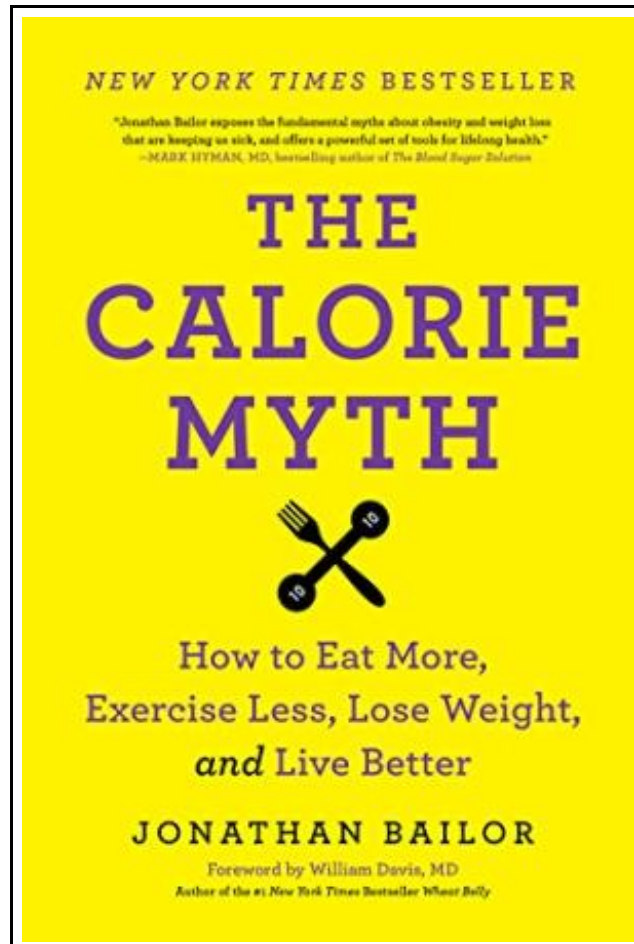


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## CALORIE MYTH: HOW TO EAT MORE, EXERCISE LESS, LOSE WEIGHT, AND LIVE BETTER

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