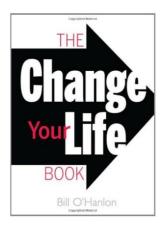
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## THE CHANGE YOUR LIFE BOOK



HEALTH COMMUNICATIONS, United States, 2012. Paperback. Book Condition: New. 173 x 124 mm. Language: English . Brand New Book. Making dramatic life changes can be difficult. The true secret to life-long transformation, according to certified professional counselor Bill O Hanlon, is to take baby steps; small, subtle changes will yield profound and lasting results when added together. In this concise book, O Hanlon shares his simple formula for making the small changes that lead to big shifts: Change the Doing,...

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- Released at 2012



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