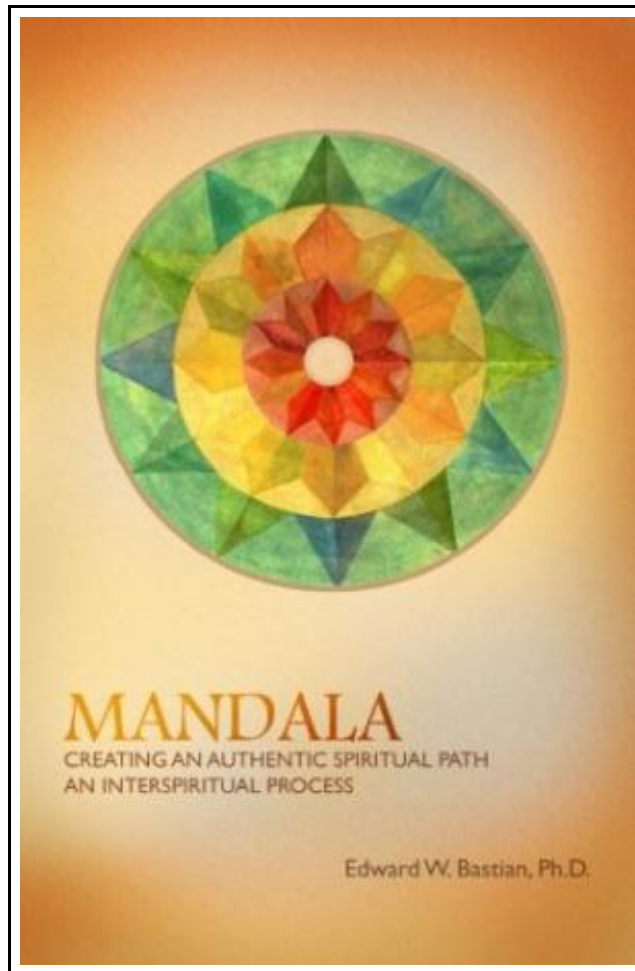# Mandala: Creating an Authentic Spiritual Path: An Interspiritual Process

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(Mrs. Winifred Fritsch)

MANDALA: CREATING AN AUTHENTIC SPIRITUAL PATH: AN INTERSPIRITUAL PROCESS

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Albion-Andalus Books, United States, 2014. Paperback. Book Condition: New. 212 x 138 mm. Language: English . Brand New Book ***** Print on Demand *****.Edward Bastian s groundbreaking book, Mandala: Creating an Authentic Spiritual Path: An InterSpiritual Process, provides the reader with a profound tool for constructing and cultivating a personal spiritual path from the world s collective spiritual wisdom, utilizing one s own preferences and learning styles to find the answers to our most profound questions. That is to say, it provides the means, not the answers - those we must find ourselves. Through the Spiritual Paths Mandala one explores one s own archetypal approaches to spirituality, one s own questions about the spiritual path, and finds the practices and traditions that best suit our particular needs. Of it, Dr. Carol S. Pearson, author of The Hero Within and Awakening the Heroes Within, has written: In Mandala, Dr. Bastian has done for spirituality what I ve worked to do with archetypes, developing a system through which anyone-religious or not-can identify his or her own natural mode of assessing spiritual truth. Dr. Bastian s work is a great and important breakthrough, as so many believe they are not spiritual because they do not follow a particular dogma or because the tradition in which they were raised does not fit for them. His work also can be of assistance to those within any spiritual tradition to expand their horizons and to promote respectful interfaith dialogue.

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