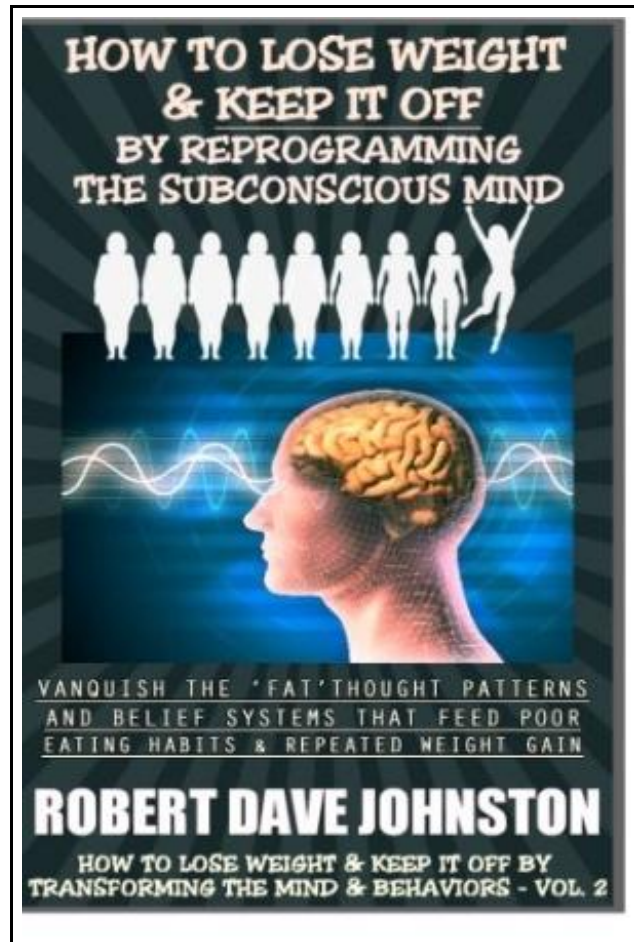


## How to Lose Weight (and Keep It Off) by Reprogramming the Subconscious Mind



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