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## Visions of Health: Understanding Iridology

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By Bernard Jensen, Donald Bodeen

Avery Publishing Group Inc., U.S. Paperback. Book Condition: new. BRAND NEW, Visions of Health: Understanding Iridology, Bernard Jensen, Donald Bodeen, Your eyes may reveal much more about your health than you ever suspected. For over one hundred years, researchers have studied the links between your health and the patterns, colours and textures of the iris. In the United States, Dr Bernard Jensen has brought the art of interpreting iris signs into the twenty-first century. His advancements have made iridology a reliable form of analysis for thousands of practitioners of the healing arts. His methods of reading the eye have become standard throughout the world. In VISIONS OF HEALTH, Drs Jensen and Bodeen describe the basics of iris analysis in easy-to-understand language. They include dozens of illustrations and colour photos, as well as charts for reading your own eyes and those of your friends. They believe that, by recognising inherent weaknesses reflected in the iris, you can adjust your lifestyle accordingly - by picking out trouble spots, you can prevent problems before they develop. With this book in hand, you can clearly set your sights on achieving optimum health.



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