



Tasty Drinks and Snacks

By Rita Storey

Hachette Children's Group. Paperback. Book Condition: new. BRAND NEW, Tasty Drinks and Snacks, Rita Storey, Snacks and drinks are a useful way of boosting your energy between meals. But many savoury snacks are high in salt and fat and many sweet snacks and drinks are high in sugar. This book provides lots of ideas for healthy, but very tasty, snacks and drinks. The recipes include mini-wraps, cheese dip, blueberry milkshakeand banana muffins. The 'Plan, Prepare, Cook' series has brilliant step-by-step photographs and easy-to-follow instructions so that you will soon be creating your very own delicious food. Learn basic techniques, find out about the equipment you need, and pick up lots of helpful hints and tips along the way.



Reviews

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-- Brayan Mohr Sr.

A superior quality publication along with the font used was fascinating to learn. I have read through and i also am certain that i am going to going to go through yet again again in the future. Your life period will likely be enhance the instant you total reading this publication.

-- Donnie Rice

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