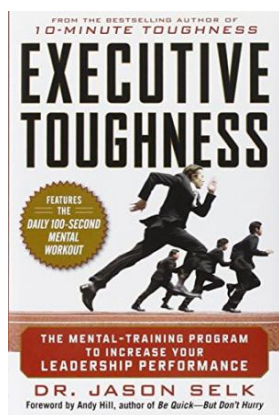


Read Book

EXECUTIVE TOUGHNESS: THE MENTAL-TRAINING PROGRAM TO INCREASE YOUR LEADERSHIP PERFORMANCE



McGraw-Hill Education - Europe. Hardback. Book Condition: new. BRAND NEW, Executive Toughness: The Mental-Training Program to Increase Your Leadership Performance, Jason Selk, Build your mental "muscles" to achieve any business goal People with inborn talent may be good at what they do--but only the mentally tough reach the highest plateaus in their field. And here's the best news of all: mental toughness is something anyone can learn. Director of mental training for the St. Louis Cardinals and a top-tier executive...

Download PDF Executive Toughness: The Mental-Training Program to Increase Your Leadership Performance

- Authored by Jason Selk
- Released at -



Filesize: 2.64 MB

Reviews

This pdf is wonderful. It can be written in simple phrases rather than difficult to understand. Your lifestyle span will probably be converted when you comprehensively look at this pdf.

-- **Briana Corkery I**

Absolutely one of the best ebooks we have possibly gone through. I was able to comprehend everything using this published book. It has been developed in an extremely straightforward way and it is merely soon after I finished reading through this ebook where I basically transformed me, changed the way I really believe.

-- **Ms. Zaria Kertzmann MD**

I just started looking at this pdf. It can be really fascinating through studying period of time. It has been printed in an extremely basic way and is particularly only following I finished reading through this publication where I in fact altered me, changed the way I really believe.

-- **Mr. Stephan McKenzie**
