Find Book

THE ESCAPES: ESCAPES (2ND REVISED EDITION)



Snowbooks Ltd. Paperback. Book Condition: new. BRAND NEW, The Escapes: Escapes (2nd Revised edition), Geoff Thompson, Ground fighting is one of the most underestimated yet devastatingly ferocious of all the Martial Arts. Ninety-nine per cent of all street fights that are not finished within the first three seconds end up on the floor. The books in the "Ground Fighting" series prepare you with the very best of wrestling, ju-jitsu, judo etc., covering ground control, bars, locks, chokes, strangles, cranks, butts,...

Read PDF The Escapes: Escapes (2nd Revised edition)

- Authored by Geoff Thompson
- · Released at -



Filesize: 9.12 MB

Reviews

Great e-book and beneficial one. I am quite late in start reading this one, but better then never. You may like how the author publish this ebook.

-- Mr. Alexandro Lemke MD

It in a of the best publication. It really is rally intriguing through reading through period of time. You will not feel monotony at anytime of your own time (that's what catalogs are for relating to in the event you request me).

-- Dr. Pat Hegmann

Related Books

TJ new concept of the Preschool Quality Education Engineering the daily learning book of: new happy learning young children (3-5 years) Intermediate (3)(Chinese

- Edition)
 - TJ new concept of the Preschool Quality Education Engineering the daily learning
- book of: new happy learning young children (2-4 years old) in small classes...
- Comic Maths: Sue: Fantasy-Based Learning for 4, 5 and 6 Year Olds
- Piano Concerto, Op.33 / B.63: Study Score
- Tinga Tinga Tales: Why Lion Roars Read it Yourself with Ladybird