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Everyday Symbols for Joyful Living

By Dianne Durante

Quality of Life Publishing Company. Paperback. Book Condition: new. BRAND NEW, Everyday Symbols for Joyful Living, Dianne Durante, Finally, a fun and easy way to simplify and enjoy your busy life! Learning to live joyfully shouldn't be rocket science. Now, it's not! This delightfully inspired book shows you that you have all the basic little tools you need to get back to the essentials of a balanced and happy lifestyle. The author's light-hearted guidance uses a combination of simple symbols, stories, facts, and quotes to compel and empower you every step of the way. This is no boring lecture from some stuffy expert. Here is an expert with colourful appeal and a way with words that keeps you reading and wanting more. From the very first page, Dianne Durante will make you feel like you're getting handy advice from a good friend. Short, easy-to-read chapters make it simple to grasp profound insights in a snap. The activities at the end of each chapter provide practical ways you can incorporate basic concepts of communication, positive thinking, humour, and more into your daily life. In this work, learn how a penny can transform your relationship with money; a chocolate heart can unlock secrets...



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