



Cooking with Chia

By Nicky Arthur

New Holland Australia. Paperback. Book Condition: New. Paperback. 224 pages. Dimensions: 9.0in. x 7.5in. x 0.7in.High in protein, omega 3 fatty acids and fibre, chia contains the essential minerals phosphorus, manganese, calcium, potassium and sodium. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



Reviews

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-- Shayne O'Conner

This composed publication is great. It is one of the most remarkable publication i have got read through. I am just quickly could get a delight of looking at a composed book.

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