



# Drug and Alcohol Addiction: Preventing Drug Use and Abuse

By National Institute on Drug Abuse, The National Center for Biotechnology

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*\*.Drug and Alcohol Addiction - Preventing Drug Use and Abuse - The Facts - A Basic Introduction. The Perfect Introduction to the Subject of Drug Abuse for Nurses, Care Workers, Social Workers and Youth Workers. Many people do not understand why or how other people become addicted to drugs. It is often mistakenly assumed that drug abusers lack moral principles or willpower and that they could stop using drugs simply by choosing to change their behavior. In reality, drug addiction is a complex disease, and quitting takes more than good intentions or a strong will. In fact, because drugs change the brain in ways that foster compulsive drug abuse, quitting is difficult, even for those who are ready to do so. Through scientific advances, we know more about how drugs work in the brain than ever, and we also know that drug addiction can be successfully treated to help people stop abusing drugs and lead productive lives. Drug abuse and addiction have negative consequences for individuals and for society. Estimates of the total overall costs of substance abuse...



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