



Solid Contact: A Top Golf Instructor's Guide to Learning Your Swing DNA and Instantly Striking the Ball Better Than Ever (Hardback)

By Jim Hardy

GOTHAM BOOKS, United States, 2012. Hardback. Book Condition: New. 231 x 152 mm. Language: English . Brand New Book. One of the world's most sought-after golf instructors and a PGA Teacher of the Year makes it easy to be your own coach, customizing your golf swing for phenomenal accuracy. In his decades as a renowned golf coach and player on the PGA and Champions tours, Jim Hardy has attracted not only a clientele of impressive players, but top teachers from around the globe flock to his clinics as well. At the heart of his approach is a simple philosophy: There is no universally right or wrong way to swing a golf club. In fact, Hardy teaches that every person's golf swing is as unique as a strand of DNA. Of course, this creates a challenge for instructors. Now, in Solid Contact, Hardy distills his remarkable system for readers of all skill levels, teaching them how to self-diagnose their shots and correct their swings and misses on the very next shot. Packed with instructional drawings and anecdotes about lessons that spurred turnarounds for the best instructors and pro golfers in the game, Solid Contact addresses the unique aspects of each...



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