Driving Style Questionnaire

Please show how often each of the following applies to you by circling the number that you think applies. 1=very infrequently or never, 2=infrequently, 3=quite infrequently, 4=quite frequently, 5=frequently, 6=very frequently or always.

		Very infrequently or never			Very frequently or always		
1.	Do you break the motorway speed limit?	1	2	3	4	5	6
2.	Do you drive fast?	1	2	3	4	5	6
3.	Do you exceed the speed limit in built up areas?	1	2	3	4	5	6
4.	Do you become flustered when faced with sudden dangers	1	2	3	4	5	6
5.	while driving? Do you remain calm when things happen very quickly and there is little time to think?	1	2	3	4	5	6
6.	Is your driving affected by pressure from other motorists?	1	2	3	4	5	6
7.	Are you happy to receive advice from people about your driving?	1	2	3	4	5	6
8.	Do you dislike people giving advice about your driving?	1	2	3	4	5	6
9.	Do you drive cautiously?	1	2	3	4	5	6
10.	Do you find it easy to ignore distractions while driving?	1	2	3	4	5	6
11.	Do you ignore passengers urging you to change your speed?	1	2	3	4	5	6
12.	How often do you set out on an unfamiliar journey without first	1	2	3	4	5	6
13.	looking at a map? Do you plan long journeys in advance including places to stop and rest?	1	2	3	4	5	6
14.	Do you overtake on the inside lane of a dual carriageway if you have the opportunity to do so?	1	2	3	4	5	6
15.	Do you ever drive through a traffic light after it has turned red?	1	2	3	4	5	6

Scoring:

Speed=Q1+Q2+Q3. Calmness=14-Q4+Q5-Q6 Social resistance=7-Q7+Q8 Focus=Q9+Q10+Q11

Planning=7-Q12+Q13 Deviance=Q14+Q15

References:

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West R, Elander J and French D (1992) Decision making, personality and driving style as correlates of individual accident risk. TRL Contractors Report No 309, Crowthorne, Transport Research Laboratory.