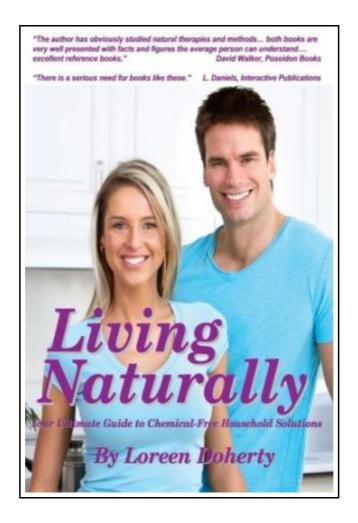
Living Naturally



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LIVING NATURALLY



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Createspace, United States, 2012. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book. Have you ever wanted to LIVE, feel and look better NATURALLY while saving your hard-earned money? Since the early 1900s over 75,000 synthetic, toxic chemicals have been introduced into our environment and homes. Harmful chemicals are in virtually everything we use in the home, work place and on our bodies every single day. Scientific research shows how damaging these hazardous chemicals are to our health and well being and that of our loved-ones. However, they can be largely avoided with very little effort! You can look after yourself, your kids, family and loved-ones, your pets, your home, garden and belongings, all the while doing your bit to help save the environment as well as saving money!In this easy-to-follow 170 page book, Ill show you how.These effective, healthy tips, methods and step-by-step recipes use ingredients as natural as possible, including the best value-for-money. I have also endeavoured to make these formulas as user-friendly as possible. Having practised healthy natural alternatives in all areas of my life for the last 20 years, what I have put together in these books is a culmination of 7 years of extensive research and development, testing and experimenting. In the chapters of this booklet you will find remedies, recipes, ideas, hints and tips for natural, chemical-free alternatives to synthetic chemical compounds that are quite often included in many off-the-shelf products these days. In chapter 1, the recipes and tips that I have put together are mainly natural, animal deterrents and bug, pest and insect repellents, including chemical-free personal insect repellents and pest repellents for your pets. In my research I have found that some insects are often difficult to kill without using chemicals such as insecticides or pesticides, so I have concentrated...

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