

LiveLong App User Guide

Contents

Introduction..... 3
 Disclosures..... 3

System Requirements..... 3

How to download the app.....3

FAQ (Frequently Asked Questions).....3

Glossary.....3

Troubleshooting.....4

Advanced Features.....4

Introduction

This section provides a general overview of the LiveLong app.

LiveLong is a wellness app which provides health and exercise advice to the user.

Disclosures

Privacy Policy for the LiveLong app

1. Access the Navigation Drawer in the app.
2. Click the Privacy Policy item.

System Requirements

This section lists the system requirements for LiveLong app.

1. Smart phone with Android OS version 12 or higher installed.
2. Internet connection.

How to download the app

This section describes Ho to download and install the LiveLong app.

1. Click on the Google Play Store icon on your android phone.
2. Search for LiveLong app and navigate to the app page.
3. Click INSTALL.

FAQ (Frequently Asked Questions)

This section describes how to acces the FAQ for the LiveLong app.

1. Access the Navigation Drawer in the app.
2. Click the FAQ item.

Glossary

This section describes how to access the Glossary in the LiveLong app.

1. Access the Navigation Drawer in the app.
2. Click the Glossary item.

Troubleshooting

This section describes how to access Troubleshooting tips for android apps from xyz.com

1. Access the Navigation Drawer from the app Home.
2. Click on Troubleshooting.

Advanced Features
