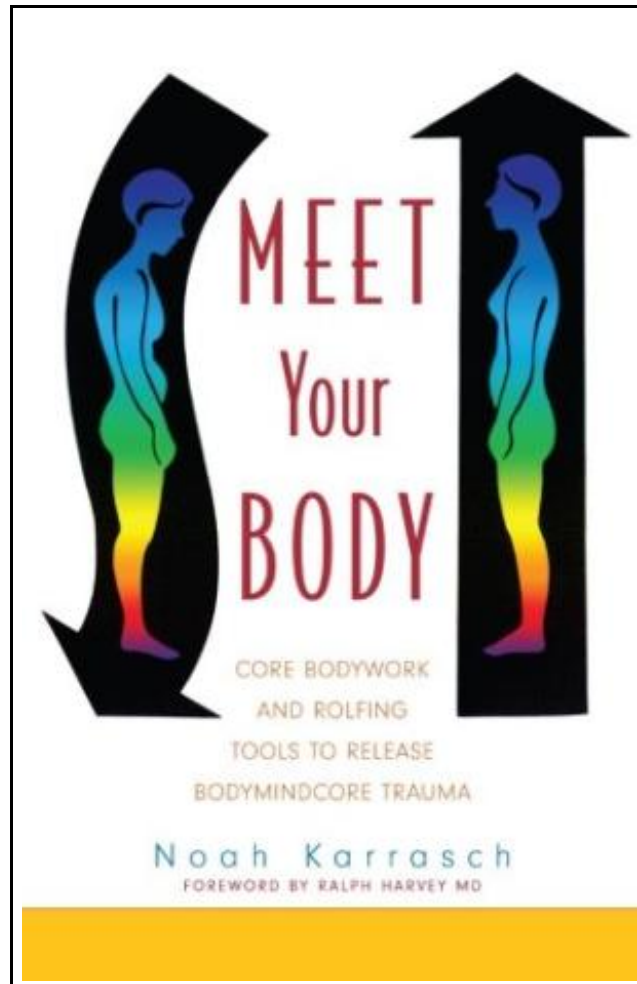


## Meet Your Body: Core Bodywork and Rolfing Tools to Release Bodymindcore Trauma



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