



## Mastering Astral Projection: 90-Day Guide to Out-of-Body Experience (Mixed media product)

By Robert Bruce, Brian Mercer

Llewellyn Publications, U.S., United States, 2004. Mixed media product. Book Condition: New. 230 x 188 mm. Language: English . Brand New Book. Projecting out-of-body requires a delicate balance of mind, body, and spirit. Mastering Astral Projection offers everyone the opportunity to explore nonphysical dimensions and learn more about their spirituality. This practical guide to achieving conscious out-of-body experiences is based upon Robert Bruce's extensive knowledge of astral projection, Brian Mercer's methods for personal success, and valuable feedback from volunteers who have tested this program. Presented in an easy-to-follow workbook format, the thirteen-week program introduces astral projection methods and provides daily exercises that progressively prepares and trains readers for this incredible, life-changing experience. 2005 Coalition of Visionary Resources (COVR) 2nd Runner Up of Interactive Sideline category.



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-- **Ally Reichel**

*This publication is amazing. It is definitely basic but shocks in the fifty percent of your publication. You won't feel monotony at anytime of your own time (that's what catalogues are for concerning if you question me).*

-- **Prof. Kirk Cruickshank DDS**

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Hal Leonard Corporation, United States, 2004. Mixed media product. Book Condition: New. 300 x 222 mm. Language: English . Brand New Book. (Vocal Collection). As a follow-up to the hit book/audio combination Disney Solos for Kids (00740197), here are 10 more songs...