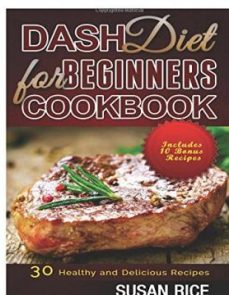


## Dash Diet for Beginners Cookbook: 30 Healthy and Delicious Recipes (Includes 10 Bonus Recipes)



### Book Review

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