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10 min read

Understanding the Mathematics behind Gradient Descent.

A simple mathematical intuition behind one of the commonly used optimization algorithms in Machine Learning.
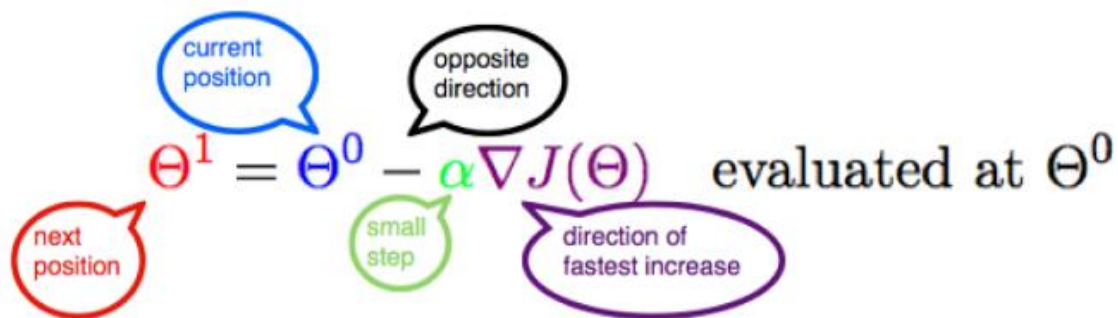

PC: Pexels/Pixabay

"Premature optimization is the root of all evil."

— Donald Ervin Knuth

Agile is a pretty well-known term in the software development process. The basic idea behind it is simple: build something quickly, → get it out there, → get some feedback → make changes depending upon the feedback → repeat the process. The **goal** is to get the product near the user and guide you with **feedback** to obtain the best possible product with the **least error**. Also, the **steps** taken for improvement need to be small and should constantly involve the user. In a way, an Agile software development process involves rapid iterations. The idea of — start with a solution as soon as possible, measure and iterate as frequently as possible, is Gradient descent under the hood.

Objective

Gradient descent algorithm is an iterative process that takes us to the minimum of a function(barring some caveats). The formula below sums up the entire Gradient Descent algorithm in a single line.

https://www.coursehero.com/file/27927651/Gradient-Descentpdf/

But how do we arrive at this formula? Well, It is straightforward and includes some high school maths. Through this article, we shall try to understand and recreate this formula in the context of a Linear Regression model.

*This article is an adaption of the video titled **[Mathematics of Gradient Descent — Intelligence and Learning by The Coding Train](#)**. This article was initially created as notes to supplement my understanding. I'll highly recommend to see the video too.*

A Machine Learning Model

- Consider a bunch of data points in a 2 D space. Assume that the data is related to the height and weight of a group of students. We are trying to predict some relationship between these quantities to predict the weight of some new students afterward. This is essentially a simple example of a supervised Machine Learning technique.

- Let us now draw an arbitrary line in space that passes through some of these data points. The equation of this straight line would be $Y = mX + b$ where **m** is the slope and **b** is its intercept on the Y-axis.
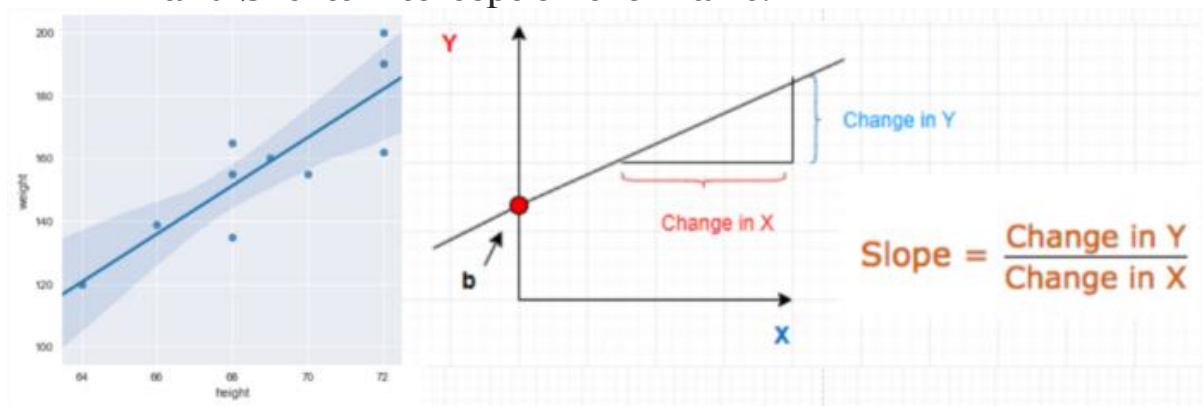
Predictions

Given a known set of inputs and their corresponding outputs, A machine learning model tries to make some predictions for a new set of inputs.
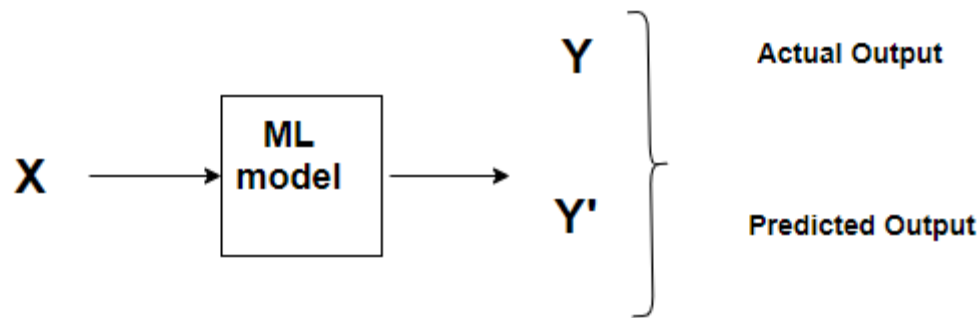
ML process

The Error would be the difference between the two predictions.

Error = Y'(Predicted) - Y(Actual)

This relates to the idea of a **Cost function or Loss function.**

Cost Function

A **Cost Function/Loss Function** evaluates the performance of our Machine Learning Algorithm. The **Loss function** computes the error for a single training example, while the **Cost function** is the average of the loss functions for all the training examples. Henceforth, I shall be using both the terms interchangeably.

A Cost function basically tells us ' how good' our model is at making predictions for a given value of m and b.

Let's say there are a total of 'N' points in the dataset, and for all those 'N' data points, we want to minimize the error. So the Cost function would be the total squared error i.e

$$Cost = \frac{1}{N} \sum_{i=1}^{N} (Y' - Y)^2$$

The cost function for N data points

Why do we take the squared differences and simply not the absolute differences? Because the squared differences make it easier to derive a regression line. Indeed, to find that line we need to compute the first derivative of the Cost function, and it is much harder to compute the derivative of absolute values than squared values. Also, the squared differences increase the error distance, thus, making the bad predictions more pronounced than the good ones.

Minimizing the Cost Function

The goal of any Machine Learning Algorithm is to minimize the Cost Function.

This is because a lower error between the actual and predicted values signifies that the algorithm has done an excellent job learning. Since we want the lowest error value, we want those' **m'** and '**b'** values that give the smallest possible error.

How do we minimize any function?

If we look carefully, our **Cost function** is of the form $Y = X^2$. In a Cartesian coordinate system, this is an equation for a parabola and can be graphically represented as :
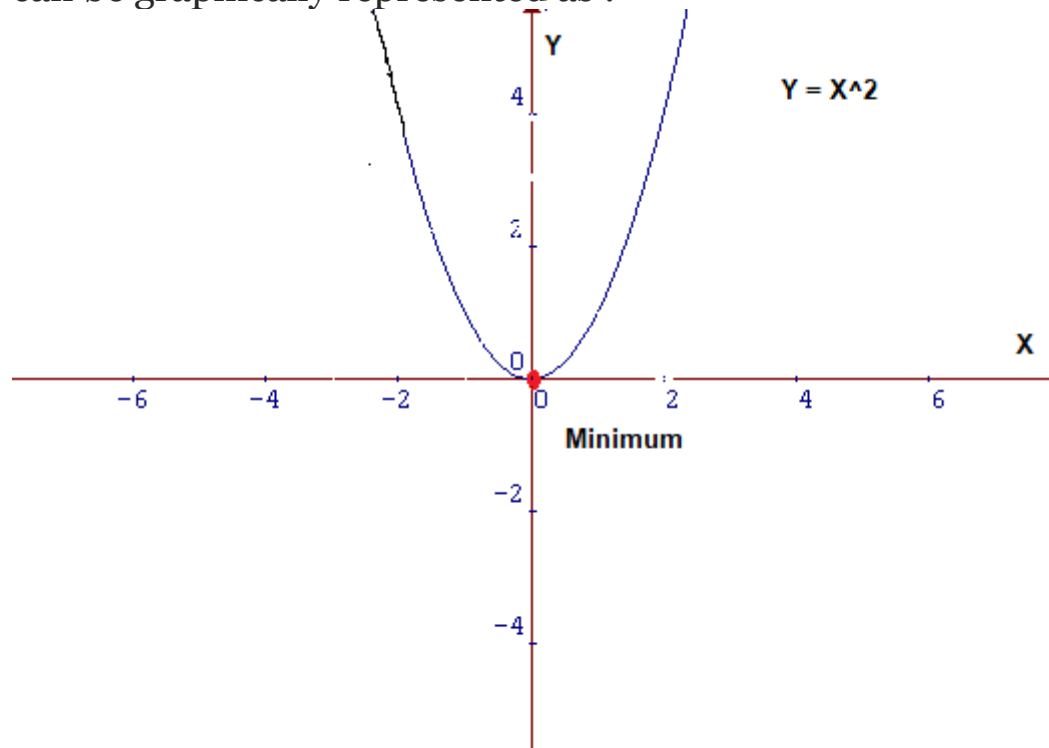
Parabola

To minimize the function above, we need to find **that value of x that produces the lowest value of Y** which is the **red dot.** It is pretty easy to locate the minima here since it is a 2D graph, but this may not always be the case, especially in higher dimensions. For those cases, we need to devise an algorithm to locate the minima, and that algorithm is called **Gradient Descent.**

Gradient Descent

Gradient descent is one of the most popular algorithms to perform optimization and is the most common way to optimize neural networks. It is an iterative optimization algorithm used to find the minimum value for a function.

Intuition

Consider that you are walking along with the graph below, and you are currently at the '**green**' dot. You aim to reach the minimum, i.e., the 'red' dot, but from your position, you are unable to view it.
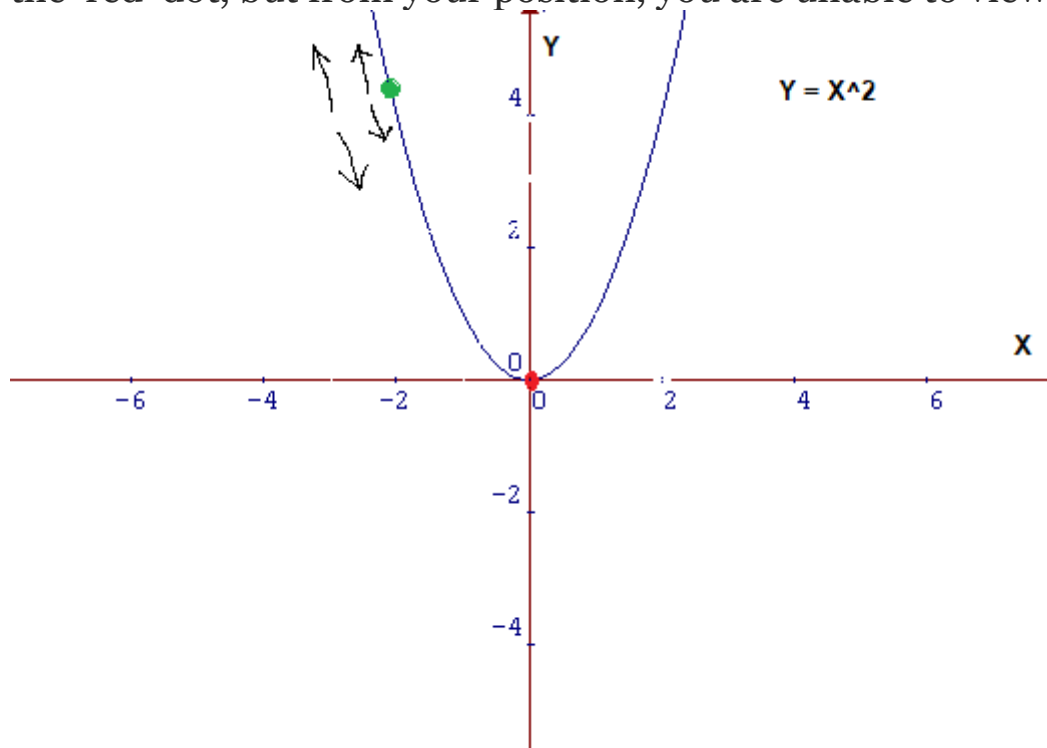

Figure 2

Possible actions would be:

- You might go upward or downward

- If you decide which way to go, you might take a bigger step or a little step to reach your destination.

Essentially, there are two things that you should know to reach the minima, i.e. which way to go and how big a step to take.

Gradient Descent Algorithm helps us to make these decisions efficiently and effectively with the use of derivatives. A **derivative** is a term that comes from calculus and is calculated as the slope of the graph at a particular point. The slope is described by drawing a tangent line to the graph at the point. So, if we can compute this tangent line, we might compute the desired direction to reach the minima. We will talk about this in more detail in the latter part of the article.

The Minimum Value

In the same figure, if we draw a tangent at the green point, we know that if we are moving upwards, we are moving away from the minima and vice versa. Also, the tangent gives us a sense of the steepness of the slope.
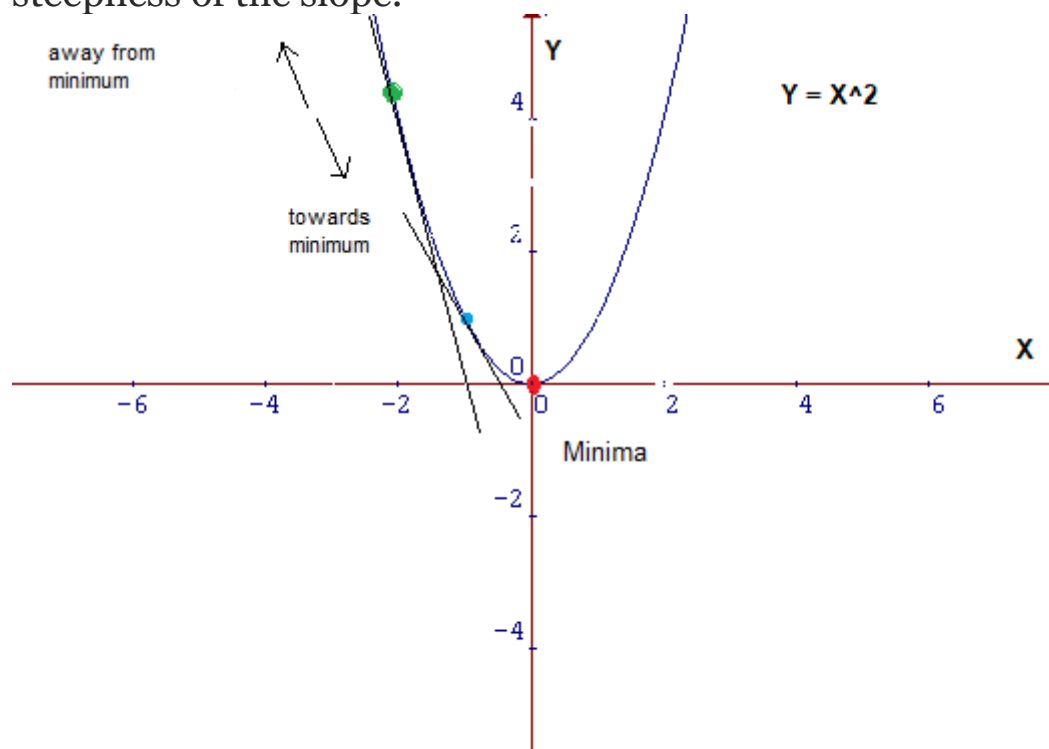
The slope at the blue point is less steep than that at the green point, which means it will take much smaller **steps** to reach the minimum from the blue point than from the green point.

Mathematical Interpretation of Cost Function

Let us now put all these learnings into a mathematical formula. In the equation, $y = mX+b$ 'm' and 'b' are its parameters. During the training process, there will be a small change in their values. Let that small change be denoted by δ. The value of parameters will be updated as **m=m-δm** and **b=b-δb,** respectively. Our aim here is to find those values of m and b in $y = mx+b$ For which the error is minimum, i.e., values that minimize the cost function.

Rewriting the cost function:

Parameters with small changes:

$$m = m - \delta m$$
$$b = b - \delta b$$

Given Cost Function for 'N' no of samples

$$Cost = \frac{1}{N} \sum_{i=1}^{N} (Y_i' - Y_i)^2$$

Cost function is denoted by J where J is a function of m and b

$$J_{m,b} = \frac{1}{N} \sum_{i=1}^{N} (Y_i' - Y_i)^2$$

Substituting the term Y'-Y with error for simplicity

$$J_{m,b} = \frac{1}{N} \sum_{i=1}^{N} (Error_i)^2$$

The idea is that by being able to compute the derivative/slope of the function, we can find the minimum of a function.

The Learning rate

This size of steps taken to reach the minimum or bottom is called **Learning Rate**. We can cover more area with larger steps/higher learning rate but are at the risk of overshooting the minima. On the other hand, small steps/smaller learning rates will consume a lot of time to reach the lowest point.

The visualizations below give an idea about the Learning Rate concept. **See how in the third figure, we reach the minimum point with the minimum number of steps. This is the optimum learning rate for this problem.**

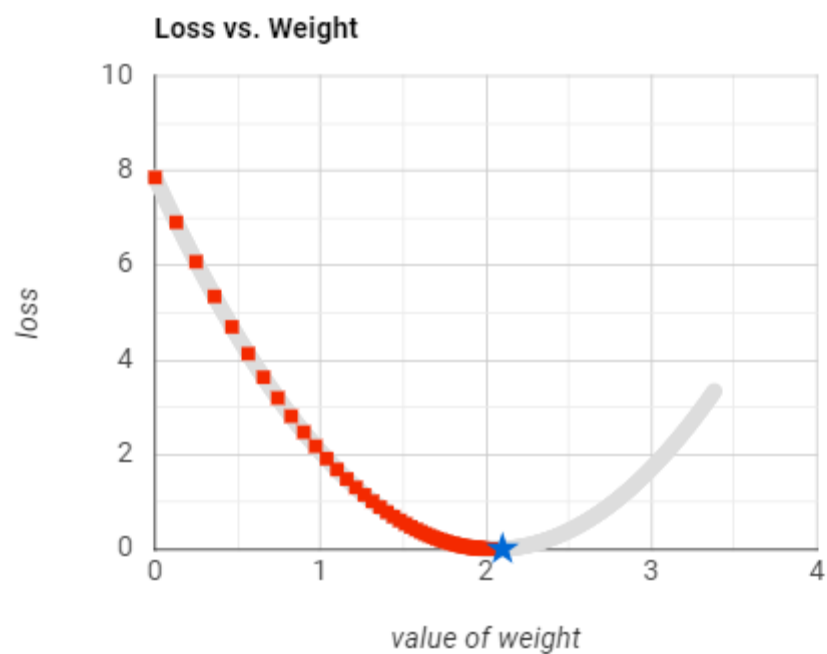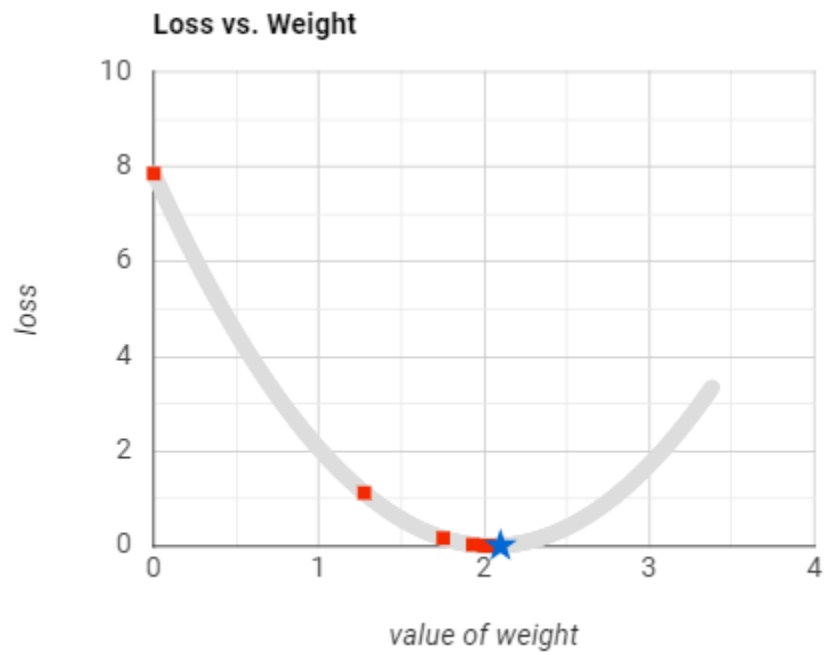|		
Set learning rate:	▭	0.10
Execute single step:	STEP	81
Reset the graph:	RESET	

✓ This model has reached minimal loss. Is it possible to achieve similar results with fewer steps?

Loss vs. Weight

Set learning rate:		1.00

Execute single step:	STEP	6

Reset the graph:	RESET	

Loss vs. Weight

value of weight

Set learning rate:		1.60
Execute single step:	STEP	1
Reset the graph:	RESET	

✓ This model has reached minimal loss.

Loss vs. Weight
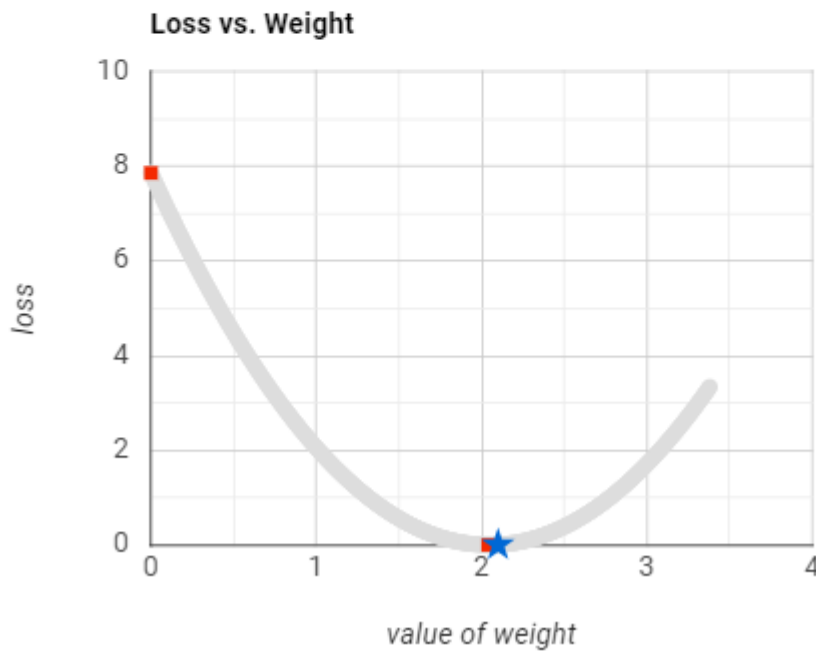
We saw that when the learning rate is too low, it takes many steps to converge. On the other hand, when the learning rate is too high, Gradient Descent fails to reach the minimum, as seen in the visualization below.

Experiment with different learning rates by visiting the link below.

Optimizing Learning Rate | Machine Learning Crash Course | Google Developers
Can you reach the minimum more quickly with a higher learning rate? Set a learning rate of 1, and keep hitting STEP…
developers.google.com

Derivatives

Machine learning uses derivatives in optimization problems. Optimization algorithms like *gradient descent* use derivates to decide whether to increase or decrease the weights to increase or decrease any objective function.

If we are able to compute the derivative of a function, we know in which direction to proceed to minimize it.

Primarily we shall be dealing with two concepts from calculus :

- **Power Rule**

Power rule calculates the derivative of a variable raised to a power.

If we have a function like
$$f(x) = x^n$$
, then
$$\frac{\partial f(x)}{\partial x} = nx^{n-1}$$

Example : Find the derivative of the function f(x) w.r.t. x where
$$f(x) = 3x^5$$
$$\frac{\partial f(x)}{\partial x} = 15x^4$$

- **Chain Rule**

The **chain rule** is used for calculating the derivative of composite functions. The chain rule can also be expressed in [Leibniz's notation](#) as follows:

If a variable z depends on the variable y, which itself depends on the variable x, so that y and z are dependent variables, then z, via the intermediate variable of y, depends on x as well. This is called the [chain rule](#) and is mathematically written as,

$$\frac{\partial z}{\partial x} = \frac{\partial z}{\partial y} \cdot \frac{\partial y}{\partial x}$$

Let us understand it through an example:

if

$$y = x^2$$

and

$$x = z^2$$

then, the derivative of **y** w.r.t **z** can be calculated with **chain rule** as follows:

$$\frac{\partial y}{\partial z} = \frac{\partial y}{\partial x} \cdot \frac{\partial x}{\partial z}$$

$$\frac{\partial y}{\partial x} = 2x$$

$$\frac{\partial x}{\partial z} = 2z$$

Hence,

$$\frac{\partial y}{\partial z} = 2x.2z$$

- Using the **Power** and **Chain** Rule for derivatives, let's calculate how the Cost function changes relative to m and c. This deals with the concept of **partial derivatives,** which says that if there is a function of two variables, then to find the partial derivative of that function w.r.t to one variable, treat the other variable as constant. This will be more clear with an example:

Partial Derivatives

Say for instance, we have a function:

$$f(x, y) = x^4 + y^7$$

partial derivative of the function w.r.t 'x' will be :

$$\frac{\partial f}{\partial x} = 4x^3 + 0$$

treating 'y' as a constant

And partial derivative of the function w.r.t 'y' will be :

$$\frac{\partial f}{\partial y} = 0 + 7y^6$$

treating 'x' as a constant

Calculating Gradient Descent

Let us now apply the knowledge of these rules of calculus in our original equation and find the derivative of the Cost Function w.r.t to both **'m'** and **'b'**. Revising the Cost Function equation :

$$J_{m,b} = \frac{1}{N} \sum_{i=1}^{N} (Error_i)^2$$

For simplicity, let us get rid of the summation sign. The summation part is important, especially with the concept of **Stochastic gradient descent (SGD)** vs. **batch gradient descent**. During the **batch gradient descent**, we look at the error of all the training examples at once, while in the **SGD,** we look at each error at a time. However, to keep things simple, we will assume that we are looking at each error one at a time.

$$\frac{\partial J}{\partial m} = 2.\,Error.\frac{\partial}{\partial m}Error$$

$$\frac{\partial J}{\partial b} = 2\cdot Error.\frac{\partial}{\partial b}Error$$

Now let's calculate the gradient of Error w.r.t to both m and b :

$$\frac{\partial}{\partial m}Error = \frac{\partial}{\partial m}(Y' - Y)$$

$$\frac{\partial}{\partial b}Error = \frac{\partial}{\partial b}(Y' - Y)$$

$$\frac{\partial}{\partial m}Error = \frac{\partial}{\partial m}(mX + b - Y)$$

$$\frac{\partial}{\partial b}Error = \frac{\partial}{\partial b}(mX + b - Y)$$

constants

constants

$$\frac{\partial}{\partial m}Error = X$$

$$\frac{\partial}{\partial b}Error = 1$$

Plugging the values back in the cost function and multiplying it with the learning rate:

$$\frac{\partial J}{\partial m} = 2.\,Error * X * Learning\ Rate$$

Determines the direction to minimize the Error

Determines how large a step to take

$$\frac{\partial J}{\partial b} = 2.\,Error * Learning\ Rate$$

This **2** in this equation isn't that significant since it just says that we have a learning rate twice as big or half as big. So let's get rid of it too. So, Ultimately, this entire article boils down to two simple equations representing the equations for Gradient Descent.

$$\frac{\partial J}{\partial m} = \text{Error} * X * \text{Learning Rate} \qquad \frac{\partial J}{\partial b} = \text{Error} * \text{Learning Rate}$$

$$\text{Since } m = m - \delta m \qquad \text{Since } b = b - \delta b$$

$$m^1 = m^0 - \text{Error} * X * \text{Learning Rate} \qquad b^1 = b^0 - \text{Error} * \text{Learning Rate}$$

m^1, b^1 = next position parameters; m^0, b^0 = current position parameters

Hence, to solve for the gradient, we iterate through our data points using our new m and b values and compute the partial derivatives. This new gradient tells us the slope of our cost function at our current position and the direction we should move to update our parameters. The size of our update is controlled by the learning rate.

Conclusion

The point of this article was to demonstrate the concept of gradient descent. We used gradient descent as our optimization strategy for linear regression. by drawing the line of best fit to measure the relationship between student heights and weights. However, it is important to note here that the linear regression example has been

chosen for simplicity but can be used with other Machine Learning techniques.