The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, 1-888-721-2128. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary">www.healthcare.gov/sbc-glossary</a> or call 1-888-721-2128 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Network providers: \$1,000 individual / \$2,000 family Out-of-network providers: \$2,000 individual / \$4,000 family Benefit Period: Plan Year	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> (Embedded).
Are there services covered before you meet your deductible?	Yes. Prescription drugs, In-network Preventive care, In-Network inpatient hospital services, In-network emergency services, In-Network urgent care, In-Network office visits, In=network Chiropractic care, In-Network diagnostic testing, and In-Network preventive care are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	No	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Network providers: \$3,000 individual / \$6,000 family Out-of-network providers: \$6,000 individual / \$14,000 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met (Embedded).
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, penalties for failure to obtain Preauthorization for services, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. This plan uses Cigna PPO Network. A list of <u>network providers</u>	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays ( <u>balance</u>

	can be found at www.cigna.com or call 1-800-997-1654	billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see a specialist you choose without a referral



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

	What You Will Pay		Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	\$20 <u>copay/per visit</u> 10% <u>coinsurance</u> after deductible for other services	40% coinsurance after deductible	Deductible does not apply to In-Network office visit charges only.	
If you visit a health care provider's office or clinic	Specialist visit to treat an injury or illness	\$40 copay/per visit 10% coinsurance after deductible for other services  Chiropractic Care: \$40 copay/per visit	40% coinsurance after deductible  Chiropractic Care: 40% coinsurance after deductible	Deductible does not apply to In-Network office visit charges only.	
	Preventive care/screening/immunization	No charge	40% coinsurance after deductible	You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.	
	Diagnostic test (x-ray, blood work)	\$35 copay/per visit	40% <u>coinsurance</u> after deductible	Deductible does not apply to In-Network office visit charges only.	
If you have a test	Imaging (CT/PET scans, MRIs)	\$250 <u>copay</u> /per visit	40% coinsurance after deductible	Deductible does not apply to In-Network office visit charges only.  Preauthorization is required or benefit may be reduced.	

		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you need drugs to	Generic drugs (Tier 1)	\$20 <u>copay</u> Retail/prescription \$50 <u>copay</u> Mail Order/prescription	Not Covered	Covers up to a 30-day supply (retail subscription); 31-90 day supply (mail order	
treat your illness or condition  More information about	Preferred brand drugs (Tier 2)	\$40 <u>copay</u> Retail/prescription \$100 <u>copay</u> Mail Order/prescription	Not Covered	prescription). If a prescription is filled with a non-generic drug when a generic equivalent exists, member will be responsible for the cost	
prescription drug coverage is available at www.magellanrx.com or	Non-preferred brand drugs (Tier 3)	\$60 copay Retail/prescription \$150 copay Mail Order/prescription	Not Covered	difference between the non-generic drug and the generic equivalent. However, if your physician indicates DAW "Dispense As	
call <b>1-800-443-5715</b>	Specialty drugs (Tier 4)	50% coinsurance up to a \$500 maximum/prescription	Not Covered	Written" you will not be required the generic drug.	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	10% coinsurance after deductible	40% coinsurance after deductible	Deductible applies.  Preauthorization is required for certain services, for details call plan administrator.	
surgery	Physician/surgeon fees	10% coinsurance after deductible	40% <u>coinsurance</u> after deductible	Deductible applies.	
If you need immediate	Emergency room care	\$250 <u>copay</u> /per visit		Deductible does not apply. ER <u>copay</u> is waived if admitted as inpatient. All facilities are covered as in-network subject to meeting "emergency" criteria.	
medical attention	Emergency medical transportation	10% coinsurance after deductible	40% <u>coinsurance</u> after deductible	Deductible applies.	
Ī	<u>Urgent care</u>	\$50 copay/per visit	40% <u>coinsurance</u> after deductible	Deductible does not apply to In-Network services.	
If you have a hospital	Facility fee (e.g., hospital room)	\$250 <u>copay</u> /day up to a \$500 maximum per admission	40% <u>coinsurance</u> after deductible	Deductible does not apply to In-Network services. Preauthorization is required or benefit may be reduced.	
stay	Physician/surgeon fees	10% coinsurance after deductible	40% <u>coinsurance</u> after deductible	Deductible applies.	

		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you need mental health, behavioral	Outpatient services	\$40 copay/per visit	40% <u>coinsurance</u> after deductible	Deductible does not apply to In-Network services.	
health, or substance abuse services	Inpatient services	10% <u>coinsurance</u> after deductible	40% <u>coinsurance</u> after deductible	Deductible applies. <u>Preauthorization</u> is required or benefit may be reduced.	
	Office visits	\$20 copay/per visit	40% coinsurance after deductible	Deductible does not apply to In-Network office visits only. Cost sharing does not apply to	
If you are pregnant	Childbirth/delivery professional services	10% coinsurance after deductible	40% coinsurance after deductible	certain <u>preventive services</u> . Depending on the type of services, <u>coinsurance</u> may apply.  Maternity care may include tests and services	
	Childbirth/delivery facility services	10% coinsurance after deductible	40% <u>coinsurance</u> after deductible	described elsewhere in the SBC (i.e. ultrasound). <u>Preauthorization</u> is required for inpatient stay over 48 hours for a vaginal delivery or 96 hours for a cesarean section.	
	Home health care	10% coinsurance after deductible	40% <u>coinsurance</u> after deductible	Deductible applies. <u>Preauthorization</u> is required or benefit may be reduced.	
	Rehabilitation services	10% coinsurance after deductible	40% <u>coinsurance</u> after deductible	Maximum 30 visits per benefit period. Includes physical therapy, speech therapy, and	
If you need help recovering or have	Habilitation services	10% coinsurance after deductible	40% coinsurance after deductible	occupational therapy.	
other special health	Skilled nursing care	10% coinsurance after deductible	40% coinsurance after deductible	Deductible applies. <u>Preauthorization</u> is required or benefit may be reduced.	
	Durable medical equipment	10% coinsurance after deductible	40% coinsurance after deductible	Deductible applies. <u>Preauthorization</u> is required for certain items, for details call plan administrator.	
	Hospice services	10% coinsurance after deductible	40% <u>coinsurance</u> after deductible	Deductible applies. Preauthorization is required or benefit may be reduced.	
If your child needs	Children's eye exam	Not Covered	Not Covered	A vision screening is covered as part of your child's wellness visit with his/her family physician under preventive care.	
_	Children's glasses	Not Covered	Not Covered	None	
dental or eye care	Children's dental check-up	Not Covered	Not Covered	Oral health check-ups are covered as part of your child's wellness visit with his/her family physician under preventive care.	

#### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Cosmetic Surgery
- Dental Care
- Hearing Aids

- Long Term Care
- Non-emergency Care Outside the U.S.
- Private-duty Nursing

- Routine Eye Care
- Routine Foot Care
- Weight Loss Programs

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Bariatric Surgery
- Chiropractic Care

Habilitative Services

Infertility Treatment

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. For more information on your rights to continue coverage, contact the plan at 888-721-2128. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="www.cciio.cms.gov">www.cciio.cms.gov</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="Marketplace">Marketplace</a>. For more information about the Marketplace, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: 1-888-721-2128

### Does this plan provide Minimum Essential Coverage? Yes.

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

### Does this plan meet Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

[Spanish (Español): Para obtener asistencia en Español, llame al 1-888-721-2128

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-888-721-2128

[Chinese (中文): 如果需要中文的帮助, 请拨打这个号码1-888-721-2128

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-888-721-2128

### **About these Coverage Examples:**



**Total Example Cost** 

**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$1000
■ Specialist copayment	\$40
■ Hospital (facility) coinsurance	100%
■ Other <u>coinsurance</u>	10%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

In this example, Peg would pay:		
Cost Sharing		
Deductibles	\$0	
Copayments	\$1,250	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions		
The total Peg would pay is	\$1,310	

\$12,840

# **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$1000
■ Specialist copayment	\$40
■ Hospital (facility) coinsurance	100%
■ Other <u>coinsurance</u>	10%

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs
Durable medical equipment (alucose meter)

Total Example Cost	\$7,460

# In this example, Joe would pay:

Cost Sharing		
Deductibles*	\$1,000	
Copayments	\$1,846	
Coinsurance	\$154	
What isn't covered		
Limits or exclusions	\$55	
The total Joe would pay is	\$3,055	

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$1000
■ Specialist copayment	\$40
■ Hospital (facility) coinsurance	100%
■ Other coinsurance	10%

### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$2,010

### In this example, Mia would pay:

in this example, into would pay.	
Cost Sharing	
Deductibles*	\$940
Copayments	\$155
Coinsurance	\$104
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$1,199