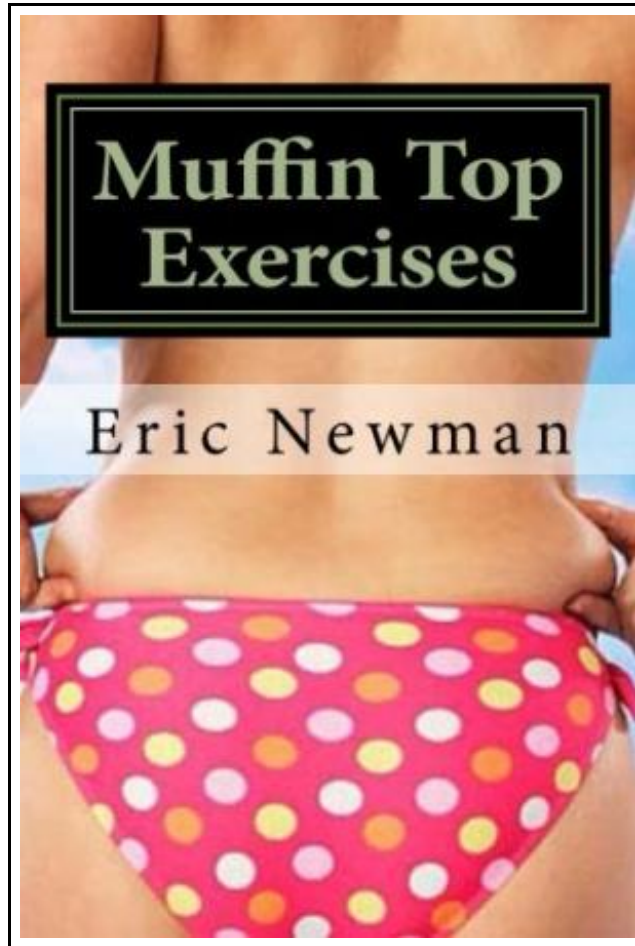


## Muffin Top Exercises: Get Rid of Your Muffin Top



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