Table 1: Characteristics of US Adults with Self-Reported Diabetes, Overall and by Self-Reported Health Status.

|  |  | **Self-Reported Health Status** | |  |
| --- | --- | --- | --- | --- |
| **Characteristic** | Overall Mean or % (SE)*1* | **High** | **Low** | **p-value***2* |
| Unweighted n | 5510 | 2865 | 2645 |  |
| Age (years), mean | 60.0 (0.3) | 60.3 (0.4) | 59.7 (0.4) | 0.2 |
| Age Group, % |  |  |  | <0.001 |
| 20-39yrs | 7.7 (0.5) | 7.8 (0.7) | 7.7 (0.7) |  |
| 40-64yrs | 51.6 (0.9) | 49.1 (1.2) | 55.2 (1.4) |  |
| ≥65years | 40.6 (0.9) | 43.1 (1.3) | 37.1 (1.3) |  |
| Female, % | 49.4 (1.0) | 44.8 (1.4) | 56.1 (1.2) | <0.001 |
| Race/Ethnicity, % |  |  |  | <0.001 |
| Non-Hispanic White | 62.6 (1.5) | 67.7 (1.4) | 55.1 (2.2) |  |
| Non-Hispanic Black | 15.2 (1.0) | 13.2 (1.0) | 18.0 (1.4) |  |
| Hispanic/Mexican American | 14.3 (1.1) | 10.8 (0.9) | 19.4 (1.7) |  |
| Other | 8.0 (0.6) | 8.3 (0.8) | 7.4 (0.8) |  |
| Family Income, % |  |  |  | <0.001 |
| Below poverty threshold | 16.3 (0.8) | 10.3 (0.7) | 25.0 (1.4) |  |
| Above or at poverty threshold | 83.7 (0.8) | 89.7 (0.7) | 75.0 (1.4) |  |
| Missing | 8.1 | 8.4 | 7.7 |  |
| Education, % |  |  |  | <0.001 |
| Less than high school | 24.6 (0.9) | 16.6 (0.8) | 36.1 (1.5) |  |
| High school/equivalent | 25.0 (0.9) | 24.4 (1.3) | 25.9 (1.3) |  |
| Above high school | 50.4 (0.1) | 59.0 (1.5) | 38.0 (1.4) |  |
| Health Insurance, % |  |  |  | <0.001 |
| No insurance | 9.8 (0.5) | 6.8 (0.6) | 14.1 (0.8) |  |
| Private insurance | 34.0 (1.0) | 28.3 (1.2) | 42.3 (1.5) |  |
| Public insurance | 56.2 (1.0) | 64.9 (1.3) | 43.7 (1.6) |  |
| BMI (kg/m2) | 32.9 (0.2) | 32.1 (0.2) | 34.0 (0.2) | <0.001 |
| BMI Category |  |  |  | <0.001 |
| <25 | 12.5 (0.6) | 12.8 (0.7) | 12.0 (1.1) |  |
| 25 to <30 | 26.8 (0.8) | 30.4 (1.2) | 21.7 (1.1) |  |
| ≥30 | 60.7 (1.1) | 56.8 (1.4) | 66.3 (1.4) |  |
| Missing | 2.3 | 1.8 | 3.1 |  |
| Current Smoker, self-reported or cotinine > 10ng/ml, % | 21.8 (0.8) | 18.6 (1.0) | 26.6 (1.3) | <0.001 |
| Missing | 3.5 | 2.8 | 4.5 |  |
| HbA1c (%), mean | 7.3 (0.03) | 7.2 (0.05) | 7.5 (0.05) | <0.001 |
| HbA1c Categories, % |  |  |  | <0.001 |
| <7% | 52.5 (1.1) | 55.5 (1.5) | 48.1 (1.5) |  |
| 7-8% | 22.9 (1.0) | 22.4 (1.1) | 23.6 (1.4) |  |
| 8-9% | 10.7 (0.7) | 10.4 (0.8) | 11.2 (1.0) |  |
| >9% | 13.9 (0.7) | 11.7 (0.9) | 17.1 (1.0) |  |
| Missing | 3.0 | 2.1 | 4.4 |  |
| Time since diabetes diagnosis, % |  |  |  | <0.001 |
| 0 to <5 years | 31.5 (0.8) | 34.2 (1.2) | 27.7 (1.1) |  |
| 5 to <15 years | 39.4 (0.8) | 39.3 (1.2) | 39.6 (1.2) |  |
| ≥15 years | 29.1 (0.8) | 26.6 (1.0) | 32.7 (1.2) |  |
| Hypertension, % | 80.5 (0.9) | 78.6 (1.2) | 83.3 (1.1) | 0.003 |
| Hypercholesterolemia | 62.7 (1.0) | 60.9 (1.4) | 65.3 (1.3) | 0.029 |
| Cardiovascular Disease | 23.9 (0.9) | 17.8 (1.0) | 32.8 (1.5) | <0.001 |
| Chronic Kidney Disease | 41.9 (0.9) | 37.6 (1.3) | 48.3 (1.3) | <0.001 |
| Missing | 4.5 | 3.8 | 5.7 |  |
| *1*Mean (SE); % (SE(%)) | | | | |
| *2*Design-based t-test; Pearson's X^2: Rao & Scott adjustment.  High Self-reported health status = excellent/very good/good.  Low self-reported health status = fair/poor | | | | |