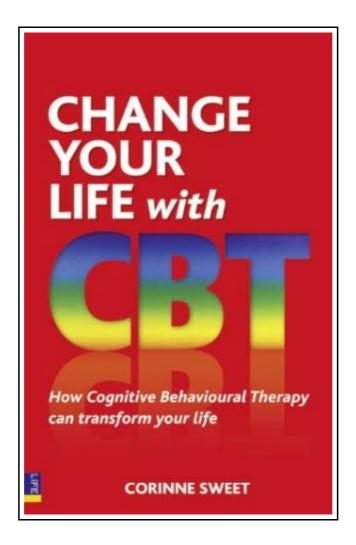
# Change Your Life with CBT: How Cognitive Behavioural Therapy Can Transform Your Life



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(Jamar Stracke)

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