



## Changing the Game: The Parent's Guide to Raising Happy, High-Performing Athletes and Giving Youth Sports Back to Our Kids

By John O Sullivan

BRILLIANCE AUDIO, United States, 2015. CD-Audio. Book Condition: New. Unabridged. 168 x 132 mm. Language: English . Brand New. The modern day youth sports environment has taken the enjoyment out of athletics for our children. Currently, 70 of kids drop out of organized sports by the age of 13, which has given rise to a generation of overweight, unhealthy young adults. There is a solution. John O Sullivan shares the secrets of the coaches and parents who have not only raised elite athletes, but have done so by creating an environment that promotes positive core values and teaches life lessons instead of focusing on wins and losses, scholarships, and professional aspirations. Changing the Game gives adults a new paradigm and a game plan for raising happy, high performing children, and provides a national call to action to return youth sports to our kids.



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### Reviews

*This publication may be really worth a go through, and a lot better than other. It really is written in simple terms and never difficult to understand. Once you begin to read the book, it is extremely difficult to leave it before concluding.*

-- **Natalie Abbott**

*This book will not be simple to get going on reading but extremely exciting to read through. Yes, it can be playful, still an interesting and amazing literature. I am very easily could possibly get a delight of reading a written book.*

-- **Rene Olson**

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