



## An Awkward Fit

---

By Helen Maczkowiack

Chipmunkpublishing, United Kingdom, 2010. Paperback. Book Condition: New. 201 x 127 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Description This book is the biography of Helen Maczkowiack s son, Stephen, who suffered from schizophrenia and took his own life at just 29. It captures the haunting story of a young man s desperate struggle to find his way in life. It features excerpts from Stephen s diary, which gives the reader a deep insight into his illness: the paranoia, obsession and flashes of anger, the unpredictability as well as the creativity and energy. Helen says in the preface of her book that her primary motivation was to preserve her son s writings. But as she became more and more involved in rewriting his story, she discovered that she could also promote mental health issues to support the development of more effective responses from community services and those working in the mental health field. A courageous story consisting of diaries kept by Stephen who suicided and Helen s unflinching honesty that will touch the hearts of all readers. It will help to increase community awareness, help develop understanding, offer comfort and support to parents, encourage people to...



**READ ONLINE**  
**[ 2.06 MB ]**

### Reviews

*Comprehensive information! Its this sort of excellent go through. It is packed with knowledge and wisdom You may like just how the author publish this book.*

-- **Mustafa McGlynn**

*Complete guideline! Its this kind of great read through. It is probably the most incredible pdf i actually have read through. Its been developed in an extremely straightforward way and it is simply soon after i finished reading this book through which actually modified me, affect the way i really believe.*

-- **Beryl Labadie I**