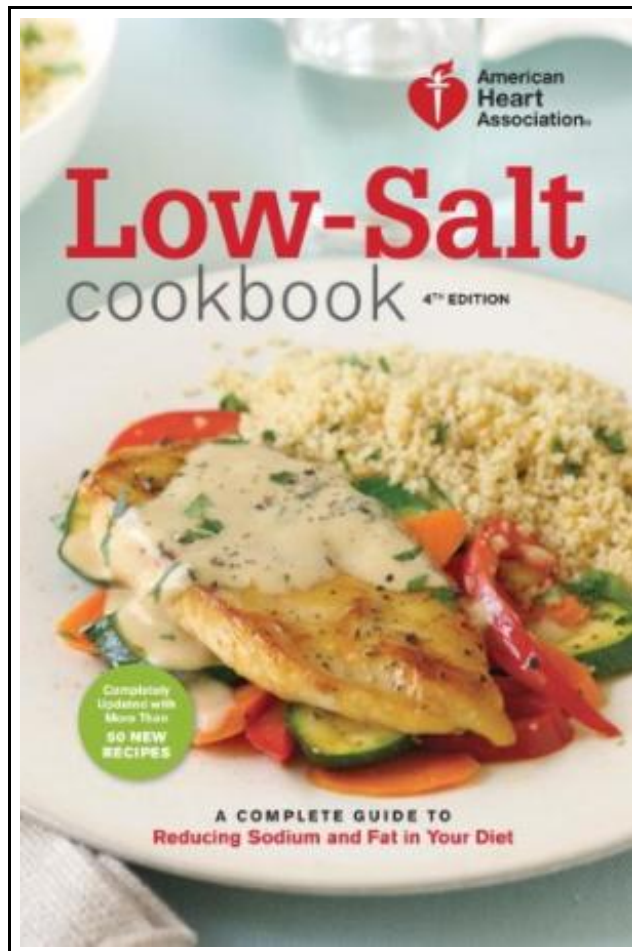


## American Heart Association Low-Salt Cookbook, 4th Edition A Complete Guide to Reducing Sodium and Fat in Your Diet



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