



## Cheer Tryouts and Training (Hardback)

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By Marcia Amidon Lusted

Sportszone, United States, 2016. Hardback. Book Condition: New. 229 x 180 mm. Language: English . Brand New Book. Presents basic information about tryouts for cheerleading, covering everything from safety, uniforms, and healthy eating to the tumbles, chants, and motions cheerleaders perform.



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