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GREEN SMOOTHIES: THE 50 BEST GREEN SMOOTHIE RECIPES FOR WEIGHT LOSS (LARGE PRINT): HOW TO MAKE THE BEST GREEN SMOOTHIES TO DROP POUNDS





Daisy Williams

Speedy Publishing LLC, United States, 2014. Paperback. Book Condition: New. large type edition. 272 x 210 mm. Language: English. Brand New Book ***** Print on Demand *****. Smoothies can be very nutritious and they taste delicious but not all smoothies are low in calories or easy to integrate into a wealth loss program. Because rabbit food fatigue can sabotage your diet, chef Daisy Williams collected the 50 best recipes for smoothies that are lean, clean low-calorie, and very satisfying to...

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- Authored by Daisy Williams
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