



The Little Book of Calm Colouring: Portable Relaxation (Reprints)

By David Sinden, Victoria Kay

Pan Macmillan. Paperback. Book Condition: new. BRAND NEW, The Little Book of Calm Colouring: Portable Relaxation (Reprints), David Sinden, Victoria Kay, The international and Sunday Times Bestseller Alleviate anxiety and soothe all stress with The Little Book of Calm Colouring from David Sinden and Victoria Kay, the perfectly-formed sought-after antidote to a busy life. Beautifully hand-illustrated and thoughtfully designed to be the perfect size for portability, you can now take colouring art therapy with you wherever you go. With beautiful anti-stress designs on quality paper, this gorgeous colouring book will help your creativity flourish. Take a short relaxing breather from your day to colour the calming images and feel inspired by the poignant quotations that accompany each elegant artwork.



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Reviews

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-- **Natalie Abbott**

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-- **Rene Olson**

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