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## The Inner Game of Work: Focus, Learning, Pleasure, and Mobility in the Workplace

By W. Timothy Gallwey

Random House USA Inc, United States, 2001. Paperback. Book Condition: New. Reprint. 202 x 132 mm. Language: English . Brand New Book. Do you think it's possible to truly enjoy your job? No matter what it is or where you are? Timothy Gallwey does, and in this groundbreaking book he tells you how to overcome the inner obstacles that sabotage your efforts to be your best on the job. Timothy Gallwey burst upon the scene twenty years ago with his revolutionary approach to excellence in sports. His bestselling books *The Inner Game of Tennis* and *The Inner Game of Golf*, with over one million copies in print, changed the way we think about learning and coaching. But the Inner Game that Gallwey discovered on the tennis court is about more than learning a better backhand; it is about learning how to learn, a critical skill that, in this case, separates the productive, satisfied employee from the rest of the pack. For the past twenty years Gallwey has taken his Inner Game expertise to many of America's top companies, including ATT, Coca-Cola, Apple, and IBM, to teach their managers and employees how to gain better access to their own...



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