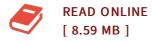




Men, Love & Birth: The Book About Being Present at Birth That Your Pregnant Lover Wants You to Read

By Mark Harris, Denis Walsh

Pinter & Martin Ltd. Paperback. Book Condition: new. BRAND NEW, Men, Love & Birth: The Book About Being Present at Birth That Your Pregnant Lover Wants You to Read, Mark Harris, Denis Walsh, There's a wealth of information out there for expectant mums on pregnancy and birth, but so often the dad is left out of the conversation. Male midwife Mark Harris seeks to redress the balance with this new book, drawing on his decades of experience with couples as they make the transition to being new parents. Covering topics from massage to sex, and pain relief during labour to breastfeeding, this is a lively, honest and frank discussion of pregnancy and birth from a man's point of view. Mark explores how to harness the power of birthing hormones, how to remain calm and aware in the birthing room, how to communicate effectively, and ultimately how to live the process of becoming a father to the full.



Reviews

This publication is great. I have study and that i am sure that i will planning to read once more again in the foreseeable future. You will like how the article writer write this publication.

-- Dr. Uriel Kovacek

This created ebook is great. it was writtern very properly and useful. Its been printed in an exceedingly easy way in fact it is just right after i finished reading this pdf where basically modified me, alter the way i think.

-- Aglae Becker