



1001 Ways to Confidence

By Anne Moreland

Arcturus Publishing Ltd, United Kingdom, 2012. Paperback. Book Condition: New. 110 x 108 mm. Language: English . Brand New Book. The 1001 Ways To series addresses themes of major concern for the vast majority of people. Who doesn't want to be happy, wise, successful, confident, enlightened, patient, tranquil, and capable of attracting and keeping good friends? Featuring profound, humorous, and life-enhancing opinions from great minds throughout history, these books provide a treasury of thoughtful contributions from thinkers of different cultures over the centuries and genuine insights into states of being to which we all aspire. From learning how to unlock your inner confidence and becoming the person you always wanted to be, to understanding the exact meaning and importance of patience, this series will help guide you on your way with wise and witty opinions on some of the most contradictory and elusive human goals.



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