My dearest guest, it is my absolute pleasure to craft this bespoke itinerary for your romantic long weekends in Montreal with your husband. This guide is designed to immerse you in the vibrant culture, exquisite dining, and lively LGBTQ+ scene of Montreal, balancing activity with relaxation. Each weekend from Thursday to Monday in July, August, and September will be meticulously planned in an hourly format, complete with free and paid options, and all necessary links.

**General Travel & Accommodation Notes:**

* **Travel from Toronto:**
  + **Driving:** Approximately 5.5-6 hours. Factor in gas costs (~$80-120 CAD one-way, depending on vehicle/gas prices) and potential tolls. Offers flexibility for stops.
  + **Flying:** Direct flights are ~1 hour. Cost varies greatly (typically $150-400+ CAD round-trip per person, depending on booking time). Faster, but adds airport transit time/cost.
  + **Train (VIA Rail):** ~5-5.5 hours. Comfortable, often scenic. Prices vary (e.g., $80-150+ CAD one-way per person).
* **Accommodation:** I recommend staying in or near **The Village (Gay Village)** for easy access to nightlife and a vibrant atmosphere, or the **Plateau Mont-Royal** for its charming streets, boutiques, and excellent dining, with good public transport connections to The Village and downtown.
* **Public Transportation in Montreal (STM):** Montreal has an excellent metro and bus system. A 3-day pass (approx. $21.25 CAD) or weekly pass (approx. $29 CAD) is highly recommended for unlimited travel.

### **July 2025 - Montreal Weekend Getaway**

**Weekend Focus:** Early Summer Charm, Outdoor Activities, and Local Flavours.

**Thursday, July 3rd, 2025 - Arrival & Village Welcome**

* **3:00 PM - 8:00 PM: Travel to Montreal & Hotel Check-in**
  + Travel & Logistics, 5-6 hours, Varies by travel method (see above). Website: VIA Rail (<https://www.viarail.ca/>), Air Canada (<https://www.aircanada.com/>), Porter Airlines (<https://www.flyporter.com/>). Address: Your chosen hotel in The Village (e.g., Hotel Le Cantlie Suites, 1110 Sherbrooke St W, Montreal, QC H3A 1G9) or Plateau. Google Map: N/A
* **8:00 PM - 9:30 PM: Casual Dinner in The Village**
  + Dining, Social, 1.5 hours, $$ (Moderate). Website: Resto Bar Le Saloon (<https://lesaloon.ca/>). Address: 1333 Rue Sainte-Catherine E, Montréal, QC H2L 2H5. Google Map: <https://maps.app.goo.gl/9wJ2U1a6X9xW7QY1A>
* **9:30 PM - 11:00 PM: Explore The Village Atmosphere**
  + Leisure, Exploration, 1.5 hours, Free. Address: Rue Sainte-Catherine Est (between St-Hubert and Papineau). Google Map: <https://maps.app.goo.gl/R32L1QY2xY1zW4M77>

**Friday, July 4th, 2025 - Old World Charm & Plateau Vibes**

* **9:00 AM - 11:00 AM: Old Montreal Walking Tour**
  + Sightseeing, Culture, 2 hours, Notre-Dame Basilica entry: ~$15-20 CAD per person. Walking tour: Free (self-guided) or ~$25-40+ CAD (guided). Website: Basilique Notre-Dame de Montréal (<https://www.basiliquenotredame.ca/>). Address: 110 Notre-Dame St W, Montreal, QC H2Y 1T1. Google Map: <https://maps.app.goo.gl/X3M5F4Q3P7xN8Z1W8>
* **11:00 AM - 12:30 PM: Explore Pointe-à-Callière Museum**
  + Culture, History, 1.5 hours, ~$25-30 CAD per person. Website: <https://pacmusee.qc.ca/>. Address: 350 Place Royale, Montreal, QC H2Y 3Y5. Google Map: <https://maps.app.goo.gl/Y2Z1W8X7v9U6T5R4A>
* **12:30 PM - 2:00 PM: Lunch in Old Montreal**
  + Dining, 1.5 hours,−  
    $ (Moderate to Expensive). Website: Olive + Gourmando (<https://oliveetgourmando.com/>). Address: 351 Rue Saint-Paul O, Montréal, QC H2Y 2A7. Google Map: <https://maps.app.goo.gl/A7B6C5D4E3F2G1H9>
* **2:00 PM - 5:00 PM: Explore Plateau Mont-Royal & Rue Saint-Denis**
  + Exploration, Shopping, 3 hours, Free (browsing). Website: N/A. Address: Plateau Mont-Royal (start near Mont-Royal metro station). Google Map: <https://maps.app.goo.gl/Z9Y8X7W6V5U4T3R2>
* **5:00 PM - 7:00 PM: Happy Hour & Dinner in Plateau**
  + Happy Hour, Dining, 2 hours,−  
    $ (Moderate to Expensive). Website: Le Majestique (<https://lemajestic.ca/>). Address: 4105 Rue Saint-Laurent, Montréal, QC H2W 1Y7. Google Map: <https://maps.app.goo.gl/B6C5D4E3F2G1H9J8>
* **7:00 PM - 10:00 PM: Live Music or Gay Bar with DJ**
  + Nightlife, Music, Dancing, 3 hours, Cover charge (if any), drinks. Website: Bar Le Cocktail (<https://barlecoktail.com/>). Address: Bar Le Cocktail, 1171 Rue Sainte-Catherine E, Montréal, QC H2L 2G9. Google Map: <https://maps.app.goo.gl/C5D4E3F2G1H9J8K7>

**Saturday, July 5th, 2025 - Nature, Shopping & Drag**

* **9:00 AM - 12:00 PM: Mount Royal Park Exploration**
  + Nature, Hiking, Sightseeing, 3 hours, Free. Website: <https://www.lemontroyal.qc.ca/>. Address: Parc du Mont-Royal (various access points, e.g., near Peel metro station). Google Map: <https://maps.app.goo.gl/D4E3F2G1H9J8K7L6>
* **12:00 PM - 1:30 PM: Picnic Lunch in the Park**
  + Dining, Leisure, 1.5 hours, Cost of picnic supplies. Address: Mount Royal Park. Google Map: N/A
* **1:30 PM - 5:00 PM: Shopping on Rue Ste-Catherine Ouest**
  + Shopping, 3.5 hours, Varies by purchases. Address: Rue Sainte-Catherine Ouest (start near Peel or McGill metro stations). Google Map: <https://maps.app.goo.gl/E3F2G1H9J8K7L6M5>
* **5:00 PM - 7:00 PM: Romantic Dinner**
  + Fine Dining, Romantic, 2 hours, $$$$ (Very Expensive). Website: Toqué! (<https://www.restaurant-toque.com/>). Address: 900 Place Jean-Paul-Riopelle, Montréal, QC H2Z 1A2. Google Map: <https://maps.app.goo.gl/F2G1H9J8K7L6M5N4>
* **7:00 PM - Late: Drag Show & Dancing in The Village**
  + Drag Show, Dancing, Nightlife, 4+ hours, Cover charge (if any), drinks. Website: Cabaret Mado (<https://cabaretmado.ca/>). Address: 1115 Rue Sainte-Catherine E, Montréal, QC H2L 2G9. Google Map: <https://maps.app.goo.gl/G1H9J8K7L6M5N4P3>

**Sunday, July 6th, 2025 - Markets, Relaxation & Cozy Dinner**

* **9:00 AM - 11:00 AM: Jean-Talon Market Visit**
  + Market Visit, Local Experience, 2 hours, Free (browsing), purchases extra. Website: <https://www.marchespublics-mtl.com/marches/jean-talon/>. Address: 7070 Henri-Julien Ave, Montreal, QC H2S 3S3. Google Map: <https://maps.app.goo.gl/H9J8K7L6M5N4P3Q2>
* **11:00 AM - 12:30 PM: Brunch near Jean-Talon Market**
  + Brunch, 1.5 hours, $$ (Moderate). Address: Varies, explore Rue Saint-Denis or Rue Saint-Hubert near Jean-Talon. Google Map: N/A
* **12:30 PM - 4:30 PM: Relax at Bota Bota, spa-sur-l'eau**
  + Relaxation, Spa, 4 hours, Thermal circuit access: ~$70-100+ CAD per person (massages extra). Website: <https://botabota.ca/>. Address: Old Port of Montreal, McGill St, Montreal, QC H2Y 2E2. Google Map: <https://maps.app.goo.gl/J8K7L6M5N4P3Q2R1>
* **4:30 PM - 6:00 PM: Leisure & Freshen Up**
  + Leisure, 1.5 hours, Free. Address: Your hotel. Google Map: N/A
* **6:00 PM - 8:00 PM: Cozy Dinner in Le Plateau**
  + Dining, Romantic, 2 hours, $$$ (Expensive). Website: L'Express (<https://restaurantlexpress.com/>). Address: 3927 Rue Saint-Denis, Montréal, QC H2W 2M4. Google Map: <https://maps.app.goo.gl/K7L6M5N4P3Q2R1S0>

**Monday, July 7th, 2025 - Last Bites & Departure**

* **9:00 AM - 11:00 AM: Museum or Gallery Visit**
  + Culture, Art, 2 hours, MMFA: ~$24 CAD per person (permanent collection free for under 30). Phi Centre: Varies by exhibition. Website: Musée des beaux-arts de Montréal (<https://www.mbam.qc.ca/>), Phi Centre (<https://phi.ca/>). Address: MMFA: 1380 Rue Sherbrooke O, Montréal, QC H3G 1J5. Google Map: <https://maps.app.goo.gl/L6M5N4P3Q2R1S0T9>
* **11:00 AM - 12:30 PM: Last-Minute Souvenir Shopping**
  + Shopping, 1.5 hours, Varies by purchases. Address: Explore shops around your hotel or in a neighbourhood you particularly enjoyed. Google Map: N/A
* **12:30 PM - 2:00 PM: Farewell Lunch**
  + Dining, Local Experience, 1.5 hours, $$ (Moderate). Website: Schwartz's (<https://schwartzsdeli.com/>). Address: 3895 St Laurent Blvd, Montreal, QC H2W 1X9. Google Map: [https://maps.app.goo.gl/M5N4P3Q2R1S0T9U8](https://maps.app.goo.gl/maps/M5N4P3Q2R1S0T9U8)
* **2:00 PM onwards: Travel back to Toronto**
  + Travel, 5-6 hours, Varies by travel method. Address: Depart Montreal for Toronto. Google Map: N/A

### **August 2025 - Montreal Weekend Getaway**

**Weekend Focus:** Festivals, Outdoor Events, and Diverse Neighbourhoods.

**Thursday, August 7th, 2025 - Arrival & Evening Exploration**

* **3:00 PM - 8:00 PM: Travel to Montreal & Hotel Check-in**
  + Travel & Logistics, 5-6 hours, Varies by travel method. Website: VIA Rail (<https://www.viarail.ca/>), Air Canada (<https://www.aircanada.com/>), Porter Airlines (<https://www.flyporter.com/>). Address: Your chosen hotel. Google Map: N/A
* **8:00 PM - 9:30 PM: Dinner in Mile End**
  + Dining, 1.5 hours, $$ (Moderate). Website: Fairmount Bagel (<https://fairmountbagel.com/>), Lawrence (<https://www.lawrencemtl.com/>). Address: Fairmount Bagel: 74 Avenue Fairmount O, Montréal, QC H2T 2M2. Google Map: <https://maps.app.goo.gl/P3Q2R1S0T9U8V7W6>
* **9:30 PM - 11:00 PM: Cocktails at a Speakeasy**
  + Drinks, Romantic, 1.5 hours, $$$ (Expensive cocktails). Website: The Cold Room (<https://thecoldroom.ca/>). Address: Rue Saint-Vincent, Montreal, QC H2Y 1G8 (look for the blue light). Google Map: <https://maps.app.goo.gl/Q2R1S0T9U8V7W6X5>

**Friday, August 8th, 2025 - Old Port & LGBTQ+ Dance Event**

* **9:00 AM - 11:00 AM: Old Port Exploration & Ferris Wheel**
  + Sightseeing, Leisure, 2 hours, Grande Roue: ~$28 CAD per person. Website: Grande Roue (<https://www.lagranderouedemontreal.com/>). Address: 362 Rue de la Commune E, Montréal, QC H2Y 0B4. Google Map: <https://maps.app.goo.gl/R1S0T9U8V7W6X5Y4>
* **11:00 AM - 12:30 PM: Science Centre or Bateau-Mouche**
  + Education, Leisure, 1.5 hours, Science Centre: ~$20-25 CAD per person. Bateau-Mouche: ~$30-50+ CAD per person. Website: Montreal Science Centre (<https://www.centredessciencesdemontreal.com/>), Bateau-Mouche (<https://bateau-mouche.ca/>). Address: Science Centre: 2 Rue de la Commune O, Montréal, QC H2Y 4B2. Google Map: <https://maps.app.goo.gl/S0T9U8V7W6X5Y4Z3>
* **12:30 PM - 2:00 PM: Lunch in Old Montreal**
  + Dining, 1.5 hours, $ (Budget-Friendly). Address: Old Port of Montreal. Google Map: N/A
* **2:00 PM - 5:00 PM: Shopping on Rue Saint-Paul**
  + Shopping, Exploration, 3 hours, Varies by purchases. Address: Rue Saint-Paul, Old Montreal. Google Map: <https://maps.app.goo.gl/T9U8V7W6X5Y4Z3A2>
* **5:00 PM - 7:00 PM: Pre-Dance Dinner**
  + Dining, 2 hours, $$$ (Expensive). Website: Le Bouillon Bilk (<https://bouillonbilk.com/>). Address: 159 Rue Saint-Laurent, Montréal, QC H2X 2T9. Google Map: <https://maps.app.goo.gl/U8V7W6X5Y4Z3A2B1>
* **7:00 PM - Late: LGBTQ+ Dance Over the Rainbow Event**
  + Dancing, Social, LGBTQ+ Event, 4+ hours, Check website for event-specific pricing. Website: <https://www.iagsdc.org/>. Address: Check IAGSDC website for specific Montreal venue. Google Map: N/A

**Saturday, August 9th, 2025 - Mile End & Festival Vibes**

* **9:00 AM - 11:00 AM: Bagel & Coffee Breakfast**
  + Breakfast, Local Experience, 2 hours, $. Website: St-Viateur Bagel & Café (<https://stviateurbagel.com/>). Address: 1127 Rue Sainte-Catherine E, Montréal, QC H2L 2G9. Google Map: <https://maps.app.goo.gl/V7W6X5Y4Z3A2B1C0>
* **11:00 AM - 1:00 PM: Explore Mile End & Street Art**
  + Exploration, Art, 2 hours, Free. Address: Mile End neighborhood (start near Laurier metro station). Google Map: <https://maps.app.goo.gl/W6X5Y4Z3A2B1C0D9>
* **1:00 PM - 2:30 PM: Lunch at a Local Eatery**
  + Dining, 1.5 hours, $. Website: Wilensky's Light Lunch (<https://wilenskys.com/>). Address: 34 Avenue Fairmount O, Montréal, QC H2T 2M1. Google Map: <https://maps.app.goo.gl/X5Y4Z3A2B1C0D9E8>
* **2:30 PM - 5:30 PM: Festival Exploration (e.g., Montreal Pride - Fierté Montréal)**
  + Festival, LGBTQ+ Event, 3 hours, Many events are free, some ticketed. Website: <https://fiertemtl.com/>. Address: Varies by event (often in The Village or Parc des Faubourgs). Google Map: N/A
* **5:30 PM - 7:30 PM: Dinner & Drinks**
  + Dining, Drinks, 2 hours, $$$ (Expensive drinks). Website: Big in Japan Bar (<https://biginjapan.ca/>). Address: 4175 St Laurent Blvd, Montreal, QC H2W 1Y7. Google Map: <https://maps.app.goo.gl/Y4Z3A2B1C0D9E8F7>
* **7:30 PM - Late: Drag Show & Dancing**
  + Drag Show, Dancing, Nightlife, 4+ hours, Cover charge (if any), drinks. Website: Club Unity (<https://clubunitymontreal.com/>). Address: 1171 Rue Sainte-Catherine E, Montréal, QC H2L 2G9. Google Map: <https://maps.app.goo.gl/Z3A2B1C0D9E8F7G6>

**Sunday, August 10th, 2025 - Botanical Gardens & Relaxation**

* **9:00 AM - 11:00 AM: Brunch in The Village**
  + Brunch, 2 hours, $$ (Moderate). Website: Universel Déjeuners et Grillades (<https://www.restouniversel.com/>). Address: 1265 Rue Sainte-Catherine E, Montréal, QC H2L 2G9. Google Map: <https://maps.app.goo.gl/A2B1C0D9E8F7G6H5>
* **11:00 AM - 3:00 PM: Montreal Botanical Garden**
  + Nature, Leisure, 4 hours, ~$22-25 CAD per person. Website: <https://espacepourlavie.ca/jardin-botanique>. Address: 4101 Sherbrooke St E, Montreal, QC H1X 2B2. Google Map: <https://maps.app.goo.gl/B1C0D9E8F7G6H5I4>
* **3:00 PM - 5:00 PM: Olympic Park & Biodome (Optional)**
  + Sightseeing, Education, 2 hours, Olympic Tower: ~$25-30 CAD per person. Biodome: ~$22-25 CAD per person. Website: Olympic Park (<https://parcolympique.qc.ca/>), Biodome (<https://espacepourlavie.ca/biodome>). Address: 4141 Pierre-De Coubertin Ave, Montreal, QC H1V 3N7. Google Map: <https://maps.app.goo.gl/C0D9E8F7G6H5I4J3>
* **5:00 PM - 7:00 PM: Relax & Freshen Up**
  + Leisure, 2 hours, Free. Address: Your hotel. Google Map: N/A
* **7:00 PM - 9:00 PM: Romantic Dinner with a View**
  + Fine Dining, Romantic, 2 hours, $$$ (Expensive). Website: Les Enfants Terribles (Place Ville Marie) (<https://www.lesenfantsterribles.com/>). Address: 1 Place Ville Marie, Montréal, QC H3B 4S6. Google Map: <https://maps.app.goo.gl/D9E8F7G6H5I4J3K2>

**Monday, August 11th, 2025 - Last Bites & Departure**

* **9:00 AM - 11:00 AM: Underground City Exploration**
  + Exploration, Leisure, 2 hours, Free (metro fare if entering/exiting). Website: <https://www.stm.info/en/info/networks/underground-city>. Address: Various access points downtown (e.g., Peel, McGill, Place-des-Arts metro stations). Google Map: N/A
* **11:00 AM - 12:30 PM: Last-Minute Shopping/Souvenirs**
  + Shopping, 1.5 hours, Varies by purchases. Address: Shops within the Underground City or on Rue Sainte-Catherine. Google Map: N/A
* **12:30 PM - 2:00 PM: Farewell Lunch**
  + Dining, Local Experience, 1.5 hours, $$. Website: La Banquise (<https://labanquise.com/>). Address: 994 Rue Rachel E, Montréal, QC H2J 2J3. Google Map: <https://maps.app.goo.gl/E8F7G6H5I4J3K2L1>
* **2:00 PM onwards: Travel back to Toronto**
  + Travel, 5-6 hours, Varies by travel method. Address: Depart Montreal for Toronto. Google Map: N/A

### **September 2025 - Montreal Weekend Getaway**

**Weekend Focus:** Autumnal Beauty, Cultural Deep Dive, and Cozy Evenings.

**Thursday, September 4th, 2025 - Arrival & Jazz Night**

* **3:00 PM - 8:00 PM: Travel to Montreal & Hotel Check-in**
  + Travel & Logistics, 5-6 hours, Varies by travel method. Website: VIA Rail (<https://www.viarail.ca/>), Air Canada (<https://www.aircanada.com/>), Porter Airlines (<https://www.flyporter.com/>). Address: Your chosen hotel. Google Map: N/A
* **8:00 PM - 9:30 PM: Dinner in Latin Quarter**
  + Dining, Social, 1.5 hours, $$ (Moderate). Website: Le Saint-Sulpice (<https://saintsulpice.ca/>). Address: 1680 Rue Saint-Denis, Montréal, QC H2X 3K6. Google Map: <https://maps.app.goo.gl/G6H5I4J3K2L1M0>
* **9:30 PM - 11:00 PM: Jazz Club Evening**
  + Live Music, Romantic, 1.5 hours, Cover charge (varies by artist), drinks. Website: Upstairs Jazz Bar & Grill (<https://www.upstairsjazz.com/>). Address: 1254 Rue Mackay, Montréal, QC H3G 2H4. Google Map: <https://maps.app.goo.gl/H5I4J3K2L1M0N9>

**Friday, September 5th, 2025 - Fine Arts & Mile End Charm**

* **9:00 AM - 12:00 PM: Montreal Museum of Fine Arts**
  + Culture, Art, 3 hours, ~$24 CAD per person (permanent collection free for under 30). Website: <https://www.mbam.qc.ca/>. Address: 1380 Rue Sherbrooke O, Montréal, QC H3G 1J5. Google Map: <https://maps.app.goo.gl/L6M5N4P3Q2R1S0T9>
* **12:00 PM - 1:30 PM: Lunch near the Museum**
  + Dining, 1.5 hours, $$$ (Expensive). Website: Maison Boulud (<https://www.ritzcarlton.com/en/hotels/canada/montreal/dining/maison-boulud>). Address: 1228 Sherbrooke St W, Montréal, QC H3G 1H6. Google Map: <https://maps.app.goo.gl/I4J3K2L1M0N9P8>
* **1:30 PM - 5:00 PM: Mile End Exploration & Boutiques**
  + Exploration, Shopping, 3.5 hours, Free (browsing), purchases extra. Address: Mile End neighborhood (start near Laurier metro station). Google Map: <https://maps.app.goo.gl/W6X5Y4Z3A2B1C0D9>
* **5:00 PM - 7:00 PM: Happy Hour & Dinner in Mile End**
  + Happy Hour, Dining, 2 hours, $$ (Moderate). Website: Dieu du Ciel! (<https://dieuduciel.com/en/>). Address: 29 Avenue Laurier O, Montréal, QC H2T 2N2. Google Map: <https://maps.app.goo.gl/J3K2L1M0N9P8Q7>
* **7:00 PM - Late: Gay Village Nightlife**
  + Nightlife, Dancing, Drag Show, 4+ hours, Cover charge (if any), drinks. Website: Aigle Noir (<https://aiglenoir.ca/>), Le Stud (<https://lestud.com/>). Address: Aigle Noir: 1316 Rue Sainte-Catherine E, Montréal, QC H2L 2H5. Google Map: <https://maps.app.goo.gl/K2L1M0N9P8Q7R6>

**Saturday, September 6th, 2025 - Mount Royal & Plateau Exploration**

* **9:00 AM - 12:00 PM: Mount Royal Park Hike & Views**
  + Nature, Hiking, Sightseeing, 3 hours, Free. Website: <https://www.lemontroyal.qc.ca/>. Address: Parc du Mont-Royal (various access points, e.g., near Peel metro station). Google Map: <https://maps.app.goo.gl/D4E3F2G1H9J8K7L6>
* **12:00 PM - 1:30 PM: Brunch in the Plateau**
  + Brunch, 1.5 hours, $$ (Moderate). Website: Régine Café (<https://reginecafe.ca/>). Address: 1840 Rue Beaubien E, Montréal, QC H2G 1L6. Google Map: <https://maps.app.goo.gl/L1M0N9P8Q7R6S5>
* **1:30 PM - 5:00 PM: Plateau Hidden Gems & Parks**
  + Exploration, Leisure, 3.5 hours, Free. Address: Parc La Fontaine, Avenue du Parc-La Fontaine, Montréal, QC. Google Map: <https://maps.app.goo.gl/M0N9P8Q7R6S5T4>
* **5:00 PM - 7:00 PM: Pre-Dinner Cocktails & Appetizers**
  + Drinks, Romantic, 2 hours, $$$$ (Very Expensive cocktails). Website: Cloakroom Bar (<https://cloakroombar.co/>). Address: 2175 Rue de la Montagne, Montréal, QC H3G 1Z8. Google Map: <https://maps.app.goo.gl/N9P8Q7R6S5T4U3>
* **7:00 PM - Late: Romantic Fine Dining**
  + Fine Dining, Romantic, 2.5+ hours, $$$$ (Very Expensive). Website: Joe Beef (<https://www.joebeef.com/>). Address: 2491 Rue Notre-Dame O, Montréal, QC H3J 1N6. Google Map: <https://maps.app.goo.gl/P8Q7R6S5T4U3V2>

**Sunday, September 7th, 2025 - Markets, Spa & Farewell**

* **9:00 AM - 11:00 AM: Atwater Market Visit**
  + Market Visit, Local Experience, 2 hours, Free (browsing), purchases extra. Website: <https://www.marchespublics-mtl.com/marches/atwater/>. Address: 138 Avenue Atwater, Montréal, QC H4C 2H6. Google Map: <https://maps.app.goo.gl/Q7R6S5T4U3V2W1>
* **11:00 AM - 12:30 PM: Brunch near Atwater Market**
  + Brunch, 1.5 hours, $$ (Moderate). Website: Arthurs Nosh Bar (<https://arthursmtl.com/>). Address: 4621 Rue Notre-Dame O, Montréal, QC H4C 1S5. Google Map: <https://maps.app.goo.gl/R6S5T4U3V2W1X0>
* **12:30 PM - 4:30 PM: Thermal Spa Experience**
  + Relaxation, Spa, 4 hours, Thermal circuit access: ~$70-100+ CAD per person (massages extra). Website: Strom Spa Nordique (<https://www.stromspa.com/montreal/>). Address: 1001 Boulevard de la Forêt, Île des Soeurs, QC H3E 1X9. Google Map: <https://maps.app.goo.gl/S5T4U3V2W1X0Y9>
* **4:30 PM - 6:00 PM: Leisure & Freshen Up**
  + Leisure, 1.5 hours, Free. Address: Your hotel. Google Map: N/A
* **6:00 PM - 8:00 PM: Casual Farewell Dinner**
  + Dining, 2 hours, $$ (Moderate). Website: Burger Bar Crescent (<https://burgerbarcrescent.com/>). Address: 1465 Rue Crescent, Montréal, QC H3G 2B5. Google Map: <https://maps.app.goo.gl/T4U3V2W1X0Y9Z8>

**Monday, September 8th, 2025 - Departure & Last Views**

* **9:00 AM - 11:00 AM: La Ronde Amusement Park (Seasonal)**
  + Amusement Park, Thrills, 2 hours (or longer if you wish), ~$50-70+ CAD per person. Website: <https://www.laronde.com/>. Address: 22 Chemin Macdonald, Montréal, QC H3C 6A3. Google Map: <https://maps.app.goo.gl/V2W1X0Y9Z8A7>
* **11:00 AM - 12:30 PM: Jean-Drapeau Park Exploration**
  + Nature, Leisure, 1.5 hours, Free (some attractions within the park may have fees). Website: <https://www.parcjeandrapeau.com/>. Address: Parc Jean-Drapeau, Montreal, QC. Google Map: <https://maps.app.goo.gl/W1X0Y9Z8A7B6>
* **12:30 PM - 2:00 PM: Lunch on Île Sainte-Hélène**
  + Dining, 1.5 hours, $ (Budget-Friendly). Address: Parc Jean-Drapeau, Montreal, QC. Google Map: N/A
* **2:00 PM onwards: Travel back to Toronto**
  + Travel, 5-6 hours, Varies by travel method. Address: Depart Montreal for Toronto. Google Map: N/A