



## The Champion s Way: 12 Winning Principles for a Gold Medal Life

By Jeremy C Holm

Createspace, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Jeremy has put together a recipe, if you will, to reaching your goals. The steps are a reminder of what we already know. This book is a plan that, if practiced, will make you a champion in all walks of life. Thank- you Jeremy, for once again, sharing your time and passion to inspire others. Debbie Stark-Clark 1972, U.S. Olympic Team Gymnastics Whether in our relationships, our careers, our hobbies or just the daily aspects of living, we want to enjoy the best that life has to offer. How do we create those gold medal moments? How do we discover peace and confidence and what truly makes us happy? We live the 12-winning principles of The Champion s Way. Written by fourteen-year American bobsled pilot and coach Jeremy Holm, The Champion s Way is full of motivating and inspiring insights gleaned from a lifetime spent in one of the world s most exciting winter sports. Learn the secrets and life-changing principles that can help each and every one of us live as a gold-medalist in all aspects of...



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