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## Mighty Muscular-Skeletal System: How Do My Bones and Muscles Work?

By John Burstein

Crabtree Publishing Co, Canada. Paperback. Book Condition: new. BRAND NEW, Mighty Muscular-Skeletal System: How Do My Bones and Muscles Work?, John Burstein, This title is suitable for the children of ages 8 to 9 years. Struts and Flex, our muscle and bone Body Buddies give the inside scoop on this active partnership. Readers are introduced to the structure and function of bones and muscles. They will discover how different joints enable different kinds of movement and how muscles must work in teams. There are sections on developing muscle strength and flexibility, bone and muscle diseases, and amazing facts.



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