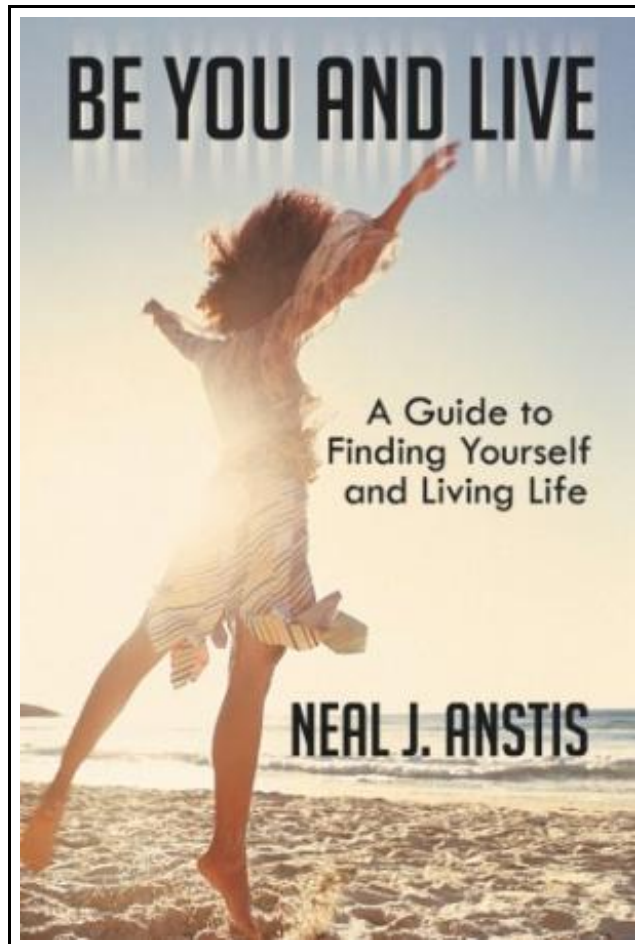


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BE YOU AND LIVE: A GUIDE TO FINDING YOURSELF AND LIVING LIFE



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Balboa Press, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.If you knew that you were going to die tomorrow, would you be truly satisfied with your life? Think back to when you were a child, long before you experienced the responsibilities that may have limited your sense of self and potential. What happened to that special young person, the one who wasn't afraid to dream and reach? That special person-you-is locked inside a box made of limitations. Whatever has held you back from achieving those dreams or has caused you to stop dreaming of attaining them, there is hope. Maybe you are struggling financially; feeling isolated, unloved, or overworked; or living with boredom, dullness, or exhaustion. These challenges can easily sap your energy, your enthusiasm, and your sense of fulfillment. How would your life change if you knew how to uncover the real you-the innocent, ambitious, and optimistic child who was never afraid to dream? You can free yourself. Change your mind, and you can change your life. Be You and Live is the guide to your new life. Through straightforward discussions and easy exercises, you can finally become aware of your own mind's limitations. Once you understand what's holding you back, you'll have the tools you need to take that first step on a new path to fulfillment and happiness.



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