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The Real Me: Being the Girl God Sees

By Natalie Grant

W Publishing Group. Paperback. Book Condition: New.

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0.5in. Teenage girls and soccer moms. Housewives and

corporate executives. Young professionals and those who are

retired. No matter their professions or responsibilities, women

of all ages and all walks of life often struggle with an all-

consuming issue-self-image. We as Americans are continually

obsessed with the grass-is-greener, anything-else-is-better-

than-what-we-have philosophy. And that is never truer for

women than when it comes to our bodies and our self-images.

The media and the world around us tell us that we should be

perfect in every way. But this kind of scrutiny and obsession

with perfection leaves women feeling unloved, unattractive,

frustrated, and even depressed. In *The Real Me*, contemporary

Christian singer and songwriter Natalie Grant is on a mission to

especially help young women deal with this struggle and to

find acceptance in how God created them. And this struggle is

something that Natalie understands fully-she gives the reader

an inside look at her own struggle with image issues that led

her on the path to bulimia. In acknowledging her pain and

sharing her struggle, she offers practical help and hope to

women of all ages. This item...



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