



The C&O Canal Companion: A Journey Through Potomac History (2nd Revised edition)

By Mike High

Johns Hopkins University Press. Paperback. Book Condition: new. BRAND NEW, The C&O Canal Companion: A Journey Through Potomac History (2nd Revised edition), Mike High, This is a comprehensive guide to one of America's unique national parks, The C&O Canal Companion takes readers on a mile-by-mile, lock-by-lock tour of the 184-mile Potomac River waterway and towpath that stretches from Washington, DC, to Cumberland, Maryland, and the Allegheny Mountains. Making extensive use of records at the National Archives and the C&O Canal Park Headquarters, Mike High demonstrates how events and places along the canal relate to the history of the nation, from Civil War battles and river crossings to the frontier forts guarding the route to the West. Using attractive photographs and drawings, he introduces park visitors to the hidden history along the canal and provides practical advice on cycling, paddling, and hiking-all the information needed to fully enjoy the park's varied delights. Thoroughly overhauled and expanded, the second edition of this popular, fact-packed book features updated maps and photographs, as well as the latest information on lodgings and other facilities for hikers, bikers, and campers on weekend excursions or extended outdoor vacations. It also delves deeper into the history of the...



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