

0.1 The Canonical State

Is the canonical distribution stable under the time-evolution of Hamiltonian dynamics? We can answer yes because of Liouville's Theorem.

$$\begin{aligned}\frac{\partial}{\partial t}P(p, q, t) &= -\sum_{j=1}^{3N} \left(\frac{\partial P}{\partial q_j} \underbrace{\dot{q}_j}_{\frac{\partial H}{\partial p_j}} + \frac{\partial P}{\partial p_j} \underbrace{\dot{p}_j}_{-\frac{\partial H}{\partial q_j}} \right) \\ &= -\sum_{j=1}^{3N} \left(\frac{\partial P}{\partial q_j} \frac{\partial H}{\partial p_j} - \frac{\partial P}{\partial p_j} \frac{\partial H}{\partial q_j} \right) \\ &= -\{P, H\}\end{aligned}$$

This is a nontrivial statement which follows from Liouville's theorem. We will not prove it. An important property of the Poisson bracket in the last line is that

$$\{A, f(A)\} = 0$$

and the canonical state is just a function of H , so

$$\frac{\partial P_{\text{can}}}{\partial t} = -\{P_{\text{can}}, H\} \propto -\{e^{-\beta H}, H\} = 0$$

Therefore, the canonical state does not change under Hamiltonian dynamics.

0.1.1 Energy Fluctuations

Recall $P(E) = \frac{1}{Z} \Omega(E) e^{-\beta E}$ which increases strongly with E . Typically $\Omega(E) \sim E^f$ with $f \sim N$. Where does $P(E)$ have its maximum?

$$0 = \frac{\partial}{\partial E} \ln P(E) = \frac{\partial}{\partial E} [-\ln Z + \ln \Omega(E) - \beta E] = \frac{f}{E} - \beta$$

so

$$E_{\text{max}} = \frac{f}{\beta} = f k_B T$$

Recall for the ideal gas, $f = \frac{3}{2}N$.

Next, how wide is the peak?

$$-\frac{1}{\sigma_E^2} = \frac{\partial^2 \ln P}{\partial E^2} \bigg|_{E \rightarrow E_{\text{max}}} = -\frac{f}{E_{\text{max}}^2} = -\frac{1}{f(k_B T)^2}$$

so

$$\sigma_E = \sqrt{f} k_B T$$

so the coefficient of variation is

$$\frac{\sigma_E}{E_{\text{max}}} = \frac{\sqrt{f} k_B T}{f k_B T} = \frac{1}{\sqrt{f}} \sim \frac{1}{\sqrt{N}}$$

so again, the energy fluctuations scale such that at large N , they are small compared to the overall energy of the state.

Finally, let's link this to the Helmholtz free energy.

$$\begin{aligned}\ln P(E) &= -\beta E + \ln \Omega(E) - \ln Z \\ \ln Z &= -\beta E + \ln \Omega(E) - \ln P(E) \\ &= -\beta \underbrace{(E - TS)}_{\text{Scales with } N} - \ln \underbrace{P(E)}_{\substack{\text{scales with } \ln E \sim \ln N \\ \text{width } \sim \sqrt{E}, \text{ height } \sim \frac{1}{\sqrt{E}}}}\end{aligned}$$

Therefore, for large N ,

$$-k_B T \ln Z(T, V, N) = E - TS$$

The right-hand side would be the Helmholtz free energy if it was expressed in T , V , and N , and these are exactly the variables of $Z(T, V, N)$, so

$$F(T, V, N) = -k_B T \ln Z(T, V, N)$$

This is another super important equation in statistical mechanics. Alternatively we could write

$$e^{-\beta F} = Z = \int dE \Omega(E) e^{-\beta E}$$

We can actually do even better than this, but to do it, we need a small excursion:

Excursion: Saddle Point Evaluation of Integrals

Here's a fun trick to approximate integrals. Suppose we have a function $f(x)$ that has a single maximum, and perhaps around that maximum we can Taylor expand into a parabola at x_m . Now suppose we want to integrate

$$I_N := \int dx e^{Nf(x)}$$

approximately for large N . As long as $f(x)$ has a single peak, we can Taylor expand $f(x)$ around the maximum and replace $f(x)$ in the integral by that Taylor expansion. Naively, the function can diverge from that parabola arbitrarily far away from the point of expansion, but it turns out this doesn't matter:

$$\begin{aligned}I_N &\approx \int dx e^{N \left[\underbrace{f(x_m)}_{\text{constant}} - \underbrace{\frac{1}{2} |f''(x_m)| (x - x_m)^2}_{\text{Gaussian}} + \dots \right]} \\ &= e^{Nf(x_m)} \sqrt{\frac{2\pi}{N|f''(x_m)|}} \cdot \dots \\ \ln I_N &= Nf(x_m) + \frac{1}{2} \ln \frac{2\pi}{N|f''(x_m)|} + \dots\end{aligned}$$

and

$$\lim_{N \rightarrow \infty} \left(\frac{1}{N} \ln I_N \right) = f(x_m) = \max_x f(x)$$

We don't actually have to do any integral at all, we just need to find the maximum!

Now back to the main problem,

$$\begin{aligned}
 e^{-\beta F} = Z &= \int dE \Omega(E) e^{-\beta E} \\
 &= \int dE e^{S(E)/k_B} e^{-\beta E} \\
 &= \int dE e^{-\beta(E - TS(E))} \\
 &= N \int de e^{N(-\beta(e - Ts(e)))}
 \end{aligned}$$

What is

$$-\beta f = \lim_{N \rightarrow \infty} \left[\frac{1}{N} \ln e^{-\beta F} \right] ?$$

where f is the specific free energy F/N .

From our saddle point evaluation, we can see that we just need to find

$$-\beta f = \max_e \{-\beta(e - Ts(e))\} = -\beta \min_e \{e - Ts(e)\}$$

or

$$f = \min_e \{e - Ts(e)\}$$

The Legendre transform between the thermodynamic potentials $s(e)$ and $f(T)$ arises naturally as the saddle point approximation linking the partition functions $\Omega(E)$ and $Z(T)$! However, this is only valid for infinitely large systems, and this simple connection will not in general be true for finite systems, particularly computer simulations.