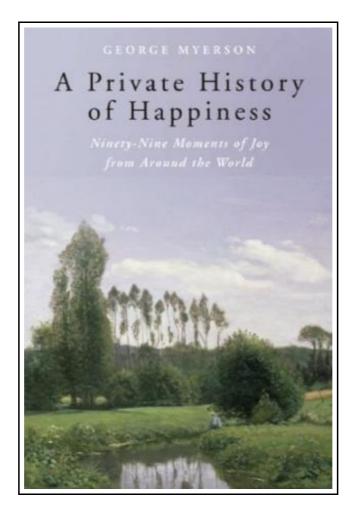
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Reviews

The book is straightforward in go through better to understand. it had been writtern quite flawlessly and valuable. You can expect to like the way the author publish this book. (Reyes Murphy)

A PRIVATE HISTORY OF HAPPINESS: NINETY-NINE MOMENTS OF JOY FROM AROUND THE WORLD



BlueBridge. Paperback / softback. Book Condition: new. BRAND NEW, A Private History of Happiness: Ninety-Nine Moments of Joy from Around the World, George Myerson, *A Private History of Happiness* offers a fresh look at happiness that belonged to particular days as they were lived by real peopleacross many centuries and from around the worldand shows how these women and men experienced their varied moments of joy. From many written sources, notably personal diaries, letters, memoirs, and other life records, it presents a selection of ninety-nine vivid moments that really were happy. Each passage, each voice is different, and we are invited by these individuals to share what was specific to their joyful experiencesa place, a time, a relationship. The ninety-nine moments of happiness are arranged by themesMorning, Friendship, Garden, Family, Leisure, Nature, Food and Drink, Well-Being, Creativity, Love, and Eveningand each is followed by a brief description and commentary that encourages further reflection and exploration. The passages come from writers in North America and Europe, as well as in China and Japan, North Africa and India, and they remind us of the universal side of our being and our common capability of happiness. Instead of advocating the latest guide or formula to achieve happiness, *A Private History of Happiness* presents a wider perspective on everyday moments of joy in different times and cultures."

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