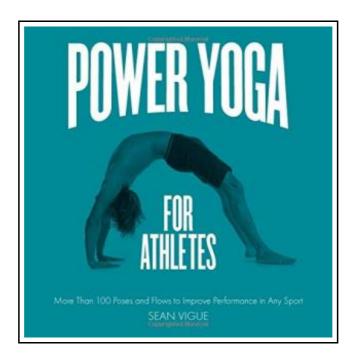
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(Prof. Uriel Witting)

POWER YOGA FOR ATHLETES: MORE THAN 100 POSES AND FLOWS TO IMPROVE PERFORMANCE IN ANY SPORT



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