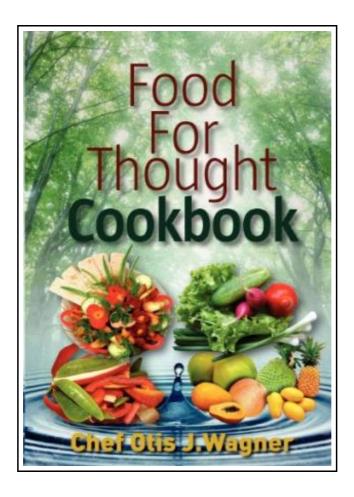
## Food for Thought Cookbook



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Excellent e-book and helpful one. it was writtern really flawlessly and helpful. You will like the way the author compose this pdf.

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#### FOOD FOR THOUGHT COOKBOOK



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TamaRe House Publishers, United Kingdom, 2012. Paperback. Book Condition: New. 206 x 150 mm. Language: English . Brand New Book. REVIEWS: Chef Otis is a passionate chef who provides great customer service and informative recipe ideas for his customers. His customers were really enjoying his delicious cooking at H-E-B! Christopher Smith, CEO, Valley Produce Company Chef/Author Otis J Wagner has been a good friend as well as mentor to me for as long as I can remember. I was so excited when I found out about him writing a book based on his many delicious dishes. Chef Otis is a very upright gentleman, who is passionate about his mastery of the art of cooking, whether it s at a public function or just with family and friends. He always does his best. Richard Bragg, U.S. Airways, Fleet Service Agent I have had the pleasure of not only previously working with Chef/Author Otis J Wagner, but also personally knowing him for almost 20 years. A very dependable and honest person, who will work tirelessly on your behalf. A great chef and even better person. Emhotep Gerald Richards, Owner/Designer, Nuwbia Designs Art Apparel Chef Otis J Wagner has been cooking since before I was born. I have been feasting on his health conscious meals for over 20 years. As my teacher and dear friend who helped enhance my skills in the kitchen and in life, I am delighted to finally see him publish this cookbook. The information and food preparation found in this book is priceless. Not only will you and your guests palates be happy, but your health will improve as well. While most cookbooks will stay and look good on your bookshelf, this one will be a mainstay in your kitchen on the counter next to the spice rack. Shimone...



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