



Mush: From Sled Dogs to Celiac, the Scenic Detour of My Life

By Tara Caimi

Plain View Press, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. When Tara Caimi was twenty-eight years old, she moved from Pennsylvania to Utah to support her boyfriend s dog mushing dream. Nick was confident and courageous, outgoing and adventurous-everything Tara was not. Tara had always suffered from anxiety-related ailments, but in Utah her health steadily deteriorated. Living with Nick revealed some unexpected lifestyle differences, and the culture she encountered rendered her a perpetual outsider. The only comfort she found was in her surrogate family of sled dogs. As personal failures piled up amidst desperate feelings of isolation, her health declined to a point she could no longer ignore. Mush is the story of Tara s journey toward someone else s dream and the lifesaving selfdiscovery it revealed. Tara Caimi s Mush does not pretend. It s an unsparing memoir, written with seductive honesty and few favours paid to the writer s ego. Caimi s story picks its way through the half-lit valleys of her wilderness years, as she follows a dream not her own. This is the sort of truth that plenty of us spend our...



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