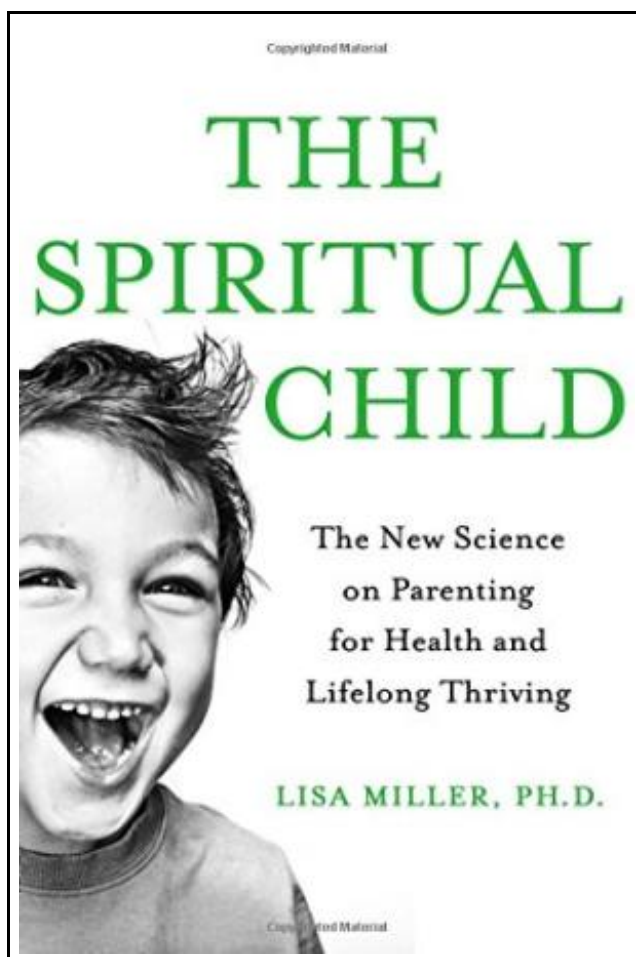


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THE SPIRITUAL CHILD: THE NEW SCIENCE ON PARENTING FOR HEALTH AND LIFELONG THRIVING (HARDBACK)



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St. Martin s Press, United States, 2015. Hardback. Book Condition: New. 236 x 165 mm. Language: English . Brand New Book. NEW YORK TIMES Bestseller USA TODAY Bestseller Publishers Weekly BestsellerIn *The Spiritual Child*, psychologist Lisa Miller presents the next big idea in psychology: the science and the power of spirituality. She explains the clear, scientific link between spirituality and health and shows that children who have a positive, active relationship to spirituality: * are 40 less likely to use and abuse substances * are 60 less likely to be depressed as teenagers * are 80 less likely to have dangerous or unprotected sex * have significantly more positive markers for thriving including an increased sense of meaning and purpose, and high levels of academic success. Combining cutting-edge research with broad anecdotal evidence from her work as a clinical psychologist to illustrate just how invaluable spirituality is to a child s mental and physical health, Miller translates these findings into practical advice for parents, giving them concrete ways to develop and encourage their children s-as well as their own-well-being. In this provocative, conversation-starting book, Dr. Miller presents us with a pioneering new way to think about parenting our modern youth.



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