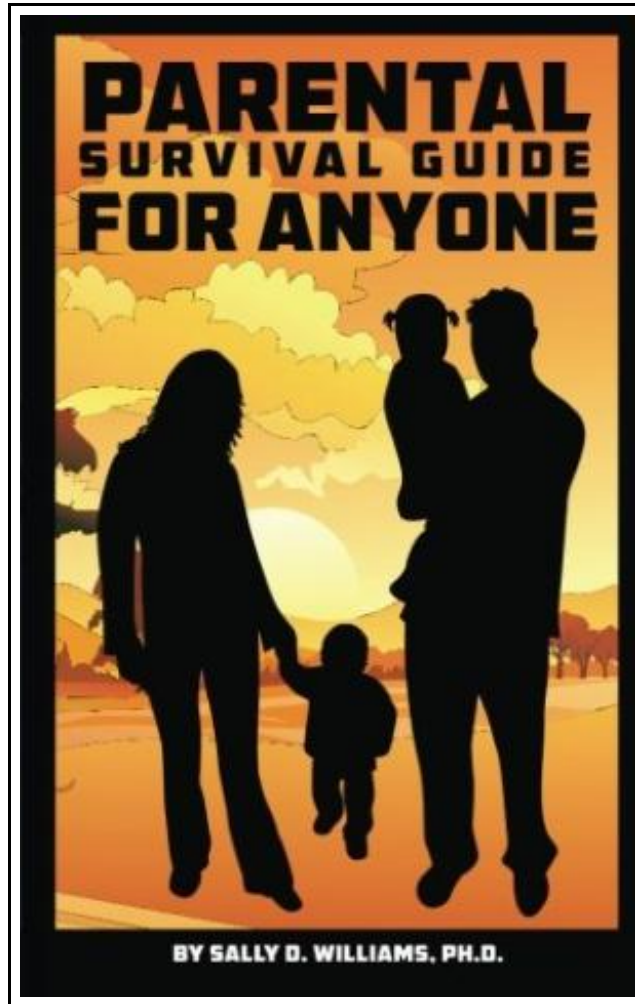


Parental Survival Guide for Anyone



Filesize: 6.28 MB

Reviews

*A very wonderful pdf with lucid and perfect answers. I was able to comprehend almost everything out of this created e pdf. I discovered this book from my i and dad encouraged this ebook to learn.
(Prof. Jovan Stark DDS)*

PARENTAL SURVIVAL GUIDE FOR ANYONE



Createspace, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.If you are a parent, whether married or single, male or female, and you have the majority of the responsibility for raising children, with little to no help from the other parent, then this book is for you! Each chapter starts with a story. The purpose of each story is to make the chapter relatable so that the reader can easily identify with the characters and their feelings. It s filled with survival tips that can help anyone understand they are not only a parent but an individual too. Parental Survival Guide for Anyone is designed to help the reader understand their strengths, and deal with single parenting challenges. It will provide practical solutions to becoming more efficient. Single parenting is harder for more reasons than just having children. It can contribute to the lack of work/life balance, depression, and much more. Educational psychologist and author Dr. Sally Williams shares her knowledge and personal experience about being the sole decision-maker and provider for children when married and single. Readers will be part of the conversation as Dr. Sally shares anecdotes and suggests ways parents can understand and appreciate their strengths while dealing with the challenges of raising children. Readers will learn how to: -Use the S.M.A.R.T.E.R. goals process to develop, implement and achieve goals -Understand strengths and limitations -Nurture self -Stop feeling guilty for taking time to enjoy life -Effectively manage time -Balance dating and love relationships -Develop ways to keep sexual intimacy going strong after children are born.



[Read Parental Survival Guide for Anyone Online](#)



[Download PDF Parental Survival Guide for Anyone](#)

Related Kindle Books



Hope for Autism: 10 Practical Solutions to Everyday Challenges

Seaborough Enterprises Publishing, United States, 2015. Paperback. Book Condition: New. Initial ed.. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****. Hope for Autism: 10 Practical Solutions to Everyday...

[Save eBook »](#)



Christmas Favourite Stories: Stories + Jokes + Colouring Book: Christmas Stories for Kids (Bedtime Stories for Ages 4-8): Books for Kids: Fun Christmas Stories, Jokes for Kids, Children Books, Books for Kids, Free Stories (Christmas Books for Children) (P

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****. Merry Xmas! Your kid will love this adorable Christmas book...

[Save eBook »](#)



400+ Funny Jokes: Funny Jokes for Kids

Createspace, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****. 400+ Funny Jokes for Kids! Are you looking for a fun book to keep...

[Save eBook »](#)



Spanky the Mouse

Createspace, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****. The biggest failure in life for any parent, or anyone raising a child...

[Save eBook »](#)



1300+ Jokes: Animal Jokes for Kids

Createspace, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****. 1300+ Funny Animal Jokes for Kids! Are you looking for a fun book to...

[Save eBook »](#)

**Kindergarten Culture in the Family and Kindergarten; A Complete Sketch of Froebel s System of Early Education, Adapted to American Institutions. for the Use of Mothers and Teachers**

Rarebooksclub.com, United States, 2012. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****.This historic book may have numerous typos and missing text. Purchasers can download

[Save ePub »](#)

**How to Make a Free Website for Kids**

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Table of Contents Preface Chapter # 1: Benefits of Having a Website Chapter

[Save ePub »](#)

**THE Key to My Children Series: Evan s Eyebrows Say Yes**

AUTHORHOUSE, United States, 2006. Paperback. Book Condition: New. 274 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.THE KEY TO MY CHILDREN SERIES: EVAN S EYEBROWS SAY YES is about

[Save ePub »](#)

**Daycare Seen Through a Teacher s Eyes: A Guide for Teachers and Parents**

America Star Books, United States, 2010. Paperback. Book Condition: New. 224 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Between the good mornings and the good nights it s what

[Save ePub »](#)

**History of the Town of Sutton Massachusetts from 1704 to 1876**

Createspace, United States, 2015. Paperback. Book Condition: New. annotated edition. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.This version of the History of the Town of Sutton Massachusetts

[Save ePub »](#)