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Fast Facts on Adolescent Health for Nursing and Health Professionals: A Care Guide in a Nutshell

By Judith W. Herrman

Springer Publishing Co Inc, United States, 2014. Paperback. Book Condition: New. New.. 196 x 124 mm. Language: English . Brand New Book. This latest addition to the Fast Facts series, authored by nursing luminary Judith Herrman, is a pithy, authoritative guide to adolescent health designed specifically for nurses at all levels and other health care professionals. It is the only book written for nurses and other health care professionals who work with adolescents in schools, community agencies, neighborhoods, and other settings, and contains the resources needed to best serve this population. Designed to provide speedy information retrieval, the guide describes a broad spectrum of health and health care issues particular to adolescents, reviews current data, explores behaviors and risk factors, and addresses nursing implications for treatment. Framed in a positive perspective of adolescence, the book also includes suggestions for working and communicating effectively with teens. Chapters are consistently organized according to the domain model, a whole-person health model comprised of six pillars: physical, intellectual, sexual, spiritual, emotional, and relational. Special features include brief chapters with bullet points; an introduction, objectives, and summary in each chapter; Fast Facts in a Nutshell; tables summarizing important information; and a reference list including key...


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