$$\frac{\mathrm{d}c_f}{\mathrm{d}t} = -\frac{\imath}{\hbar} \left(\langle f|\hat{H}'|i\rangle + \sum_{k \neq i} \frac{\langle f|\hat{H}'|k\rangle \langle k|\hat{H}'|i\rangle}{E_i - E_k} \right) e^{\imath (E_f - E_i)t}$$

From here,

$$T_{fi} = \langle f|\hat{H}'|i\rangle + \sum_{k\neq i} \frac{\langle f|\hat{H}'|k\rangle \langle k|\hat{H}'|i\rangle}{E_i - E_k}$$

where

$$\Gamma_{fi} = 2\pi |T_{fi}|^2 \rho(E_i)$$
 (Fermi's Golden Rule)

0.1 Decay Rates and Cross Sections

$$\rho(E_i) =$$

0.1.1 Phase Space and Normalization

In the Born approximation, we treat initial and final states as momentum eigenstates

$$\psi(x,t) = Ae^{i(\vec{\mathbf{p}} \cdot \vec{\mathbf{r}} - Et)}$$

To normalize within a cube of side $a, A = \frac{1}{a^{3/2}}$ with periodic boundary conditions: $\psi(x+a,y,z) = \psi(x,y,z)$ or rigid/open boundaries $\psi(a,y,z) = 0$. The allowed states that match the boundary conditions will be an array of $m_i \in \mathbb{Z}$: $\vec{\mathbf{p}} = (m_x, m_y, m_z) \frac{2\pi}{a}$.

The volume of phase space for $(2N_{\text{max}})^3$ states is $(2N_{\text{max}})^3 \left(\frac{2\pi}{a}\right)^3$, so the volume of $\vec{\mathbf{p}}$ -space per state is $\frac{(2\pi)^3}{V}$. Since the components can be positive or negative, to find all states with momentum between p and $p + \mathrm{d}p$, we can count states within a spherical shell of radius p and thickness $\mathrm{d}p$:

$$\mathrm{d}n = 4\pi p^2 \frac{\mathrm{d}p}{\frac{(2\pi)^3}{V}}$$

so

$$\frac{\mathrm{d}n}{\mathrm{d}p} = \frac{4\pi p^2}{(2\pi)^3}V$$

Let's make the normalization volume V=1 so a=1. For each independent momentum,

$$\rho(E) = \mathrm{d}n \, E = \frac{4\pi p^2}{(2\pi)^3} \left| \frac{\mathrm{d}p}{\mathrm{d}E} \right|$$

For a decay to N particles, $\vec{\mathbf{p}} = \sum_{i=1}^{N} \vec{\mathbf{p}}_i$, so one $\vec{\mathbf{p}}_i$ is not independent:

$$ec{\mathbf{p}}_N = ec{\mathbf{p}}_a - \sum_{i=1}^{N-1} ec{\mathbf{p}}_i$$

The total number of states for the N particles is

$$dn = \prod_{i=1}^{N-1} dn_i = \prod_{i=1}^{N-1} \frac{d^3 p_i}{(2\pi)^3}$$

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or

$$dn = \prod_{i=1}^{N-1} \frac{d^3 p_i}{(2\pi)^3} \delta^3(\vec{\mathbf{p}}_a - \sum_{i=1}^N \vec{\mathbf{p}}_i) d^3 \vec{\mathbf{p}}_N$$
$$= (2\pi)^3 \prod_{i=1}^N \frac{d^3 p_i}{(2\pi)^3} \delta^3(\vec{\mathbf{p}} - \sum_{i=1}^N \vec{\mathbf{p}}_i)$$

0.1.2 Lorentz-Invariant Phase Space

Volume is not Lorentz invariant. The direction of motion is length contracted. To correct for this, we introduce ψ' with a different normalization. While $\langle \psi | \psi \rangle = 1$, we will have $\langle \psi' | \psi' \rangle = 2E$.

2 Lecture 15: