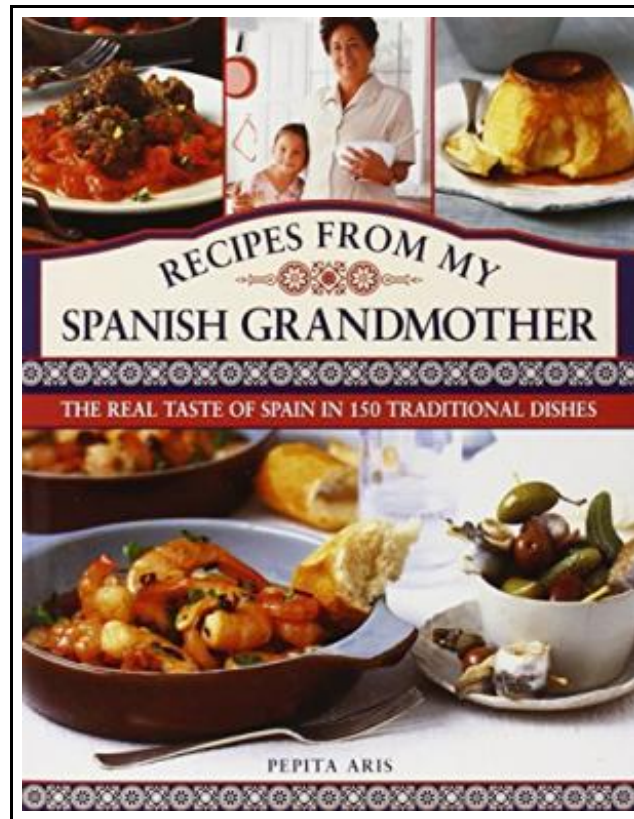


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Anness Publishing, United Kingdom, 2013. Hardback. Book Condition: New. 226 x 168 mm. Language: English . Brand New Book. Everything you need to know about Spanish food; ingredients, cooking equipment and special techniques. It includes chapters that are devoted to tapas, soup and eggs, rice and pasta, vegetables and salads, fish and shellfish, poultry and game birds, meat and game, and desserts and baking. You can experience genuine home-cooked Spanish cuisine with much-loved family dishes like Paella, Tortilla, Aroz con Pollo, Empanadillas, Patatas Bravas, Rice Tortitas, Cocido, Flan and Crema Catalana. You can bring the rich, robust tastes of genuine Spanish food to your own kitchen, with simple-to-follow cooking that has been handed down through the generations. It includes 150 classic recipes are all illustrated step-by-step, with over 700 photographs. Spain is a country rich in history, culture and diversity, with a fascinating cuisine. This glorious book begins with an introduction to the culinary history of Spain, then offers a photographic guide to the essential Spanish ingredients, from fantastic cheeses and hams to olive oils, mountain herbs and shellfish. There are then over 150 tempting recipes to try, straight from a traditional Spanish kitchen, with classics such as Gazpacho, Spinach with Raisins and Pinenuts, Paella Valencia, Salt Cod Fritters with Alioli, Lamb with Red Peppers and Rioja, Twelfth Night Bread and Basque Tart with Apple. With easy-to-follow instructions, helpful hints and cooking tips, this informative book offers a unique insight into the real food and cooking of Spanish grandmothers.



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