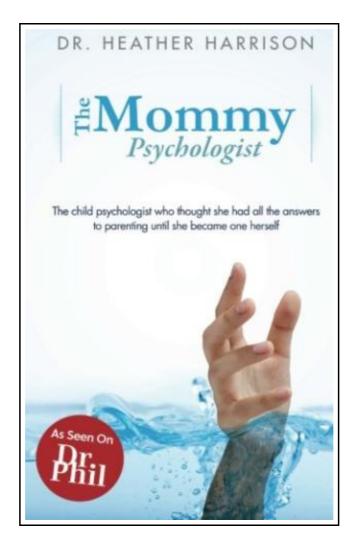
The Mommy Psychologist: The Child Psychologist Who Thought She Had All the Answers to Parenting Until She Became One Herself



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Reviews

This is the finest book i have got go through right up until now. I have got read and i also am confident that i am going to planning to read once again yet again in the future. You will not truly feel monotony at at any time of the time (that's what catalogs are for about if you check with me). (Taylor Medhurst)

THE MOMMY PSYCHOLOGIST: THE CHILD PSYCHOLOGIST WHO THOUGHT SHE HAD ALL THE ANSWERS TO PARENTING UNTIL SHE BECAME ONE HERSELF



Createspace, United States, 2012. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****. Just like A Girlfriend s Guide to Pregnancy is the must-have book for any pregnant woman, The Mommy Psychologist is the must-have book for any new mother. If you are a mother, a mother-to-be, or thinking about becoming a mother then you must read this book. Grab a cup of coffee or a glass of wine and get ready to learn the real deal on motherhood. The stuff none of the other parenting books tell you. You might be surprised to learn that after natural childbirth, your vagina will look like Mike Tyson went nine rounds on it or that breastfeeding on the toilet cures constipation. The Mommy Psychologist is not another prescriptive, how-to guide on parenting. The last thing we need is another parenting book lining the shelves promising parental success if we apply the correct mathematical formula to our babies. It s narrated by a Child Psychologist who thought she had all the answers to parenting until she became one herself. She exposes her faults unapologetically in an account that is both hilarious and heartbreaking. She makes sense of the emotional extremes of motherhood and shows how seemingly contradictory emotions about motherhood can co-exist. Each chapter tackles a specific parenting topic ranging from dealing with infant sleep problems to dispelling some of the common myths associated with autism. The Mommy Psychologist doesn t give mothers the illusion that if they apply certain steps to a problem they will get a specific result. Instead, mothers are encouraged to view parenting through the lens of self empowerment and suggestions are provided to help them use the information they have at their disposal, but mostly, to feel better about...

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