

Two Pointers

A comprehensive visual guide to all variants, when to use each, and how to recognise them in interview problems.



Which variant should I use?

Answer each question to narrow down the right approach.

Is the input a sorted array or can you sort it?
+ Looking for a pair / triplet with a target sum?

→ Opposite Ends

Need to find a sub-array / substring of fixed or variable length?
Contiguous elements, possibly with a constraint (max sum, unique chars...)

→ Sliding Window

Input is a linked list – detect cycle, find middle, Nth from end?
One pointer moves faster than the other.

→ Fast & Slow

Two sorted arrays / lists that need to be merged or compared?
Each pointer lives in a different array.

→ Parallel Pointers

In-place removal of duplicates / zeros, or partitioning by condition?
One read-pointer, one write-pointer on the same array.

→ Read / Write

Partition array around a pivot (QuickSort-style) or Dutch flag?
Three regions: left, mid, right.

→ Three Pointers

All Variants in Detail

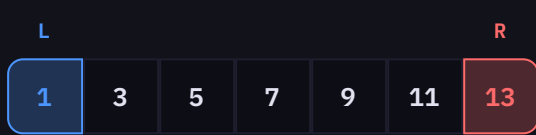
Click to expand – diagrams, use-cases, complexity, and code skeletons.

① Opposite Ends (Left ↔ Right)

Place one pointer at the start and one at the end. Move them toward each other based on a condition. Works best on sorted arrays.

Use when: Two Sum (sorted), 3Sum, Container With Most Water, Valid Palindrome, Trapping Rain Water (basic).

■ L pointer ■ R pointer



If $arr[L] + arr[R] < target$ → move L right | If $> target$ → move R left

⚡ $O(n)$

📦 $O(1)$

```
def two_sum_sorted(arr, target):
    L, R = 0, len(arr) - 1
    while L < R:
        s = arr[L] + arr[R]
        if s == target: return [L, R]
        elif s < target: L += 1
        else: R -= 1
    return []
```

② Sliding Window

Both pointers move in the same direction. A window [L..R] expands by moving R right, and shrinks by moving L right when a constraint is violated.

Use when: Longest substring without repeating chars, Max sum subarray of size K, Minimum window substring, Count subarrays with K distinct.

■ Window region ■ L ■ R



Expand R → violate constraint → shrink L → track best answer

⚡ $O(n)$

📦 $O(k)$ for freq map

```
# Variable-size sliding window template
def sliding_window(s):
    L = 0; best = 0; window = {}
    for R in range(len(s)):
        window[s[R]] = window.get(s[R], 0) + 1
        while VIOLATED(window): # shrink
            window[s[L]] -= 1
            L += 1
        best = max(best, R - L + 1)
    return best
```

③ Fast & Slow (Floyd's Tortoise & Hare)

slow moves 1 step, fast moves 2 steps. If there's a cycle they'll meet. After meeting, reset one to head – they'll collide at cycle entry.

Use when: Detect cycle in linked list, Find cycle start, Find middle of list, Happy Number, Palindrome linked list.



slow: 1 step | fast: 2 steps | meet inside cycle → reset slow to head → both move 1 step → meet at C

⚡ $O(n)$

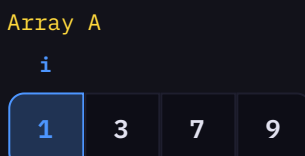
📦 $O(1)$

```
def detect_cycle(head):
    slow = fast = head
    while fast and fast.next:
        slow = slow.next
        fast = fast.next.next
        if slow == fast: # cycle found
            slow = head
            while slow != fast: # find entry
                slow = slow.next
                fast = fast.next
            return slow # cycle start
    return None
```

④ Parallel Pointers (Two Arrays)

One pointer in each of two sorted arrays/lists. Advance whichever is smaller (or equal). Used to merge, compare, or find intersection.

Use when: Merge Sorted Arrays, Intersection of Two Arrays, Compare Version Numbers, Shortest Word Distance.



$A[i] \leq B[j]$ → take $A[i]$, $i++$ | else → take $B[j]$, $j++$

⚡ $O(n+m)$

📦 $O(1)$ in-place

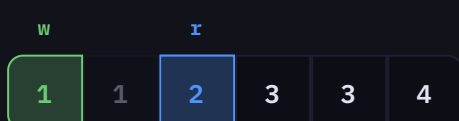
```
def merge_sorted(A, B):
    i = j = 0; result = []
    while i < len(A) and j < len(B):
        if A[i] <= B[j]:
            result.append(A[i]); i += 1
        else:
            result.append(B[j]); j += 1
    return result + A[i:] + B[j:]
```

⑤ Read / Write (In-Place Transform)

read scans the entire array; write only advances when valid data should be kept. Effectively compacts the array in-place.

Use when: Remove Duplicates (sorted), Remove Element, Move Zeroes to End, Compress String In-Place.

■ write (w) ■ read (r) ■ duplicate/skip



$arr[r] \neq arr[w-1]$ → copy $arr[r]$ to $arr[w]$, $w++$. Always $r++$.

⚡ $O(n)$

📦 $O(1)$

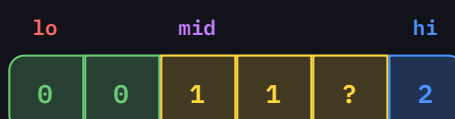
```
# Remove duplicates from sorted array
def remove_dups(arr):
    if not arr: return 0
    w = 1
    for r in range(1, len(arr)):
        if arr[r] != arr[r-1]:
            arr[w] = arr[r]
            w += 1
    return w # new length
```

⑥ Three Pointers (Dutch National Flag)

Three regions: $[0..lo-1]$ = low, $[lo..mid-1]$ = mid, $[hi+1..n-1]$ = high. mid scans; swap with lo or hi based on value.

Use when: Sort Colors (0,1,2), Partition around pivot, Separate negative/zero/positive, QuickSort partition.

■ lo (0s) ■ mid (1s) ■ hi (2s)



$arr[mid]=0$ → swap(lo, mid), $lo++, mid++$ | $arr[mid]=1$ → $mid++$ | $arr[mid]=2$ → swap(mid, hi), $hi--$

⚡ $O(n)$

📦 $O(1)$

```
def sort_colors(arr):
    lo = mid = 0
    hi = len(arr) - 1
    while mid <= hi:
        if arr[mid] == 0:
            arr[lo], arr[mid] = arr[mid], arr[lo]
            lo += 1; mid += 1
        elif arr[mid] == 1: mid += 1
        else:
            arr[mid], arr[hi] = arr[hi], arr[mid]
            hi -= 1
```



Quick Reference Cheatsheet

Variant	Data Structure	Direction	Key Condition	Time
Opposite Ends	Sorted Array	← →	sum vs target	$O(n)$
Sliding Window	Array / String	→ →	constraint on window	$O(n)$
Fast & Slow	Linked List	→ →→	cycle / middle	$O(n)$
Parallel	Two Sorted Arrays	→ →	compare & advance smaller	$O(n+m)$
Read / Write	Array (in-place)	→ →	filter / deduplicate	$O(n)$
Three Pointers	Array (in-place)	lo→ mid→ →hi	partition by value	$O(n)$