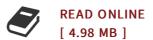




Wok Cooking Made Easy

By Nongkran Daks

Periplus Editions/Berkeley Books Pte Ltd, Singapore, 2007. Paperback. Book Condition: New. 203 x 157 mm. Language: English . Brand New Book. Prepare delicious wok dishes from China, Thailand, India and all across Asia with this easy-tofollow wok cookbook. Mention wok cooking, and one immediately visualizes a huge wok being wielded above a mighty flame. One also thinks Asian comfort food --with accompanying images of wholesome and thoughtfully prepared meals, eaten together with family members in the comfort of the home. Wok stir-frying is one of the best and quickest cooking methods out there. Because of the intense heat required, the food is cooked rapidly, and its taste and nutritional value are preserved. Plus, it s single dish cooking at it s finest! In Wok Cooking Made Easy, you ll find nutritious and easy-to-prepare Asian wok recipes compiled for a Western audience. Favorite wok recipes include: Spinach with Garlic stir-fry Hot and Spicy Sichuan Tofu Sliced Fish with Mushrooms and Ginger Classic Sichuan Chicken with Dried Chilies Thai Fried Rice Five Spice Chicken. All of the recipes in this cookbook are light, healthy and tasty, nor do they require special skills to prepare. May this cookbook bring endless cooking pleasure



Reviews

A top quality ebook and the typeface used was interesting to learn. This can be for all who statte that there had not been a well worth reading through. I am just pleased to tell you that this is basically the very best ebook i actually have go through in my individual life and can be he finest book for at any time.

-- Mr. Carol Bergnaum IV

This publication will not be straightforward to begin on studying but quite fun to see. It really is basic but shocks in the fifty percent of the ebook. I realized this ebook from my dad and i advised this pdf to learn.

-- Bernadine Powlowski