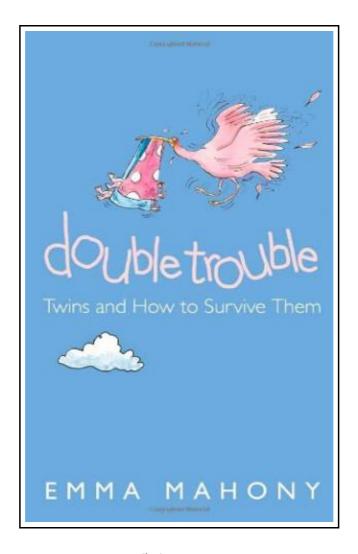
Double Trouble: Twins and How to Survive Them



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Reviews

Excellent e-book and useful one. It can be rally intriguing through looking at time period. Once you begin to read the book, it is extremely difficult to leave it before concluding.

(Pasquale Klocko)

DOUBLE TROUBLE: TWINS AND HOW TO SURVIVE THEM



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HarperCollins Publishers. Paperback. Book Condition: new. BRAND NEW, Double Trouble: Twins and How to Survive Them, Emma Mahoney, This indispensable guide to multiple pregnancy, birth and beyond, comes from an expert on the subject - Emma Mahony is a twin herself as well as being the mother of twins. Humorous cartoons from the Times' front-page cartoonist make this a lighthearted, informative guide to everything expectant mothers of twins need to know. Twins are amazing - but multiple pregnancy and birth, not to mention coping with twins once they are born, carries a set of special fears, risks and issues. Many parents-to-be find themselves overwhelmed. This guide is informative yet informal - in a similar vein to 'Best Friends Guide To Pregnancy'. The author is uniquely experienced in this subject, being a twin and also a mother of baby twins. Contains advice from pregnancy and childcare experts as well as case studies. Illustrated inside with humorous cartoons from Jonathan Pugh, father of two and front-page cartoonist at The Times. An exploration of practical issues such as eating for three, managing breastfeeding, and the trend towards Caesareans for NHS twin births. * Any special concerns? The unnecessary label of 'high risk' in pregnancy. * Testimonies from mums who have tried different approaches. * Interviews with medical and midwife experts. * A step-by-step guide to the different stages of pregnancy and birth, including how to involve the father and explain twins to other siblings. * Tips on managing once the twins have arrived.



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