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## REVERSE THE SIGNS OF AGEING: THE REVOLUTIONARY INSIDE-OUT PLAN TO GLOWING, YOUTHFUL SKIN



Ebury Publishing. Paperback. Book Condition: new. BRAND NEW, Reverse the Signs of Ageing: The Revolutionary Inside-Out Plan to Glowing, Youthful Skin, Nigma Talib, For years, world renowned naturopathic doctor, Dr Nigma Talib, has been solving skin problems and answering the million dollar question, 'what can I do to look and feel younger?' From every day patients with chronic skin conditions such as acne and psoriasis, to high profile names who need to look picture-perfect on the red carpet, Nigma has...

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- Authored by Nigma Talib
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