Table 1: Characteristics of US Adults with Diabetes, Overall and by Self-Reported Health Status.

|  |  | Self-Reported Health Status | |  |
| --- | --- | --- | --- | --- |
| **Characteristic** | Overall Mean or % (SE)*1* | **High***1* | **Low***1* | **p-value***2* |
| Age (years), mean | 60.0 (0.3) | 60.2 (0.4) | 59.6 (0.4) | 0.2 |
| Age Group, % |  |  |  |  |
| 0-19yeas | 0.0 (0.0000) | 0.0 (0.0000) | 0.0 (0.0000) |  |
| 20-39yrs | 7.7 (0.0047) | 7.8 (0.0068) | 7.6 (0.0073) |  |
| 40-64yrs | 51.9 (0.0091) | 49.4 (0.0121) | 55.6 (0.0141) |  |
| >=65years | 40.4 (0.0094) | 42.9 (0.0128) | 36.8 (0.0132) |  |
| Female, % | 49.1 (0.0100) | 44.5 (0.0144) | 55.9 (0.0128) | <0.001 |
| Race/Ethnicity, % |  |  |  | <0.001 |
| 1 | 62.9 (0.0147) | 68.2 (0.0145) | 55.1 (0.0223) |  |
| 2 | 14.9 (0.0096) | 12.9 (0.0095) | 17.7 (0.0136) |  |
| 3 | 14.3 (0.0112) | 10.7 (0.0088) | 19.6 (0.0173) |  |
| 4 | 7.9 (0.0060) | 8.2 (0.0081) | 7.5 (0.0079) |  |
| Family Income, % |  |  |  | <0.001 |
| Below poverty threshold | 16.1 (0.0080) | 10.1 (0.0074) | 24.9 (0.0139) |  |
| Above or at poverty threshold | 83.9 (0.0080) | 89.9 (0.0074) | 75.1 (0.0139) |  |
| Missing | 7.7 | 8.0 | 7.3 |  |
| Education, % |  |  |  | <0.001 |
| 1 | 24.1 (0.0091) | 16.4 (0.0083) | 35.4 (0.0159) |  |
| 2 | 25.0 (0.0093) | 24.4 (0.0130) | 25.8 (0.0133) |  |
| 3 | 50.9 (0.0111) | 59.1 (0.0148) | 38.7 (0.0141) |  |
| Health Insurance, % |  |  |  | <0.001 |
| 0 | 9.8 (0.0052) | 6.8 (0.0058) | 14.3 (0.0085) |  |
| 1 | 56.7 (0.0104) | 65.2 (0.0131) | 44.1 (0.0165) |  |
| 2 | 33.5 (0.0097) | 28.1 (0.0124) | 41.6 (0.0145) |  |
| BMI (kg/m2) | 32.9 (0.2) | 32.1 (0.2) | 34.0 (0.3) | <0.001 |
| Missing | 2.2 | 1.7 | 3.0 |  |
| BMI Category |  |  |  | <0.001 |
| <25 | 12.3 (0.0065) | 12.7 (0.0074) | 11.6 (0.0110) |  |
| 25 to <30 | 26.8 (0.0084) | 30.3 (0.0116) | 21.7 (0.0117) |  |
| >30 | 60.9 (0.0109) | 57.0 (0.0140) | 66.7 (0.0144) |  |
| Missing | 2.2 | 1.7 | 3.0 |  |
| Current Smoker, self-reported or cotinine > 10ng/ml, % | 21.5 (0.0080) | 18.6 (0.0101) | 25.9 (0.0132) | <0.001 |
| Missing | 2.8 | 2.3 | 3.6 |  |
| HbA1c (%), mean | 7.3 (0.03) | 7.2 (0.04) | 7.5 (0.05) | <0.001 |
| Missing | 2.4 | 1.7 | 3.2 |  |
| HbA1c Categories, % |  |  |  | <0.001 |
| <7% | 52.5 (0.0112) | 55.5 (0.0148) | 48.0 (0.0152) |  |
| 7-8% | 22.9 (0.0099) | 22.5 (0.0112) | 23.5 (0.0143) |  |
| 8-9% | 10.7 (0.0067) | 10.3 (0.0081) | 11.4 (0.0100) |  |
| >9% | 13.9 (0.0065) | 11.7 (0.0091) | 17.1 (0.0103) |  |
| Missing | 2.4 | 1.7 | 3.2 |  |
| Time since diabetes diagnosis, % |  |  |  | <0.001 |
| 0 to <5 years | 31.4 (0.0082) | 34.1 (0.0117) | 27.5 (0.0115) |  |
| 5 to <15 years | 39.4 (0.0083) | 39.2 (0.0118) | 39.7 (0.0123) |  |
| >=15 years | 29.2 (0.0080) | 26.7 (0.0098) | 32.8 (0.0126) |  |
| Hypertension, % | 79.6 (0.0086) | 77.7 (0.0123) | 82.3 (0.0105) | 0.004 |
| Hypercholesterolemia | 62.9 (0.0095) | 61.2 (0.0139) | 65.4 (0.0129) | 0.033 |
| Cardiovascular Disease | 23.8 (0.0086) | 17.8 (0.0103) | 32.6 (0.0151) | <0.001 |
| Chronic Kidney Disease | 41.4 (0.0090) | 37.3 (0.0125) | 47.6 (0.0136) | <0.001 |
| Missing | 3.9 | 3.2 | 4.9 |  |
| *1*Mean (SE); % (SE(%)) | | | | |
| *2*Design-based t-test; Pearson's X^2: Rao & Scott adjustment | | | | |
| Data Source: NHANES 2001-2018 | | | | |