

# a-shamed S3

/ə'ʃeɪmd/

**adjective** [not before noun]

- 1** **ASHAMED** feeling very sorry and embarrassed because of something you have done:

**ashamed of/at**

*I felt ashamed of the things I'd said to him.*

**be ashamed to do something**

*I'm ashamed to admit that I've never read any of his books.*

**ashamed that**

*She felt ashamed that she had missed her sister's wedding.*

**deeply/bitterly/thoroughly ashamed**

*Alan was deeply ashamed when he remembered what he'd said.*

*Everyone cries sometimes – it's **nothing to be ashamed of**.*

**be/feel ashamed of yourself**

*You should be ashamed of yourself.*

- 2** **EMBARRASSED** feeling uncomfortable because someone does something that embarrasses you:

**ashamed of**

*Many children feel ashamed of their parents.*

**ashamed to be/do something**

*Their behaviour makes me ashamed to be British.*

## THESAURUS

**ashamed** [not before noun] feeling very sorry and embarrassed because of something you have done, or someone

connected with you has done: *You should be ashamed of yourself.* | *She felt deeply ashamed of her son's behaviour.*

**humiliated** [not before noun] very ashamed and upset, because someone has made you look weak or stupid, especially in front of other people: *I came out of the class feeling humiliated.*

**mortified** /'mɔ:tɪfaɪd \$ 'mɔ:r-/ extremely ashamed and embarrassed, especially about something you have done accidentally: *She'll be mortified when she realizes her mistake.* | *a mortified expression*

**shamefaced** showing by the expression on your face that you are ashamed about something: *Paul came into my office looking shamefaced and apologized for what he had done.*

**feel guilty** (also **feel bad** (especially spoken)) to feel worried and unhappy because you know that you have done something wrong. **Feel bad** is more informal than **feel guilty**: *He felt guilty about lying to his parents.* | *I felt bad about letting the team down.*

**lose face** to lose people's respect for you, especially by doing something that makes you look weak or stupid in front of other people: *He feels he'll lose face if he admits to his staff that he was wrong.*