

[PENETRATION TESTING & APPSEC FUNDAMENTALS]

OWASP Foundation

- * Open Worldwide Application Security Project
- * nonprofit foundation that works to improve software security

Resources

- * OWASP Cheat Sheet Series
cheatsheets.owasp.org
- * OWASP Web Security Testing Guide (WSTG)
owasp.org/www-project-web-security-testing-guide/latest/
- * OWASP App. Sec. Verification Std. (ASVS)
owasp.org/www-project-application-security-verification-standard/
- * OWASP Mobile App. Security Project (MASVS, MASTG) mbs.owasp.org
- * OWASP Projects owasp.org/projects
- * OWASP Global & Regional Events
owasp.org/events/
- * OWASP Top Ten
owasp.org/Top10/
↳ a methodology, but for awareness about web vulns.

Burp Suite

"swiss army knife" for app. pen testing

- * Burp Repeater
↳ enables modifying & sending HTTP msgs repeatedly
- ↳ purposes:
 - send request w/ varying param. vals. to test for input-based vulns.
 - send series of HTTP requests in specific seq. to test for vulns. in multi-step processes or vulns. relying on manipulating curr. state

Defense-in-Depth

- If 1 ctrl would be reasonable, more ctrls that approach risks in diff. fashions are better
- * If used in depth, ctrls can make severe vulns. extraordinarily difficult to exploit → vulns. unlikely to occur ex., VPN, strong pswd policy, MFA

Least Privilege

- person/process given only min. level of access rights (ie., privileges) necessary for assigned op.
- * limiting in case of exploited vuln.
- * proper granularity of privileges & permissions should be established

Penetration Testing

- security exercise where cybersec expert attempts to find & exploit vulns. in com sys
- * purpose: identify weak spots in system's defenses which attackers can exploit

types

- ↳ white box: testing sys. w/ full knowledge & access to all src code, arch, docs.
- ↳ grey box: testing sys. w/ some knowledge of sys. internals (login creds. given)
- ↳ black box: testing sys. w/o knowledge of internal workings of sys., src code, arch, or login creds.

Fail Safe

- default to a secure state during design or implementation failure
- * secure state: "Fail Safe Defaults"
- * unless subject given explicit access to object, deny access
- ex. implementation:
 - ↳ exception handling

Economy of Mechanisms

- keep sys. design as simple & small as possible
- * KISS principle
- * avoid using complex architectures for simpler approaches

Secure Design Principles

Separation of Duties

- authorization concept; require >1 person to complete task
- * maker (create transaction)
- checker (authorize transaction)
- * key fraud & envr. ctr
- ex., maker/checker roles in order sys. as part of Role Based Access CM

Burp Intruder

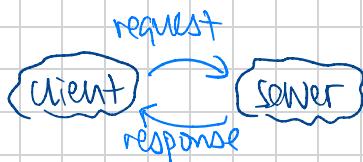
- ↳ tool for automating customized atks against web apps
- ↳ enables configuring atks that send some HTTP requests repeatedly, inserting diff. payloads into predefined positions each time

Purposes:

- fuzzing for input vulns.
- ↳ automated software testing method that injects invalid, malformed, or unexpected inputs into sys. to reveal software defects & vulns.
- perform [brute-force atks] → involves "guessing" uname & pwds to gain unauthorized access to sys.
- enumerate valid identifiers & other inputs
- ↳ enumeration: identify info abt in-scope assets
- info gathering (harvesting) of useful data

Hypertext Transfer Protocol (HTTP)

- * stateless protocol
- * uses port 80 (HTTP - plain text)
or port 443 (HTTPS - encrypted)
- * communication b/w host & client
occurs via request/response pair



Request Methods

→ TRACE, OPTIONS, etc.

GET Request

retrieve data from webserver to view it

```

GET / HTTP/1.1
Host: www.ntu.edu.sg
User-Agent: Firefox/97.0
Accept: text/html
Accept-Language: en-US,en;q=0.5
Accept-Encoding: gzip, deflate
DNT: 1
Connection: close
Upgrade-Insecure-Requests: 1
  
```

Request Line
Request Headers
Request Message Header

POST Request

sends data to webserver to process (ex, value keyed into form)

```

POST / HTTP/1.1
Host: www.ntu.edu.sg
User-Agent: Firefox/97.0
Accept: text/html
Accept-Language: en-US,en;q=0.5
Accept-Encoding: gzip, deflate
DNT: 1
Connection: close
Upgrade-Insecure-Requests: 1
  
```

A blank line separates headers and body

Request Line
Request Headers
Request Message Header

Website Types

↳ static website

web pages delivered exactly as they are stored in real-time content changes

↳ dynamic website

generates content in real-time, typically using db languages & scripting languages to provide interactivity & personalized XP

Ways to Attack Dynamic Websites

- * injection attacks (SQLi, XSS, HTML, etc.)
- * "spamming" by sending requests multiple times & polluting db
- * unauthenticated access
- * vuln. in lib(s) being used
- * more, depending on implementation & business logic!

Mitigations (client side)

- * usage of HTTPS (HTTP via TLS)
- * block "mixed content" (HTTP & HTTPS on same webpage)
- * identify weak signature algos. of certs
- * same-origin policy (SOP)

Response Methods

→ After HTTP request, a response is sent from server to user (browser)

* 5 Classes:

- ↳ Informational Responses (100-199)
- ↳ Successful Responses (200-299)
- ↳ Redirection Msgs (300-399)
- ↳ Client Errno Responses (400-499)
- ↳ Server Errno Responses (500-599)

```

HTTP/1.1 200 OK
Date: Sun, 17 Sep 2022 02:37:43 GMT
Cache-Control: private, max-age=0
Content-Type: text/html; charset=UTF-8
Server: gws
...
Content-Length: 202101
<!doctype html><html ...>
  
```

Status Line
Response Headers
Response Message Header
A blank line separates headers and body
Response Message Body (e.g. HTML that is being rendered in the browser)

Same-Origin Policy (SOP)

URLs have same origin if same → protocol
→ host
(if specified)

Checks against the URL <http://www.example.com/dir/page.html>

Compared URL	Outcome	Reason
http://www.example.com/dir/page2.html	Success	Same protocol, host and port
http://www.example.com/dir2/other.html	Success	Same protocol, host and port
http://username:password@www.example.com/dir2/other.html	Success	Same protocol, host and port
http://www.example.com:81/dir/other.html	Failure	Same protocol and host but different port
https://www.example.com/dir/other.html	Failure	Different protocol
http://en.example.com/dir/other.html	Failure	Different host
http://example.com/dir/other.html	Failure	Different host (exact match required)
http://v2.www.example.com/dir/other.html	Failure	Different host (exact match required)
http://www.example.com:80/dir/other.html	Depends	Port explicit. Depends on implementation in browser.

Protection Against Username/Password Enumeration

- * multifactor authentication (MFA)
- * login throttling
- * acct. lockout
- * CAPTCHA
- * strong pwk policy