



After-School Sports Clubs In Milton Keynes

Your search stops with us for all your after-school sports club needs.

As the premier provider for sports clubs within Milton Keynes, we raise the bar when it comes to the quality of coaching, the ease and effectiveness of communication, and our high standards in behaviour management and safeguarding. We offer a wide variety of sports from Dodgeball and Football, to Tennis and Athletics and everything in between!

OUR GUARANTEES

Quality Coaching Sessions

At DRH Sports we pride ourselves on delivering top quality coaching every session. In every sport, as well as working on the technical and tactical plays, we focus on developing transferable sporting skills and promote fair play, honesty and respect always.



Professional Coaches

At DRH Sports we only use the best coaches who are all DBS checked, First Aid Trained and qualified and insured in the sport they are teaching. Our staff are regularly trained in safeguarding and best practice in behavior management.



Effective Communication

We know that reliable, effective communication is really important and we set ourselves apart as a company on delivering in this area. Each school is designated a contact at DRH and we guarantee any questions or queries will be answered quickly and efficiently.



DRH Next Steps

At DRH Sports our Next Steps scheme gives all the kids we coach the opportunity to further develop a specific sport or skill. We are committed to ensuring progression in all the sports we offer. Making sure parents and schools have all the information they need to allow their child to move forwards in their chosen sport is really important to us. We currently offer development pathways in Tennis, Football and Athletics through connections to clubs within Milton Keynes. If you are interested speak to one of our coaches or go to our website.



OUR VALUES

Our values are very important to us at DRH Sports and we endorse all the following attributes in all our coaching sessions: Fairplay, Teamwork, Respect, Honesty, Humility, and good Listening.

While our main job is to develop tennis players, it is also our responsibility to grow and develop the person. These values are relevant in all areas of life; to encourage these behaviours now will help the kids succeed in whichever area they aspire to succeed in.

FAIRPLAY/ RESPECT

In sport, fair play, respect and good sportsmanship are the most important attributes a player can possess. We encourage the following in any sport we teach: that players are kind to one another, that they shake hands after any game and react the same whether they win or lose. This is an important theme we work on every week.



TEAMWORK

Being a good team player is vital in sport and applies in team sports like football and in individual sports like tennis. We reward players in team sports for using all the players in the team, passing to one another and being supportive. In all sports when we work on skills we reward players who work well with their partner or group as we know skills are developed much quicker when our players work well together.



LISTENING

Listening in essence is an additional element to respect: respect to the coach, respect to the other participants and respect to oneself. If a player is quiet and listens when either a coach or another player is talking or explaining, not only is this respectful but it will assist and aid that player in their own learning and development.



What Sports do we offer?

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|----------------|----------------|
| ✓ Tennis | ✓ Dodgeball |
| ✓ Football | ✓ Tag-Rugby |
| ✓ Athletics | ✓ Cheerleading |
| ✓ Hockey | ✓ Basketball |
| ✓ Multi-Sports | ✓ Rounders |
| ✓ Netball | ✓ Cricket |

In all our sports we follow a curriculum where we work on and develop the key, fundamental skills in the specific sport. Many of these skills are transferable and can be used across all sports like: coordination, footwork skills and teamwork.

In more game based sports like dodgeball, though we do spend time working on some key skills, we will set up a league to run throughout a term so the players play lots of matches and stay competitive and motivated whilst working on our values.

Our Packages

We offer two different packages for our schools: A Leadership package and a Partnership Package.

- The Leadership package means we provide the reliable, enthusiastic coaching sessions and all the equipment for our after-school clubs.
- Our Partnership Package means we take away all the admin/booking responsibility from the school as well as providing top quality coaching and equipment. Find out more information below.

LEADERSHIP PACKAGE

If you choose this package with us we guarantee quality, reliable and enthusiastic coaching sessions. With this package we would provide the following on top of the coaching:

- ✓ The equipment that would be used for each session.
- ✓ Regular safety and hazard checks – ensuring pupil safety always.
- ✓ Professional coaches who are all DBS checked and First Aid Trained.
- ✓ Two coaches at all times in accordance with our safeguarding policy to ensure quality control and safety.
- ✓ Ongoing communication with a point of contact at DRH Sports.
- ✓ Links to all our off-site coaching and feeder clubs.
- ✓ *Option of curriculum time coaching.*

PARTNERSHIP PACKAGE

Our Partnership Package includes **all that is provided in the Leadership package and more**. If you choose this package with us we guarantee quality, reliable, enthusiastic sessions, with the bonus of us taking all admin roles. Saving the school staff time and effort. The other bonuses of this package include:

- ✓ Easy access for parents to book online at www.drhsports.co.uk well in advance, ensuring parents and the school have their children's after school activities organised early.
- ✓ Children at the school get first access to off site sessions and Multi-Sport Holiday Kids Camps.
- ✓ Regular feedback meetings with a point of contact at DRH Sports to determine the best sessions to run for the benefit of the school and their aims, principles and ethos.
- ✓ Expert advice from your DRH contact on school sporting events, teams, child after-school clubs and sports days.