

ad·just

W3 AC

/ə'dʒʌst/

verb

- 1 [intransitive and transitive] USED TO/ACCUSTOMED TO to gradually become familiar with a new situation

SYN adapt

They'll soon settle in – kids are very good at adjusting.

adjust to

It took a few seconds for her eyes to adjust to the darkness.

adjust to doing something

My parents had trouble adjusting to living in an apartment.

adjust yourself to something

It took time to adjust myself to motherhood.

In everyday English, people usually say **get used to** rather than **adjust (to)**:

*You'll soon **adjust**.*

→ *You'll soon **get used to it**.*

- 2 [transitive] CHANGE/MAKE SOMETHING DIFFERENT to change or move something slightly to improve it or make it more suitable for a particular purpose:

Check and adjust the brakes regularly.

Taste the soup and adjust the seasoning.

If your employment status changes, your tax code will be adjusted accordingly.

In everyday English, people usually say **turn up** or **turn down** the temperature, volume etc rather than **adjust** it.

3 [transitive] if you adjust something you are wearing, you move it slightly so that it is neater, more comfortable etc:

He paused to adjust his spectacles.

→ WELL-ADJUSTED

Word origin

Date: 1600–1700

Language: French

Origin: *ajuster*, from *juste* 'exact, just'

Longman Dictionary of Contemporary English

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