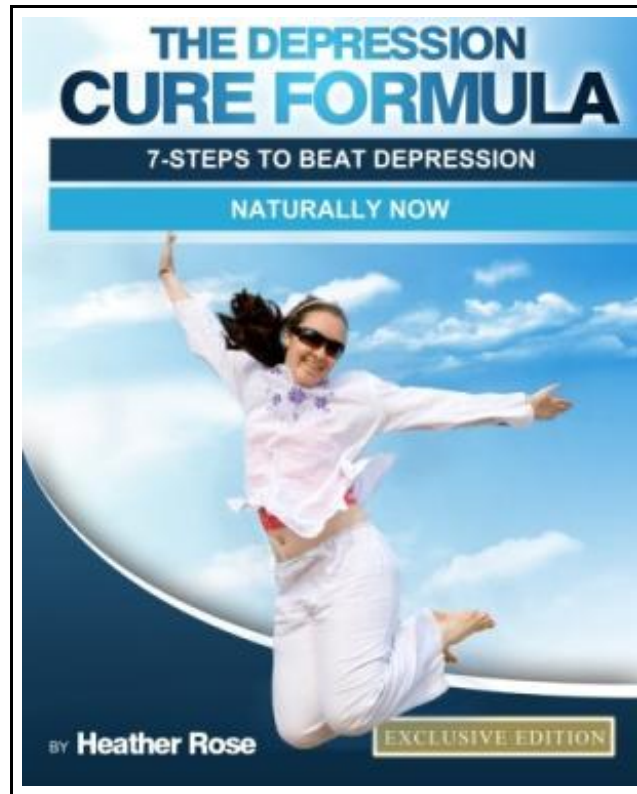


The Depression Cure Formula: 7-Steps to Beat Depression Naturally Now



Filesize: 4.09 MB

Reviews

This published publication is fantastic. it had been writtern very perfectly and useful. Once you begin to read the book, it is extremely difficult to leave it before concluding.




(Junius Herman)

THE DEPRESSION CURE FORMULA: 7-STEPS TO BEAT DEPRESSION NATURALLY NOW



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Createspace, United States, 2012. Paperback. Book Condition: New. 250 x 205 mm. Language: English . Brand New Book ***** Print on Demand *****.Depression affects 1 in 10 people all over the US. It s one of the most common of mental illnesses and yet one of the easiest to treat. According to CDC (Centers for Disease Control and Prevention) the most likely of people to suffer with depression are: - People 45 - 64 years of age - Women - People who are unable to work or are unemployed - Been previously married - People without health insurance coverage The usual costs of a psychologist is \$120 to \$180 per 50-minute session. Some even charge a \$250 first time evaluation fee! You could go to your family doctor and get prescribed anti-depressants. Let s take a look at some of them. The most commonly prescribed anti-depressants are: Prozac Luvox Zoloft Paxil Lexapro These act on a chemical in the brain called serotonin. However like all anti-depressants the above five I ve listed increase suicidal thoughts and behaviors as well as increasing hostility, agitation and anxiety. They also have some horrible side effects such as: Nausea Insomnia Headaches Decreased sexual desires Sweating Tremors Weight loss or gain Dry mouth Diarrhea or constipation Dizziness Drowsiness and fatigue Just what you need when you are suffering with depression. However there are other alternatives that are cost effective with zero side effects. Lets take a look at Your 7 Rapid Steps Program to Beating Depression Now!.

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