Coverage Period: 01/01/2023 – 01/01/2023 Coverage for: Individual and Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, 1-833-841-6702 or visit www.trinitycaptivegroup.com. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or call 1-833-841-6702 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Network: \$3,000/Individual, \$6,000/ Family Out of Network: \$6,000/Individual, \$12,000/Family	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Preventive services are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.	There are no other specific <u>deductibles.</u>
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Network: \$5,000/Individual, \$12,000/Family Out of Network: \$6,900/Individual, \$13,800/Family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.aetna.com/asa or call 1-833-841-6702 for a list of network providers.	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the First Health Network. You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What You Will Pay		Limitations, Exceptions, & Other Importa	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Primary care visit to treat an injury or illness	\$30 copayment	\$40 <u>copayment</u>	Only one copay per physician visit, per day applied.	
If you visit a health	Specialist visit	\$60 copayment	\$80 <u>copayment</u>	Only one copay per physician visit, per day applied.	
care <u>provider's</u> office or clinic	Preventive care/screening/ immunization	\$0 <u>copayment</u>	\$0 <u>copayment</u>	You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.	
	Diagnostic test (x-ray, blood work)	20% <u>coinsurance</u> after deductible	40% <u>coinsurance</u> after deductible	\$0 Benefit Applies if Member contacts the	
If you have a test	Imaging (CT/PET scans, MRIs)	20% coinsurance after deductible	40% coinsurance after deductible	Patient Navigator.	
	Generic drugs	Retail 30-day: \$15 <u>copayment</u> Retail/Mail 90-day: \$37.50 <u>copayment</u>	Not Covered		
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.Maxor.com	Preferred brand drugs	Retail 30-day: \$30 <u>copayment</u> Retail/Mail 90-day: \$75 <u>copayment</u>	Not Covered		
	Non-preferred brand drugs	Retail 30-day: \$60 <u>copayment</u> Retail/Mail 90-day: \$150 <u>copayment</u>	Not Covered		
	Specialty drugs	Retail 30-day: \$250 copay + 20% coinsurance, not to exceed \$500 Retail/Mail 90-day: n/a	Not Covered		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	\$0 Benefit Applies if Member contacts the Patient Navigator.	

 $[\]hbox{* For more information about limitations and exceptions, see the $\underline{\tt plan}$ or policy document at $\underline{\tt www.trinitycaptivegroup.com}$}$

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Physician/surgeon fees	20% <u>coinsurance</u> after <u>deductible</u>	40% coinsurance after deductible	\$0 Benefit Applies if Member contacts the Patient Navigator.	
If you need immediate	Emergency room care	\$250 copayment	\$250 copayment	\$750 penalty + coinsurance for non- emergency	
medical attention	Emergency medical transportation	20% <u>coinsurance</u> after <u>deductible</u>	40% coinsurance after deductible	Out-of-Network Air Ambulance is subject to the Network deductible and coinsurance.	
If you have a hospital	Urgent care Facility fee (e.g., hospital room)	\$45 <u>copayment</u> 20% <u>coinsurance</u> after <u>deductible</u>	\$75 copayment 40% coinsurance after deductible		
stay	Physician/surgeon fees	20% <u>coinsurance</u> after <u>deductible</u>	40% coinsurance after deductible		
If you need mental health, behavioral	Outpatient services	20% <u>coinsurance</u> after <u>deductible</u>	40% coinsurance after deductible		
health, or substance abuse services	Inpatient services	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>		
	Office visits	\$30 <u>copayment</u>	\$40 copayment	Cost sharing does not apply to certain	
If you are pregnant	Childbirth/delivery professional services	20% <u>coinsurance</u> after <u>deductible</u>	40% coinsurance after deductible	preventive services. Depending on the type of services, [copayment, coinsurance], or	
you are program.	Childbirth/delivery facility services	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	deductible] may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e.ultrasound).	
	Home health care	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>		
If you need help	Rehabilitation services	20% <u>coinsurance</u> after <u>deductible</u>	40% coinsurance after deductible		
recovering or have other special health needs	Habilitation services	20% <u>coinsurance</u> after <u>deductible</u>	40% coinsurance after deductible		
Hetus	Skilled nursing care	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	Not covered for custodial care.	
	Durable medical equipment	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>		

 $[\]hbox{* For more information about limitations and exceptions, see the $\underline{\tt plan}$ or policy document at $\underline{\tt www.trinitycaptivegroup.com}$}$

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event Services You May No		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Hospice services	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	Life expectancy of 6 months or less.	
	Children's eye exam	Not Covered	Not Covered	None	
	Children's glasses	Not Covered	Not Covered	None	
If your child needs dental or eye care	Children's dental check-up	Not Covered	Not Covered	See Summary of Plan Documents regarding Emergency repair due to injury to sound natural teeth.	

Excluded Services & Other Covered Services:

	Services Your Plan Generally Does NOT Cover	Check your policy or <u>plan</u> document for more information and a list of any other	excluded services.)
- 1			

- Bariatric Surgery
- Cosmetic Surgery
- Dental Care (Adult)
- Hearing Aids

- Infertility Treatment (Surgery/Artificial Insemination)
- Long Term Care
- Routine Eye Care (Adult)
- Routine Foot Care

- Weight loss programs
- Non-emergency care when traveling outside the U.S.

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Acupuncture (only covered in lieu of anesthesia)
 Chiropractic Care
 Private-duty nursing

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: 1-833-841-6702 or visit www.trinitycaptivegroup.com or contact the U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or visit www.dol.gov/ebsa/healthreform.

Does this plan provide Minimum Essential Coverage? Yes.

^{*} For more information about limitations and exceptions, see the plan or policy document at www.trinitycaptivegroup.com

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al 1-833-841-6702

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-833-841-6702

[Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-833-841-6702

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-833-841-6702

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

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^{*} For more information about limitations and exceptions, see the plan or policy document at www.trinitycaptivegroup.com

About these Coverage Examples:



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This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$3000
■ Specialist [copayment]	\$60
■ Hospital (facility) [cost sharing]	20%
Other [cost sharing]	20%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700
In this example, Peg would pay:	
Cost Sharing	
Deductibles	\$3000
Copayments	\$10
Coincurance	¢ 1000

¢42 700

The total Peg would pay is	\$4,970
Limits or exclusions	\$60
What isn't covered	
Coinsurance	\$1900

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$3000
Specialist [copayment]	\$60
■ Hospital (facility) [cost sharing]	20%
Other [cost sharing]	20%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost

In this example, Joe would pay:		
Cost Sharing		
Deductibles*	\$900	
Copayments	\$900	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$1,820	

\$5,600

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$3000
■ Specialist [copayment]	\$60
■ Hospital (facility) [cost sharing]	20%
Other [cost sharing]	20%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost

In this example, Mia would pay:		
Cost Sharing		
Deductibles*	\$1700	
Copayments	\$400	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$2,100	

\$2,800