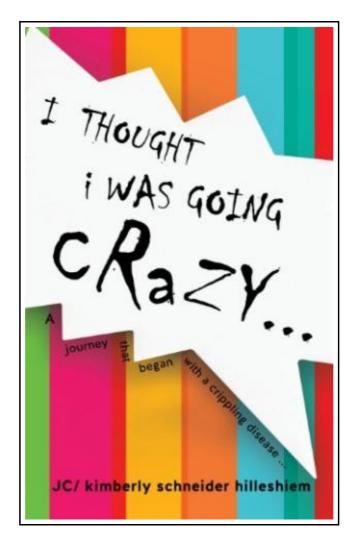
I Thought I Was Going Crazy.



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Reviews

This is actually the best ebook we have read till now. Indeed, it can be enjoy, nevertheless an interesting and amazing literature. You will not feel monotony at whenever you want of the time (that's what catalogs are for regarding should you question me).

(Jamar Stracke)

I THOUGHT I WAS GOING CRAZY.



Xulon Press, United States, 2013. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ****** Print on Demand ******. This begins my journey. Sitting at my desk.now married with 3 very young children, working for a company that custom built fire trucks, I was trying to type a report perfectly as the inspector waited patiently in the hallway for the completion of it. It was a 5 or 6 part report on the newly built fire truck that literally had - to - be - perfect (it could not even have corrected mistakes). My hands shook and I was filled with anxiety. My whole inner body, including my mind, was tense. I was so tense I could feel pressure in my head. It is truly hard to explain. I also had a very difficult time remembering. On many occasions, my boss would call me into his office for further instruction. I would clutch my notebook and pen and write frantically, otherwise, I would get back to my desk and think. now what did he just ask me to do? At home, I couldn t fall into a deep sleep. my mind raced constantly. No matter how hard I tried, I just could not get any rest. I was also very phobic in public. For example, when I was shopping and if I was comparing prices (which was very hard to do because of my state of mind), I would panic and think, are people looking at me? Have I been standing here too long? I wasn t sure what was wrong with me. WAS I GOING CRAZY? I was so scared . . .

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