



Prepping for a Pandemic: Life-Saving Supplies, Skills and Plans for Surviving an Outbreak

By Catherine Ellis

Ulysses Press. Paperback. Book Condition: new. BRAND NEW, Prepping for a Pandemic: Life-Saving Supplies, Skills and Plans for Surviving an Outbreak, Catherine Ellis, An in-depth guide to prepare oneself and one's family for a widespread outbreak of any deadly disease Every year pandemics strike! And they can easily spread all over the world--overwhelming doctors and hospitals. Will you be ready when a deadly epidemic hits your town? Prepping for a Pandemic provides the vital information and life-saving steps needed before and after an outbreak, including: *Outbreak Warning Signs *Initial Symptoms *Ease of Transmission *Quarantine Protocol *First Aid Skills *Medical Treatment *Future Threats *Home Remedies With detailed information on deadly diseases, tips on stockpiling supplies and plans for bugging out, this book offers everything required to keep you and your family safe.



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