Classical, Lofi, Country, Metal, EDM, Pop, Folk, R&B, Gospel, Rap, Hip hop, Rock, Jazz, Video game music, K pop, Latin

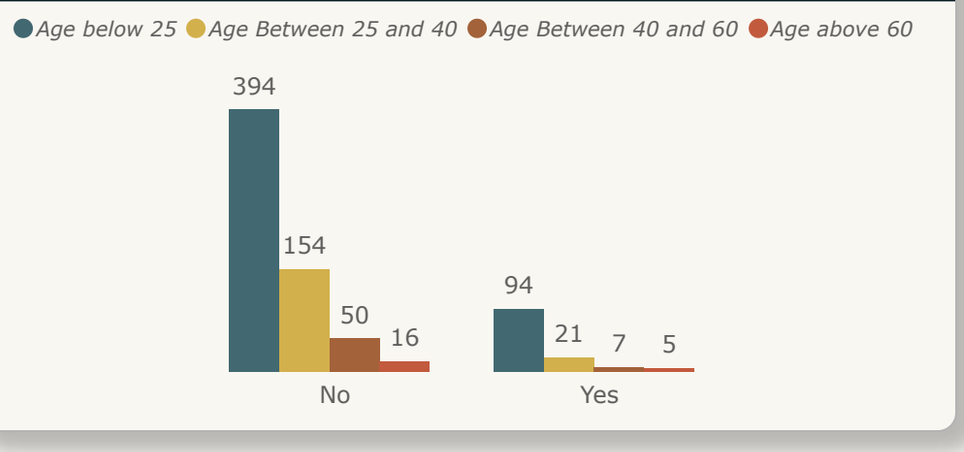
Total Samples 736

Avg Age 25

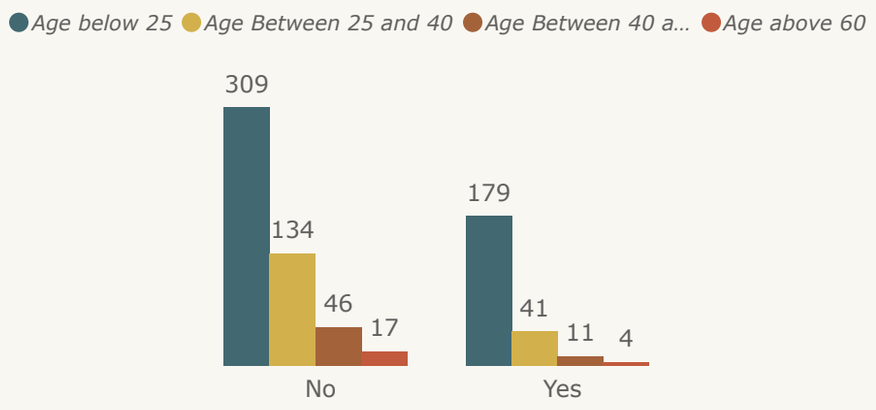
Highest Used Platform Spotify

Hours Spend on Music 24

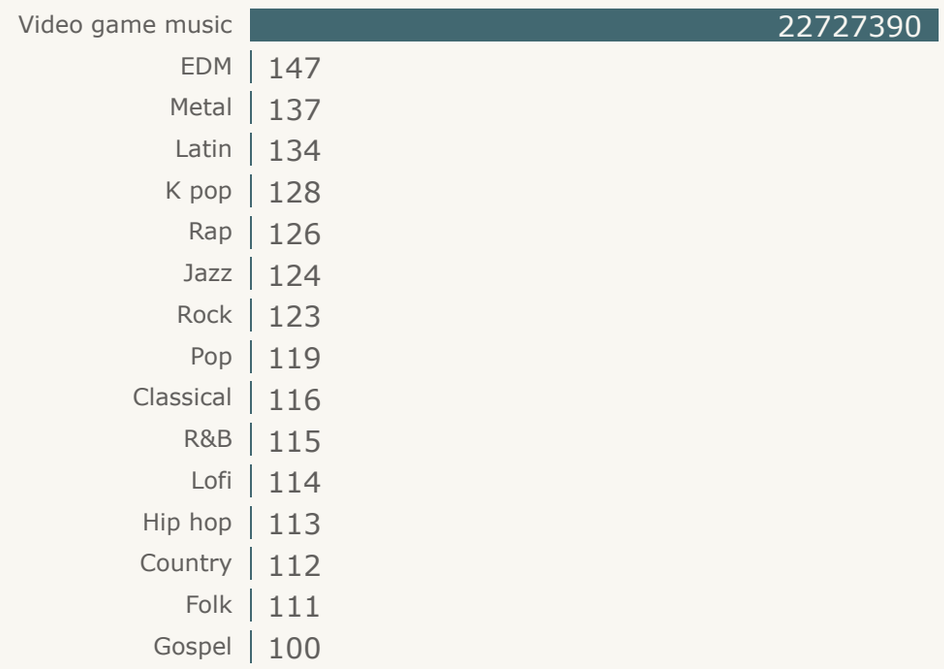
Composer & Age Ranges Count



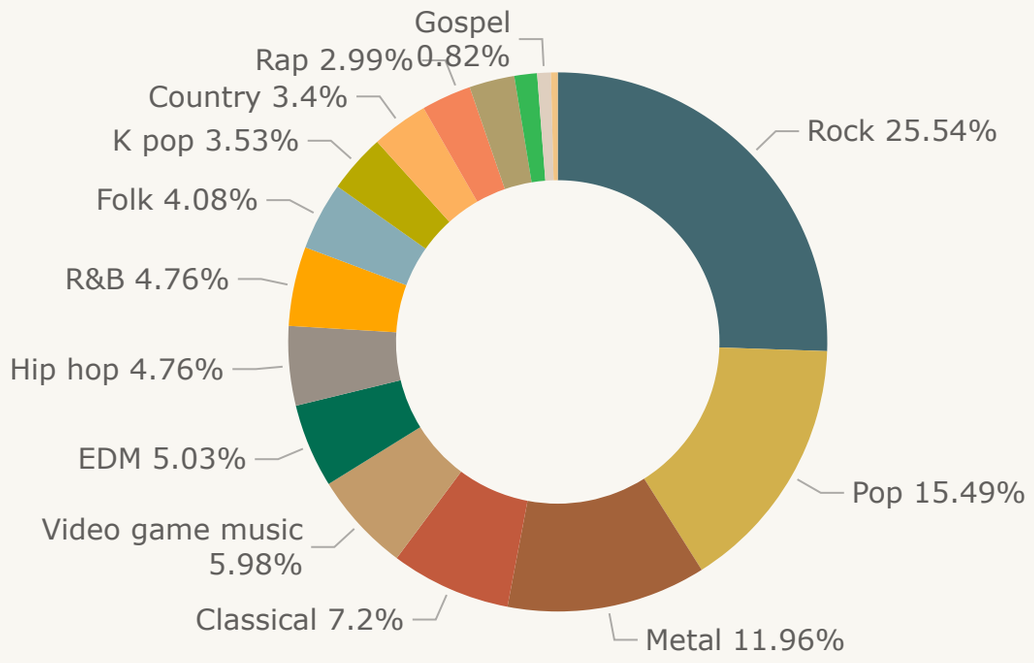
Instrumentalist & Age Ranges Count



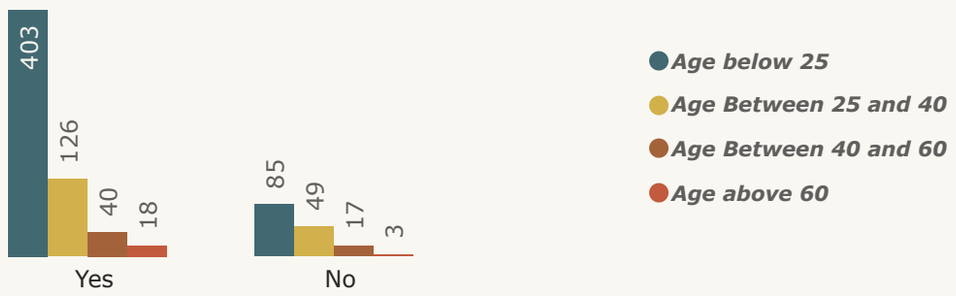
Fav Genres & Avg BPM



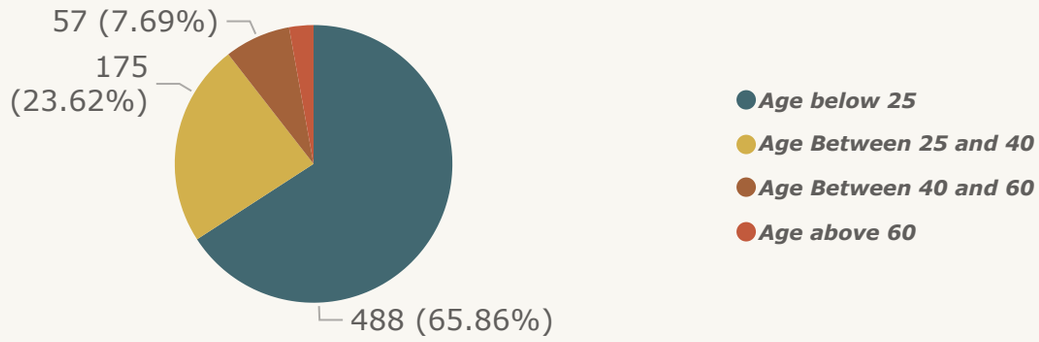
Genres and Their Corresponding Percentages



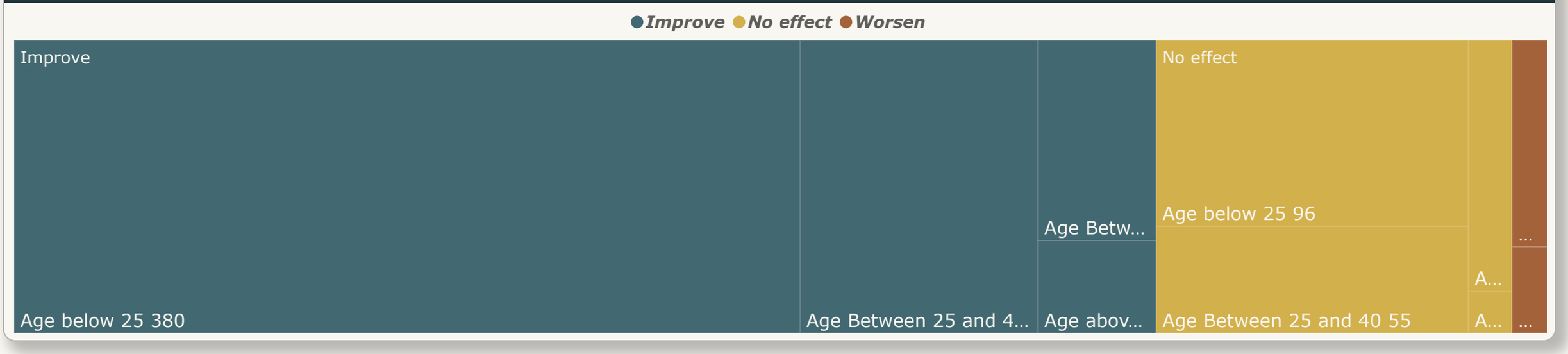
Listening to Music While Working by Age



Distribution of Age Percentages



Music Effects By Age



Anxiety 0.00 10.00

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Depression 0.00 10.00

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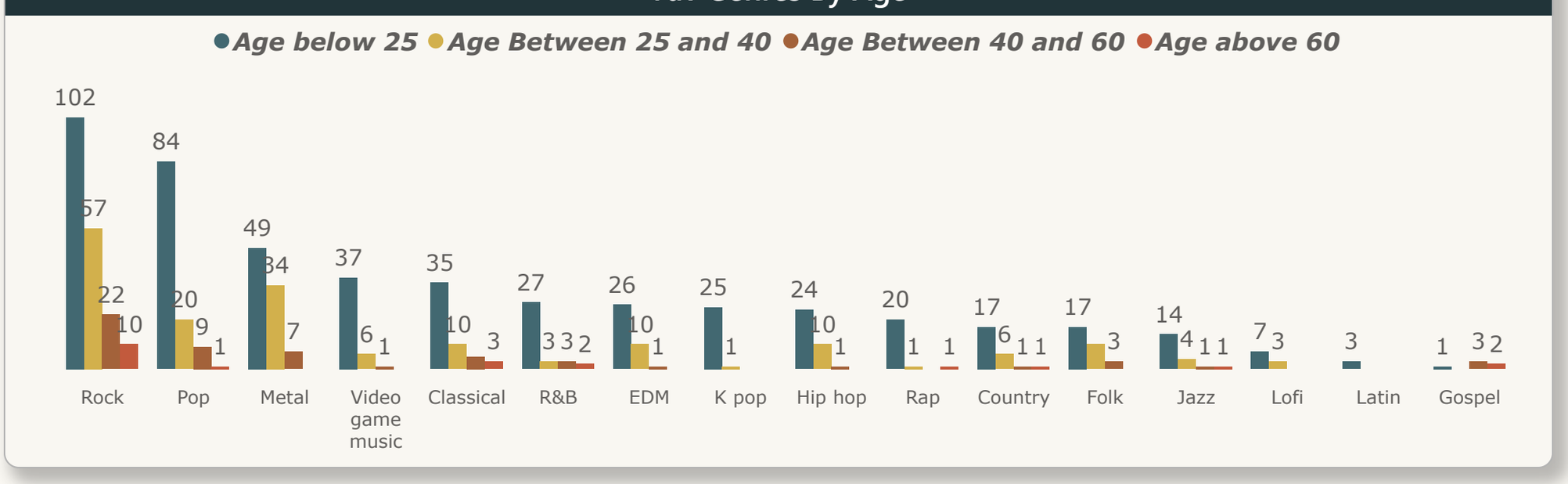
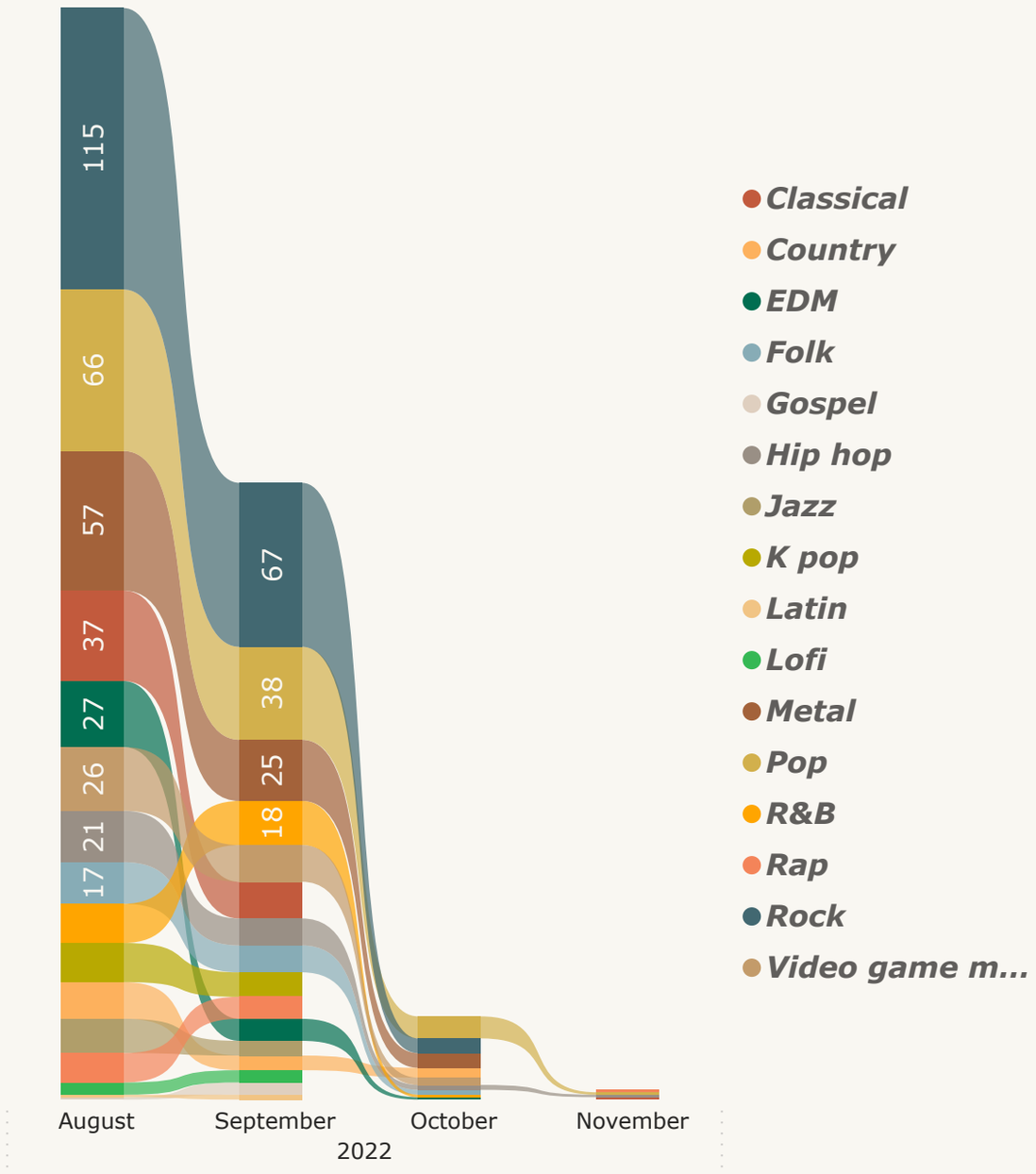
Fav Genres By Age



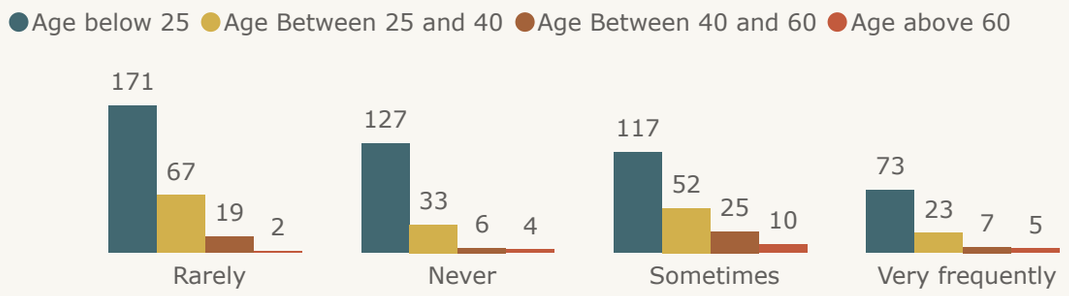
Fav genre

- Classical
- Country
- EDM
- Folk
- Gospel
- Hip hop
- Jazz
- K pop
- Latin
- Lofi
- Metal
- Pop
- R&B
- Rap
- Rock
- Video game music

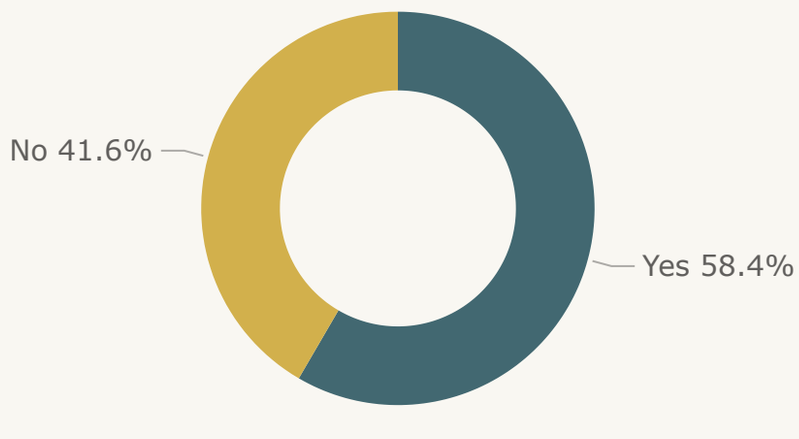
The number of Favorite Genres by Date



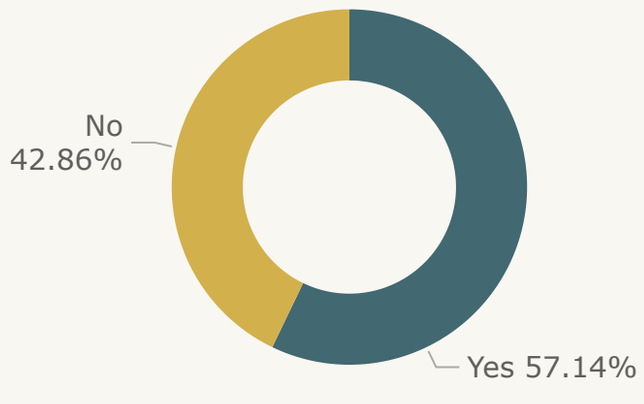
Classic Music And Age Wise Count



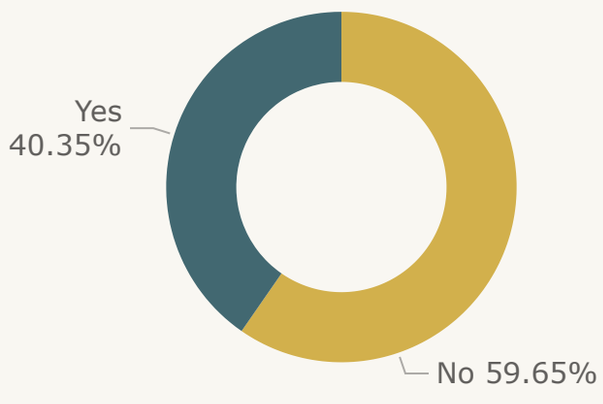
Foreign Languages and Their Respective Percentages for Ages below 25



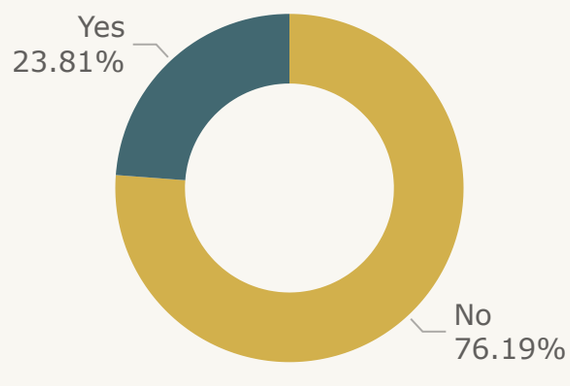
Foreign Languages and Their Respective Percentages for Ages between 25 and 40



Foreign Languages and Their Respective Percentages for Ages between 40 and 60

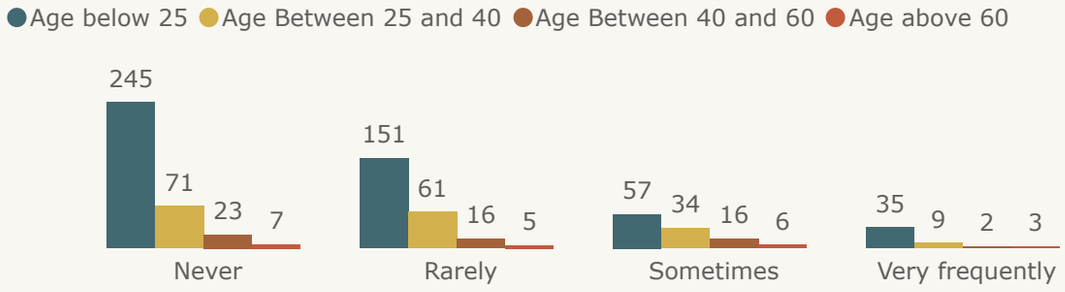


Foreign Languages and Their Respective Percentages for Ages Above 60

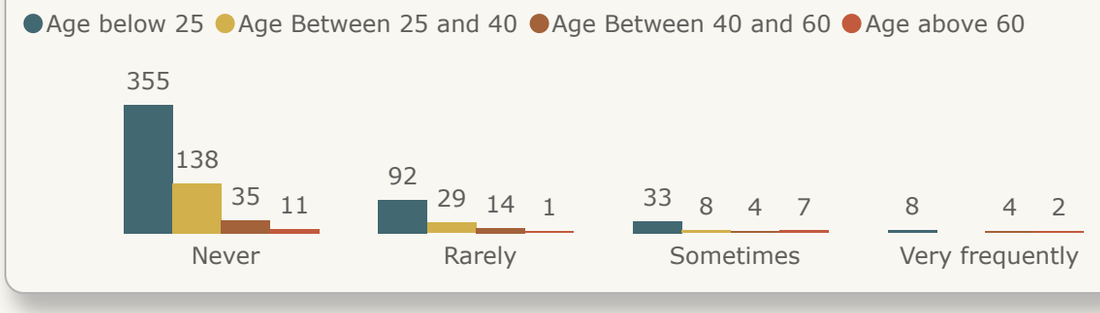


Genre Counts by Age

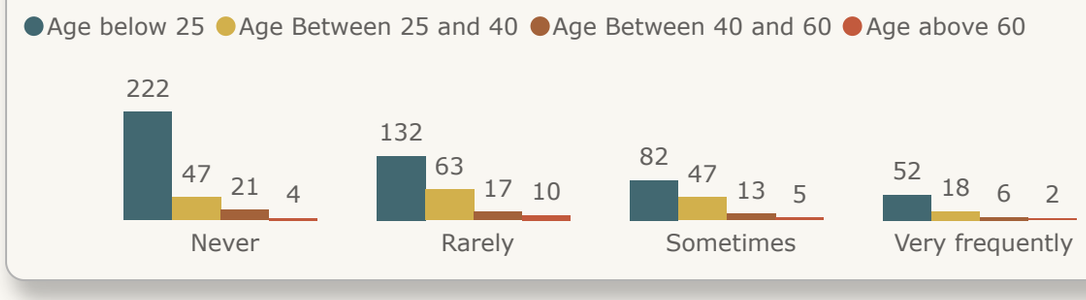
Country Music And Age Wise Count



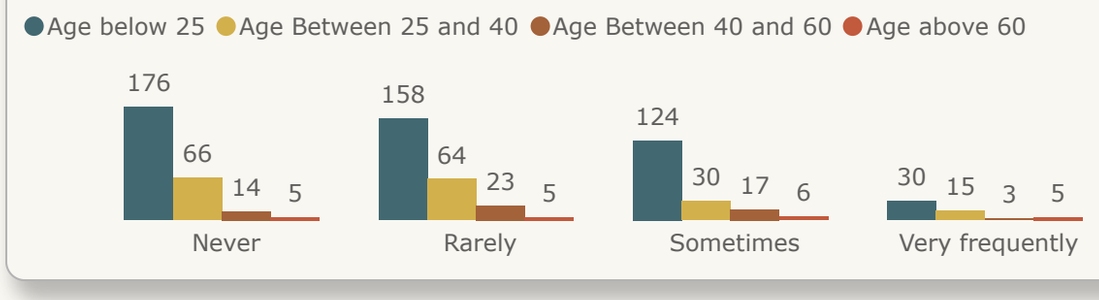
Gospel Music And Age Wise Count



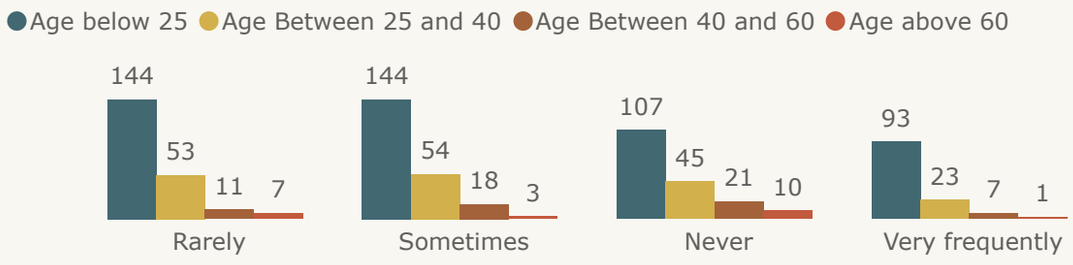
Folk Music And Age Wise Count



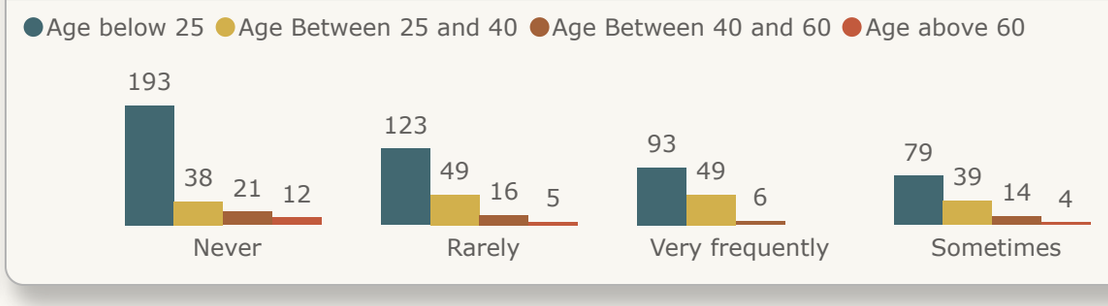
Jazz Music And Age Wise Count



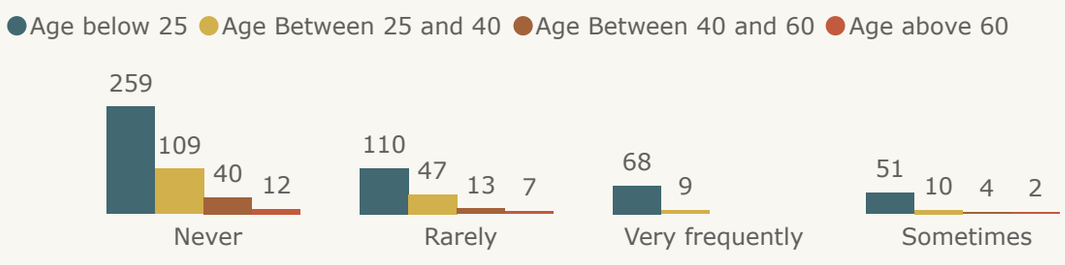
Hip Hop Music And Age Wise Count



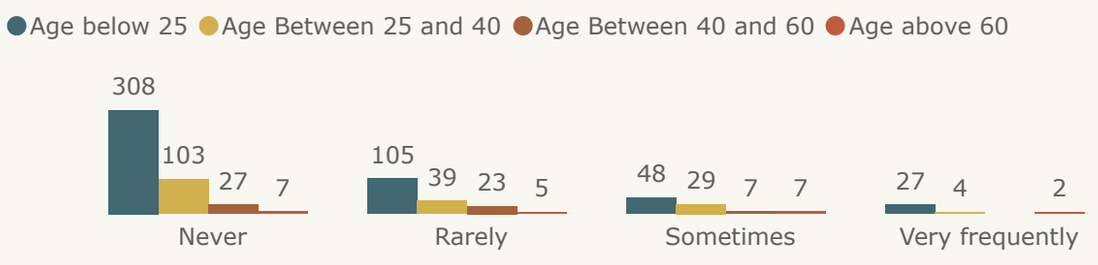
Metal Music And Age Wise Count



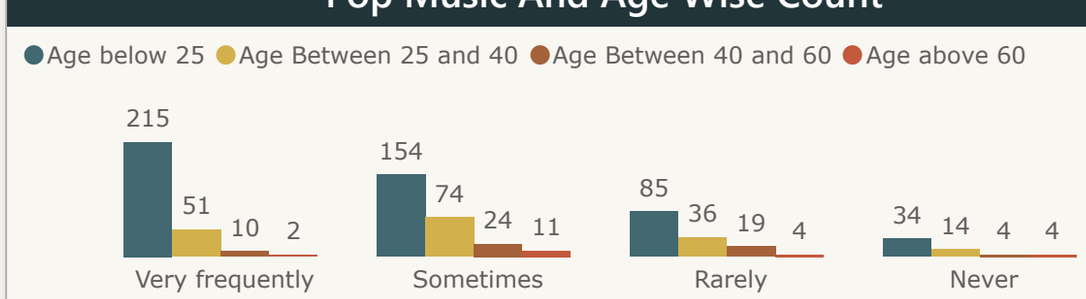
K-Pop Music And Age Wise Count



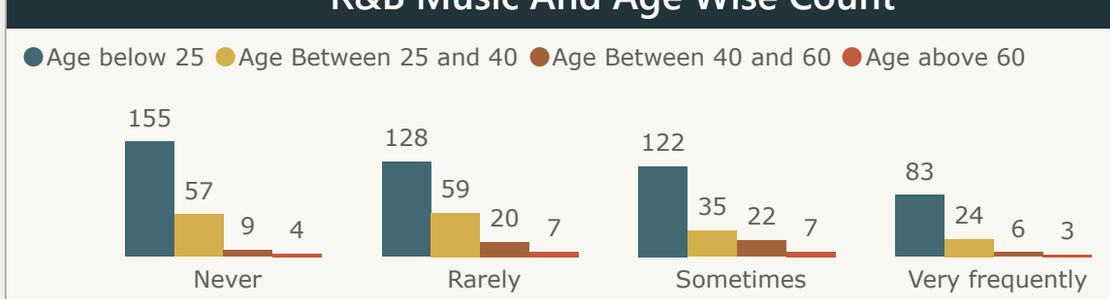
Latin Music And Age Wise Count



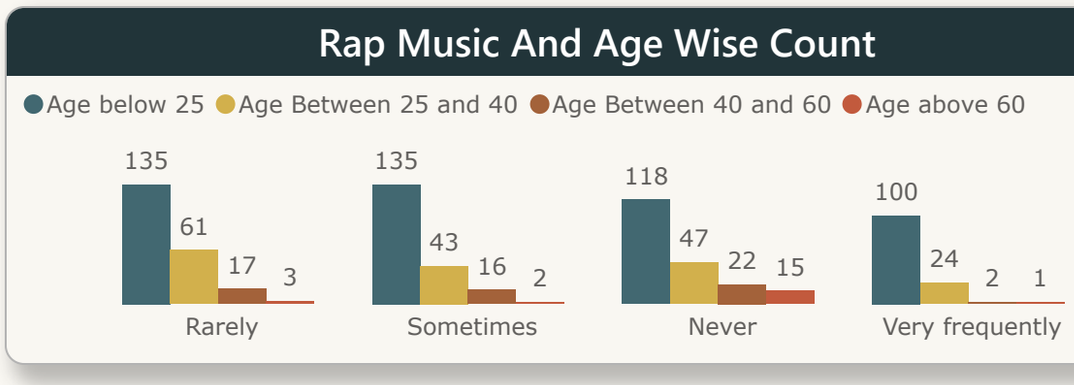
Pop Music And Age Wise Count



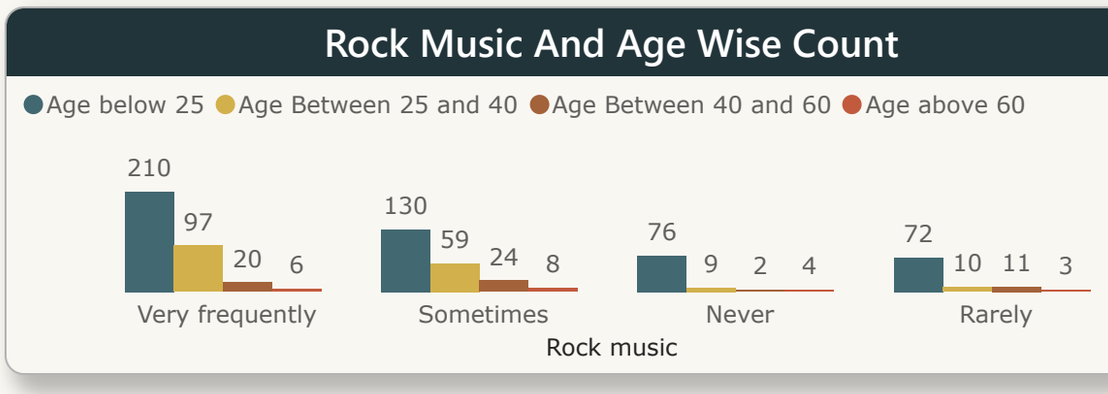
R&B Music And Age Wise Count



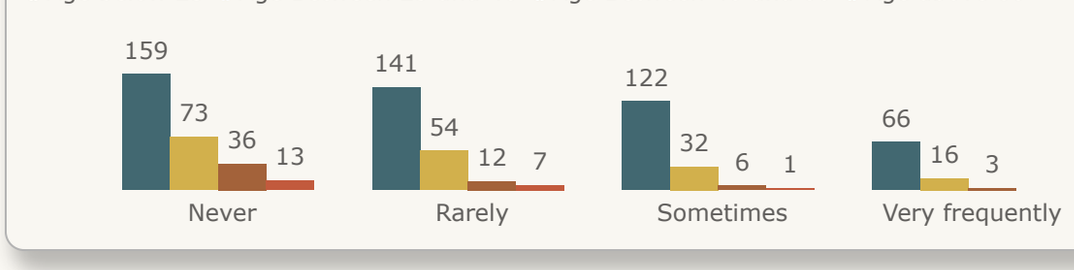
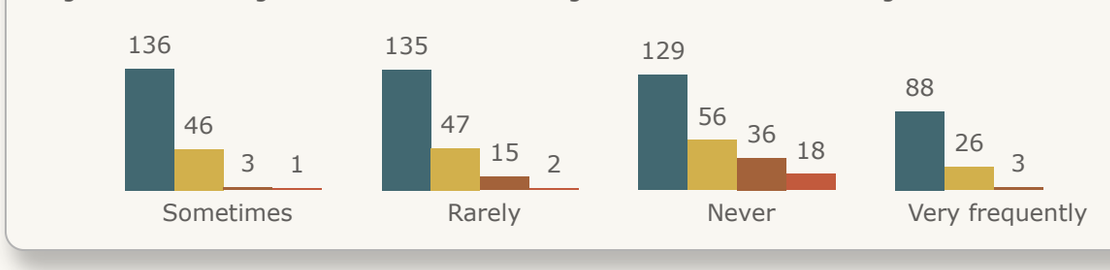
Rap Music And Age Wise Count



Rock Music And Age Wise Count



Lofi Music And Age Wise Count



Video Game Music And Age Wise Count