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Grow Healthy. Grow Happy.: The Whole Baby Guide

By Becky Cannon

Genki Press, United States, 2014. Paperback. Book Condition: New. 259 x 211 mm. Language: English . Brand New Book. Nurture your baby with nature s principles for a radiant life. Grow Healthy. Grow Happy. The Whole Baby Guide is a complete resource for parents to give their babies a healthy beginning for the first three years. After more than 30 years of focusing on developing the best natural products for babies, i play., Inc. owner, Becky Cannon would like to share her experience. She draws from her background in child development, Japanese traditional foods and healing, and raising two children. The book presents information for parents about wellness and healing, child development, healthy feeding, and products for natural living. Three parts include: Whole Baby Whole Baby offers information about nurturing your child s physical, emotional, and mental development. In each chapter you will find daily practices, theories, and essential skills to assist you in learning about and supporting your child s health and well-being. Whole Food Whole Food discusses essentials to establish your baby s holistic foundation for healthy eating. It includes food groups, recipes, menu plans, and suggestions for going out and for celebrating special occasions. Whole Living Whole...



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