

Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. **NOTE:** Information about the cost of this plan (called the premium) will be provided separately.

**This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, visit [www.claimchoice.com](http://www.claimchoice.com) or call (800) 221-4254. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at (<https://www.healthcare.gov/sbc-glossary>).

Important Questions	Answers: Member / Family	Why This Matters:
What is the overall <u>deductible</u> ?	In-Network: \$1,400 Individual/\$2,800 Family  Out of Network: \$5,000 Individual/\$10,000 Family	Generally, you must pay all of the costs from <u>provider's</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have a family contract, the overall family deductible must be met before the plan begins to pay benefits.
Are there services covered before you meet your <u>deductible</u> ?	Yes. Lab, <u>preventive care</u> , <u>DME/P&amp;O</u> , diabetic supplies, <u>PCP</u> office visits, <u>specialist</u> office visits, <u>urgent care</u> , allergy injections, <u>prescription drugs</u> , outpatient mental health and substance use services	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at ( <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> )
Are there other <u>deductibles</u> for specific services?	No	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket limit</u> for this <u>plan</u> ?	In-Network: \$3,500 Individual/\$7,000 Family  No Limit for Out of Network	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , the overall family <u>out-of-pocket limit</u> must be met.
What is not included in the <u>out-of-pocket limit</u> ?	<u>Premiums</u> , balance billed charges and health care this <u>plan</u> does not cover	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u>
Will you pay less if you use a <u>network provider</u> ?	Yes. See ( <a href="http://www.cofinity.com">www.cofinity.com</a> ) or call the phone number on the back of your ID card for a list of <u>network providers</u> . (800) 831.1166 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.

Important Questions	Answers: Member / Family	Why This Matters:
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the specialist you choose without a referral.
<b>Precertification Requirement &amp; Penalty for Non-Compliance</b>	Plan requires for certain treatment, procedures and services. Services are noted below with Precertification Required and full list in the Summary Plan Description.	For any scheduled or non-emergency treatment is required at least 2 weeks prior to date of treatment. Emergency must be done within 72 hours. Non-Compliance will result in maximum payment of 125% of Medicare for billed charges. Employee may be balance billed for difference.



All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
<b>If you visit a health care provider's office or clinic</b>	Primary care visit to treat an injury or illness	10% coinsurance	50% coinsurance	None
	<u>Specialist visit</u>	10% coinsurance	50% coinsurance	20 combined visits for spinal manipulations performed by a chiropractor or osteopathic physician / <u>Deductible</u> applies for allergy testing
	<u>Preventive care/screening/immunization</u>	No charge, <u>Deductible</u> does not apply.	Not covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services you need are preventive. Then check what your plan will pay for.
<b>If you have a test</b>	<u>Diagnostic test</u> (x-ray, blood work)	10% coinsurance	50% coinsurance	*For services received at In-Network facility, if Ancillary providers bill as Out-Of-Network, In-Network Benefits will apply, with payment capped at 150% of Medicare. May require <u>Precertification</u> . <u>Deductible</u> does not apply to <u>preventive services</u>

	Imaging (CT/PET scans, MRIs)	10% coinsurance	50% coinsurance	Requires <u>Precertification</u> . Please note penalty will apply for non-compliance with precertification requirement.
Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
<b>If you need drugs to treat your illness or condition</b> More information about <u>prescription drug coverage</u> is available at <a href="http://www.southernscripts.net">www.southernscripts.net</a>	Tier 1 - Mostly Generics	\$10 <u>copay</u> /30 days. After <u>Deductible</u>	Not covered	Generic drugs are mandatory. If a brand drug is dispensed when a generic drug is available, you will pay 100% of cost. 60 or 90 day mail order and retail copays are 2x the standard retail copays. Not Covered
	Tier 2 - Preferred Brand	\$60 <u>copay</u> /30 days. After <u>Deductible</u>	Not covered	
	Tier 3 - Non-Preferred Brand	Not Covered	Not covered	
	<u>Specialty drugs</u>	Not Covered	Not covered	
<b>If you have outpatient surgery</b>	Facility fee (e.g., ambulatory surgery center)	10% coinsurance	50% coinsurance	*For services received at In-Network facility, if Ancillary providers bill as Out-Of-Network, In-Network Benefits will apply, with payment capped at 150% of Medicare. Requires <u>Precertification</u> . Second Opinion required for certain surgeries
	Physician/surgeon fees	10% coinsurance	50% coinsurance	See "Outpatient surgery facility fee"
<b>If you need immediate medical attention</b>	<u>Emergency room care</u>	10% coinsurance	10% coinsurance	<u>Copay</u> waived if admitted
	<u>Emergency medical transportation</u>	10% <u>coinsurance</u>	50% coinsurance	None
	<u>Urgent Care</u>	10% coinsurance	50% coinsurance	None
<b>If you have a hospital stay</b>	Facility fee (e.g., hospital room)	10% coinsurance	50% coinsurance	*For services received at In-Network facility, if Ancillary providers bill as Out-Of-Network, In-Network Benefits will apply, with payment capped at 150% of Medicare. Requires <u>Precertification</u> .
	Physician/surgeon fee	10% coinsurance	50% coinsurance	See "Hospital stay facility fee". *For services received at In-Network facility, if Ancillary providers bill as Out-Of-Network, In-Network

				Benefits will apply, with payment capped at 150% of Medicare.
If you need mental health, behavioral health, or substance use disorder services	Outpatient services	10% coinsurance	50% coinsurance	None
	Inpatient services	10% <u>coinsurance</u>	50% coinsurance	Requires <u>Precertification</u> .
Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you are pregnant	Office Visit	No Charge	50% coinsurance	Covered as Women's wellness
	Childbirth/delivery professional services	10% coinsurance	50% coinsurance	None
	Childbirth/delivery facility services	10% coinsurance	50% coinsurance	Requires Precertification for extended stay
If you need help recovering or have other special health needs	<u>Home health care</u>	10% coinsurance	50% coinsurance	Requires <u>precertification</u> . Custodial care not covered. Limited to 100 visits per calendar year.
	<u>Rehabilitation services</u>	10% coinsurance	50% coinsurance	Requires <u>precertification</u> /Limited to 60 visits per benefit year for Occupational-Physical – Speech. Subject to meaningful improvement within 60 days.
	<u>Habilitation services</u>	Not Covered	Not Covered	None
	<u>Skilled nursing care</u>	10% <u>coinsurance</u>	50% coinsurance	Requires <u>precertification</u> /Limited to 81 days per benefit year. Custodial care not covered.
	<u>Durable medical equipment</u>	10% <u>coinsurance</u> .	50% coinsurance	Requires <u>precertification</u> . Convenience and comfort items not covered. Diabetic supplies covered in full. <u>Deductible</u> does not apply to diabetic supplies.
	<u>Hospice services</u>	10% coinsurance	50% coinsurance	Inpatient care requires <u>precertification</u> . Housekeeping and custodial care not covered.
If your child needs dental or eye care	Children's eye exam	No Charge	No Charge	Contact your benefit administrator for coverage information.
	Children's glasses	Not covered	Not covered	None
	Children's dental check-up	Not covered	Not covered	None

## Excluded Services & Other Covered Services:

Services Your <u>Plan</u> Generally Does NOT Cover (Check your policy or <u>plan</u> document for more information and a list of any other <u>excluded services</u> .)		
Acupuncture (if prescribed for rehabilitation purposes)	Hearing aids	Routine eye care (Adult)
Cosmetic surgery	Long-term care	Routine foot care
Dental Care (Adult)	Non-emergency care when traveling outside the U.S.	Weight loss programs
Elective Abortion	Private-duty nursing	

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)		
Bariatric surgery (Limited to one per lifetime. Requires preauthorization)	Chiropractic care	Infertility treatment (Coverage includes diagnosis/counseling/treatment of infertility when medically necessary and preauthorized by BCN. See Certificate of Coverage for exclusions)

## Your Rights to Continue Coverage:

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform), or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or [www.cciio.cms.gov](http://www.cciio.cms.gov). Other coverage options may be available to you too, including buying individual insurance coverage through the Health insurance Marketplace. For more information about the Marketplace, visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: ClaimChoice Administrators at 1-800-221-4254 You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or visit their website at [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform). Additionally, a Consumer Assistance Program may be able to help you file your appeal. Visit <http://www.healthcare.gov/law/features/rights/consumer-assistance-program/index.html> to see if your state has a Consumer Assistance Program that may be able to help you file your appeal.

## Does this Plan Provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

## Does this Plan Meet the Minimum Value Standard? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace. (IMPORTANT: Blue Care Network of Michigan is assuming that your coverage provides for all Essential Health Benefits (EHB) categories as defined by the State of Michigan. The minimum value of your plan may be affected if your plan does not cover certain EHB categories, such as prescription drugs, or if your plan provides coverage for specific EHB categories, for example, prescription drugs, through another carrier.)

Translation available

To get help reading in your language call the customer service number on the back of your ID card.

—————To see examples of how this plan might cover costs for a sample medical situation, see the next page.—————

About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

**Peg is Having a Baby**  
(9 months of in-network pre-natal care and a hospital delivery)

The <u>plan's</u> overall <u>deductible</u>	\$5000
<u>Specialist copayment</u>	\$45
Hospital (facility) <u>coinsurance</u>	20%
Other <u>coinsurance</u>	20%

**Managing Joe's Type 2 Diabetes**  
(a year of routine in-network care of a well-controlled condition)

The <u>plan's</u> overall <u>deductible</u>	\$5000
<u>Specialist copayment</u>	\$45
Hospital (facility) <u>coinsurance</u>	20%
Other <u>coinsurance</u>	20%

**Mia's Simple Fracture**  
(in-network emergency room visit and follow up care)

The <u>plan's</u> overall <u>deductible</u>	\$5000
<u>Specialist copayment</u>	\$45
Hospital (facility) <u>coinsurance</u>	20%
Other <u>coinsurance</u>	20%

This **EXAMPLE** event includes services like:  
Specialist office visits (*prenatal care*)  
Childbirth/Delivery Professional Services  
Childbirth/Delivery Facility Services  
Diagnostic tests (*ultrasounds and blood work*)  
Specialist visit (*anesthesia*)

This **EXAMPLE** event includes services like:  
Primary care physician office visits (*including disease education*)  
Diagnostic tests (*blood work*)  
Prescription drugs  
Durable medical equipment (*glucose meter*)

This **EXAMPLE** event includes services like:  
Emergency room care (*including medical supplies*)  
Diagnostic tests (*x-ray*)  
Durable medical equipment (*crutches*)  
Rehabilitation services (*physical therapy*)

Total Example Cost	\$12,700
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Total Example Cost	\$7,400
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Total Example Cost	\$1,900
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In this example, Peg would pay: \_\_\_\_\_

In this example, Joe would pay: \_\_\_\_\_

In this example, Mia would pay: \_\_\_\_\_

Cost Sharing	
Deductibles	\$5,000
Copayments	\$100
Coinsurance	\$1,000
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$6,160

Cost Sharing	
Deductibles	\$0
Copayments	\$1,200
Coinsurance	\$30
What isn't covered	
Limits or exclusions	\$60
The total Joe would pay is	\$1,290

Cost Sharing	
Deductibles	\$1,100
Copayments	\$100
Coinsurance	\$50
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$1,250

